



Yearn for the yolk
Because food should be enjoyed

Breakfast is important—so are lunch and dinner. Learn how you can lose weight without sacrificing the foods you love at our next **Weight Watchers® Open House***. Discover our proven approach and how you can join your co-workers for more support. Because it's time to change your relationship with food, for good.

weightwatchers
Help with the hard part.

See how it can work for you at our Open House.

DATE: WEDNESDAY, JANUARY 21, 2015

TIME: 12:15 P.M.

LOCATION: 230 PURNELL HALL

CONTACT: AMY SLOCUM (ALS@UDEL.EDU)/CHRISSY HOWER

* Open House does not include Program materials or weigh-in.

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