

**The Colonial Skating Club of PA  
Announces its 11<sup>th</sup> Annual**

**Stars and Stripes Skating Competition**

2008 Competition Announcement and Entry Form

Saturday & Sunday  
**April 5 & 6, 2008**



**Sanctioned By USFSA**



**Grundy Recreation Center  
475 Beaver Street  
Bristol, PA 19007**

Application Deadline – February 28, 2008

Events include: Free Skate, Short Program, Compulsory Moves, New Test Track, Spin Events, Basic Skills, Solo Dance, Artistic, Showcase, Maneuver  
and

**We are proud to offer Special Olympics events in this year's club competition**



This application and all current information regarding the Stars and Stripes competition will be available at the Colonial Figure Skating Club of PA website: [www.colonialsc.org](http://www.colonialsc.org)

**Chairpersons:** Kathy Campion: phone: 215-352-4714, fax: 215-352-4715  
e-mail: ColonialSCofPA@aol.com

**Chief Referee:** Patricia Lynch

**Chief Accountant:** Terry Foley

**Who May Compete:** This competition is open to all amateur skaters who are in good standing of clubs having membership in the USFSA or are Individual Members of the USFSA. Entries from members of probationary clubs will be accepted provided the entry is accompanied by a signed certification by the skater that he/she is properly qualified to enter the events mentioned.

**Entries:** Entries must be submitted by mail on the official form, which may be duplicated. Payment of all fees must be by check, payable to Colonial Skating Club of PA and must accompany entry form. Entries must be postmarked by **February 28, 2008**. You may enter the category for which you have passed the required test of ONE level higher. A \$25.00 charge will be made for all checks returned by the bank for any reason and payment must be made by cash, cashier's check or money order prior to the competition.

ALL ENTRIES ARE BASED ON TEST LEVEL PASSED AS OF ENTRY DEADLINE: **February 28, 2008**.

**Late Entries:** Late entries **may** be accepted at the discretion of the competition committee.

**Events:** The competition committee does have the right to cancel any event due to insufficient entries. If events are cancelled, those skaters affected will be invited to skate an exhibition. Skaters impacted will be notified prior to the competition date.

**Registration:** Registration will open 1 hour before the 1<sup>st</sup> event. Competitors should arrive at the rink 1 hour before scheduled event.

**Rink Information:** Ice surface measures 85' by 200' with rounded corners.

**Music:** Please bring two copies of your music on either CD or tape\*. Media source must contain music for only one program. All music must be marked with the skater's name, level and length of program. Music must be submitted at registration 1 hour prior to the event.

\*CDs – due to compatibility issues, CDRW will not be accepted.

\*Tapes cannot be 60 or 90 minutes in length.

The Colonial Figure Skating Club of PA assumes no responsibility for unclaimed music by the end of the competition

**Awards:** Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> place winners in each event (except Basic Skills). For Basic Skills events skaters that do not place 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> or 4<sup>th</sup>, will receive participation medals for their efforts.

**Schedule:** Knowledge of the final posted schedule is the responsibility of all entrants and officials. A tentative schedule of events will be e-mailed to entrants on or before March 21<sup>st</sup>, 2008, if you provide your e-mail address on the entry form.

A tentative schedule will also be posted on the Colonial Skating Club website: [www.colonialsc.org](http://www.colonialsc.org). An official schedule will be available at the registration desk. Please remember the chief referee makes the schedule for the competition, not the club or the chairpersons.

**Practice Ice:** Depending on the final schedule, practice ice may be made available on April 4<sup>th</sup> and 5<sup>th</sup> for an additional fee of \$15 for a 30 minute session. The schedule will be posted on our Club website: [www.colonialsc.org](http://www.colonialsc.org). Reservations will be accepted by return mail with prepayment on a first come, first served basis.

*The decision to hold practice ice will be determined by the LOC once all applications have been received.*

**Liability:** The USFSA, Colonial Skating Club of PA and the Local Organizing Committee for this competition undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of the entries or participation therein, all entrants, their family members and officials shall be deemed to agree to assume all risk of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any official, the USFSA, Colonial Skating Club of PA, and against its officers. Entries shall be accepted only on such conditions as listed in USFSA Competition rules, section 3222

**Refunds:** Refunds will be made for medical reasons, validated by a physician and if the event is cancelled (according to section 3233-35). All requests for refunds must be submitted to the LOC no later than 30 days after the competition.

**Video Taping/Photography:** A professional video service and photographer will be available. Those interested in videotaping for personal use will be asked to use the bleachers and tripods are not allowed. **YOU MAY ONLY VIDEO YOUR SKATER.** Additionally, for future purchases, vendors may post pictures on their websites. All vendors abide by PA state law regarding web postings.

**Vendors:** Vendors will be set up throughout the competition.

**Mail Entries To:**

Kathy Campion  
382 Saly Rd.  
Yardley, PA 19067

**PLEASE MAKE SURE YOUR COACH VERIFIES THE EVENTS YOU WILL BE COMPETING IN PRIOR TO MAILING THIS APPLICATION. CHANGES WILL NOT BE MADE UNLESS THE LOCAL ORGANIZING COMMITTEE HAS MADE AN ERROR. READ THE APPLICATION FORM CAREFULLY. PLEASE CALL IF YOU HAVE QUESTIONS.**

**Directions**

**From Pennsylvania Turnpike and Western PA:**

From the Pennsylvania Turnpike (276), exit Turnpike at Bristol, PA, Exit 29. Take Route 13 South, when you reach the bottom of the exit ramp be sure to get in the left-hand lane of Route 13. At the first light turn left onto Beaver St. (Landmark – Burger King on left). Follow Beaver St. to end. Grundy Recreation will be on the left.

**From Trenton, NJ**

Route 1 South to Pennsylvania, cross the Route 1 Bridge in Trenton, once in Pennsylvania watch the signs and follow the exits marked Bristol, Route 13 South. Travel approximately 2 to 3 miles until you see the entrance for the Pennsylvania Turnpike. Stay on Route 13 but move to the left lane. At the next turn left onto Beaver Street (see Burger King on left). Follow Beaver Street to the end. Grundy Recreation will be on the left.

