

Fall 2015 Academic Orientation Fast Facts...

**College of Health Sciences
Department of Behavioral Health & Nutrition
26 Carpenter Sports Building
Newark, DE 19716
General Phone: 302-831-2079
Fax: 302-831-4261
<http://www.udel.edu/bhan/index.html>**

MAJORS IN BHAN

<http://www.udel.edu/bhan/undergraduates/majors.html>

MINORS IN BHAN

<http://www.udel.edu/bhan/undergraduates/minors.html>

CHANGE OF MAJOR/MINOR PROCESS

<http://www.udel.edu/bhan/undergraduates/changemajor.html>

BHAN ADVISING

Note: Freshmen and incoming sophomores will be advised by Sue Coffing and Emily Lodyga; current sophomores, juniors, and seniors will be advised by a member of the faculty within their major.

Sue Coffing

scoffing@udel.edu (preferred contact method)

302-831-2252

CSB – office #027

Emily Lodyga

elodyga@udel.edu

CSB – office #009

Contact Sue Coffing or Emily Lodyga for questions relating to:

- changing your major
- course registration
- senior checkout

DIETETIC INTERNSHIP

<http://www.udel.edu/bhan/dietetic/index.html>

Carrie Johns at cbonnett@udel.edu or 302-831-8729

STUDY ABROAD

Institute for Global Studies

<http://www.udel.edu/global/>

UNDERGRADUATE RESEARCH

Undergraduate Research Program

<http://urp.udel.edu/>

UNDERGRADUATE CATALOG

Academic Year 2015-2016

http://academiccatalog.udel.edu/Pub_ShowCatalogPage.aspx?CATKEY=KEY_2073&ACYEAR=2015-2016

UNDERGRADUATE STUDENT SERVICES

<http://www.udel.edu/chs/student-services/>

205 McDowell Hall

Contact us for:

- Excused absence verifications
- Changing majors to another department or college
- Planning for multiple majors and/or minors
- Transfer credit approvals
- Clarifying academic policies/regulations
- Answering questions/discussing options if students are having academic or personal difficulties

ACADEMIC DATES FALL 2015:

Tuesday, September 1	8:00 am classes begin
Monday, September 7	No classes - Labor Day Holiday
Monday, September 14	First day of Monday classes for the semester*
Tuesday, September 15	Free Drop/Add deadline (last day to add classes)
Tuesday, October 27	Academic Penalty deadline (last day to withdraw or change registration to audit or pass/fail)
Monday, November 23 - Friday, November 27	No classes - Thanksgiving break
Friday, December 11	Last day of class
Monday, December 14	Final exams start
Saturday, December 19th	Final exams end

* Please note: Monday classes do not meet until Monday September 14th. Check in UDSIS to confirm your class schedule, especially those classes that only meet on Mondays!

ADVISEMENT

Suggestions for Success

Welcome to the Department of Behavioral Health and Nutrition (BHAN). We want your academic career to be a success, so here are some tips to get you started:

- Your faculty and advisors are here to help you with decision-making in issues such as major and/or minor academic programs, course selection and sequencing, graduation requirements and career questions. Make good use of this relationship and meet with your advisors on a regular basis, especially before registration periods. Contact information for BHAN faculty and staff can be found at www.udel.edu/chs/facultystaff/index.html#bhan
- Your suggested program of study is listed on the back of each checksheet. This is a suggested sequence of courses, dictated in part by pre-requisites and co-requisites. Consult with your advisor on any deviation from the program of study. In some cases, it may be difficult to get into a course that is not in your major or not designated for your class status.
- Always register for the next semester's courses at your appointed time in fall and spring. Do not delay, or you will have difficulty scheduling.
- Pay attention to prerequisites, which are listed on the on-line catalog at <https://udapps.nss.udel.edu/CoursesSearch/>
- BHAN breadth requirements may differ from those in other departments or colleges. Be sure the courses you select will satisfy the BHAN breadth requirement categories.
- It is your responsibility to inform your parents/family of your activities if you so desire. We are not permitted to discuss your student record with them due to the Buckley Amendment (FERPA) unless you give written permission in advance.
- When in doubt about concerns such as academic, career or graduation issues, ask your advisor.
- You are responsible for information sent to your UD e-mail account. We suggest checking it regularly.

