3rd Annual
Centre Ice Rink - Bay Country
Basic Skills Skating Competition

SPRING BLAST

Sponsored by:
The Centre Ice Rink at Delaware State Fair
&
Bay Country Figure Skating Club

The Centre Ice Rink at Delaware State Fair, Inc.
644 Fairground Road, Harrington, Delaware 19952

On April 5, 2008

United States Figure Skating
Approval # RB02172008A

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL
SKATED IN THE PROGRAM.
GENERAL INFORMATION
The Centre Ice Rink in cooperation with Bay Country Figure Skating Club invites you to participate in our USFS Basic Skills Competition. The competition is open to all eligible members of the USFS and participants in the USFS Basic Skills Program. The purpose of this competition is to promote a positive, fun way to encourage competitive skating and ensure a feeling of accomplishment among skaters. The competition is open to Snowplow Sam, Basic 1 – 8, Free skate 1 – 6 skaters and will conducted in accordance with the rules set forth in the 2007/2008 rulebook, except as notes in this announcement. The competition will be held at the Centre Ice Rink, April 5, 2008, located at 644 Fairground Rd Harrington, DE 19952

ELIGIBILITY
This competition is open to all skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Skaters who are USFSA members enrolled in a Basic Skills Program are eligible to compete. Eligibility will be based on skill level as of the closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at the highest level passed and NO official US Figure Skating tests may have been passed including Moves in the Field or individual dances. Skaters in other events may skate at highest level passes OR one level higher BUT not both levels in the same event during the same competition and may have passed Pre-Preliminary Moves in the Field. Skaters may be enrolled in an ISI Learn to Skate Program, but must be USFSA members in order to compete.

Skaters must compete at the highest level passed as of the designated close of entries date.

Skaters who have passed any complete USFSA tests no longer qualify to compete in the badge levels (i.e. Snowplow Sam, Basic Skills, and Free Skate).

Please note: if a skater competes at a non-qualifying competition in a “Beginner or No Test” category, then that skater must compete at the equivalent or higher level in Basic Skills approved competition. Eligibility will be based on the skill level as of March 1, 2008

RULES
The 2008 A & S Basic Skills Competition is open to all skaters in good standing with US Figure Skating and will be governed by the rules as specified in the 2007/2008 US Figure Skating Rule Book, except otherwise stated. Skaters will be divided into groups of 3 skaters or less in all divisions, according to birth date. All events are separate, and there will be no final rounds. Males and females may, or may not, be placed in the same group. The organizers reserve the right to limit the number of entries due to time constraints.

ENTRIES and FEES
All entries must be returned to the Centre Ice Rink postmarked no later then March 15, 2008, which is the closing date of entries for the competition. Late entries will be accepted only at the discretion of the organizers and will be charged a $10.00 late fee per skater per event. Entries postmarked after the deadline will be considered late entries. Metered entries will not be accepted. The entry fee for the first event is $25.00 and each additional event is $10.00. Fees must accompany the completed application. No refunds are given after the closing date unless the Centre Ice Rink cancels the competition or a particular event. Entry forms must be filled out completely and submitted with payment in full. Checks and/or money orders must be made payable to Delaware State Fair. There will be a $25.00 fee for returned checks.

AWARDS
All competitors will receive an award. All events are final round. Awards will be given to first, second, and third places.

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.
JUDGING
Performances will be judged on required elements, technical skating skills, and presentation. A panel of at least three judges will judge events. Judges may be USFS or qualified persons in skating who are USFS members, at the discretion of the referee. The referee handles any disputes that may occur.

SCHEDULE OF EVENTS
Information will be posted on www.delawarestatefair.com website no later than April 1st, 2008. The schedule will be emailed to competitors who register their email address on the entry form.

MUSIC
The skater, on either cassette tape or CD, must provide the music for all programs: no more then one event per tape or CD. The music must be turned in at registration time no later than one hour before the event by the skater, ready to play, and clearly marked with the competitor’s name, event, and actual running time of the music. The time duration is always +/- 10 seconds. Competitors must have a backup copy of their music, quickly retrievable in the event of technical difficulties. All tapes/CD’s must be picked up at the registration desk by the end of the competition. Neither the Centre Ice Rink or BCFSC will be responsible for music left behind.

