HRIM-381

Class 19 Responsible Alcohol Service

Goals for Today

• Discuss the effects of alcoholic beverages
• Examining ways to promote responsible service
• Risk management strategies

Facts About Alcohol

• Alcohol is one of the oldest and widely used drugs in the world
• F & B operators are licensed to dispense this drug in hundreds of different combinations, to thousands of people with no real idea of what the effects may be
• The effects of alcohol can be different for every person and every situation
• The effects of alcohol vary over time
• Alcohol serves as a stimulant in amounts under one ounce, any amount over one oz., alcohol is a central nervous system depressant.
More Facts About Alcohol

- Alcohol consumption decreases body temperature
- How much you drink, not what you drink is what causes hangovers
- Time is the only factor that can restore sobriety
- Psychological expectations can increase the effects of alcohol consumption
- 10-20% of the population may be pre-disposed to becoming alcoholic, their blood chemistry is unable to properly metabolize ethanol
- Alcohol doesn’t bring out the “true” personality, it intensifies emotions and changes brain chemistry dramatically

The Fatal Effects of Too Much Alcohol

- DWIs account for 50% of all fatalities
- DWI related traffic deaths occur every 23 minutes
- Alcohol is involved in 70% of all drowning deaths
- Nearly 30% of all suicides involve alcohol
- 19% of all boating accidents involve alcohol
- Alcohol is the number one factor leading to domestic violence
- Majority of physical assaults arrests related to alcohol
- Alcohol can interfere with normal fetal development

Factors That Affect BAC and The Impact of Alcohol

- Rate of consumption
- Beverage/drink potency
- Rate of absorption, driven by: amount of food in the stomach, carbonation, emotional factors
- Prescription drug/ medicine intake
- Environment in which alcohol is consumed
Physical Factors That Can Effect BAC

- Body size (relative blood supply)
- Body fat %
- Age
- Gender
- Activity levels
- Health condition
- Chemical disposition

Behavioral Changes That May Indicate intoxication: Relaxed Inhibitions are often signs and appear as:
- Personality changes Quiet >>>> Friendly, Loud >>>> Withdrawn
- Antisocial Behavior
- Emotional Outbursts
- Noisy/Rowdy Behavior, Showing Off
- Obnoxious behavior; sudden use of foul language, offensive comments, invading personal space of other guests

Behavioral Changes That May Indicate Intoxication: Impaired Judgement:
- Complaints about drink strength, price, or preparation after consuming one or more of the same without complaining
- Drinking faster, ordering doubles or shots
- Being careless with money, offering to buy drinks for strangers or employees
- Making irrational statements
- Arguing or fighting with customers, employees
Behavioral Changes That May Indicate Intoxication: *Slowed Reaction Time:*

- Glassy, unfocused eyes, dilated pupils
- Drowsiness
- Loss of concentration, inability to finish sentences, lose "train of thought"
- Altered speech patterns
- Difficulty lighting cigarettes, burning two cigarettes at once, lighting the filter end and trying to smoke it!

Behavioral Changes That May Indicate Intoxication: *Decreased Coordination:*

- Difficulty handling coins, or selecting bills from purse of wallet
- Clumsiness, such as spilling drinks, knocking over drinks, table tents
- Loss of balance. Staggering, bumping into walls, guests, furniture, falling off stools, or down stairs
- Sleeping!

Laws Regarding Alcohol Consumption

- Legal Age: legal age to possess, purchase, or consume alcohol is 21 years old
- Minors: minors are permitted in establishments only when accompanied by parent or guardian
- Age of Employees: Jurisdictions may vary, majority of states= 18 years old to sell, dispense, stock cooler, or clear alcoholic beverages
- Days and hours of sales: depends on type of license, most states allow consumption and occupation for 30 minutes after last call
- Intoxicated persons: It is illegal to sell to or allow a visibly intoxicated person to drink alcohol
### Checking ID: acceptable forms

- Driver’s license from any state
- State issued ID card with photo and birth date
- US military ID
- US passport
- US Alien Registration Card
- Drivers licenses issued to minors are stamped: “UNDER 21 UNTIL 19XX”
- Check with your state ABC to determine who can confiscate false ID
- Know the laws and regulations of your jurisdiction, ignorance is not a defense, and the manager/owner is ultimately responsible