

OHS Registration #: _____

Expiration Date: _____

**STANDARD OPERATING PROCEDURE/APPROVAL FORM
FOR CARCINOGENS AND HIGHLY TOXIC MATERIALS**

Instructions: Please complete this form to request approval to use and possess highly toxic or carcinogenic material from the University Chemical Hygiene Committee as required by Chapter 12 of the University Chemical Hygiene Plan and University Policy 7-37.

Submit a separate form for each chemical. Copies of the current guidelines and Chemical Hygiene Plan are available at the DOHS web site: <http://www.udel.edu/OHS/>. For questions, please contact the University Chemical Hygiene Officer at 831-2103.

Section I – Information

1. Principal Investigator(s): _____
2. E-Mail Address: _____
3. Department: _____
4. Address: _____
5. Phone Number: _____
6. Fax Number: _____
7. Lab(s) to be Used: _____
8. Chemical: Benzene

Section II – Use and Storage

A. Purchasing

All purchases of this material must have approval from the Principal Investigator (PI) or authorized personnel before ordering. The user is responsible to ensure that a current Material Safety Data Sheet (MSDS) is obtained unless a current one is already available within the laboratory. Quantities of this material will be limited to _____, and/or the smallest amount necessary to complete the experiment.

B. Authorized personnel

Please select the general categories of personnel who could obtain approval to use this material:

1. Principal Investigator
2. Graduate Students
3. Undergraduates
4. Technical Staff
5. Post Doctoral Employees
6. Other (Describe): _____

Please list the specific personnel and their approval level (Attach an addendum to this form for additional personnel):

NOTE: The Principal Investigator must be aware of all purchases of this material. The Principal Investigator must assure the there is not an exceedance of the quantity limits.

1. _____	<input type="checkbox"/> Purchase	<input type="checkbox"/> Use the Material
2. _____	<input type="checkbox"/> Purchase	<input type="checkbox"/> Use the Material
3. _____	<input type="checkbox"/> Purchase	<input type="checkbox"/> Use the Material
4. _____	<input type="checkbox"/> Purchase	<input type="checkbox"/> Use the Material
5. _____	<input type="checkbox"/> Purchase	<input type="checkbox"/> Use the Material

The Principal Investigator will update this section when any personnel changes occur. If changes occur, document the changes (include the record of training of additional personnel) in the laboratories files and submit an addendum to the University Chemical Hygiene Officer with all training documentation.

C. Storage

Materials will be stored according to compatibility and label recommendations in a designated area.

1. Please list compounds that this chemical is incompatible with: Avoid reaction with oxidizing agents.
2. Please list special storage requirements (I.E.: Refrigerated, Inert Atmosphere, Desiccated, etc.): Store in original containers in approved flame-proof area. No smoking, naked lights, heat or ignition sources. DO NOT store in pits, depressions, basements or areas where vapors may be trapped. Keep containers securely sealed. Store away from incompatible materials in a cool, dry well ventilated area. Protect containers against physical damage and check regularly for leaks. Observe manufacturer's storing and handling recommendations.
3. Please list specific storage area (This Area Must be Marked and Labeled): _____

Storage areas will be inspected by laboratory personnel on a regular basis. Personnel will check for safety concerns such as improper storage, leaking/damaged container(s), damaged labels, quantities in excess of approved limits, theft/disappearance of material, etc. The inspector will also determine if an inventory reduction is possible. The Principal Investigator will designate one individual to complete this inspection.

4. Please select an inspection frequency:

- Weekly Biweekly
 Bimonthly Monthly

D. Use location:

Materials shall be used only in the following designated areas.

Check all that apply:

1. Demarcated Area in Lab (Describe): _____
2. Fume Hood 3. Glove Box
4. Other (Describe): _____

Section III – Personnel Safety and Protection

A. Training requirements:

All users must demonstrate competency and familiarity regarding the safe handling and use of this material prior to purchase. The Principal Investigator is responsible for maintaining the training records for each user of this material. Training should include the following:

1. Review of current MSDS
2. Review of the OSHA Lab Standard
3. Review of the Chemical Hygiene Plan
4. Special training provided by the department/supervisor (Right to Know)
5. Review of the departmental safety manual if applicable
6. Safety meetings and seminars
7. One-on-One hands-on training with the Principal Investigator or other knowledgeable laboratory personnel.