PRACTICE ICE
Practice ice will be available on April 5, 2008 prior to the start of the competition. Check the schedule of events for the practice ice times. The sessions will be 20 minutes in length and will be $5.00 per session pre-paid, or if space is available, can be purchased the day of the competition for $10.00. Payment can be made at the practice ice table. Each session will be limited to 20 skaters.

PHOTOGRAPHY and VIDEOGRAPHY
Professional photographer and videographer will be taking photos and videos for all skaters and all free skating events, which will be available for purchase. Except for the official videographer, only battery-operated cameras will be allowed. Individual videotaping will be permitted in designated areas only. There will be NO flash photography permitted in the ice arena.

VENDORS
Vendors will be selling items associated with figure skating.

ADMISSION
Admission is free for all events.

ENTRY FEE
First Event $25.00
Second Event $10.00

Please make your check payable to: Delaware State Fair and mail the entry form and fee to: Competition Director, Centre Ice Rink, 644 Fairground Rd, Harrington, DE 19952 ENTRY DEADLINE – MARCH 15, 2008

CHAIRPERSONS
Bernadette Richardson competition@delawarestatefair.com

WEBSITE
www.delawarestatefair.com

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.
**LIABILITY**

The Centre Ice Rink, Delaware State Fair, BCFSC, and USFS, accept no responsibility for injury or damage sustained by any participant or spectator in this competition. Competitors assume the risk of competing in accordance with USFS rule 3222.

**AREA HOTELS**

Competition should be completed all in one day but events may start early Saturday April 5th, 2008 so we are providing hotel information for your convenience.

**AmericInn**
1259 Corn Crib Rd
Harrington, DE 19952
Phone: 302-398-3900

**Super 8**
17010 S Dupont Hwy
Harrington, DE 19952
Phone: 302-398-4206

**Holiday Inn Express**
17271 S Dupont Hwy
Harrington, DE 19952
Phone: 302-398-7751
**BASIC PROGRAMS (Snowplow Sam – Basic 1 – 8) With music**

Skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Vocal Music is allowed.

May use elements from a previous level. .2 deduction will be made for each element from a higher level that are skated. Time is 1:00+/- 10 sec., to be skated on full ice

_Deductions will be made if elements from a higher level are skated._

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**Snowplow Sam - TOTS:** Time is 1:00+/- 10 sec  Age 5 and under
1. March followed by a two foot glide and dip
2. Forward two foot swizzles 2-3-in a row
3. Backward wiggles 2-6 in a row
4. Forward snowplow stop

**Basic Skills 1:** Time is 1:00+/- 10 sec
1. Forward two foot glide
2. Forward two foot swizzles - 6 -8 in a row
3. Backward wiggles 6-8 in a row
4. Forward snowplow stop

**Basic Skills 2:** Time is 1:00+/- 10 sec
1. Forward one foot glide - either foot
2. Two foot turn in place - forward to backward
3. Backward two foot swizzles - 6 - 8 in a row
4. Forward alternating ½ swizzle pumps, in a straight line -across width of ice
5. Moving snowplow stop

**Basic Skills 3:** Time is 1:00+/- 10 sec
1. Forward stroking
2. Forward ½ swizzle pumps on a circle, either
clockwise or counter clockwise 6 -8 consecutive
3. Moving forward to backward two foot turn - either direction
4. Backward one foot glide - either foot
5. Two foot spin

**Basic Skills 4:** Time is 1:00+/- 10 sec
1. Forward outside edge on a circle clockwise or counter clockwise
2. Forward crossovers 6-8 consecutive both directions
3. Forward outside 3-turn - R and L
4. Backward stroking
5. Backward snowplow stop - R or L

**DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.**
Basic Skills 5: Time is 1:00 +/- 10 sec
1. Backward outside edge on a circle - clockwise or counterclockwise
2. Backward crossovers 6-8 consecutive - both directions
3. One foot spin - min of three revolutions
4. Side Toe hop - either direction
5. Hockey stop

Basic Skills 6: Time is 1:00 +/- 10 sec
1. Forward inside 3-turn - R & L
2. Bunny Hop
3. Forward arabesque spiral on a straight line R or L
4. Lunge - R or L
5. T-stop - R or L

