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Osher Lifelong Learning Institute
at the University of Delaware in Lewes/Ocean View

About Osher Lifelong Learning in Lewes/Ocean View
In 1989, the University of Delaware established the Southern Delaware Academy of Lifelong Learning. In 2010 the Academy received endowment support from the Bernard Osher Foundation. In recognition of that support, we joined similar organizations in 49 other states and became the Osher Lifelong Learning Institute (OLLI) at the University of Delaware in Lewes/Ocean View.

The mission of the Osher Lifelong Learning Institute at the University of Delaware in Lewes/Ocean View is to operate a self-governing, cooperative educational community for active adults in southern Delaware. OLLI provides a positive learning and social environment that fosters intellectual development and opportunities to interact through teaching, class attendance and travel. It is run by members who volunteer their time and talents and operates under the aegis of the University of Delaware Division of Professional and Continuing Studies.

Membership
Membership is open to men and women 50 years of age or older and to members' spouses or partners at any age. Whether your formal education ended early in life, or includes advanced degrees, we welcome you. An interest in learning is all that is required. Registration forms are at the back of this catalog and online. The membership fee is $175 for the spring semester. Partial scholarships are available. See page 28 for additional information.

Member Benefits
• Register for as many classes as you like
• Participate in OLLI sponsored trips
• On site wireless internet access
• On site use of computers
• Student rate on software
• Use of libraries and online resources (all UD and Del Tech)
• Audit of one UD credit course in fall and spring semester on a space available basis without paying tuition. Does not include online/distance learning courses, Associate in Arts program, certificate programs or UD travel/study programs. All relevant fees apply.
• Access to Google Apps account
• Student discounts at various venues/retailers

Some benefits require either a UD ID card (small fee) or a UDNet ID (@udel.edu email account). These benefits are only available to full-year members.

How to Register
You may register and pay online at www.lifelonglearning.udel.edu/lewes, by mail, or in person at the OLLI office (Mondays through Thursdays, 9 a.m.–2 p.m.). If registering by mail or in person, be sure to complete the Spring 2017 Registration Form and include payment. Deliver or mail the information to OLLI, Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958. Make checks payable to the University of Delaware. Priority registration deadline is January 12, 2017.

Refunds
Membership fees can be refunded for requests made before the end of the second week of the semester. Refund requests must be submitted in writing to the OLLI office. A $15 processing charge will be deducted from all refund requests received after the first day of classes. Membership refunds cannot be transferred to another semester. Refunds will take up to six weeks to process. Questions should be directed to the OLLI office.

Gifts
While we calculate membership fees to cover our operating costs, we always have a need for additional and upgraded audiovisual equipment, computers, classroom teaching aids and library materials. Many of those items are paid for from the Gift Fund. We are happy to receive your donations to the Gift Fund for a specific use or, preferably, unrestricted so your Council can focus them on our greatest needs. You can include a gift with your registration. For more information on how to make these tax-deductible gifts, contact the OLLI office at 302-645-4111.

Textbooks, Supplies and Handouts
The catalog lists any textbooks or other supplies required for courses and any charge for handouts beyond the allocation provided each instructor. Members are responsible for these costs.

Identification Badges
Please wear your identification badge at all times. Member and guest badges (and temporary badges for those who forget) are available in the OLLI office.

Guests
Visitors and prospective members who wish to become familiar with our program are welcome to visit on a single day. Please visit the office to pick up an ID badge.

Travel
OLLI sponsors trips to enhance our educational experience. Many are one-day trips associated with particular courses. Information about these trips, including sign-up dates, are posted on the travel bulletin board. Members have first priority, and a surcharge is required of nonmembers. Questions about travel may be directed to the OLLI office at 302-645-4111.

University of Delaware Policies
Our members and guests must comply with University policies, including those that prohibit sales or solicitations (except for designated activities where they are specifically permitted), sexual harassment, or disruptive behavior.
Spring 2017 Courses
Courses held in Lewes unless otherwise noted.

**AA10 BEGINNING BASKETRY**
Tuesdays, 1:30 p.m.–4:30 p.m.
Dates: 5 Sessions, January 31–February 28
Instructor: Elaine Stanhope
This class is open to all who are interested in basket weaving. Anyone who has never woven a basket or those who have woven up to five baskets are welcome. Basket kits will be provided. There will be a charge for supplies needed to weave two baskets.
**Class limited to 15 students.**
Elaine Stanhope holds a B.S. from Husson College in business education. She taught at the secondary level in Maine, Massachusetts, Maryland, and Virginia, and was a day care director for Kinder Care Learning Centers. She retired from Hughes in data management. Elaine enjoys weaving all types of baskets.

**AA14 STAINED GLASS FUNDAMENTALS**
Thursdays, 1:30 p.m.–4:30 p.m.
Dates: 5 Sessions, March 9–April 6
Instructor: Paul Puch assisted by Rodney Lau
Students will learn the “Tiffany” method of stained glass. They will design a pattern, cut glass, grind, foil and solder a project. Class is open to beginners and advanced artists. All projects to be approved by the instructor. There will be a $25 lab fee to cover cost of materials.
**Class limited to 12 students.**
Paul Puch holds a B.A. from St. Francis University and an M.A. from Middlebury College. He taught Spanish and Latin at the secondary level for Montgomery County Public Schools in Maryland for 31 years.

**AA42 TECHNIQUES IN WATERCOLOR**
Thursdays, 1:30 p.m.–3:30 p.m.
Dates: 5 Sessions, February 2–March 2
Instructor: Sonia Hunt
The course covers various techniques in watercolor with individualized and personal instruction. Color mixing, composition and different applications of paint will be explored. Watercolor techniques and applications will be demonstrated. Reference material will be supplied each week to be used to produce a painting. Some previous knowledge of watercolor painting is helpful but not necessary. A supply list will be available.
**Class limited to 12 students.**
Sonia Hunt is originally from England and now resides in Lewes. She loves to travel and has captured many of the places she has visited in her paintings. Sonia has received various awards for her watercolors, which are exhibited throughout Delaware and Maryland and has won awards in juried shows. She is a member of the Art League of Ocean City, Cape Artists and Gallery One in Bethany Beach.

**AA53 INTERMEDIATE BASKETRY**
Wednesdays, 1:30 p.m.–4:30 p.m.
Dates: 5 Sessions, February 1–March 1
Instructor: Elaine Stanhope
This class is open to all who have woven at least five baskets. Baskets woven in this class will be on an intermediate level. There will be a charge for each basket kit provided.
**Class is limited to 15 students.**
Elaine Stanhope. See course AA10 for instructor’s information.

**AA64 OIL, ACRYLIC AND MULTIMEDIA WORKSHOP FOR INTERMEDIATE PAINTERS**
Mondays, 9:30 a.m.–2:30 p.m.
Dates: 10 Sessions, January 30–April 10
Instructors: Robert Chu, Edna Filemyr, Carol Halloran, Ellen Watkins
**No class Feb. 20.**
Come join us for a cooperative workshop where we assist and crit, upon request, each other’s work. Gain knowledge from the experience and unique perspective of the artists and learn the protocol of a formal open critique session, engaging the entire class in discussion and critical thinking. Students should bring their own supplies and lunch. Some floor easels will be available but attendees are requested to bring their own setup. Question and answer intervals are available. Students may bring their own photographs and suitable reference material. Optional art and related cultural expeditions may be scheduled once per session to nationally known regional museums.
**Class limited to 16 students.**
Robert Chu has a background in image formation applications in engineering and marketing, from aerospace to industrial photography. Painting and digital imaging complement globetrotting adventures.