B. Personal Protective Equipment:

All personnel are required to wear the following personal protective equipment whenever handling this material:

1. Proper Laboratory Attire (Pants or dresses/shorts below the knees, sleeved shirt, close-toe shoes)
2. Safety Glasses
3. Lab Coat

Personnel may be required to wear other Personal Protective Equipment when working with this material. The Principal Investigator should contact the University Chemical Hygiene Officer to discuss the selection of chemical protective clothing (aprons, suits and gloves) and respirators. Please check all that apply:

1. <input type="checkbox"/> Chemical Safety Splash Goggles	2. <input type="checkbox"/> Face Shield
3. <input checked="" type="checkbox"/> Chemical Protective Gloves (Describe): <u>Silver Shield, Polyvinyl Alcohol</u>	
4. <input type="checkbox"/> Chemical Protective Clothing (Describe): _____	
5. <input type="checkbox"/> Chemical Protective Splash Apron (Describe): _____	
6. <input type="checkbox"/> Respirator (Type): _____	
7. <input type="checkbox"/> Other (Describe): _____	

C. Safe Work Practices

The following safe work practices should be employed when using this material:

1. Wear all required personal protective equipment
2. Cover open wounds
3. Wash hands thoroughly when work with the material is completed

4. No mouth pipetting
5. Use of sharps, such as glass Pasteur pipettes, needles, razor blades, etc. should be avoided or minimized
6. Must not work alone in the laboratory
7. Please list any other safe work practices: Avoid all personal contact, including inhalation. Wear protective clothing when risk of exposure occurs. Use in a well-ventilated area. Avoid smoking, naked lights, heat or ignition sources. Vapor may ignite on pumping or pouring due to static electricity. DO NOT use plastic buckets. Use spark-free tools when handling. Avoid contact with incompatible materials. Keep containers securely sealed. Avoid physical damage to containers.

D. Personnel Decontamination

For most exposures, decontamination should occur as follows:

1. Small Skin Exposures –
 - a. Wash contaminated skin in sink with tepid water for 15 minutes
 - b. Have buddy locate the MSDS
 - c. Wash with soap and water
 - d. Contact Occupational Health and Safety at 831-8475 for further direction
2. Eye Exposure –
 - a. Locate the emergency eye wash
 - b. Turn eye wash on and open eyelids with fingers
 - c. Rinse eyes for 15 minutes
 - d. Have buddy contact 911 for the Newark Campus, 911 for all others and locate the MSDS
 - e. Notify OHS
3. Large Body Area Exposure –
 - a. Locate the emergency safety shower
 - b. Stand under shower and turn it on
 - c. Rinse whole body while removing all contaminated clothing
 - d. Have buddy contact 911 for the Newark Campus, 911 for all others and locate the MSDS
 - e. Rinse body for 15 minutes
 - f. Notify OHS

Please list any special decontamination procedures: _____

E. Exposure Symptoms and Treatment

Please list the emergency procedures to be followed in the event of an exposure. These will be found in the MSDS for the compounds:

1. Skin/eye contact:
 - a. Symptoms: EYE: This material can cause eye irritation and damage in some persons. The material may produce severe irritation to the eye causing pronounced inflammation. Repeated or prolonged exposure to irritants may produce conjunctivitis. SKIN: Skin contact with the material may damage the health of the individual; systemic effects may result following absorption. Skin contact with the material may produce toxic effects; systemic effects may result following absorption.

This material can cause inflammation of the skin on contact in some persons. The liquid may produce skin discomfort following prolonged contact. Defatting and/or drying of the skin may lead to dermatitis. Open cuts, abraded or irritated skin should not be exposed to this material. Toxic effects may result from skin absorption. The material may cause skin irritation after prolonged or repeated exposure and may produce on contact skin redness, swelling, the production of vesicles, scaling and thickening of the skin.

- b. First Aid: Rinse with water in a emergency eye wash or safety shower while removing contaminated clothing for 15 minutes. Seek emergency medical care by dialing 911.