Basic Skills 7: Time is 1:00 +/- 10 sec
1. Forward inside open Mohawk - R to L and L to R
2. Ballet Jump either direction
3. Back crossovers to a back outside edge landing position - clockwise and counter clockwise
4. Forward inside pivot

Basic Skills 8: Time is 1:00 +/- 10 sec
1. Moving forward outside or forward inside 3 turns R and L
2. Waltz Jump
3. Mazurka - either direction
4. Combination move - clockwise or counter clockwise – (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge)
5. Beginning one-foot upright spin, optional free foot position

Basic Adult: Time is 1:00 +/- 10 sec
1. Two foot spin
2. Forward Crossovers min 5
3. Backward skating
4. Forward Snowplow stop

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.
FREESKATE PROGRAM (Basic Skills Free Skate Levels 1 – 6) with music
The Freeskate Program event will be skated to music on full ice No vocals music permitted. *Deductions will be made if elements from a higher level are skated.*
All program durations are to be 1:30 +/- 10 sec

**Freeskate 1**
1) Advanced forward stroking. 4-6 strokes
2) Forward outside or inside consecutive edges. 2 – 4
3) Scratch spin from backward crossovers
4) Waltz jump from backward crossovers
5) Half flip jump

**Freeskate 2**
1) Forward outside spiral. R or L
2) Waltz three’s. R or L
3) Beginner back spin
4) Waltz jump, side toe hop, waltz jump
5) Toe loop

**Freeskate 3**
1) Forward crossovers in a figure 8
2) Advanced forward outside swing roles. 4 – 6
3) Back spin
4) Salchow jump
5) Waltz jump/toe loop jump or salchow jump/toe loop jump

**Freeskate 4**
1) Spiral sequence: FI spiral, FI Mohawk, BO spiral. R or L
2) Forward power three’s. 2 – 3 consecutive. R or L
3) Sit spin
4) Loop jump
5) Waltz jump/loop jump

**Freeskate 5**
1) Spiral sequence. FO spiral, FO 3-turn, 1 Bckwd Crossover, BI Spiral
2) Camel spin
3) Forward upright spin to backward upright spin
4) Loop/loop jump combination
5) Flip jump

**Freeskate 6**
1) 5-step mohawk sequence. 1 set alternating patterns
2) Camel/sit spin combination spin. 4 revolution minimum
3) Split or stag jump
4) Waltz jump/1/2 loop/ salchow jump combination
5) Lutz jump

**Freeskate Adult**
- Two Foot spin
- Bunny Hop
- Forward outside Spiral R or L
- Waltz jump
- Advanced Stroking 4-6 strokes

**DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.**
FREESKATING EVENTS – Men and Women
The Freeskating events will be skated to music on full ice. No vocals music permitted.

TOTS
Age 5 and under, No Test, No Axel or doubles 1:00

NO TEST
Age 6 and up, No Test, No Axel or Doubles 1:00 – 1:30

PRE-PRE A
Passed Pre-Pre Free or No Test, No Axels or Doubles 1:30

PRE-PRE B
Passed Pre-Pre Free or No Test, Axel ONLY no Doubles 1:30

PRELIMINARY
Passed Pre or Pre-Pre Free 1:30

ADULT PRE BRONZE
Passed Pre-Bronze or No Test, No Axels or Doubles 1:40 max

ADULT BRONZE
Passed Bronze or Pre-Bronze, No Axels or Doubles 1:40 max

COMPULSORY MOVES EVENTS
Skaters must demonstrate the required elements and may use any additional elements from previous levels (where applicable), but will be judged only on required elements. Skating order of the elements is optional. The elements will be skated in program form, without music, using limited number of connecting steps on 1/3 to ½ of the total ice surface. Missed elements may not be repeated.

