

**Curriculum Unit Title**

Confronting Life's Traumatic Experiences within a Family through Literature

**Author**

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**KEY LEARNING, ENDURING UNDERSTANDING, ETC.**

This curriculum unit is designed to teach upper elementary student how to use a growth mindset to overcome trauma. Students will learn about the importance of the use of growth mindset statement to help them transition their mindset and thoughts about their absent parent.

**ESSENTIAL QUESTION(S) for the UNIT**

What is the importance of a family?  
How does a growth mindset help me succeed?

**CONCEPT A**

Family

**CONCEPT B**

Growth Mindset

**CONCEPT C**

Transitional Mindset

**ESSENTIAL QUESTIONS A**

What people make up a family?

**ESSENTIAL QUESTIONS B**

How does having a growth mindset benefit me?

**ESSENTIAL QUESTIONS C**

How does a growth mindset statements assist me to transition from a fixed mindset to a growth mindset?

**VOCABULARY A**

Family

**VOCABULARY B**

Growth mindset

**VOCABULARY C**

Fixed mindset vs. Growth Mindsets

**ADDITIONAL INFORMATION/MATERIAL/TEXT/FILM/RESOURCES**

LOVE MAKES A FAMILY, by Sophie Beer.

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