2. Ingestion:

- a. Symptoms: Toxic effects may result from the accidental ingestion of the material; animal experiments indicate that ingestion of less than 40 gram may be fatal or may produce serious damage to the health of the individual. HARMFUL-May cause lung damage if swallowed. Ingestion may result in nausea, pain, vomiting. Vomit entering the lungs by aspiration may cause potentially lethal chemical pneumonitis.
- b. First Aid: • If swallowed do NOT induce vomiting. If vomiting occurs, lean patient forward or place on left side (head-down position, if possible) to maintain open airway and prevent aspiration. Observe the patient carefully. Never give liquid to a person showing signs of being sleepy or with reduced awareness; i.e. becoming unconscious. Give water to rinse out mouth, then provide liquid slowly and as much as casualty can comfortably drink. Contact 911 immediately.

3. Inhalation

- a. Symptoms: Toxic by inhalation. There is some evidence to suggest that this material, if inhaled, can irritate the throat and lungs of some persons. Vapours potentially cause drowsiness and dizziness*. If exposure to highly concentrated solvent atmosphere is prolonged this may lead to narcosis, unconsciousness, even coma and possible death. Inhalation of high concentrations of gas/vapor causes lung irritation with coughing and nausea, central nervous depression with headache and dizziness, slowing of reflexes, fatigue and inco-ordination. Inhalation hazard is increased at higher temperatures. The symptoms of exposure to high vapour concentrations of benzene include confusion, dizziness, tightening of the leg muscles and pressure over the forehead followed by a period of excitement. If exposure continues, the casualty quickly becomes stupefied and lapses into a coma with narcosis. In non-fatal cases, recovery is usual. Effects of inhalation may include nausea, vomiting, headache, dizziness, drowsiness, weakness, sometimes preceded by brief periods of ataxia, staggering, weak and rapid pulse, chest pain and tightness with breathlessness, pallor, cyanosis of the lips and fingertips and tinnitus. Severe exposures may produce blurred vision, shallow rapid breathing, delirium, cardiac arrhythmias, unconsciousness, deep anaesthesia, paralysis and coma characterised by motor restlessness, tremors and hyperreflexia (occasionally preceded by convulsions). Polyneuritis and persistent nausea, anorexia, muscular weakness, headache, drowsiness, insomnia and agitation may also occur. Two to three weeks after exposure, nervous irritability, breathlessness and unsteady gait may still persist; cardiac distress and unusual discolouration of the skin may be evident for up to four weeks. Haemotoxicity is not usually a feature of acute exposures although anaemia, thrombocytopenia, petechial haemorrhage, and spontaneous internal bleeding have been reported. Fatal exposures may result in asphyxia, central nervous system depression, cardiac and respiratory failure and circulatory collapse; sudden ventricular fibrillation may also be fatal. Death may be sudden or may be delayed for 24 hours. Central nervous system, respiratory or haemorrhagic complications may occur up to five days after exposure and may be lethal; pathological findings include congestion, cerebral oedema, and lung haemorrhage, renal congestion, cerebral

oedema and extensive petechial haemorrhage in the brain, pleurae, pericardium, urinary tract, mucous membrane and skin. Exposure to toxic levels has also produced chromosomal damage.

- b. First Aid: Move to fresh air. Seek emergency medical care by dialing 911. Provide CPR if necessary.

4. Injection

- a. Symptoms: May be fatal
- b. First Aid: Seek emergency medical care by dialing 911.

The ChemWatch MSDS, which is available at <http://www.udel.edu/OHS/> oftentimes, has treatment information for Emergency Room Personnel and Doctors to follow. Please list any information that can be provided to assist with the treatment:

For acute or short term repeated exposures to petroleum distillates or related hydrocarbons:

- Primary threat to life, from pure petroleum distillate ingestion and/or inhalation, is respiratory failure.
 - Patients should be quickly evaluated for signs of respiratory distress (e.g. cyanosis, tachypnea, intercostal retraction, obtundation) and given oxygen. Patients with inadequate tidal volumes or poor arterial blood gases (pO₂ 50 mm Hg) should be intubated.
 - Arrhythmias complicate some hydrocarbon ingestion and/or inhalation and electrocardiographic evidence of myocardial injury has been reported; intravenous lines and cardiac monitors should be established in obviously symptomatic patients. The lungs excrete inhaled solvents, so that hyperventilation improves clearance
 - A chest x-ray should be taken immediately after stabilization of breathing and circulation to document aspiration and detect the presence of pneumothorax.
 - Epinephrine (adrenalin) is not recommended for treatment of bronchospasm because of potential myocardial sensitization to catecholamines. Inhaled cardioselective bronchodilators (e.g. Alupent, Salbutamol) are the preferred agents, with aminophylline a second choice.
 - Lavage is indicated in patients who require decontamination; ensure use of cuffed endotracheal tube in adult patients.
- [Ellenhorn and Barceloux: Medical Toxicology].
Consider complete blood count. Evaluate history of exposure.

F. Spills

The laboratory should be prepared to clean up minor spills (25 ml/25 g or less) of highly toxic/carcinogenic materials should they occur in a properly operating fume hood. Chemical spill clean up guidance can be found at <http://www.udel.edu/OHS/chemspillkit/chemspillkit.html>. Laboratory personnel cleaning up a spill will wear all personal protective equipment listed above and manage all cleanup debris according to the waste disposal section. Notify OHS of any spills, even if the lab staff handled the clean-up.

Please list the following:

1. Location of Spill Cleanup Materials for a small spill: _____
2. Any special measures/cleanup material required to cleanup a spill: Remove all ignition sources. Clean up all spills immediately. Avoid breathing vapors and contact with skin and eyes. Control personal contact by using protective equipment. Contain and absorb small quantities with vermiculite or other absorbent material. Wipe up. Collect residues in a flammable waste container.

If a spill is large or occurs outside of a fume hood, the laboratory occupants should immediately vacate the laboratory, close all doors and contact Occupational Health & Safety at 831-8475 during working hours or

911 after hours. If the laboratory personnel determine that the spill is not contained to the lab or could cause harm to people outside the laboratory, they should pull the building fire alarm and go to the Emergency Gathering Point to await the University Police and Emergency Responders. The responsible/knowledgeable person should provide the University Police and the Emergency Responders with the following:

1. Common Name of the Material Involved
2. A copy of a MSDS, if possible
3. Any pertinent information related to the emergency, such as location in the lab, other hazards in the lab, etc.

G. Emergency Phone Numbers:

Below are a list of emergency numbers to contact in the event of an emergency:

1. Police, Fire or Medical Emergency, call – 911 on the Newark Campus, 9-911 for all others
2. Occupational Health & Safety – X8475

Please provide a list of other emergency phone numbers, such as after hour contacts for laboratory personnel or any other important phone number, to be used in the event of an emergency: _____

H. Other Special precautions

Please list any other special precautions or procedures not listed in the above sections. Please be as specific as possible:

CHRONIC HEALTH EFFECTS

Cumulative effects may result following exposure*. There is sufficient evidence to suggest that this material directly causes cancer in humans. Based on experiments and other information, there is ample evidence to presume that exposure to this material can cause genetic defects that can be inherited. This material can cause serious damage if one is exposed to it for long periods. It can be assumed that it contains a substance which can produce severe defects. This has been demonstrated via both short- and long-term experimentation.

Principal routes of exposure are by accidental skin and eye contact and by inhalation of vapours especially at higher temperatures. Chronic exposure to benzene may cause headache, fatigue, loss of appetite and lassitude with incipient blood effects including anaemia and blood changes. Benzene is a myelotoxicant known to suppress bone- marrow cell proliferation and to induce haematologic disorders in humans and animals. Signs of benzene-induced aplastic anaemia include suppression of leukocytes (leukopenia), red cells (anaemia), platelets (thrombocytopenia) or all three cell types (pancytopenia). Classic symptoms include weakness, purpura, and haemorrhage. The most significant toxic effect is insidious and often reversible injury to the blood forming tissue. Leukaemia may develop. Occupational exposures have shown a relationship between exposure to benzene and production of myelogenous leukaemia. There may also be a relationship between benzene exposure and the production of lymphoma and multiple myeloma. In chronic exposure, workers exhibit signs of central nervous system lesions and impairment of hearing. Benzene haemotoxicity and leukaemogenicity involve metabolism, growth factor regulation, oxidative stress, DNA damage, cell regulation, and apoptosis. (Yoon et al Environmental Health Perspectives, 111, pp 1411-1420, 2003).