COMPULSORY MOVES FS 1
Program time: 1 minute max.
1) ADVANCED FORWARD STROKING. 4-6 STROKES
2) FORWARD OUTSIDE OR INSIDE CONSEQUENTIAL EDGES. 2 – 4
3) SCRATCH SPIN FROM BACKWARD CROSSOVERS
4) WALTZ JUMP FROM BACKWARD CROSSOVERS
5) HALF FLIP JUMP

COMPULSORY MOVES FS 2
Program time: 1 minute max
1) FORWARD OUTSIDE SPIRAL – R OR L AND FORWARD INSIDE SPIRAL – R OR L
2) WALTZ THREE’S – R OR L
3) BEGINNER BACK SPIN – OPTIONAL ENTRY
4) WALTZ JUMP – SIDE TOE HOP – WALTZ JUMP
5) TOE LOOP

COMPULSORY MOVES FS 3
Program time: 1 minute max
1) FORWARD CROSSOVERS IN A FIGURE 8
2) ADVANCED FORWARD OUTSIDE SWING ROLES. 4 – 6 CONSEQUENTIAL
3) BACK SPIN
4) SALCHOW JUMP
5) WALTZ JUMP/TOE LOOP JUMP OR SALCHOW JUMP/TOE LOOP JUMP

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.
COMPULSORY MOVES FS 4
Program time: 1 minute max
1) SPIRAL SEQUENCE – FO SPIRAL – FI MOHAWK – BO SPIRAL – CW OR CCW
2) FORWARD POWER THREE’S. 2 – 3 CONSECUTIVE. R OR L
3) SIT SPIN
4) LOOP JUMP
5) WALTZ JUMP/LOOP JUMP

COMPULSORY MOVES FS 5
Program time: 1 minute max
1) SPIRAL SEQUENCE – FO SPIRAL – FO THREE, 1 BACK CROSSOVER – BI SPIRAL
2) CAMEL SPIN
3) FORWARD UPRIGHT SPIN TO BACK UPRIGHT SPIN
4) LOOP JUMP/LOOP JUMP
5) FLIP JUMP

COMPULSORY MOVES FS 6
Program time: 1 minute max
1) FIVE STEP MOHAWK. 2 – 3 CONSECUTIVE. CW OR CCW
2) CAMEL SPIN COMBINATION. 4 REVS MINIMUM
3) SPLIT OR STAG JUMP
4) WALTZ JUMP/1/2 LOOP/SALCHOW JUMP
5) LUTZ

NO TEST
Program time: 1 minute max
1) WALTZ JUMP
2) SALCHOW JUMP
3) HALF FLIP OR HALF LUTZ JUMP
4) UPRIGHT SCRATCH SPIN (MIN 3 REV)
5) FORWARD SPIRAL

PRE-PRELIMINARY
GROUPS A&B
Program time: 1 minute max
1) FLIP JUMP
2) COMBINATION JUMP CONSISTING OF ANY 2 SINGLE JUMPS (NO AXEL)
3) SPLIT JUMP
4) SIT SPIN (MIN 3 REV)
5) FORWARD OUTSIDE SPIRAL

PRELIMINARY
Program time: 1:30 minute max
1) LUTZ JUMP
2) FLIP JUMP
3) SINGLE/SINGLE JUMP COMBINATION (AXEL PERMITTED)
4) SIT SPIN
5) FRONT SCRATCH/BACK SCRATCH SPIN

ADULT BASIC SKILLS
Program time: 1 minute max
1) FORWARD STROKING (4-6 STROKES)
2) FORWARD CROSSOVERS (MIN 5)
3) BACKWARD SKATING
4) FORWARD SNOWPLOW STOP

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.
ADULT NO TEST
Program time: 1 minute max
1) TWO FOOT SPIN
2) BUNNY HOP
3) FORWARD OUTSIDE SPIRAL R OR L
4) WALTZ JUMP
5) ADVANCED STROKING (4-6 STROKES)

ADULT PRE-BRONZE
Program time: 1 minute max
1) TOE LOOP
2) ONE FOOT UPRIGHT SPIN
3) WALTZ JUMP
4) HALF FLIP

ADULT BRONZE
Program time: 1 minute max
1) TOE LOOP
2) SALCHOW
3) WALTZ/TOE LOOP JUMP COMBINATION
4) ONE FOOT UPRIGHT SPIN
5) SIT SPIN

BASIC SKILLS SHOWCASES
All showcase programs shall be skated on full ice with music, which may include vocals. There are no required elements. Emphasis is placed on the theatrical and entertainment value of the skater’s performance rather than on technical accuracy. Costumes and Props are encouraged. Props are limited to those the skater(s) can hand carry or push ON and OFF the ice themselves (30 seconds or less). Skater(s) may not be assisted at any time. Props may not be flame or smoke oriented or live.