Eddie Filemyr has an M.F.A. from Antioch University, and a B.S. in studio art and design from Skidmore College. She also holds a permanent New York state teaching certificate in art. Eddie has kept a home art studio since 1978. She has taught art at Hood College, Antioch U./Columbia, St. John’s High School in Maryland, and Wilson College in Pennsylvania. She is a member of...
Rehoboth Art League, Mispillion Art League, Milton Art Guild and Millsboro Art League. Eddie has also worked as a landscape designer in Maryland and as a freelance landscape designer in Idaho and Delaware. She also completed the master gardener course in Washington, Idaho and Delaware.

Carol Halloran is a retired R.N. She has worked pencil sketch portraits and has taken photography classes. Carol now paints mostly landscapes in oil from her photos. She has been with Osher Lifelong Learning in Lewes since 2004.

Ellen Watkins has painted for over 30 years. She learned her craft through years of classes at Fairfax Adult Education and Corcoran Art School.

Inclement Weather Policy

**Lewes Facility**—When Cape Henlopen School District classes are canceled because of inclement weather or an area-wide emergency, Lewes classes are canceled. When the school district has a delayed opening, our activities will begin on time.

**Ocean View Facility**—When Indian River School District classes are canceled because of inclement weather or an area-wide emergency, Ocean View classes are canceled. When the school district has a delayed opening, our activities will begin on time.

Check for information on closings at the following:
- Phone: 302-645-4111 (recorded message)
- Web: [www.lifelonglearning.udel.edu/lewes](http://www.lifelonglearning.udel.edu/lewes)
- TV: WBOC or [www.wboc.com](http://www.wboc.com), weather closings

AA85  AN INTRODUCTION TO CLAY AND BEYOND

Fridays, 10 a.m.–2 p.m.
Dates: 10 Sessions, February 3–April 7
Instructor: Myndi Smithers
**Held at Rehoboth Art League.**

This class offers the methods of building pottery by hand. Class includes the following: sculptures, vessels and surface decorations. Look forward to illuminating clay into forms and styles. Please wear old clothes, bring an apron and an old towel and don’t forget your lunch. Additional cost of $60 (payable to Rehoboth Art League) for clay. Class attendance is essential.

**Class limited to 10 students.**

**Myndi Smithers** received a B.A. in fine arts/studio arts (2009) and an M.A. in teaching (2012) from Fairleigh Dickinson University in Madison, New Jersey. She taught ceramics at Camp Horizons at Newark Academy, New Jersey (2009-2012). Myndi was artist-in-residence for the art program at Fairleigh Dickinson (2009-2014). Currently she is teaching ceramics at the Rehoboth Art League.

AA91  OSHER CRAFT CIRCLE

Mondays, 9 a.m.–Noon
Dates: 10 Sessions, January 30–April 10
Instructors: Diana Beebe, Karen McKinnon
**No class Feb. 20.**

This course is open to ANY student registered at Osher. Please come sit with a group of warm, friendly people who enjoy each other's company as they work on their handicraft. Diana and Karen are there to help, when able, with simple knitting projects (Einstein coats or kimono jackets, etc.). This is not an instructional course but a venue for creative handiworkers to share what they do best while sitting with genial folks sure to become your friends. If you knit or crochet and are looking for a project, we can find you one that will help a good cause! Can’t attend for the full session? No problem. Join the group as your schedule allows.

**Class limited to 30 students.**

Diana Beebe received a B.A. in English from the College of Wooster and an M.A. in school leadership from the University of Tulsa. She taught high school and middle school English and served as a school administrator for many years. She retired as head of school from the Holton-Arms School in Bethesda, Maryland, in 2007 and is currently the executive director of the Head Mistresses of the East Association, a national group of independent school heads. She served on the OLLI council. Diana is an avid sewer and knitter.

Karen McKinnon is a graduate registered nurse from Yale–New Haven Medical Center. She's worked as an R.N. for 43 years from OB/GYN to neonatal ICU to general pediatrics until retirement in 2010. Since that time she has been a student at Osher and has taught since 2011. She held a department chair position 2013–2015. Karen enjoys passing time knitting, cross stitching, reading, cooking and visiting new twin grandbabies.

AA109  ART FREE WRITE

Wednesdays, 1:30 p.m.–3:30 p.m.
Dates: 5 Sessions, March 8–April 5
Instructor: Patty Bennett
**Held at Ocean View Town Hall.**

Students will observe pieces of art brought in by local artists, then spend five–eight minutes writing about each one. Students will be asked to read what they wrote. Passing is an option. Then the artist will tell the true story of the piece. In a two-hour class, approximately four–six pieces may be used. No previous experience in writing or art is needed. Just a laptop or paper and writing utensil.

**Class limited to 10 students.**
Patty Bennett is a retired high school math teacher. She has her A.B. degree in mathematics from Mount Holyoke College and she is a graduate of the Institute of Children's Literature. Patty has been a member of the Rehoboth Beach Writers' Guild since 2013, and she was published in the May 2015, issue of Delaware Beach Life magazine. She also writes a weekly column, Talk of the Town, for Lewes in the Delaware Coast Press.

AA111 HERALDRY: HISTORY AND AUTOBIOGRAPHICAL ART

Wednesdays, by appointment
Dates: 9 Sessions, February 1–March 29
Instructor: Linda Schlafman
Held at Ocean View Town Hall.

Heraldry developed during the medieval period as a necessary form of personal identification. It is a unique form of art in which shapes, lines and color have specific meanings. It also requires learning a special “language” in order to describe the design one creates. Participants will create a “blazon,” a personal coat of arms (suitable for framing!) and learn its meaning. Schedule your session directly with the instructor at lws313@gmail.com.

Linda Schlafman holds an M.A./Ed. in curriculum design and supervision. She worked as an exhibits specialist at the Smithsonian Institution. Later, she created “The Crystal Quest” for the Smithsonian and Swarovski Crystal’s exhibition, “Arms and Armor of Styria.” Linda taught for 27 years at Sidwell Friends Middle School in Washington, D.C. She has been a presenter for the National Association of Museums, the South Coastal Library, the Cheer Center and Sussex County Genealogical Society.

Class limited by appointment only.

AA112 ADULT COLORING/ ZENTANGLE

Mondays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, January 30–March 6
Instructor: Peter Feeney
Held at Ocean View Town Hall.
No class Feb. 20.

The latest craze—“de-stress” through adult coloring books. Learn to relax by coloring challenging elaborate illustrations in the traditions of Zen. Have fun coloring works inspired by traditions of Buddhism, Hindu, Zen and even flowers and Disney characters. Colored pencils, pens, crayons, watercolor, acrylics, etc., may be used with books obtained locally at Michael’s, Tuesday Morning, etc. Our objective is to have fun and relax.

Class limited to 12 students.

Peter Feeney is a local self taught artist. He has participated in art shows at Rehoboth Art League, Ocean City Art League, Millsboro Art League and many others. He has also studied yoga, meditation and tai chi.

AA115 DRAWING FUNDAMENTALS FOR ASPIRING ARTISTS

Fridays, 9 a.m.–3 p.m.
Dates: 1 Session, April 7
Instructor: Phil Wescott

This one-day course teaches the fundamentals of drawing and suggests how to adapt well-rendered drawings into painting in any medium. The course presents principles of design and aspects of line, shapes, color, values, shading and enhanced composition. Students should bring basic drawing materials to class, including drawing pencils and several varieties of drawing papers and can expect to emerge from class with a deepened sense of how to depict common objects and scenes.