Section VI – Waste Disposal

The authorized person using this material is responsible for the safe collection, preparation and proper disposal of waste unless otherwise stated below. Waste shall be disposed of as soon as possible and in accordance with all laboratory and University procedures. All personal must obtain chemical waste disposal training via DOHS.

Specific instructions:

Collect solid waste material in a 7mil polyethylene bag and label with an orange chemical waste label. Collect liquid waste in a "Justrite" container provided by DOHS. Label with a hazardous waste label. Use proper laboratory ventilation such as a fume hood to manage both liquid and solid wastes. Contact DOHS for removal. Do not put in the normal trash or pour any solutions down the drain.

Section V – Signature and Verification

Your signature below indicates that you have completed this form accurately to the best of your knowledge, you acknowledge all requirements and restrictions of this form and that you accept responsibility for the safe use of the material.

1. Prepared By: _____

Date: _____

Signature: _____

2. Principal Investigator: _____

Date: _____

Signature: _____

Section VI – Approval Process

A. University Chemical Hygiene Officer Approval

The Principal Investigator should have this form completed as accurately as possible. Please e-mail or fax this form to the University Chemical Hygiene Officer at eich@udel.edu or 831-1528. The Chemical Hygiene Officer will review and verify the form and make any necessary changes or updates.

1. University CHO: _____ Date: _____

Signature: _____

B. Conditional Approval to Purchase and Use

This form will then be e-mailed or faxed to a member of the University Chemical Hygiene Committee (CHC), usually from the same department as the requesting PI. The Committee Member will meet with the Principal Investigator or designee and discuss the form and the use of the material. If the Committee Member finds the procedure acceptable, they can offer a conditional approval for purchase and use of this material.

2. CHC Member: _____ Date: _____

Signature: _____

C. Full Approval

A signed copy of the form will be sent, via campus mail, to the University Chemical Hygiene Officer, who will bring it up at the next Chemical Hygiene Committee Meeting for full approval. All approvals will be good for two years. The complete, signed approval form will kept on file with Occupational Health & Safety and a copy will be sent to the Principal Investigator to keep on file.

3. Acceptance: _____ Date: _____

CHC Chair: _____

Signature: _____

D. Approval Expiration

The approval for use and purchase of this material will expire should any of the approved information change, with the exception of Section II, B and C, Authorized Personnel and Storage Location, or two years after CHC approval. If, at the end of two years, the procedure is substantially the same, the Principal Investigator can complete a renewal form and send it to the University CHO, who can approve the renewal for an additional two years.

CHECKLIST FOR POSSESSION AND USE OF CARCINOGENS AND HIGHLY TOXIC MATERIALS

The checklist is provided to assist a researcher with the approval process for possession and use of carcinogens and highly toxic materials. This form may be kept on file in the laboratory with the SOP to serve as documentation. The complete procedure can be found in the University Chemical Hygiene Plan in Chapter 12.

Date and Initial	
_____	1. Complete a Standard Operating Procedure/Approval Form For Carcinogens and Highly Toxic Materials and submit this form to OHS for review
_____	2. Review and make OHS's changes and recommendations
_____	3. Meet with a member of the University Chemical Hygiene Committee to review the approval form and the use of the material.
_____	4. Submit (via campus mail) the completed and signed form back to the University Chemical Hygiene Officer for conditional approval to purchase and use the material. The University Chemical Hygiene Committee will review this form at the next scheduled meeting for full approval.
_____	5. Complete a Job Hazard Analysis (JHA) for each experiment in which this compound is used. These JHAs must be kept on file in the laboratory and updated every 5 years or when a process changes.
_____	6. Provide and document training for every worker who will use the material. Training shall include hands-on instruction as well as review of the JHA, SOP and the University Chemical Hygiene Plan; specifically Chapter 12.
_____	7. Conduct a trial run with OHS present.
_____	8. Have OHS present the first time a process using this material occurs.