Deductions will be taken for not following the guidelines.

BASIC SKILLS SHOWCASE E
Open to all skaters in Basic Skills Levels 1 – 8 Program time: 1 min max

BASIC SKILLS SHOWCASE F
Open to all skaters in Basic Freeskate 1 – 3 Program time: 1 min max

BASIC SKILLS SHOWCASE G
Open to all skaters in Basic Freeskate 4 – 6 Program time: 1 min max

BASIC SKILLS SHOWCASE H
Open to all skaters in NO TEST Program time: 1min max

SHOWCASE LEVEL I
Open to all skaters in Pre-Preliminary Program time: 1min max

SHOWCASE LEVEL J
Open to all skaters in Preliminary Program time: 1min max

SHOWCASE LEVEL K
Open to all skaters in Adult Basic and No Test Program time: 1min max

SHOWCASE LEVEL L
Open to all skaters in Pre-Bronze and Bronze Program time: 1min max

SHOWCASE LEVEL M
Open to all Couple Skaters Program time: 1min max
JUMPS EVENT
Skaters must have not passed a higher freeskating level then competing level. Skaters perform a series of jumps with minimal connecting footwork, without music, and on half ice. Connecting steps will not effect the scoring. There will be a deduction taken for any spin performed. Jumps should be executed exactly as stated, but may be skated in any order. Skaters will be given ONE opportunity to perform each jump. Repetition of unsuccessfully executed jumps is not allowed. Men and Women will compete together.

FREESKATE 1-3
Program time: 1 minute max
1) Two Solo Jumps (Waltz, Toe Loop, or Salchow)
2) One Jump Combination or Sequence w/ Waltz, Toe Loop, or Salchow

FREESKATE 4-6
Program time: 1 minute max
1) Two Solo Jumps (Loop, Flip, or Lutz)
2) One Jump Combination or Sequence w/ Loop, Flip, or Lutz

NO TEST
Program time: 1 minute max
1) One Three Jump Combination
2) Loop Jump
3) One Solo Jump ( No Axel or Doubles)

PRE-PRELIMINARY
Program time: 1 minute max
1) One Three Jump Combination
2) Split Jump
3) One Solo Jump (AXEL Only, No Double Jumps)

PRELIMINARY
Program time: 1 minute max
1) Axel Jump Combination
2) Lutz Jump Combination
3) One Solo Jump (Single or Double)

ADULT (No Test – Bronze)
Program time: 1 minute max
1) Two Solo Jumps (Waltz, Toe Loop, or Salchow)
2) One Jump Combination or Sequence w/ Waltz, Toe Loop, or Salchow

SPIN EVENTS
• Groups will be divided by level  Program Duration 1:00min max
• Program to be skated on ½ ice
• Deductions will be made if element from higher levels are performed

Beginner level (Skaters may not have passed tests higher than U.S.F.S Basic Skills)
2 foot spin, Forward Scratch Spin, Beginning Back Spin

Pre-Preliminary level (Must have passed Pre-Preliminary Test)
Forward Scratch Spin, Back Scratch Spin, Sit Spin

Preliminary Level
Sit Spin, Camel Spin, Back Scratch Spin

Adult Pre-Bronze
2 foot upright spin, 1 foot upright spin

Adult Bronze
1 foot upright spin, 1 foot back spin (entry optional), Sit Spin

DANCE- Solo or Couple
1. Preliminary:
Dutch Waltz; Canasta Tango; Rhythm Blues
2. Pre-Bronze: Swing Dance; Cha Cha; Fiesta Tango

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.
INTERPRETIVE PROGRAM:

COMPETITION RULES
Music is preselected by the Competition Committee. During warm-up skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

LEVELS:

Basic Skills Interpretive Program (Half-Ice)
Duration: Max 1:25 minute
May have passed no higher than Basic 6.

Beginner Interpretive Program
Duration: Max 1:25 minute
May not have passed any official US Figure Skating Free Skating tests. No Axels or double jumps.