Class limited to 25 students.

Phil Wescott is a retired University of Delaware communication professor and University of Delaware graduate alumnus. He earned his liberal arts undergraduate degree from Wabash College and graduate degree programs at Indiana University-Bloomington, University of Evansville and the University of Delaware. Phil is a former pharmaceutical executive and regional hospital administrator and health care consultant. He is a practicing artist and member of Rehoboth Art League.

★ New!

AA116 HISTORY OF ART IN THE 19TH CENTURY

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, March 8–April 5
Instructor: Barbara Stephanic
Held at Ocean View Town Hall.

The 19th century was a time when the arts were celebrated as never before and Paris became the center of creativity in the western world. Visual artists, musicians, writers, poets, architects and philosophers from all over the world gathered in coffee houses and bistros to discuss, debate and analyze the future of artistic expression. They shared ideas, philosophies, style and iconography that would ultimately produce art movements such as neoclassicism, romanticism, realism, impressionism and post-impressionism. This course will examine the objective, technique and aesthetic of each of these movements and the artists most associated with each.

Class limited to 45 students.

Barbara Stephanic has a master’s degree in art history from The George Washington University and a Ph.D. in American studies, specializing in American art, from the University of Maryland. She has taught art history classes at Georgetown University, American University, Parsons School of
Design, New York, and the College of Southern Maryland where she was on the faculty for 20 years before retiring in 2011. At the College of Southern Maryland she served as curator of the fine arts gallery and established the study abroad program in art history. Barbara also curated a number of exhibitions, published catalogs and served on the art advisory board at University of Maryland, University College.

★ New!

AA117 BEGINNING OIL OR ACRYLIC PAINTING

Wednesdays, 9 a.m.–11 a.m.
Dates: 10 Sessions, February 1–April 5
Instructor: Lesley Hellstern

This class is for beginners. Each student is encouraged to use his or her own style. The instruction is teacher led and guided, especially during the beginning of the painting. All students will be able to produce three to four finished paintings with regular attendance. A supply list will be distributed prior to the first class. There will be a $1 charge for handouts.

Class limited to 12 students.

Lesley Hellstern holds a B.F.A. from Michigan State University majoring in painting and printmaking. She holds a graduate degree from Grand Valley State University in art education and has taught elementary school art for 25 years. Lesley has been a practicing artist all of her life and has recently relocated to Lewes, Delaware.

★ New!

EC18 RETIREMENT PLANNING BOOTCAMP

Wednesdays, 1:30 p.m.–3 p.m.
Dates: 3 Sessions, March 8–March 22
Instructor: Robert Jeter

Planning for retirement can be tricky: it’s full of twists, turns and not nearly enough road signs. Wouldn’t it be nice if you had a map, or maybe a checklist, for planning a successful retirement? This three-part course is a detailed retirement planning seminar designed to educate those who are nearing retirement or who have recently retired. The seminar is designed to teach the importance of retirement planning, preparation and management. The goal is to help make people aware of the challenges in retirement and teach them suitable ways to overcome them. In this course we will cover three important topics in retirement planning: pre-retirement planning, savvy Social Security planning and investing for retirement.

Class limited to 30 students.

Robert Jeter has been a retirement advisor since 2012. He is a graduate of Salisbury University and resides in Salisbury. He is also a chartered retirement planning counselor. He has offices in Salisbury, Maryland and Georgetown, Delaware.

★ New!

EC19 BUYING AND SELLING REAL ESTATE

Thursdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, February 2–March 2
Instructor: Michael J. DiLauro

This course introduces the basics of buying and selling real estate. Topics include the practical application of negotiation, financing, buying, selling, investing and real estate development. A person’s home is the biggest and most important investment an individual will make. This course will make use of lecture, discussion and informative guest speakers.

Class limited to 70 students.

Michael J. DiLauro brings energy, enthusiasm, commitment and integrity to Cornerstone Realty Group with seven years of experience as a realtor here at the Delaware beach. Michael earned his doctoral degree and has over 21 years of sales/sales management experience.

★ New!

EC20 INVESTMENT POTPOURRI

Tuesdays, 3:15 p.m.–4:45 p.m.
Dates: 5 Sessions, March 7–April 4
Instructor: Ellen Le

This course will cover the skinny on the investment industry such as types of professionals, fee structures, designations, how much money you need in the retirement pot, how to get there and how to spend it down safely; important differences between retirement and non-retirement accounts, what’s up with the U.S. dollar, and a history of the dollar from Hamilton to Bitcoin. We will also discuss annuities: are they safe? how do they work? Also covered are stocks, bonds, mutual funds, ETFs and hedge funds: the low-down on Wall Street assets.

Class limited to 30 students.

Ellen Le is the president of Ascend Investment Management, an independent registered investment advisory company. She began her investment passion in 1981 as a stockbroker at E.F. Hutton and Co., and over the last 30 years has managed high net worth assets at a variety of large investment firms. Ellen earned a B.A. in history from Brown University and an M.B.A. in finance and investments from The George Washington University. She is a chartered financial analyst (CFA) charterholder.
**New!**

**EC21 ELDER LAW: PLAN TODAY TO PROTECT YOUR TOMORROW**

Mondays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, March 13–April 10  
Instructors: Leslie Case DiPietro, Michele Procino-Wells, Amber Woodland

Estate planning is the process of organizing your affairs to accomplish long range goals for yourself and your family. In this course we explore the three stages of estate planning: lifetime planning, end of life planning and asset protection planning. A well-rounded plan includes all three. We will clarify the role of a power of attorney and illustrate the difference between an advanced health care directive and do-not-resuscitate order. We will unravel the probate process and explain the use of trusts in Delaware to avoid probate and how wills and trusts work together to create a thorough estate plan. We will cover the benefits of a thorough tangible personal property memorandum, the dangers of jointly owned assets and the importance of appropriate beneficiary designations. Finally, we will explain the ethics surrounding asset protection planning to shelter assets from the costs of long term care and discuss the planning strategies available and most commonly used.  

**Class limited to 70 students.**

**Leslie Case DiPietro** holds a B.A. from the University of Maryland, a J.D. from Stetson University College of Law and a certificate in estate planning from Beasley School of Law at Temple University.  

**Michele Procino-Wells** holds a B.A. from Penn State University, a J.D. from Widener University School of Law, and a graduate master of laws degree in taxation from Villanova University School of Law.  

**Amber Woodland** holds a B.A. from Flagler College and a J.D. from Regent University School of Law.

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**HE98 PILATES MAT CLASS**

Tuesdays, 10:45 a.m.–11:45 a.m.  
Dates: 5 Sessions, March 7–April 4  
Instructor: Kathleen Jackson  
**Held at The Wellness Center,**  
**20268 Plantation Road, Lewes.**

This class will teach you traditional Pilates exercises using various props to modify and enhance the exercises. Props include soft balls, bands, rings and foam rollers. This guided class is ideal for individuals who want to gain body awareness, particularly people who want to maintain their balance, strength and mobility. Participants do not need any prior Pilates experience or other exercise experience (i.e., lifting weights or yoga). The class will be paced so that students learn and practice breathing techniques to support the exercises taught. Students will need to provide their own mats. Prerequisite: **Class limited to 10 students.**

**Kathleen Jackson** received her Pilates certification from Body Arts and Sciences International (BASI) in 2003 and the Pilates Method Alliance (PMA) in 2008. She is a certified personal trainer through the National Sports and Conditioning Association and is also certified with the Arthritis Foundation to teach group exercise for people with arthritis. Kathy has been teaching Pilates mat, reformer and tower classes and Pilates chair classes since 2003.