For more information please send an email to bhanadvising@udel.edu.

BHAN STUDENT GROUPS

Health Behavior Science Club

Contact [Matarese, Victoria Lynn](#)

Health and Physical Education Club

Contact [Dr. Jan Bibik](#), *Club Faculty Advisor*

Nutrition and Dietetics Club

Contact: Co Presidents [Murphy, Sara Michelle](#) and [Hartman, Catherine](#)

Public Health Club

Contact: [Alyssa Benjamin](#), President

DIETETIC INTERNSHIP PROGRAM

The [Dietetic Internship](#) at the University of Delaware is an Internet based program that can be completed anywhere in the United States. This internship interprets the missions of the University, the College of Health Sciences, and the Department of Behavioral Health and Nutrition through its activities to promote philosophies to include education of students, service in the community and participation in professional organizations.

Critical within this program are the requirements for interns to develop flexibility, initiative, and resourcefulness, creative problem solving and an ability to work with others. The program makes extensive use of State of the Art technology.

This internship provides graduates of a didactic program in dietetics (DPD) with an opportunity to increase their knowledge of food and nutrition science, and to acquire competencies needed to practice dietetics in a variety of settings. Upon successful completion of the program, each student will receive a verification of completion certificate and be eligible to take the Registration Examination for Dietitians.

Graduates of the Dietetic Internship at the University of Delaware are expected to be able to function as entry level practitioners in clinical, food service, and community dietetic roles. Each is expected to operate independently with high levels of professionalism and integrity. Each is expected to successfully challenge the registration examination for dietitians.

IMPORTANT NOTE: Recent changes in state authorization legislation have imparted significant application and fee requirements on universities providing online courses or programs. At this time, the University of Delaware Dietetic Internship is not able to accept applicants residing in several states. For an up-to-date listing of approved states, please see: www.pcs.udel.edu/udonline/state-authorization/index.html.

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Change of Major/Minor Process

Majors in BHAN

Minors in BHAN

MINOR: HEALTH, PHYSICAL ACTIVITY AND DISABILITY

Minimum Credits in the Minor: 16

This program provides undergraduate students with a theoretical base and quality field-based experiences to appropriately serve individuals with disabilities across the lifespan in a variety of settings that promote health and wellness. The minor is open to students in any major but is particularly suited for students who are planning careers in health and exercise sciences such as health promotion, fitness, occupational therapy, physical therapy, therapeutic recreation, health and physical education, special education, sports medicine and coaching. Students applying for the minor must have completed at least one semester of full-time study with a minimum GPA of 2.0. A grade of C- or better in required courses is needed for successful completion of the minor. **A maximum of six credits may be from the student's major or another minor.**

MINOR: PUBLIC HEALTH

Minimum Credits in the Minor: 18 (with an additional 3 co-requisite STAT credits)

Public Health is the scientific field of study focused on preventing disease, prolonging life, and promoting health. This is achieved through the conduct of scientific research, implementation of health education programs and the organized efforts and informed choices of society, communities and individuals. A joint program between the **Department of Behavioral Health and Nutrition** and the **School of Public Policy and Administration**, the Public Health minor provides an interdisciplinary opportunity to develop practical skills in program development and increase knowledge in the areas of social systems and policy as well as leadership. This minor offers a greater appreciation for the application of public health concepts to the student's field of study.

The minor, available to students of all disciplines, requires 18 credit hours distributed as follows: Three required core courses (9 credits), and three elective courses (9 credits). At least six of the nine elective credits must be chosen from outside your major. **All courses in the minor must be completed with a C- or better.**