**From Philadelphia and South**

95 North to Bristol Exit. Stay in right-hand lane and bear right onto 413 South. Cross Route 13 and drive under railroad underpass. Stay straight at the light after the underpass. (If you are in the right-hand lane you will travel towards the Burlington-Bristol Bridge, (DO NOT DO THIS – stay straight). At the light go straight onto Otter Street. Follow Otter Street approximately 4-5 blocks. At the last stop sign you will see a Convenience Store to your left. At this stop sign you will turn right and go over a small canal bridge. At the next light turn left onto Old Route 13. You will go through 2 traffic lights. At the third light you will turn left onto Beaver Street. Grundy Recreation will be on your immediate right.

**From Northern NJ**

Route 287 South to the NJ Turnpike. Take Exit 6 to the Pennsylvania Turnpike. Take first exit in Pennsylvania, Exit 29 to Bristol, Route 13 South. When you merge onto Route 13 South, immediately get into the left-hand lane. At the next light turn left onto Beaver St. (Landmark – Burger King on left). Follow Beaver St. to end. Grundy Recreation will be on the left.

**From Southern NJ**

Take the Atlantic City Expressway to 295 North to Route 73. Take Route 73 West to Route 90 – Betsy Ross Bridge. Cross bridge to Pennsylvania and 95 North. Take 95 North to the Bristol Exit. Follow Stay in right-hand lane and bear right onto 413 South. Cross Route 13 and drive under railroad underpass. Stay straight at the light after the underpass. (If you are in the right-hand lane you will travel towards the Burlington-Bristol Bridge, (DO NOT DO THIS – stay straight). At the light, go straight onto Otter Street. Follow Otter Street approximately 4-5 blocks. At the last stop sign you will see a Convenience Store to your left. At this stop sign you will turn right and go over a small canal bridge. At the next light turn left onto Old Route 13. You will go through 2 traffic lights. At the third light you will turn left onto Beaver Street. Grundy Recreation will be on your immediate right.

## Description of Events

### Individual Compulsory Moves

Moves must be performed without any music and in **ANY** order with connecting steps necessary to link the various moves together. Mandatory deductions will be taken for unlisted or additional elements such as jumps, spins, repetitions or unsuccessfully executed moves. Skaters must skate at or one level above their highest FS Test. Times listed are maximum times.

Level	Required Moves/Program Elements	Time/Ice
No Test	No US Figure Skating Freestyle Test Bunny Hop (2 in a row), Lunge, Waltz Jump Forward Spiral, Two Foot Spin - minimum 3 revolutions.	1:00-1:30 Half ice
Pre-Preliminary	Waltz Jump, Salchow Jump, Half Flip Toe Loop, One Foot Upright Spin - minimum of 4 revolutions.	1:00-1:30 Half ice
Preliminary	Salchow Jump, Waltz Jump-Toe Loop, Loop Jump, Forward Spiral, Sit spin - minimum of 4 revolutions.	1:00-1:30 Half ice
Pre-Juvenile	Lutz, Flip, Toe Loop/Loop. Backward Spiral on a curve, either foot, Camel spin - minimum of 4 revolutions.	1:30-1:30 Full ice
Juvenile	Axel, Flip, Lutz/Loop, Diagonal footwork sequence, Camel/Sit/Change sit spin - minimum of 5 revolutions each foot.	1:45 or less Full ice
Adult Pre-Bronze	Waltz Jump, Toe-Loop, Half Flip, One Foot Spin (minimum 3 revolutions), Spiral or Spread Eagle	1:00-1:40 Half ice
Adult Bronze	Salchow, Waltz-Toe-Loop Combination, Loop Jump, Sit Spin (minimum 3 revolutions), Circular Footwork Sequence.	1:00-1:30 Half ice
Adult Silver	Flip, Loop Jump, Waltz-Half Loop-Salchow Combination, Camel-Sit Spin (no change of foot, minimum 6 revolutions), Back Spin, Circular Footwork Sequence.	1:30-1:45 Half ice
Adult Gold	Axel, Lutz-Loop Combination, Waltz-Half Loop-Flip Combination, Circular Footwork Sequence, Camel-Back Sit Spin (minimum 4 revolutions each), Layback (Ladies) or Cross-Foot Spin (Men).	2:00/Full ice

### Short Program (with music)

Required elements are those stated in the Official 2007/08 USFSA Rulebook, section 3610-3670

Event Level	Qualifications	Maximum Time
Intermediate	Passed Intermediate FS	2:00
Novice	Passed Novice FS	2:30
Junior	Passed Junior FS	2:50
Senior	Passed Senior FS	2:50

### Artistic Events

Program shall contain a variety of moves selected to enhance the choreographic interpretation of the music rather than technical ability. Costumes should enhance the mood of the program, **no props allowed.**

Category	Qualifications	Time
A	No Test through Pre-Preliminary	1:40, +/- 10 seconds
B	Preliminary through Pre-Juvenile	1:40, +/- 10 seconds
C	Juvenile through Intermediate	2:15, +/- 10 seconds
D	Novice through Senior	2:50, +/- 10 seconds
E	Adult No Test through Bronze	1:40, +/- 10 seconds
F	Adult Silver through Gold	1:40, +/- 10 seconds

### Adult Freestyle (with music, 21 yrs +)

As Governed by the 2007-2008 USFSA Rulebook See Section 3780-3810

Event Level	Qualifications	Time Not to Exceed
Pre-Bronze (no axels/doubles/ flying spins)	Pre-Bronze Freestyle, standard pre-preliminary free skate test or the ISI freestyle 3	1:40
Bronze (no axels/doubles)	Bronze Freestyle, standard preliminary free skate test or the ISI freestyle 4	1:40
Silver (no doubles)	Silver Freestyle, standard juvenile free skate test, or the ISI freestyle 5	2:10
Gold	Gold Freestyle, standard juvenile free skate test or the ISI freestyle 6	2:40