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**HE99 (RE)LEARN HOW TO MOVE FROM YOUR BODY WITH FELDENKRAIS®—INTRODUCTION**

Wednesdays, 9 a.m.–10:30 a.m.  
Dates: 10 Sessions, February 1–April 5  
Instructor: Claire Brown

Prepare to lay down on the floor and make unusual motions for an hour. Get up and notice something different about the way you move. This is how to improve your quality of daily life and increase your ease of movement. No experience needed! Use these Feldenkrais® Awareness Through Movement lessons to re-activate your childhood learning skills. Follow precise instructions for simple actions to unlock forgotten motor ability: learn with your body, not your head. Moving on the floor will change your relationship to gravity and create a safe (re)learning space. After each lesson you’ll notice the differences in yourself. Wear loose, comfortable clothing and bring a blanket or quilt to lie upon. **Class limited to 12 students.**

**Claire Brown** has a B.A. from the University of Chicago and an M.A. from the Institute of Transpersonal Psychology. She has completed a Feldenkrais® professional training program and other body-based trainings. She is certified by the Feldenkrais® Guild of North America. She has taught movement seminars at Esalen Institute, Big Sur, California and has had private practices in California and Maryland before moving here. Claire now has a private practice in Milton.

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**T’ai Chi Chih Lunch Enthusiasts**

T’ai Chi Chih enthusiasts meet Tuesdays from 12:30-1 p.m. in the Fred Thomas Building throughout the year. Open to all members.
HE103 INTRODUCTION TO YOGA-BASED MEDITATION
Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, March 7–April 4
Instructor: Sandy Gilbert

This meditation series is for those who are new to meditation, those out of practice and for those who have tried other styles in the past. The series is progressive. Each class builds on the previous, so attendance at the first three sessions is essential. There will be an optional group meditation in weeks four and five. The course will include lecture, instruction, meditation and discussion periods. In each class, you will learn a simple and effective meditation practice to try out in class and practice at home. You will learn how to sit comfortably and how to quiet your mind. The instructor will offer clear explanations of what Svaroopa® yoga meditation is, and how and why to do it. She will also help you with any difficulties you might encounter along the way. Most importantly, you will be given the tools that will give you the confidence and inspiration to make meditation a regular part of your life. No previous experience is required.

Class limited to 12 students.

Sandy Gilbert has been teaching Svaroopa® yoga for over 10 years and is a certified Svaroopa® yoga teacher. She is also a certified Svaroopa® meditation teacher and group leader trained under the leadership of Swami Nirmalananda at Svaroopa® Vidya Ashram in Pennsylvania. Sandy shares her enthusiasm and personal experience of the transformative power of Svaroopa® yoga and now Svaroopa® meditation in her teachings.

★ New! ★
HE104 TIPS AND TRICKS FROM THE PLANT-BASED KITCHEN
Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, March 7–April 4
Instructor: Dorothy Greet

Six years ago Dorothy Greet stepped into a new world of plant-based eating to reclaim her health. Gone were the meat, dairy and oil of her former life. Instead fruits, vegetables, beans and whole grains filled her plate. She’ll share with the class why and how she made the change and the remarkable journey that has ensued. Each class will include a demonstration of quick and easy food prep and cooking tips and tricks she has learned followed by tasting.

Prerequisite: watch the film Forks Over Knives. There is a $5 fee to cover the cost of food.

Class limited to 20 students.

Dorothy Greet holds a certificate in plant-based nutrition from Cornell University and degrees from the University of Pittsburgh (M.Ed.) and Yale University (M.Div.). She is a heart attack survivor and is reversing her heart disease through plant-based eating. Dorothy maintains her own blog at http://greetplantbased.blogspot.com.

HE116 (RE)LEARN HOW TO MOVE FROM YOUR BODY WITH FELDENKRAIS®—CONTINUATION
Tuesdays, 9 a.m.–10:30 a.m.
Dates: 10 Sessions, January 31–April 4
Instructor: Claire Brown

This class is a continuation of HE99 as it builds on the learning gained. It is a continuing exploration for persons who would like to learn more from and about themselves. The lessons are based on the instructor’s training in Feldenkrais Awareness Through Movement, Cortical Field Reeducation, and Integrated Awareness. You must have completed HE99 or other Feldenkrais® classes to take this course. Wear loose, comfortable clothing and bring a blanket or quilt to lie upon.

Class limited to 15 students.

Claire Brown. See course HE99 for instructor’s information.

Orientation
New Member and Instructor Orientation
Thursday, January 26, 2017
Fred Thomas Building, Lewes
10–10:30 a.m.—Coffee social
10:30–11:30 a.m.—Orientation program
New members and all instructors, new and current, are encouraged to attend.
HX125 A DELAWARE WOMAN'S EXPERIENCES OF WWII

Wednesdays, 1:30 p.m.–3:30 p.m.
Dates: 1 Session, March 8
Instructors: Michelle Rumble, Wes Rumble

Life was both unsettling and exciting for those who lived through the years leading up to and during World War II. Using primary source materials such as memoirs, correspondence, photos and art, this course will describe that significant period of history as experienced through the life of a young Delaware woman studying art in Washington, D.C. and Philadelphia. She met and married a B-17 bomber pilot who flew 35 missions over Germany. Course includes a description of one harrowing B-17 mission.

Class limited to 30 students.

Michelle Rumble holds an M.L.S. from Long Island University and a B.A. in English from Dowling College. She is a retired English teacher and reference librarian. Michelle has a keen interest in history and presents courses about the role of women during World War II for the Road Scholar program. She has also conducted creative writing workshops for students of all ages, including those at OLLI.

Wes Rumble holds an M.A. from Goddard College and a B.A. from Pomona College. He is a retired Air Force pilot with an interest in military history. Wes has been teaching off and on at OLLI since 1995.

HX205 PRESIDENTIAL SEMINAR—CONTINUED

Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, January 31–February 28
Instructor: Bud Zimmerman

This is a continuation of the course last semester. We will start with Lyndon Johnson and finish with George W. Bush.

Class limited to 20 students.

Bud Zimmerman retired from a career in health care, starting with a B.S. in physical therapy from the University of Maryland and finishing with an M.B.A. from Loyola University in Baltimore. The last 32 years were spent as a COO or CEO of health care organizations. He always had a passion for history but could not pursue it until his retirement in 2010.

HX207-1 THE CIVIL WAR THROUGH THE EYES OF ONE FAMILY

Thursdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, March 9–April 6
Instructor: William Hicks

Held at Fred Thomas Bldg., Lewes.
Class limited to 70 students.

William Hicks is a retired elementary school teacher and history buff, who taught all levels from kindergarten through 5th grade. For 18 of his 30 years in the field, 5th grade was his niche and his favorite because he was able to teach American history. His love of history was the impetus for extensive genealogy research into his and his wife's families tracing some of them back to the early 18th century. He currently spends his time fishing, birding and volunteering for the Lewes Historical Society.

HX207-2 THE CIVIL WAR THROUGH THE EYES OF ONE FAMILY

Mondays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, March 13–April 10
Instructor: William Hicks

Held at Ocean View Town Hall.
Class limited to 40 students.

