Spring Fling Co-Ed
Varsity Reverse 4s Rules
(Subject to Minor Changes)

1. Serves hitting the net and coming over are good!
2. Teams should call their own sets, nets, and touches, but refs should help with all calls and keeping score.
3. Balls that hit the lines are good.
4. Touching the net at any point in a play is a foul
5. NO open hand tips!
6. You can go under the net as long as it does not affect play on ball.
7. Serves must initiate from behind the end line.
8. Ref team should record scores if no court supervisor present.
9. A score cap will be determined based on the number of teams registered.
10. Most importantly HAVE FUN!!!

Reverse 4s Specific Rules:
1. Net is set to women’s height.
2. Male players cannot attack or block the ball above the net in front of the 3 meter line.
3. There is no actual court rotation, only a serve rotation that must remain the same throughout play.
Spring Fling Co-Ed
JV Standard 4s Rules
(Subject to Minor Changes)

1. Serves hitting the net and coming over are good!
2. Teams should call their own sets, nets, and touches, but refs should help with all calls and keeping score.
3. Balls that hit the lines are good.
4. Touching the net at any point in a play is a foul.
5. You can go under the net as long as it does not affect play on ball.
6. Serves must initiate from behind the end line.
7. Ref team should record scores if no court supervisor is present.
8. A score cap will be determined based on the number of teams registered.
9. Most importantly HAVE FUN!!

Standard 4s Specific Rules:
1. Net is set to women’s height.
2. A court and service rotation must be maintained. If there are 2 girls and 2 guys, the rotation must be boy-girl-boy-girl.
Spring Fling 17 & Under
Standard 4s Rules
(Subject to Minor Changes)

1. Serves hitting the net and coming over are good!
2. Teams should call their own sets, nets, and touches, but refs should help with all calls and keeping score.
3. Balls that hit the lines are good.
4. Touching the net at any point in a play is a foul
5. NO open hand tips!
6. You can go under the net as long as it does not affect play on ball.
7. Serves must initiate from behind the end line.
8. Ref team should record scores if no court supervisor is present.
9. A score cap will be determined based on the number of teams registered.
10. Most importantly HAVE FUN!!!
Tie Breakers and Tournament Play
(Subject to Minor Changes)

Tie Breaking Procedures for pool play:
2 Team Tie
Head to Head match record
Head to head points scored

3 Team Tie
Games Record (winning percentage)
Points Scored
Coin Toss

ALL TEAMS WILL MAKE BRACKET PLAY
There will be different divisions in bracket play based on the pool play results
All bracket play is single elimination
Bracket Play will be either one game to 21 or two out of three (with the first two games going to 21 and the third game if necessary will be to 15 depending on time.)