### Free Skating (with music)

According to Rules in the 2007/08 USFSA Rulebook, section 3640-3720

Event Level	Qualifications	Time
No Test (G/B)	Has not passed Pre-Preliminary FS (no axel/doubles).	1:30, +/- 10 seconds
Pre-Preliminary (G/B)	Passed Pre-Preliminary FS, no higher (axel permitted, no doubles).	1:30, +/- 10 seconds
Preliminary (G/B)	Passed Preliminary FS, no higher (axel, 2 different double jumps).	1:30, +/- 10 seconds
Pre-Juvenile (G/B)	Passed Pre-Juvenile FS, no higher (axel, 3 different double jumps)	2:00, +/- 10 seconds
Juvenile (G/B) (Skaters age 12 and younger as of the close of entries)	Passed Juvenile FS, no higher (no triple jumps)	2:15, +/- 10 seconds
Open Juvenile (G/B) (Skaters age 13 and older as of the close of entries)	Passed Juvenile FS, no higher (no triple jumps)	2:15, +/- 10 seconds
Intermediate (L/M)	Passed Intermediate FS, no higher	2:30, +/- 10 seconds
Novice (L/M)	Passed Novice FS, no higher	Ladies 3:00, +/- 10 seconds Mens 3:30, +/- 10 seconds
Junior (L/M)	Passed Junior FS, no higher	Ladies 3:30, +/- 10 seconds Mens 4:00, +/- 10 seconds
Senior (L/M)	Passed Senior FS	Ladies 4:00, +/- 10 seconds Mens 4:30, +/- 10 seconds

### Spin Events

Skater's level is determined by Freestyle level. The listed spins must be performed in a program without music and in **ANY** order with connecting steps necessary to link the various spins together. Repetitions of unsuccessfully executed spins are not allowed. Only spins are judged. Times listed are maximum times.

Level	Required Moves/Program Elements	Maximum Time / Ice
No Test	2 foot spin; 1 foot spin (free leg optional); forward sit spin, minimum 3 revolutions per foot.	1:00 / Half ice
Pre-Preliminary	1 foot spin (free leg optional); 1 foot back spin; forward sit spin, minimum of 3 revolutions per foot.	1:00 / Half ice
Preliminary	Forward scratch spin; sit spin; camel spin, minimum of 3 revolutions per foot.	1:00 / Half ice
Pre-Juvenile	Forward camel/sit combination (no change of foot); forward scratch/back scratch combination spin; layback spin (ladies) or camel spin (men) minimum of 3 revolutions per foot.	1:15 / Half ice
Juvenile	Spin combination with one change of position & one change of foot; flying camel spin; layback spin (ladies) or camel spin (men), minimum of 4 revolutions/4 per foot in combo.	1:15 / Half ice
Intermediate	Spin combination with at least one change of position & one change of foot; flying camel spin; sit spin change sit spin, 5 revolutions per solo spin and 4 revolutions per foot in combo.	1:30 / Full ice
Novice	Spin combination with at least one change of position & one change of foot; camel change camel spin; layback spin (ladies) or sit change sit spin (men), 6 revolutions per solo spin and 5 revolutions per foot in combo.	1:30 / Full ice
Junior	Spin combination with at least two changes of position & one change of foot; flying sit spin or flying reverse sit spin; layback (ladies) or camel change camel spin (men), 6 revolutions per solo, 10 total for combo.	2:00 / Full ice
Senior	Spin combination with at least two changes of position & one change of foot; any flying spin (ex.: flying camel, flying sit, deathdrop, butterfly, etc); one solo spin (any variation of layback, sit or camel), 6 revs for solo, 10 total for combo	2:00 / Full ice
Adult Pre-Bronze	One foot upright spin (minimum 3 revolutions, optional leg position), two foot spin (entry optional, minimum 3 revolutions), one sit spin, broken leg, or attitude (minimum 3 revolutions)	1:15 / Half ice
Adult Bronze	One foot upright spin (minimum 4 revolutions), camel spin (minimum 3 revolutions), sit spin (minimum 3 revolutions).	1:30 / Half ice
Adult Silver	One camel spin (minimum 3 revolutions), one layback, attitude or sit spin (minimum 4 revolutions), one combination spin with only one change of position – change of foot optional.	1:30 / Half ice
Adult Gold	One solo spin (minimum 5 revolutions), one jump spin (minimum 4 revolutions), and one combination spin with only one change of foot and at least two changes of position (minimum 4 revolutions each foot).	1:30 / Half ice

### Showcase Events

No required elements. Emphasis is on theatrical and entertainment value of the performance. Costumes and props are encouraged to illustrate the act. Props are limited to those that the skater can carry onto the ice themselves (in one trip). Live props, those with flames/smoke or any substance that will alter the surface of the ice are not permitted. No metal props can be placed directly on the ice. Use caution with feathers, glitter, etc.... No shaving cream, whipped cream or wet mops. Set up should take no longer than 30 seconds. Skater may not be given any off ice assistance during the performance. Vocal music is permitted. Events will not be segregated by gender.

Category	Qualifications	Time
A	No Test through Pre-Preliminary	1:40 +/- 10 seconds
B	Preliminary through Pre-Juvenile	1:40 +/- 10 seconds
C	Juvenile	2:10 +/- 10 seconds
D	Intermediate through Novice	2:15 +/- 10 seconds
E	Junior through Senior	2:50 +/- 10 seconds

### Solo Dance

Each event consists of two dances. Skaters may compete **ONE LEVEL** higher than the test level he/she has passed. The number of patterns are in accordance with section 4231.

Event Level	May Not Have Passed Higher Than	Dance
Beginner/Preliminary	Skaters must not have passed all Pre-Bronze dances	Canasta Tango/Dutch Waltz
Pre-Bronze	Skaters must not have passed all the Bronze dances	Fiesta Tango/Swing Dance
Bronze	Skaters must not have passed all the Pre-Silver dances	Hickory Hoedown/ Tenfox
Pre-Silver	Skaters must not have passed all the Silver dances	European Waltz/ 14Step
Silver	Skaters must not have passed all the Pre-Gold dances	American Waltz / Rocker Foxtrot
Pre-Gold	Skaters must not have passed all the Gold dances	Blues / Paso Doble
Gold	Skaters must not have passed any international dances	Viennese Waltz / Argentine Tango

### Adult Dance (21 yrs +)

No final round will be held.