James and Ellen Blackburn had six sons. In the early 1860s four of those sons enlisted in the Union Army. One was rejected because of his age, one was injured and furloughed, one served only 90 days with the Pennsylvania Volunteer militia and one was killed in battle. The course will look at McClellan's Peninsula Campaign of 1862, and how the Blackburns, a poor family of millworkers from Philadelphia, were affected by these battles. The five sessions will consist of lecture, discussion, video clips and primary sources, comprised of original letters, documents, pictures and artifacts.
HX211 WOMEN'S SUFFRAGE  
Wednesdays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, February 1–March 1  
Instructor: Jo-Ann Vega  
Held at Ocean View Town Hall.  
Third program in the series: Snapshots of Indispensable Americans, Women's Suffrage briefly covers the suffrage movement and concentrates on women in Congress, the intersection of celebrity and politics and the exercise of power and leadership. The passage of the 19th Amendment to the U.S. Constitution in 1920, 133 years after the ratification of the Constitution, secured for women their rightful place in the continuing American experiment in self-government. To demonstrate how the roles and perceptions of women and power have evolved, Women’s Suffrage examines two indispensable American women: Republican Clare Boothe Luce (WWII) and Democrat Barbara Jordan (Watergate). Both legislators received the highest civilian honor, the Presidential Medal of Freedom, Luce in 1983, the first female member of Congress to receive the recognition, and Jordan in 1994. Join me for lively and informative sessions.  
Class limited to 30 students.  
Jo-Ann Vega has 30 years' experience training managers to be more effective leaders and managers, and facilitating team building in all sectors. This program applies that knowledge to historical leaders.

HX215-1 DUTIES AND OPERATION OF A COAST GUARD LIGHTSHIP  
Tuesdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, January 31–February 28  
Instructor: Dr. Ray Glick  
Held at Fred Thomas Bldg., Lewes.  
This course will discuss, using pictures and text, the compartments, equipment and artifacts of a lightship. It will go into detail as to all of its on-board equipment and their functions. The course will also discuss the crew duties, qualifications and life while on ship. Artifacts of the service will be shown and discussed. The last class will be held aboard the Lightship Overfalls.  
Class limited to 15 students.  
Dr. Ray Glick currently serves on the board of directors for the Overfalls Foundation. He holds the offices of recording secretary and artifacts curator for the Foundation. He has been a guide on the ship for four years. During these four years he has extensively researched the lightship service, the lightship's operating details and equipment and crew functions.

HX215-2 DUTIES AND OPERATION OF A COAST GUARD LIGHTSHIP  
Wednesdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, February 1–March 1  
Instructor: Dr. Ray Glick  
Held at Ocean View Town Hall.  
The course will discuss, using pictures and text, the compartments, equipment and artifacts of a lightship. It will go into detail as to all of its on-board equipment and their functions. The course will also discuss the crew duties, qualifications and life while on ship. Artifacts of the service will be shown and discussed. The last class will be held aboard the Lightship Overfalls.  
Class limited to 15 students.  
Dr. Ray Glick currently serves on the board of directors for the Overfalls Foundation. He holds the offices of recording secretary and artifacts curator for the Foundation. He has been a guide on the ship for four years. During these four years he has extensively researched the lightship service, the lightship's operating details and equipment and crew functions.

HX216 THE BALKANS—1453 TO THE PRESENT  
Mondays, 10:45 a.m.–12:15 p.m.  
Dates: 5 Sessions, March 13–April 10  
Instructor: Eric Terzuolo  
The flood of Syrian refugees into Europe via Greece, Macedonia, Serbia and other countries of the former Yugoslavia reminds us of the Balkan Peninsula's centuries-long role as a bridge between the rest of Europe and the Greater Middle East. In five sessions, we will address the long period of Ottoman Turkish rule in the Balkans (and its legacies for today); how a number of Balkan countries managed to secure their independence in the 19th century and become central participants in the First World War; the impact of the Second World War and the rise and fall of communism in the region; the conflicts in the region after the end of the Cold War; and the current difficult situation. The course format will combine lectures with ample time reserved for questions and discussion. It will be self-contained, with no prerequisites. The course is intended for people who follow international affairs and are looking for deeper understanding of a strategically important region.  
Class limited to 70 students.  
Eric Terzuolo holds a doctorate in East European history from Stanford University, where he specialized on the Balkan countries and Yugoslavia in particular. He was one of the last people to serve as State Department desk officer for Yugoslavia before that country's dissolution. He later served at the U.S. Embassy in Prague during the dissolution of Czechoslovakia. He has a number of publications dealing with the history and geopolitics of the Balkans.

HX217 WORLD WAR II—PART 3: MARKET GARDEN TO VJ DAY  
Tuesdays, 10:45 a.m.–12:15 p.m.  
Dates: 10 Sessions, January 31–April 4  
Instructor: Richard Ward  
The course will contain lectures supplied by Great Courses on DVD followed by discussion. This semester
will conclude our journey on WWII with an emphasis on the Pacific Theater.

Class limited to 40 students.

Richard Ward is a graduate of Adelphi University with a major in history. He was a United States Secret Service (USSS) agent for 25 years working both criminal cases and protective assignments. After retiring from the USSS, he served as chief of security at the United Nations for three years. He was then hired by Citibank to run the International Credit Card Fraud investigations division. He held this position for 11 years.

★ New!

HX218 BLAZING A NEW NATION: U.S. WAR OF INDEPENDENCE

Tuesdays, 9 a.m.–10:30 a.m.
Dates: 10 Sessions, January 31–April 4
Instructor: John Ebenreiter

This course covers the War of Independence from 1774 before its beginning to its conclusion with the signing of the Treaty of Paris in 1783. The instructor will use the book he authored, ‘BYE, GEORGE, Blazing a New Nation: U.S. War of Independence (ISBN: 978-1–4917-9130-1), as a reference during the course. The course not only covers the military engagements in the War of Independence, but also the political ramifications. The student will gain new knowledge from the many anecdotes presented to make history, told a bit differently, more interesting from a casual sense.

Class limited to 70 students.

John Ebenreiter first became passionate about history while reading encyclopedias in his one-room Wisconsin schoolhouse. After graduating from the University of Wisconsin-Whitewater, John spent 47 years in the accounting field, mainly with two Fortune 500 companies. Now retired, John is a Brandywine Battlefield tour guide and resides with his wife, Sharon, in Lewes, Delaware.

HX219 THE AMERICAN REVOLUTION AS AN INTERNATIONAL CRISIS

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 10 Sessions, February 1–April 5
Instructor: Stuart Forman

Why couldn’t the patriots win the war without foreign aid? What was the significance of the French, Dutch, Spanish, the Mysoreans of India and the Russians and their League of Armed Neutrality in the outcome of the war? What was the role of the British outsiders (including Edmund Burke and William Pitt) and the Scots and Irish? We will look at the American Revolution as a war for supremacy in the West Indies, as a world war and as part of the Second Hundred Years’ War.

Class limited to 70 students.

Stuart Forman is a retired CPA and attorney specializing in international tax matters with a keen interest in international aspects of the American Revolution and American history through 1860. He is a speaker at the Zwaanendael Museum in Lewes on the Dutch and the American Revolution.

Joseph Lavenia received his M.B.A. from Fairleigh Dickinson University and his B.A. from Rutgers University. He has studied personal development, metaphysical/spiritual teachings and contributed to and influenced the content of the books What You Think is What You Get and Integrity is Everything.

Toni Worsham holds a Ph.D. in English. Before retiring to southern Delaware in 1997, Toni had been an educator for 30 years, teaching at all levels, elementary through graduate school. She has a
special love for poetry, theatre and creative writing. She has done extensive research in cognitive studies and thinking improvement techniques. Both during her years as a nun and thereafter, Toni has studied spiritual teachings and focused exclusively on offering classes on spiritual growth since 2006.

