



# SIGUCCS 2000

## 5K FUN RUN/WALK

**Sunday, October 29, 2000 - 4:00 p.m.**

**Main Entrance of OMNI Hotel**

**12th and Cary Sts., Richmond, VA**

**Course:** Loop through downtown Shockoe Slip, Tredegar Iron Works and Belle Island.

**Information:** Race/walk will begin at 4:00 p.m. in front of the OMNI Hotel entrance on 12th Street between Cary and Canal Streets. We will meet at this hotel entrance at 3:45 p.m.

**Registration:** Register by printing this form and then faxing the completed form to:

Kay Sommers  
Virginia Commonwealth University  
Richmond, VA  
FAX: 804/828-9807

Questions: Call Kay Sommers, 804/828-9843 x 153 or ksommers@hsc.vcu.edu.

**Waiver:** I know that running/walking is a potentially hazardous activity, and I will not run/walk unless I am medically able and properly trained. I take full and sole responsibility for my decision to participate and for my safety during the event. I release the sponsors and conductors of this event from all claims of liability arising in any way from my participation in this event. I realize that I may be photographed and authorize the use of my image for any legitimate purpose.

### Entry Form

Last Name:

First Name:

Sex: M \_\_\_ F \_\_\_

Address:

Age on Race Day:

City:

State:

Zip:

Email Address:

Phone:

School:

T Shirt Size: ( M / L / XL ) Circle One