Event Level	May Not Have Passed Higher Than	Dance
Pre-Bronze	As Governed by the 2007-2008 USFSA Rulebook See section 4470-4505	Dutch Waltz & Cha Cha
Bronze		Cha Cha & Tenfox
Pre-Silver		Willow Waltz & Foxtrot
Silver		European Waltz & rocker Foxtrot
Adult Pre-Gold		American Waltz & Paso Doble
Gold		Kilian & Starlight

### Maneuver Team Events

Five compulsory moves will be required of each team. A Maneuver Team consists of 3, 4 or 5 skaters. One skater can perform no more than two moves. Skaters may skate up one level. Test requirements are the same used for Free Skating events

<b>Pre-Preliminary Team</b> Passed no higher than Pre-Preliminary FS <ol style="list-style-type: none"> <li>Waltz Jump</li> <li>One Foot Spin</li> <li>Salchow Jump</li> <li>Toe Loop</li> <li>Spiral</li> </ol>	<b>Intermediate Team</b> Passed no higher than Intermediate FS <ol style="list-style-type: none"> <li>Any double jump</li> <li>Change of foot spin</li> <li>Split Jump</li> <li>Straight line footwork</li> <li>2 jump combination w/ double toe loop</li> </ol>
<b>Preliminary Team</b> Passed no higher than Preliminary FS <ol style="list-style-type: none"> <li>Flip Jump</li> <li>Backward Spiral</li> <li>Forward Scratch Spin</li> <li>Sit Spin</li> <li>Loop/Loop Combination</li> </ol>	<b>Novice Team</b> Passed no higher than Novice FS <ol style="list-style-type: none"> <li>Double Loop</li> <li>Combination jump- double/single or double/double</li> <li>Flying Camel</li> <li>Combination spin- 1 change of foot and at least 2 changes of position</li> <li>Circular footwork</li> </ol>
<b>Pre-Juvenile/ Juvenile Team</b> Passed no higher than Juvenile FS <ol style="list-style-type: none"> <li>Axel</li> <li>Lutz Jump</li> <li>Camel Spin</li> <li>Spread Eagle or Ina Bauer</li> <li>Combination Spin w/1 change of foot</li> </ol>	<b>Junior/Senior Team</b> Passed Junior or Senior FS <ol style="list-style-type: none"> <li>Double Flip</li> <li>Combination jump- double/double w/ no turns in between</li> <li>Any flying spin</li> <li>Jump sequence, small jumps followed by double jump</li> <li>Combination spin , at least 1 change of foot, 3 changes of position and a minimum of 10 revolutions total</li> </ol>

\*\*\*\*\*NEW This Year\*\*\*\*\*

**Competitive Test Track**

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but **NOT** . Competitors will skate to music of their choice.

Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

<b>LEVEL</b>	<b>ELEMENTS</b>	<b>QUALIFICATIONS</b>	<b>PROGRAM LENGTH</b>
Limited Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: Up to 1:30 +/- 10
Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time:1:30 +/- 10
Pre-Preliminary Test	At least two solo spins of a different nature (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:30 +/-10
Preliminary Test	At least two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time: 1:30 +/-10
Pre-Juvenile Test	Three spins in any position (min 4 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total revolutions and no flying spins ). Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test	Time: 2:00 +/-10
Juvenile Test	Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1½ rotations. (Axel permitted). Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test	Time: 2:15 +/-10

Intermediate Test	Three spins in any position (min 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow and the double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test	Time: 2:30 +/-10
Novice Test	Three spins in any position (min 6 revolutions) one must be a combination spin with at least one change of foot (min 5 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow, double toe loop and the double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements. One step or spiral sequence (see Rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test	Time: Ladies 3:00 +/-10 Men 3:30+/-10
Junior Test	Three spins—one must be a flying spin, a solo spin (6 revolutions each) and a combination spin consisting of all three positions and one change of foot (minimum 2 in each position and minimum 5 revolutions on each foot). Any single jumps and double jumps may only be the double Salchow, double toe loop, double loop and the double flip. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences Ladies: One step sequence and one spiral sequence (see Rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test	Time: Ladies 3:30 +/-10 Men 4:00 +/-10
Senior Test	Four spins (min 6 revolutions on all solo spins)- one must be a flying spin, one solo spin, one spin combination consisting of all three positions and one change of foot (minimum 2 in each position and minimum 5 revolutions on each foot). At least four different double jumps one must be a double Lutz. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences. Ladies: One step sequence and one spiral sequence (see Rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test	Time: Ladies 4:00 +/-10 Men 4:30 +/-10



## Basic Skills Competition

### Compulsories

Open to skaters who have not passed any "official" USFSA tests. Skaters must have a Basic Skills # and be registered at their highest group level as of February 28, 2008. Events will be skated on ½ ice, without music. All elements **MUST be skated in the order listed**. Skater performs one element at a time and will perform the next element when directed by a judge or referee.

<p><b><u>Snow Plow Sam / Tots</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2-6 in a row</li> </ol>	<p><b><u>Basic 5</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive - both directions</li> <li>3. One foot spin - minimum of three revolutions</li> <li>4. Hockey stop</li> <li>5. Side Toe hop -either direction</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 6-8 in a row</li> </ol>	<p><b><u>Basic 6</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside three turn - R &amp; L from a standstill</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice</li> <li>3. Two foot turn in place forward to backward</li> <li>4. Backward two foot swizzles 6 - 8 in a row</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive</li> <li>3. Moving forward to backward two foot turn - either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6-8 consecutive both directions</li> <li>3. Forward outside three turn - R &amp; L</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	<p style="text-align: center;">Intentionally left blank</p>

### Basic Skills Free Program

Open to skaters who have not passed any "official" USFSA tests. Skaters must have a Basic Skills # and be registered at their highest group level as of February 28, 2008. Programs will be skated to music using full ice. Music can be instrumental or vocal. Length may be 1:00 +/- 10 seconds for Snowplow Sam through Basic 8 and, 1:30 +/- 10 seconds for Limited Beginner FS. Skaters may perform the required elements in ANY order they choose, minimum number of connecting steps are allowed, elements are not restricted as to the number of times the element is executed, or length of glides, number of revolutions in a spin, etc., unless otherwise stated. Skaters may use elements from a previous level; a .2 deduction will be made if elements from a higher level are skated. Skaters will be divided by age, male and female skaters may be combined within a group.