HU121 INTERESTING ISSUES IN CONSTITUTIONAL LAW
Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, March 7–April 4
Instructor: Mary Boyd
A macro and micro look at history, philosophy, political science and law as context to the U.S. Constitution. Selected readings, cases, opinion pieces, lectures and discussions meant to expand and strengthen one’s thinking and feeling about our society and its governing documents. For anyone interested in opening new horizons of thought. Suggested reading: The Proud Tower: A Portrait of the World Before the War, 1890-1914 by Barbara Tuchman.
Class limited to 30 students.
Mary Boyd is an attorney and teacher of U.S. constitutional and education law. Her background includes business and finance and historic preservation.

HU226 SHORT STORY: SHORT FILM
Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, February 1–March 1
Instructors: David Bradt, Lois Bradt
This offering will view and discuss film adaptations from the critically acclaimed PBS series Great American Short Stories, with emphasis on how plots, characters and themes reflect concerns in American life. Participants are urged, but not required, to read each story before the viewing session. Stories are available online or at local libraries.
Class limited to 20 students.
David and Lois Bradt are lifelong learners who have extensive teaching experience in the U.S. and abroad. David earned a B.A. from Harpur College (Binghampton University) and a Ph.D. from Washington State University. He is professor emeritus at Southern New Hampshire University. Lois has been a writer, producer and director for public and commercial television and a university instructor. She holds degrees from Indiana University and Southern New Hampshire University.

HU227 WELL-BEHAVED WOMEN SELDOM MAKE HISTORY
Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, March 8–April 5
Instructors: David Bradt, Lois Bradt
This offering involves a series of reading excerpts, video presentations and discussions on four women (Laurel Thatcher Ulrich, May Sarton, Grace Metalious and Beryl Markham) who have, over the past century, broken new ground in various pursuits, and the reactions to their endeavors and accomplishments. Discussions will focus on the historical era in which they lived and the social and cultural forces that impinged on their lives. Men are welcome and are encouraged to attend.
Class limited to 20 students.
David and Lois Bradt. See course HU226 for instructors’ information.
HU231 TRADITIONAL MORAL FRAMEWORKS IN POPULAR FILMS
Mondays, 1:30 p.m.–4 p.m.
Dates: 10 Sessions, January 30–April 10
Instructor: Katherine Henn
No class Feb. 20.

“In-a-nutshell” look at traditional moral frameworks concerning the examined life, character and virtue, natural law, social contracts, whistle-blowing, decision-making, utilitarian consequences, duty, justice and compassion. Course includes “lite” explanations of various moral philosophies, 10 popular films demonstrating applications of specific moral theories, posted material handouts and topic discussion. Some films contain adult content/language.

Class limited to 70 students.

Katherine Henn taught graduate and undergraduate courses in philosophy, religion, medical ethics, scripture and American and global history. She earned her B.A., summa cum laude from Seton Hall University, her M.A. from College of St. Elizabeth and her M.Phil. and Ph.D. from Drew University.

HU232 READER’S THEATRE
Thursdays, 1:30 p.m.–3 p.m.
Dates: 10 Sessions, February 2–April 6
Instructor: Beverly Gayhardt

Class will do fun readings of one-act plays from Noel Coward’s Tonight at 8:30. Everyone is expected to read occasionally. Scripts will be provided.

Class limited to 20 students.

Beverly Gayhardt holds a B.A. from San Diego State University. Majoring in theatre arts, she spent two seasons acting in the summer Shakespeare Festival at the Old Globe Theater. Upon graduation she accepted employment

HU233 WHAT IS A PHOTOGRAPH?
Thursdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, February 2–March 2
Instructor: John McClenahen

This is not a course in f-stops, shutter speeds and other mechanics of taking photographs. Rather this seminar will explore the varied natures of photographs by posing and considering several significant questions and by drawing upon the participants’ experiences and perspectives. Among the matters we will discuss are: What is a photograph? To what extent do photographs accurately capture the past and record the present? What roles do photographs play in personal or family identity? What are the relationships between photographs and other creative arts?

Class limited to 20 students.

John McClenahen’s photograph Provincetown: Fog Rising 2004 was selected by the Smithsonian Institution for its 2011 juried exhibition Artists at Work. Five of his photographs are in the fine arts collection of St. Lawrence University. His published books of photographs include An Inviolate Sanctuary (2015), and Portfolio No. 3 (2016). John McClenahen received his B.A. from St. Lawrence and has graduate degrees from Western Reserve University and Georgetown University.

HU234 MAYA TO AZTEC: MESOAMERICA REVEALED, PART 2
Mondays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, January 30–March 6
Instructor: Clive Getty
No class Feb. 20.

Follow the development of pre-Columbian cultures in Mexico and Central America from their beginnings with the Olmec and Maya around 2000 B.C. to the Aztec and their fatal encounter with the Spanish in 1519. Up-to-date coverage of archaeology, art, architecture, urban design, agriculture, demographics, economics, history, politics, religion, astronomy, mathematics, writing and the world’s most elaborate calendar. The course consists of the Great Courses lecture series by Professor Edwin Barnhart, director of the Maya Exploration Center.

Class limited to 70 students.

Clive Getty received a diplome superieur in French civilization from the Sorbonne, a B.A. in history from Muhlenberg College, an M.A. in art history from the University of New Mexico and a Ph.D. in art history from Stanford University. A professor emeritus of Miami University in Oxford, Ohio, he maintains a strong interest in pre-Columbian cultures.
IT81 USING POWERPOINT PRESENTATION SOFTWARE  
Tuesdays, 9 a.m.–10:30 a.m.  
Dates: 3 Sessions, March 7–21  
Instructor: Jon Woodyard  

Contained within Microsoft Office is the powerful software program PowerPoint, a software presentation program. Used by individuals and organizations as a briefing tool, it can present a large volume of information quickly and understandably. There are best practices when using this software, and the course provides students with information in using the program effectively so as to capture and maintain audience attention. This course is primarily designed for instructors or persons regularly briefing organizational groups. Students should have a working knowledge of PC or Mac computers. This course may extend to five weeks. Please bring your own laptop as there are only a few to borrow from OLLI.  

Class limited to 8 students.  

Jon Woodyard, B.S., M.Ed, Ph.D. (ABD) is a returning instructor who has taught at Osher for 11 years. Mr. Woodyard is a retired career U.S. naval officer and a former senior engineer at the Johns Hopkins University applied physics laboratory. He has taught courses in program management, science, philosophy, psychology and music. He is a French horn player who has held principal chair with many Maryland and Delaware orchestras and bands.

IT93 iPHONE PHONE APP  
Tuesdays, 3:15 p.m.–4:45 p.m.  
Dates: 1 Session, March 21  
Instructor: Barbee Kiker  

Make sure you know all the intricacies of the iPhone phone app. Topics include making and receiving calls, phone settings and options and visual voicemail. This class will help insure you are utilizing all the phone capabilities of your iPhone. Please bring your iPhone to class. We will be using the latest operating system (iOS). Note that the iPhone is an Apple product and phones made by other manufacturers are not interchangeable.  

Class limited to 20 students.  

Barbee Kiker. See course IT93 for instructor’s information.