Pre-Preliminary Interpretive Program
Duration: Max 1:40 minute
May have passed no higher than US Figure Skating Pre-preliminary Free Skating test. No Axels or double jumps.

Preliminary Interpretive Program
Duration: Max 1:40 minute
Must have passed the US Figure Skating Pre-Preliminary test and no higher than the Preliminary Free Skating test. No Axels or double jumps.

JUDGING RULES:
Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expresssion.
Spins and jumps performed must be appropriate to competition level.

TIMING:
Music Duration Limited Beginner- No Test: 1:15 minute
Pre-preliminary- Preliminary: 1:30 minute

COACHING RULES: There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.
### BEYOND THE BASICS EVENTS

The Test Track and the Well-Balanced Free Skate events can be included in approved Basic Skills Competitions. If levels beyond Preliminary and Adult Bronze are included, a sanction must be filed.

### Test Track

NOTE: Skaters may enter EITHER the new test track or the well-balanced free skate track but NOT both. Competitors will skate to music of their choice. Deductions WILL be made for skaters including technical elements not permitted in the event description.

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>ELEMENTS</th>
<th>QUALIFICATIONS</th>
<th>PROGRAM LENGTH</th>
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<tbody>
<tr>
<td>Limited Beginner</td>
<td>Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation</td>
<td>Skaters may not have passed tests higher than U.S. Figure Skating</td>
<td>Time: Up to 1:30 +/- 10</td>
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<tr>
<td>Skills up to</td>
<td>(front to back or back to front). No combination jumps or jump sequences. Connecting moves and steps</td>
<td>Basic Skills free skating badge tests</td>
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<tr>
<td>and including Free skate 2</td>
<td>should be demonstrated throughout the program.</td>
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<tr>
<td>Beginner</td>
<td>Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation</td>
<td>Skaters may not have passed tests higher than U.S. Figure Skating</td>
<td>Time: 1:30 +/- 10</td>
</tr>
<tr>
<td>Skills up to</td>
<td>(front to back or back to front), single rotation jumps: Salchow and toe loop only. No combination</td>
<td>Basic Skills free skating badge tests</td>
<td></td>
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<tr>
<td>and including Free skate 3</td>
<td>jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.</td>
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<tr>
<td>Pre-Preliminary Test</td>
<td>At least two solo spins of a different nature (min 3 revolutions and no flying spins), all single</td>
<td>Skaters may not have passed tests higher than U.S. Figure Skating pre-</td>
<td>Time :1:30 +/-10</td>
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<tr>
<td>Skills up to</td>
<td>solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop,</td>
<td>preliminary free skate test</td>
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<tr>
<td>and including Free skate 6</td>
<td>and Salchow. Connecting moves and steps should be demonstrated throughout the program.</td>
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<tr>
<td>Preliminary Test</td>
<td>At least two spins of a different nature, combination spins allowed (min 3 revolutions each and no</td>
<td>Skaters must have passed at least the U.S. Figure Skating pre-preliminary free</td>
<td>Time :1:30 +/-10</td>
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<tr>
<td></td>
<td>flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.</td>
<td>skate test but may not have passed tests higher than the preliminary free skate test</td>
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## Well-balanced Program Requirements
(U.S. Figure Skating rulebook requirements)

<table>
<thead>
<tr>
<th>No Test</th>
<th>Pre-preliminary Free skate</th>
<th>Preliminary Free skate</th>
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<tbody>
<tr>
<td>A well balanced program consisting of: Jumps: maximum of 5 jump elements. No axels or double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface</td>
<td>Refer to U.S. Figure Skating rulebook #3721 for more information</td>
<td>Refer to U.S. Figure Skating rulebook #3711 for more information</td>
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**HOCKEY EVENTS:** Elements from the Basic Skills Hockey 1-4 curriculum.

- Beginner Event – must have passed no more than Hockey 2
- Advanced Event – must be higher than Hockey 2

**DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.**
ELEMENTS EVENT

All Elements must be skated in the order listed. No Music. Half Ice.

Each skater performs one element at a time when prompted by judge.