<p><b><u>Snow Plow Sam / Tots</u></b> Time 1:00 +/-10</p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5</u></b> Time 1:00 +/-10</p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive in both directions</li> <li>3. One foot spin - min of three revolutions</li> <li>4. Side Toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b> Time 1:00 +/-10</p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6-8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6</u></b> Time 1:00 +/-10</p> <ol style="list-style-type: none"> <li>1. Forward inside 3-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b> Time 1:00 +/-10</p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place - forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line across width of ice</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7</u></b> Time 1:00 +/-10</p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b> Time 1:00 +/-10</p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8</u></b> Time 1:00 +/-10</p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b> Time 1:00 +/-10</p> <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6-8 consecutive both directions</li> <li>3. Forward outside three turn - R &amp; L</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	<p><b><u>Limited Beginner Freeskate</u></b> Time 1:30 +/-10</p> <p>A well-balanced program consisting of half jumps only, salchow and toe loops, combinations consisting of these jumps only, upright forward one and two foot spins, one step sequence and/or spiral sequence. No flying spins or combinations spins are permitted.</p>

## Special Olympics Events

**Skills Competition:** A skater must have passed the badge test appropriate to the level in which they will be competing. Badge level 2 must have been passed to compete in Skills Competition 1. The skater will perform one element at a time and will perform the next element only when directed by the referee.

<b>Skills Competition One</b> 1. March Forward 10 steps assisted. 2. Swizzles, standing still (3 repetitions) 3. Two foot glide forward for distance of at least length of body	<b>Skills Competition Seven</b> 1. 5 consecutive forward crossovers (left & right) 2. Forward outside edge (left & right) 3. 2-foot spin
<b>Skills Competition Two</b> 1. Backward wiggle or march assisted 2. Five forward swizzles covering at least 10 feet 3. Forward gliding dip covering at least length of body	<b>Skills Competition Eight</b> 1. Forward outside 3-turn (left & right) 2. Forward inside edge (left & right) 3. Bunny hop
<b>Skills Competition Three</b> 1. Backward 2-foot glide covering at least length of body 2. 1-foot snowplow stop (left or right) 3. Forward 1-foot glide covering at least length of body (left & right)	<b>Skills Competition Nine</b> 1. Forward inside 3-turn (left & right) 2. 5 consecutive backward crossovers (left & right) 3. Forward spiral 3 times length of body
<b>Skills Competition Four</b> 1. Five backward swizzles covering at least 10 feet 2. Forward 2-foot curves left and right across rink 3. 2-foot turn front to back, on the spot	<b>Skills Competition Ten</b> 1. Consecutive forward outside edges (minimum 2 on each foot) 2. Consecutive forward inside edges minimum 2 on each foot 3. Forward inside Mohawk (left and right) 4. Backward Outside Edge (left and right)
<b>Skills Competition Five</b> 1. Gliding forward to backward 2-foot turn 2. Backward 1-foot glide length of body (left & right) 3. Forward pivot	<b>Skills Competition Eleven</b> 1. Waltz jump 2. 1-foot spin (minimum of 3 revolutions) 3. Forward crossover, inside Mohawk, backward crossover (left and right) 4. Combination of three moves chosen from Skill Competition 8-11
<b>Skills Competition Six</b> 1. Backward stroking across the rink 2. Gliding backward to forward 2-foot turn 3. T-stop (left or right)	Intentionally left blank

### Singles Competition

A skater may perform elements from the appropriate badge levels that they have passed. Programs must be performed to instrumental music (no vocals). A mandatory .2 deduction will be made for vocal music.

Level	Required Moves/Program Elements	Time for Freestyle Event
Compulsory Level 1	1. Forward swizzles for a distance of 10 meters 2. Backward swizzles for a distance of 10 meters 3. One foot Snowplow stop	
Freestyle Level 1	This is a Beginning Free Style program. A well-balanced program with elements selected from Badges 1-5 with emphasis on balance, glide and beginning moves done well. 1. No spins and only a 2 foot jump in place will be permitted. A 2 foot jump is a jump where you take off on two feet and land on two feet.	1:00 minutes, +/- 10 seconds
Compulsory Level 2	A skater must perform two 180-degree turns continuing in the same direction down the rink and stop in order to receive a score. 1. Skater starts at one end of the rink (or on the red goal line) 2. Skater skates forward using stroking motion (not swizzles a .2 deduction will be made for swizzles) to the first blue line, or a point approximately one-third the length of the skating area. 3. At the first blue line, skater performs a forward to backward turn. 4. After the turn, skater skates backward stroking (not swizzles a .2 deduction will be made for swizzles) to the second blue line, or a point approximately two-thirds the length of the skating area. 5. At the second blue line, skater performs a backward to forward turn. 6. After turn, skater skates forward to finish line (red goal line at the end of the rink) 7. At finish line, skater performs a T-stop 8. Each skater must make two (2) attempts to complete the compulsory element. 9. Forward crossovers around the hockey circles in figure eight pattern. One pattern clockwise and counter clockwise (with no stop in between), minimum of five crossovers per circle.	
Freestyle Level 2	This is an advanced Beginner Free Style Program. A well balanced program with elements selected from Badges 1-10 with emphasis on glide and turns. 1. Any spin beyond a Two Foot Spin, and any jump beyond a Bunny Hop will receive a mandatory .2 deduction for each added element. 2. No back spiral permitted in Level 2 programs, a .2 deduction will be made.	1:30 minutes, +/- 10 seconds