IT107 iPHONE/iPAD BASICS  
Tuesdays, Thursdays, 3:15 p.m.–4:45 p.m.  
Dates: 4 Sessions, March 7–March 16  
Instructor: Barbee Kiker  

New users and more experienced users can benefit from a review of the basics. Topics include the interface (when to swipe vs. tap), settings and built-in apps. We’ll concentrate on Messages (texting), Mail (emails), Safari (browsing the web) and Maps (finding locations and getting directions). Learn how to take better pictures with the Camera app as well as how to organize, delete and edit photos in the Photos app. This class will give you the confidence to figure out apps on your own. Please bring your iPhone/iPad to class. Let us know if you would like to use one of Osher’s iPads. We will be using the latest operating system (iOS). Note that the iPad is an Apple product and phones/tablets made by other manufacturers are not interchangeable.  

Class limited to 20 students.  

Barbee Kiker. See course IT93 for instructor’s information.

IT109 TRENDS IN COMPUTING AND TECHNOLOGY  
Thursdays, 10:45 a.m.–12:15 p.m.  
Dates: 10 Sessions, February 2–April 6  
Instructor: Paul Collins  

Each week we will discuss a current technology trend. We will bring in guest speakers and instructors. Topics will include social media, streaming entertainment, virtual reality and best practices in computing. Tell us the topics you want to know about, and we will try to incorporate them.  

Class limited to 70 students.  

Paul Collins moved to Lewes in 2011. He was born in Richmond, Virginia and spent most of his career in New Jersey. He holds two master’s degrees from Rutgers and a bachelor’s from Virginia Commonwealth University. He retired in 2010 as chief technology officer of a computer system integration company. Since moving to Lewes he has been active with the Lewes Historical Society and racing sailboats with the Lewes Yacht Club.

IT110 INTRODUCTION TO INTERMEDIATE EXCEL  
Mondays, 1:30 p.m.–3 p.m.  
Dates: 10 Sessions, January 30–April 10  
Instructor: Howard Henn  

No class Feb. 20.  

This course will include review of Excel ribbons (menus), the three cursors, selection and ranges, fill, simple budgeting, formulas, loan and amortization table, sheet protection
and text problems. Bring your own laptop or borrow one from OLLI.

Class limited to 8 students.

Howard Henn has a master’s degree in electrical engineering from Columbia University. He worked as a control systems engineer and a project manager for ExxonMobile. Since retiring in 2001, he has tutored Word, Excel and PowerPoint for various organizations.

★ New!

IT111 INTRODUCTION TO KEYNOTE

Tuesdays, 3:15 p.m.–4:45 p.m.
Dates: 1 Session, March 28
Instructor: Bill Fintel

Keynote is Apple’s presentation program comparable to PowerPoint. Keynote is easy to learn and very effective. It is particularly well suited for powerful visual presentations that include pictures and even videos. Another very useful feature is being able to quickly go from a Keynote page to an internet web page and then back to the Keynote page you just left. A comparison between Keynote and PowerPoint will NOT be covered in this class.

Class limited to 15 students.

Bill Fintel has used Keynote exclusively for all his past OLLI classes and for the birding travel programs he has done for the Sussex Bird Club and other organizations.

IS03 GREAT DECISIONS

Wednesdays, 9 a.m.–10:30 a.m.
Dates: 10 Sessions, February 1–April 5
Instructor: Robert Duncan

Seminar discussion of the international affairs issues included in the required Great Decisions textbook published by the American Foreign Policy Association. Specific topics will be posted on the bulletin board as soon as received. Seminar participants will be encouraged to volunteer to lead the discussion on topics of particular interest. Participants must purchase the required textbook through OLLI at a cost of $26.

Class limited to 29 students.

Robert Duncan holds a B.A. from Woodrow Wilson School of Public and International Affairs, Princeton University; an M.P.A. from John F. Kennedy School of Government, Harvard University; and attended the U.S. Foreign Service Institute, economic studies and the National War College. He is a retired U.S. Foreign service officer with over 33 years’ experience in economic assignments in the U.S. State Department in Washington, D.C. and abroad.

IS33 DESIGNING A SUSTAINABLE FUTURE: THE POWER OF NONVIOLENT CHANGE

Wednesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, February 1–March 1
Instructor: Rick Grier-Reynolds

This five-week course will look at the transformative and sustainable nature of nonviolent change. Videos from the A Force More Powerful series will provide the opportunity to deconstruct historical moments where nonviolent techniques helped various groups create change. In addition, the teaching techniques for this course will be centered around methodologies that will encourage each participant to bring his or her own life experience into the course conversations. Additional fee of $10 for handouts.

Class limited to 15 students.

Rick Grier-Reynolds holds a B.A. in history from Trinity College and an M.Ed. from Harvard University. He is a former distinguished teacher and history/social science department chair at the Wilmington Friends School in Wilmington, Delaware. He is currently a consultant and site visitor for the International Baccalaureate Diploma Programme. He has been recognized for his innovative teaching of economics, international relations and peace studies by various regional, national and international organizations. Rick has traveled abroad participating in a variety of international development and humanitarian social change endeavors.
IS35 RESPONDING TO CLIMATE CHANGE

Wednesdays, 1:30 p.m.–4:45 p.m.
Dates: 5 Sessions, February 1–March 1
Instructor: Rick Grier-Reynolds

This short course is based on the assumption that man’s involvement in climate change is proven science. It will be a double-block over five weeks and will use a variety of films, speakers and experiential materials as class participants identify its impacts and then design both prescriptive macro policies and individual responses. It will be a non-lecture, student-centered learning experience, with short readings for each session. This unit is part of the larger “Designing a Sustainable Future” series offered by the teacher. Additional fee of $10 for handouts.

Class limited to 15 students.
Rick Grier-Reynolds. See course IS33 for instructor’s information.

★ New!
IS37 NATION BUILDING IN THE MIDDLE EAST

Tuesdays, 1:30 p.m.–3 p.m.
Dates: 5 Sessions, March 7–April 4
Instructor: David Shobe

We will discuss why the complex ethno/religious and tribal divisions in Iran, Iraq, Lebanon, Libya and Syria challenge national cohesion and how post WWI borders may be redrawn. There will be additional commentary on similar situations in Jordan, Afghanistan and Pakistan. Additional fee of $5 for handouts.

Class limited to 70 students.
David Shobe’s graduate studies at the University of Chicago’s program in international relations prepared him for his foreign service career. After posts in Manila and Rome, he served as political officer in Baghdad, involving extensive travel throughout the Mideast. He returned to the area after retirement to lead Global Volunteers’ programs in Greece and Turkey while based in Crete.

LA13 INTERMEDIATE/ADVANCED FRENCH

Mondays, 1:30 p.m.–3 p.m.
Dates: 10 Sessions, January 30–April 10
Instructor: Lisa Lynch
No class Feb. 20.

This course is a continuation of Osher’s Intermediate French course. The course is designed for individuals who have taken Intermediate French at OLLI, studied French in high school or college or have some proficiency in the French language. Your teacher will set a relaxed and comfortable environment to encourage conversation/speaking and use of vocabulary about a variety of themes. This course is perfect for those who have some familiarity with French and wish to feel more comfortable with pronunciation, expand vocabulary and improve listening and speaking. A portion of class time will be used to discuss, read and analyze articles or excerpts from French newspapers, journal articles or literature which may be assigned. Suggested text: Schaum’s Outlines French Vocabulary (fourth edition), ISBN-13: 9780-07-182838-3.

Class limited to 20 students.

Lisa Lynch has taught French (all levels) for Montgomery County Public Schools and Berlitz Language School in Paris and the State Department in Washington, D.C. She has taught all levels from beginning through Advanced Placement literature and French cinema and conversation with extensive experience in adult language learning. She currently teaches a beginning French class at Delaware Technical and Community College, Georgetown campus.

