

Team Work from the *Inside Out* Synopsis

Courtney Dooley

As the teacher of a room of 13 very active special education students, I have reflected a lot over the last few years of teaching about student's emotions and feelings. During a typical day in my classroom, emotions range from joy to sadness to fear to anger to disgust in a matter of minutes. If you like me, are looking for a way to have students talk about their emotions and get to the root of how to best express these emotions in a productive and positive way in the classroom, join me on a journey of emotions and team work from the *Inside Side Out*.