Compulsory Level 3	<ol style="list-style-type: none"> <li>Skater must perform the following skills: <ol style="list-style-type: none"> <li>Outside and inside forward edges shall be skated. The skating edges shall be short strokes with correct take-offs from one foot to the other. Four consecutive edges beginning with the right foot and alternating to the left foot shall be skated across the width of the rink.</li> <li>The skater shall execute a Forward Outside Three Turn on the right foot and a Forward Outside Three Turn on the left foot. This skill must be performed twice. The competitor shall approach, execute, and exit each three turn on one skate. The skate which the Three Turn is to be executed upon shall be the only skate to touch the ice one meter prior to, and one meter after the execution of each of the Three Turns.</li> </ol> </li> <li>Skater is allowed two attempts to receive one score for each of the above elements.</li> <li>The attempt, which produces the highest aggregate score from the judge, will count towards the skater's final score. The scores from the other attempt will be discarded.</li> <li>Skater will perform the above elements separately.</li> <li>The skater shall execute a right forward inside edge to left backward inside edge open to Mohawk and a left forward inside edge to right backward inside edge open Mohawk. The free leg should be extended before and after the run.</li> </ol>	
Freestyle Level 3	<ol style="list-style-type: none"> <li>This is an Intermediate Level Free Skate program. A well balanced program with elements selected from Badge 1-12 with emphasis on flow, carriage, and a slightly more advanced skill level. Skater may perform simple footwork, field moves (i.e. Spirals, Lunges, etc.) and additional jumps – Salchow and Toe Loop.</li> <li>Any spins beyond a One Foot Spin and any jumps beyond a Toe Loop and Salchow will receive a mandatory .2 deduction for each added element.</li> </ol>	2:00 minutes, +/- 10 seconds
Compulsory Level 4	<ol style="list-style-type: none"> <li>Outside and inside backward edges shall be skated. The skating edges shall be short strokes with correct take-offs from one foot to the other. Four consecutive edges beginning with the right foot and alternating to the left foot shall be skated across the width of the rink.</li> <li>Forward Crossover, Inside Mohawk, Backward Crossover Step Forward (Step sequence must be repeated two time and performed left and right).</li> <li>Waltz three step sequence: <ol style="list-style-type: none"> <li>LFO 3-RBO Step-LFO 3-RBO Step</li> <li>RFO 3-LBO Step-RFO 3-LBO Step</li> </ol> </li> <li>The Waltz three step is sequenced in a figure eight pattern. A two-step introduction may be added i.e.:L-R-feet together, then RFO three, LBO edge, etc. Optional free leg on three turns and on the back edge. A minimum of three, three-turn/back edge sequences per circle.</li> </ol>	
Freestyle Level 4	<ol style="list-style-type: none"> <li>This is a more advanced free style program. A well balanced program of free skating elements with emphasis on spins, jumps and footwork. The program may include ½ revolution jumps and only the following full rotation jumps: Salchow, Toe Loop, and Loop Jump. The program may include a two foot spin-pick up the outside foot (a beginning back spin), but no other change of foot spin.</li> <li>Any full rotation jump besides those listed above will receive a .2 mandatory deduction for each element.</li> <li>Combination jumps of Waltz jump/Toe Loop, or Salchow/Toe Loop may be included.</li> </ol>	2:00 minutes, +/- 10 seconds
Compulsory Level 5	<ol style="list-style-type: none"> <li>LBO 3-LFI Mohawk (repeat)</li> <li>RBO 3-RFI Mohawk (repeat)</li> <li>RFOI change edge-LFI 3</li> <li>RFIO change edge-LFO 3</li> <li>LFOI change edge-RFI 3</li> <li>LFIO change edge-RFO 3</li> <li>Element 3 &amp; 4 will be done down the length of the rink. A maximum of four introductory steps may be used.</li> <li>Element 5 &amp; 6 will be done down the length of the rink. A maximum of four introductory steps may be used.</li> </ol>	
Freestyle Level 5	<ol style="list-style-type: none"> <li>This is an open free style program – a well balanced program of free skating elements with emphasis placed on spins, spin combinations, advanced jumps, jump combinations and footwork.</li> <li>Level 5 FS program may include any single rotation jump. No axel or multi-revolution jumps and any combination no axel or multi-jumps in combination. Spins may include change of foot and/or change of position, but no flying spins allowed.</li> </ol>	2:30 minutes, +/- 10 seconds
Compulsory Level 6	<ol style="list-style-type: none"> <li>Forward cross-strokes down the entire length of the rink. Backward cross-strokes down the entire length of the rink.</li> <li>Brackets RFO-LBI bracket, stop, (closing up circle) LFO-RBI brackets RFI-LBO bracket, stop, (closing up circle) LRI-RBO bracket.</li> </ol>	
Freestyle Level 6	<ol style="list-style-type: none"> <li>This program must include a straight line/circular or serpentine footwork sequence, and a spiral sequence with a least three changes of foot position. This is the most advanced program. Flying spins, change of foot, change of position, axels, double axels, double jumps and any combinations are allowed.</li> </ol>	Time: 3:00 minutes, +/- 10 seconds

## Special Olympics Events (continued)

### Pairs Compulsory Moves

Teams shall consist of 2 Special Olympics athletes, 1 male and 1 female, two females or two males