SNOWPLOW SAM-TOTS  
Age under 6  
45 seconds Maximum

1 March followed by a two-foot glide and dip  
2 Forward two-foot swizzles 2-3 in a row  
3 Backward wiggles 2-6 in a row  
4 Forward snowplow stop

BASIC 1  
Age 5-13  
45 seconds Maximum

1 Forward two-foot glide  
2 Forward two-foot swizzles 6-8 in a row  
3 Backward wiggles 6-8 in a row  
4 Forward snowplow stop

BASIC 2  
Age 5-13  
45 seconds Maximum

1 Forward one-foot glide - either foot  
2 Two foot turn in place - forward to backward  
3 Backward two-foot swizzles 6-8 in a row  
4 Forward alternating ½ swizzle pumps in a straight line - across width of ice  
5 Moving snowplow stop

BASIC 3  
Age 5-13  
1:00 minute Maximum

1 Forward stroking  
2 Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise-6-8 consecutive  
3 Moving forward to backward two foot turn, either direction  
4 Backward one-foot glide, either foot  
5 Two foot spin

BASIC 4  
Age 5-13  
1:00 minute Maximum

1 Forward outside edge on a circle-clockwise or counter clockwise  
2 Forward crossovers 6-8 consecutive -both directions  
3 Forward outside 3-turn-right and left  
4 Backward stroking  
5 Backward snowplow stop- right or left

BASIC 5  
Age 5-13  
1:00 minute Maximum

1 Backward outside edge on a circle-clockwise or counter clockwise  
2 Backward crossovers- 6-8 consecutive–both directions  
3 One foot upright spin -minimum 3 revelations  
4 Side Toe Hop- either direction  
5 Hockey stop

BASIC 6  
Age 5-13  
1:00 minute Maximum

1 Forward inside 3-turn-right and left  
2 Bunny Hop  
3 Forward arabesque spiral on a straight line, right or left  
4 Lunge, right or left  
5 T-stop - right or left

BASIC 7  
Age 5-13  
1:00 minute Maximum

1 Forward inside open Mohawk-right to left and left to right  
2 Ballet jump- either direction  
3 Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise  
4 Forward inside pivot

BASIC 8  
Age 5-13  
1:00 minute Maximum

1 Moving forward outside or inside three-turns, right and left  
2 Waltz jump  
3 Mazurka, either direction  
4 Combination move-clockwise or counter clockwise [2 forward crossovers into Fl Mohawk, step behind, step into 1 back crossover and step to a forward inside edge]  
5 Beginning one-foot upright spin, optional free foot position

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.
2008 CENTRE ICE RINK ~ BAY COUNTRY FIGURE SKATING CLUB
BASIC SKILLS SKATING COMPETITION ENTRY FORM

Name: ___________________________________________ Age ______ Gender ___
Last                                                      First

Address ___________________________________________ City __________________

State___ Zip ______ E-mail ________________________________

Address ___________________________________________

Area Code/Phone # _________________________________ Birth date ________________

U.S. Figure Skating Number ___________________________

Highest Badge Level Passed__________________________
Last U.S. Figure Skating Level Passed__________________

Program Affiliation __________________ Instructors name ____________________

The completed entry form, with fees, must be postmarked no later than:

<table>
<thead>
<tr>
<th>Event</th>
<th>Level</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Freeskate Event</td>
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<td>Compulsory Moves</td>
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<td>Elements Event</td>
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<td>Hockey</td>
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</table>

**Deadline 15 March, 2008**

Make check or money order payable to **Delaware State Fair, Inc.** and mail to:
Debra Betolatti
c/o Centre Ice Rink
644 Fairground Rd. Harrington, DE 19952

For additional information call: **Debra Betolatti @ (302) 398-5900 ext. 212** or email:
manager@DelawareStateFair.com

**ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE (15 March 2008)**
UNLESS AN EVENT IS CANCELED

**DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.**
Certification of Competitor: The competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the Delaware State Fair, Inc. and Bay Country Figure Skating Club, Inc. harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature __________________________ Date __________

Competitor Signature __________________________ Date __________

Instructor Signature __________________________ Date __________

Program Director/Club Officer __________________________ Date __________

Certification of Competitor by Home Club Official (REQUIRED)
I hereby approve the entry of the skater named on this application and certify that he/she is eligible to compete in accordance with the rules of the USFS, and that the entrant is a member in good standing of the Home Club.

