

Food, Religion & Holiday Celebrations

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In this unit eighth grade middle school students will learn how to make a personal connection with their own religion and how it impacts their lives and food choices. They will identify religious practices related to food such as fasting or a specific type of dietary guideline, identify foods from various cultures used in celebratory practices for an observed holiday in the four religions that we are covering. They will also learn about other religions, holidays they celebrate, and how they celebrate through food and cultural customs. Students will also make some of the most recognized food dishes and evaluate the reasons why specific recipes are tied to specific religious customs or celebrations.