Corn pudding from Mrs. du Pont

Here is one of Jennifer McGlinn's contributions to A Country Estate Cookbook: Recipes From Winterthur. Published in 2007, the book contains mostly modern recipes, but each section begins with an entry that McGlinn took from Pauline du Pont's hand-written recipe book from the late 19th century. A Country Estate Cookbook is available from the Winterthur Bookstore.

From the cookbook of Pauline Foster du Pont: Corn Pudding (Margaret)

12 large ears of corn or more if small; pepper and salt to taste. ½ cup butter, 1 egg, ½ cup milk, add more if necessary. Bake until brown. It takes usually three quarters of an hour.

For today's cooks:

4-6 servings

4 tablespoons unsalted butter, melted and cooled

1 egg

1-¼ cups milk

3-1/2 cups fresh or frozen corn kernels

¹/₄ teaspoon freshly ground black pepper

³/₄ teaspoon salt

Whisk together butter, egg and milk. Stir in corn, salt and pepper. Pour into a buttered 8- or 9-inch square casserole dish and bake at 350 degrees until golden brown, about 30 minutes. Serve hot or at room temperature.