Signed: __________________________ Title: __________________________

Date: _______________ Home Club: __________________________

Telephone #: ( ) - __________________________

Basic Skills entrants may have their instructor or Basic Skills Program Director Signature in place of Club Official Signature.

Certification by Athlete and Parent/Guardian (REQUIRED)

ATHLETE: I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this Competition and upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others.

ATHLETE/PARENT/GUARDIAN: I understand that the USFS and the clubs or organizers of competitions undertake no responsibility for the damages or injuries, or loss of property suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the USFS, the Delaware State Fair Inc., the Centre Ice Rink, the Bay Country Figure Skating Club, and against its Officers, and their entries shall be accepted only on such condition.

Athlete’s Signature: __________________________ Date: _______________(Signature Required)

Parent/Guardian’s Signature: __________________________ Date: _______________

(Signature Required if Athlete is under age 18)
Authorization for Emergency Medical Treatment (REQUIRED)

In the event I am unavailable, I hereby give permission for any emergency medical diagnosis, treatment or procedure for:

______________________________________________________________
(Print Skater’s Name)

Please list Emergency medical information (allergies, pre-existing conditions, medications, etc.)

Name of Physician: ___________________________ Telephone #: ( ) ______
Name of Insurance Company: ___________________________
Policy Number: ___________________________ Name of Insured: ___________________________

Signature: ___________________________ Date: ________________
(Signature Required)

Relationship to Skater: ___________________________ Date: ________________
(Must be signed by parent or guardian of if Athlete is under age 18)

Send fully completed Form and payment to:
2008 Centre Basic Skills Competition
Debra Betolatti  
Competition Chair
644 Fairground Road
Harrington, DE 19952

*ENTRIES MUST BE POSTMARKED NO LATER THAN SATURDAY, MARCH 15 2008*
Entries limited to the first 150 entries received. Mail Early! ☺
Program Advertising form

Bay Country Figure Skating Club asks you to support skating and acknowledge your own favorite skater. Below are the options, which range from a full-page spread to a business card size personal message. Please return this form to the address below by March 15th, 2008.

Please check below:

- Inside front cover (7x9½) $125.00
- Inside back cover (7x9½) $125.00
- Full page (7x9½) $100.00
- 3/4 page (7x7) $100.00
- Half page (4½x7) $70.00
- 1/4 page (3½x4½) $50.00
- Business card $20.00 (attach business card)

For the above acknowledgments, please print clearly in the space provided and we can create the acknowledgment for you. Or, attach a camera-ready copy, or email your graphic file (.jpg or .gif) to be used exactly as transmitted to: manager@delawarestatefair.com

- Personal Message $10.00 donation (business card size)
- Personal Message $50.00 donation (1/4 page size)

Please print your message in the space provided, no more than 12 words for personal messages.

Name_________________________________________________
Phone____________________
Address_______________________________________________
_____________________________________________________
City__________________________State______Zip____________
Copy/Message:_________________________________________
_____________________________________________________
_____________________________________________________

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.
PRACTICE ICE FORM

Official practice ice is $5.00 for each 20-minute session. Space is extremely limited and sold on a first come first serve basis. There are no separate sessions for Compulsory Moves.

Skater’s Name__________________________ Phone #____________________

Email address: ____________________________________________________

Coach’s Name____________________________________________________

Email Address: ____________________________________________________

Events Entered___________________________ Level:____________________

# of Sessions_____ @ $5.00 per session = $_______ Total amount due

Practice ice money is non-refundable. Please include practice ice amount in the entry fee check and mail together.

DEDUCTIONS WILL BE TAKEN FOR ELEMENTS FROM A HIGHER LEVEL SKATED IN THE PROGRAM.
COMPETITION TSHIRT ORDER FORM

Competition Tshirts will be ordered only if minimum order is reached. Tshirts will have all competitors names on them on back with logo on front. This is a GREAT memoir of competition.
Cost of tshirt is $20.00.

NAME: _______________________________________________________

ADDRESS: ____________________________________________________

TSHIRT SIZE: YS   YM   YL   YXL  AS   AM   AL  AXL

Please include separate check for tshirt with entry. Make check payable to Delaware State Fair and reference Tshirt on memo.