Category	Required Elements
Level 1	<ol style="list-style-type: none"> <li>1. Skaters begin when so instructed by the referee.</li> <li>2. Compulsory Pairs Level 1 will be skated as a continuous move. Skaters have a maximum of 1 minute, 30 seconds to perform without music using the following skills:               <ol style="list-style-type: none"> <li>a) Beginning in the hockey goal crease at the end of the rink, the couple will skate hand-in-hand forward stroking to the middle of the rink, skate into a forward crossover figure eight pattern (one sequence clockwise and counter clockwise).</li> <li>b) Skaters will then continue forward stroking to the other end of the rink and at the goal crease execute a T-stop.</li> <li>c) Skaters will then finish with side-by-side two foot spin.</li> </ol> </li> <li>3. Skates will skate each compulsory element as a team. Each element will be performed separately.</li> <li>4. Each team is allowed two attempts of elements (b) and (c) to receive one score for each element.</li> <li>5. The attempts which product the highest per element score from the judges will count toward the skater's final score. The scores from the other attempts shall be discarded.</li> </ol>
Level 2	<ol style="list-style-type: none"> <li>1. Skaters may start at any spot on the ice surface.</li> <li>2. Skaters begin when so instructed by the referee.</li> <li>3. Skaters have a maximum of 1:30 seconds to perform without music. The skills may be done in any order, but no additional skills may be added. A .2 mandatory deduction will be given for any added elements. Skaters must perform the following skills:               <ol style="list-style-type: none"> <li>a) Backward crossovers in unison (position optional) clockwise and counter clockwise in a figure eight patten.</li> <li>b) Side-by-side Waltz jumps.</li> <li>c) Step sequence (pattern optional) straight-line, circular, or serpentine.</li> <li>d) Pair spin – position optional, minimum of two revolutions.</li> </ol> </li> <li>4. Skaters must skate each compulsory move element as a team, but each element will be skated separately.</li> <li>5. Each team is allowed two attempts of elements (b), (c), and (d) to receive one score for each element.</li> <li>6. The attempts which product the highest per element score from the judges will count toward the skater's final score. The scores from the other attempts shall be discarded.</li> </ol>

### Pairs Freeskate

Teams shall consist of 2 Special Olympics athletes, 1 male and 1 female, two females or two males

Category	Required Moves/Program Elements	Time
Level 1	<ol style="list-style-type: none"> <li>1. The program must be performed to instrumental music (no vocals). A mandatory .2 deduction will be made for vocal music.</li> <li>2. This is a beginning Pair program.</li> <li>3. Any spin beyond a two foot spin and any jump beyond a Bunny Hop will receive a mandatory .2 deduction for each added element.</li> <li>4. The skills may be performed in any order.</li> <li>5. The skaters are not required to perform a set number of skills. However, the skaters will be judged on the quality of the performance and the content.</li> <li>6. Pair skating Level 1 (this will apply to SO/SO skaters and Unified pairs skaters). Skaters participating in this event must be a Level 2 singles skater and capable of passing badges 1-10. Skaters may perform any singles elements from badges 1-10.</li> </ol>	1:00 minute, +/- 10 seconds
Level 2	<ol style="list-style-type: none"> <li>1. The program must be performed to instrumental music (no vocals). A mandatory .2 deduction will be made for vocal music.</li> <li>2. This is a more advanced Pair program.</li> <li>3. The skills may be performed in any order.</li> <li>4. The skaters are not required to perform a set number of skills. However, the skaters will be judged on the quality of the performance and the content.</li> </ol>	2:00 minute, +/- 10 seconds

### Ice Dance

Skaters competing in Level 1 dance must have passed Badge 10 or Level 2, but no higher than a Level 3 singles skater. All ice dancing competitions may be skated solo or by a dance team comprised of two Special Olympics athletes, 1 male and 1 female, two females or two males. All compulsory dances will be skated to music. Dances will commence at the end of the rink designated by the referee. The introduction may include a maximum of 7 steps.

Category	Dance
Level 1	Rhythm Blues – 2 patterns or 1 time around the ice surface.
Level 2	Fiesta Tango - 2 patterns or 1 time around the ice surface.
Level 3	Willow Waltz - 2 patterns or 1 time around the ice surface.
Level 4	Fox Trot - 2 patterns or 1 time around the ice surface.



## 11<sup>th</sup> Annual Stars and Stripes Skating Competition

### Entry Form

Skater's Name \_\_\_\_\_ Sex \_\_\_\_\_ Birth date \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone(\_\_\_\_\_) \_\_\_\_\_ USFSA or Basic Skills #\* \_\_\_\_\_ Home Club \_\_\_\_\_

\*If you do not have a USFSA Basic Skills #, please see attached Membership Application

Email Address \_\_\_\_\_

Highest Test Passed as of 2/28/08: Freestyle \_\_\_\_\_ Moves \_\_\_\_\_ Dance \_\_\_\_\_ Basic Skills \_\_\_\_\_

Coach's name \_\_\_\_\_ Coach's Phone ( \_\_\_\_ ) \_\_\_\_\_ Coach's Email \_\_\_\_\_

Partner's Name \_\_\_\_\_ Sex \_\_\_\_\_ Birth date \_\_\_\_\_ Age \_\_\_\_\_

Partner's Club \_\_\_\_\_ USFSA# \_\_\_\_\_ Club \_\_\_\_\_

***NO CHANGES WILL BE MADE UNLESS ERROR IS MADE BY L.O.C. PLEASE CHECK WITH THE SKATERS COACH BEFORE MAILING THIS FORM.***

**Compulsory Moves**

- No Test
- Pre-Preliminary
- Preliminary
- Pre-Juvenile
- Juvenile
- Adult Pre-Bronze
- Adult Bronze
- Adult Silver
- Adult Gold

**Spin Events**

- No Test
- Pre-Preliminary
- Preliminary
- Pre-Juvenile
- Juvenile
- Intermediate
- Novice
- Junior
- Senior
- Adult Pre-Bronze
- Adult Bronze
- Adult Silver
- Adult Gold

**Short Program**

- Intermediate
- Novice
- Junior
- Senior

**Freeskating**

- No Test
- Pre-Preliminary
- Preliminary
- Pre-Juvenile
- Juvenile
- Open Juvenile
- Intermediate
- Novice
- Junior
- Senior

**Adult Freestyle**

- Adult Pre-Bronze
- Adult Bronze
- Adult Silver
- Adult Gold

**Solo Dance**

- Beg/Prelim
- Pre-Bronze
- Bronze
- Pre-Silver
- Silver
- Pre-Gold
- Gold

**Artistic**

- A
- B
- C
- D
- D
- F

**Showcase w/props**

- A
- B
- C
- D

**Adult Dance**

- Pre-Bronze
- Bronze
- Pre-Silver
- Silver
- Pre-Gold
- Gold

**Maneuver Teams \***

- Pre-Preliminary
- Preliminary
- Pre-Juvenile/Juvenile
- Intermediate
- Novice
- Junior/Senior

