

**Curriculum Unit
Title**

The Cloak of Invisibility: Using Harry Potter to help
Newcomers Cope with Trauma

Author

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KEY LEARNING, ENDURING UNDERSTANDING, ETC.

1. Trauma and Adverse Childhood Experiences (ACEs) exist in every culture and country.
2. Trauma is frequently a theme used by authors to depict universally understood feelings and life experiences.
3. Trauma can have a significant impact on a person's behavior and mental health
4. Individuals can empower themselves to recognize their own traumatic experiences and develop healthy coping methods.
5. Resources are available in schools and communities to help individuals cope with trauma.

ESSENTIAL QUESTION(S) for the UNIT

- (1) What is trauma?
- (2) What are Adverse Childhood Experiences (ACEs)?
- (3) Why is trauma such a common theme in literature?
- (4) How does trauma impact a person's socioemotional health and behavior in the long term?
- (5) How do authors use metaphors and other types of figurative language to represent trauma in their writing?
- (6) What strategies and resources exist in our schools and communities for coping with trauma?
- (7) How can using these strategies and resources be beneficial to a person's socioemotional health?

CONCEPT A

What is trauma?

CONCEPT B

How does trauma impact us?

CONCEPT C

What resources are available to help us cope with trauma?

ESSENTIAL QUESTIONS A

1. What are Adverse Traumatic Experiences?
2. Where and how does trauma occur?
3. Why do authors frequently use trauma as a theme in novels?

trauma, mental health, and mindful

ESSENTIAL QUESTIONS B

1. What is the relationship between trauma and mental health?
2. How do ACEs influence a person's actions in real life?
3. How do ACEs influence characterization and plot in Harry Potter?

adverse, impact, effect and characteristics

ESSENTIAL QUESTIONS C

1. How can individuals effectively cope with trauma?
2. What resources exist in our community to help individuals who have experienced trauma?
3. How can one create an intervention to help address their mental health needs?
4. What types of resources should be included in an intervention for Harry or another character?

cope, intervention, and resource

ADDITIONAL INFORMATION/MATERIAL/TEXT/FILM/RESOURCES

Harry Potter and the Sorcerer's Stone by J.K. Rowling

<https://traumaawareschools.org>

www.mindful.org