**Basic Skills/Compulsories**

- SnowPlow Sam / Tots
- Basic 1
- Basic 2
- Basic 3
- Basic 4
- Basic 5
- Basic 6
- Basic 7
- Basic 8

**Basic Skills Free**

- SnowPlow Sam / Tots
- Basic 1
- Basic 2
- Basic 3
- Basic 4
- Basic 5
- Basic 6
- Basic 7
- Basic 8
- Limited Beginner

**Special Olympics Elements Events**

- Skills Compulsory One
- Skills Compulsory Two
- Skills Compulsory Three
- Skills Compulsory Four
- Skills Compulsory Five
- Skills Compulsory Six
- Skills Compulsory Seven
- Skills Compulsory Eight
- Skills Compulsory Nine
- Skills Compulsory Ten
- Skills Compulsory Eleven

**Compulsory & Freestyle**

- Singles Compulsory 1
- Singles Compulsory 2
- Singles Compulsory 3
- Singles Compulsory 4
- Singles Compulsory 5
- Singles Compulsory 6

**Compulsory/ Freeskate/Dance**

- Pairs Compulsory 1
- Pairs Compulsory 2
- Pairs Freeskate 1
- Pairs Freeskate 2
- Ice Dance Level 1
- Ice Dance Level 2
- Ice Dance Level 3
- Ice Dance Level 4

**Names of skaters in group:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Team name:**

\_\_\_\_\_

**Competitive Test Track**

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Limited Beginner | <input type="checkbox"/> Juvenile     |
| <input type="checkbox"/> Beginner         | <input type="checkbox"/> Intermediate |
| <input type="checkbox"/> Pre-Preliminary  | <input type="checkbox"/> Novice       |
| <input type="checkbox"/> Preliminary      | <input type="checkbox"/> Junior       |
| <input type="checkbox"/> Pre-Juvenile     | <input type="checkbox"/> Senior       |

Revised 2/13/08

**Certification by Club Officer**

I hereby approve the entry of this skater and certify that he/she is a member of good standing, is eligible to compete in the events entered and is an eligible skater in accordance with the current USFSA rulebook.

Signature of Club Officer/Program Director \_\_\_\_\_ Title \_\_\_\_\_

Print Name \_\_\_\_\_ Home Club/Program \_\_\_\_\_

Accidents and Liability: The USFSA and the Colonial Skating Club of PA undertake no responsibility for damages or injuries suffered by skaters or officials. As a condition of and in consideration of the acceptance of entries or participation, all entrants, family members, coaches and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by, or connected with the conduct or management of the Competition. Entries will be accepted only under such condition.

Signature of Competitor (parent/Guardian if under 18) \_\_\_\_\_

Signature of Coach (required) \_\_\_\_\_

**MAIL APPLICATION TO:**  
  
**Kathy Campion**  
**382 Saly Rd**  
**Yardley, PA 19067**  
  
**DEADLINE February 28<sup>th</sup>, 2008**

**FEES**

<b>\$65.00</b>	<b>First Event</b>	<b>\$ _____</b>
<b>\$30.00</b>	<b>Additional Events</b>	<b>\$ _____</b>
<b>\$20.00</b>	<b>Per Skater on Maneuver Team</b>	<b>\$ _____*</b>
<b>\$45.00</b>	<b>Basic Skills/Special Olympics Events</b>	<b>\$ _____</b>
<b>\$25.00</b>	<b>Second Basic Skills Event</b>	<b>\$ _____</b>
<b>Varies</b>	<b>Advertisement (fees on next page)**</b>	<b>\$ _____</b>
<b>\$ 5.00</b>	<b>Personal Ad** (Optional)</b>	<b>\$ 5.00</b>
	<b>TOTAL</b>	<b>\$ _____</b>
	<b>Total # of Events Entered</b>	<b>_____</b>

\* Maneuver Teams must list names of all skaters, team name, each skater pays own fee

\*\* If submitting advertisement or Personal Ad, please enclose the lower half of the advertisement form located on page 13 of this application.

Make Checks Payable To: Colonial Skating Club of PA

Revised 2/13/08



**11<sup>th</sup> Annual Stars and Stripes Skating Competition**  
**Advertisement Form**

The Colonial Skating Club is proud to host the 2008 Stars and Stripes Open Competition on April 5<sup>th</sup> & 6<sup>th</sup>. We invite you to submit an advertisement to be printed in the program book, which will be available to all participants and spectators during the competition. The program format is 8 ½ x 11. We ask that advertisers submit camera-ready artwork, but if you need an ad made, please send what you have and we will be as creative as possible. The advertising deadline is **February 28, 2008**. Ads received after that date will be included to the best of our ability only if time and layout permit.

Your support of the 2008 Stars and Stripes competition and the Colonial Figure Skating Club of PA is greatly appreciated. Programs will be available during the competition, which is open to the public. Thank you for your participation.



\_\_\_\_\_

Advertiser Name or Company \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Contact Person \_\_\_\_\_

- |   |          |
|---|----------|
| <input type="radio"/> Back Outside Cover                  | \$125.00 |
| <input type="radio"/> Inside Front or Back Cover          | \$100.00 |
| <input type="radio"/> Full Page                           | \$ 90.00 |
| <input type="radio"/> Half Page                           | \$ 40.00 |
| <input type="radio"/> Quarter Page                        | \$ 20.00 |
| <input type="radio"/> Business Card                       | \$ 10.00 |
| <input type="radio"/> Personal Ad (wish your skater luck) | \$ 5.00  |

**Place a personal “good luck” ad in the Competition program! Wish your skater A GR8SK8 in 15 words or less for only \$5.00!!!**

\_\_\_\_\_  
\_\_\_\_\_