LA16 BEGINNING GERMAN

Thursdays, 10:45 a.m.–12:15 p.m.
Dates: 10 Sessions, February 2–April 6
Instructor: Winfried Mroz

Did you take German in high school or college? Have you forgotten everything? Or do you just want to learn another language? This course is for you.

Class limited to 12 students.

Winfried Mroz is a retired gynecologist with an interest in history and music. He is co-founder of the Dover Symphony Orchestra and co-founder of the Dover English Country Dancers. His courses at OLLI range from the Crusades, German, Benjamin Franklin and the history of musical instruments. Win has played various string instruments all his life.
**New!**

**LS07  KITCHEN KAPERS II—THE OCEAN VIEW TABLE**

Fridays, 10 a.m.–1 p.m.
Dates: 5 Sessions, March 10–April 7
Instructor: Chef Jeff Stephanic, sous chef Bernard Fiegel

**Directions to each home will be provided by email or phone.**

Grab your coat, grab your hat and bring your appetite to the Ocean View area for Kitchen Kapers II—Ocean View. Enjoy the culinary delights of chef Jeff and lady chefs Carol, Cay, Sue and Valerie. You don’t want to be left out of this culinary adventure. Kitchen Kapers chefs make cooking fun as your kitchen tour takes you to a different kitchen each week to where students will observe and participate in food preparation, taste small-plate-size portions of their prepared dishes and enjoy selected wines to complement their meal... look at it as “eating and drinking your exam”! Bring your favorite knife and apron, if desired. Learn cooking techniques, collect recipes and socialize. Food and wine expenses will be divided among the students. Estimated cost is $10 per student for each session. So, be the first to join for a culinary adventure at The Ocean View Table.

**Class limited to 8 students.**

**Jeff Stephanic,** a visual artist by profession, approaches his culinary activities as a multi-sense art form. He has traveled extensively, tasting the local dishes and collecting recipes that inform his culinary knowledge. He is pleased to organize the host chefs “South of the Bridge” who are eager to cook, eat and drink their way through the spring.

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**LS129-1 AARP SMART DRIVER COURSE—BASIC**

Mondays, 9 a.m.–3 p.m.
Dates: 1 Session, January 30
Instructor: Tom Maly

**Held at Ocean View Town Hall.**

**LS129-2 AARP SMART DRIVER COURSE—BASIC**

Fridays, 9 a.m.–3 p.m.
Dates: 1 Session, February 3
Instructor: Andrew Mollura

**Held in Fred Thomas Bldg., Lewes.**

The AARP Smart Driver Course covers defensive driving techniques and the normal changes in vision, hearing and reaction time associated with aging. The course provides practical techniques for adjusting to these changes to ensure the driver’s own safety and that of others on the road. Participants learn about current rules of the road and how to operate their vehicles more safely in today’s increasingly-challenging driving environment. This six-hour course is presented to participants who have never taken a driver-safety course or have taken a course in Delaware more than five years ago. The AARP Smart Driver Course is geared toward drivers 50 and older, but can be taken by licensed drivers of all ages and there are no tests. Participants should contact their auto insurance company about multi-year discounts. Feel free to bring your lunch. There is a certificate fee of $15 for AARP members and $20 for nonmembers payable to the instructor.

**Class limited to 30 students.**

**Tom Maly** was the director of public safety for the Community College of Baltimore County, Maryland after he completed a 24-year career with the Baltimore Police Department in 1993. After he retired from the college in 2004, Tom moved to Ocean View, Delaware, and has been a volunteer instructor with the AARP Driving Program for 11 years.

He holds a B.S. degree in criminal justice and an M.S. degree in sociology from Loyola College and the University of Baltimore, respectively.

**Andrew Mollura** managed an electric utility’s security and investigative duties in Pennsylvania after retiring from the Pennsylvania State Police. He continued managing these and other duties with successor companies. Andy owned a private-investigation company in Pennsylvania and, after relocating, in Delaware. Andy holds a B.A. from the University of Pittsburgh and an M.B.A. from Saint Francis University.

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**LS130-1 AARP SMART DRIVER COURSE—REFRESHER**

Mondays, 9 a.m.–1 p.m.
Dates: 1 Session, February 6
Instructor: Tom Maly

**Held at Ocean View Town Hall.**

**LS130-2 AARP SMART DRIVER COURSE—REFRESHER**

Fridays, 9 a.m.–1 p.m.
Dates: 1 Session, February 10
Instructor: Andrew Mollura

**Held in Fred Thomas Bldg., Lewes.**

The AARP Smart Driver Course covers defensive driving techniques and the normal changes in vision, hearing and reaction time associated with aging. The course provides practical techniques for adjusting to these changes to ensure the driver’s own safety and that of others on the road. Participants learn about current rules of the road and how to operate their vehicles more safely in today’s increasingly-challenging driving environment. This four-hour refresher course is presented to participants who have taken a driver-safety course in Delaware within the past five years. The AARP Smart Driver Course is geared toward drivers 50 and older, but may be taken by licensed drivers of all ages and there are no tests. Participants should contact their auto insurance company...
about multi-year discounts. Feel free to bring your lunch. There is a certificate fee of $15 for AARP members and $20 for nonmembers payable to the instructor.

**Class limited to 15 students.**

**Tom Maly.** See course LS129 for instructor’s information.

**Andrew Mollura.** See course LS129 for instructor’s information.

**LS133 WRITING A MEMOIR**

Mondays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, March 13–April 10
Instructor: Rae Tyson

Of all the forms of nonfiction, memoir writing is the most personal. And, among those old enough to qualify for OLLI programs, it also has become one of the most popular forms of written expression. Indeed, as the *New York Times* noted recently, heightened interest in memoirs is tied to an array of motivations, including a desire to leave a personal legacy for friends and family. But writing a good memoir can be a challenge. To guide that journey, this course will help you master, and practice, the basics of writing a good, readable memoir.

**Class limited to 12 students.**

**Rae Tyson** has been a professional writer for over 40 years and has worked for newspapers, wire services, magazines and online publications. His early work included coverage of the Love Canal disaster in Niagara Falls, N.Y. His book on environmental issues affecting children was published by Random House in 1996. Rae also is the founding vice president of the Society of Environmental Journalists. He is on the staff of the Delmarva Media Group, serving the *Wilmington News Journal* and *Salisbury Daily Times*. Prior to his writing career, Rae taught science in public schools. He also was an adjunct faculty member at the State University of New York (science) and the University of Maryland (journalism). He has been teaching at Osher since 2014.

**LS142 YOUR LIBRARY—MORE THAN BOOKS**

Mondays, 3:15 p.m.–4:45 p.m.
Dates: 5 Sessions, March 13–April 10
Instructor: Heather Lachmann

Held at Lewes Public Library.

During this five-week course you will learn what the Delaware library offers to patrons beyond borrowing books and movies. Bring your Kindle or iPad. You will learn to download and navigate apps like Overdrive (e-media), Mango (language) and Flipster (magazines). One class session will be devoted to Kindles and another session devoted to iPads.

**Class limited to 16 students.**

**Heather Lachmann** is the circulation manager at the Lewes Public Library. She has been working there for 11 years.

**LS145 BASIC WOODWORKING USING HAND TOOLS**

Thursdays, 9 a.m.–Noon
Dates: 10 Sessions, February 2–April 6
Instructor: Joseph DeFeo

This course will be basic instruction on woodworking using hand tools. It will cover selecting and preparing your wood. We will discuss the core set of hand tools and how to use them. Students will learn how to join wood together using various joining techniques such as miter joints, mortise and tenons, hand cut dovetails and more. Instruction will include sawing, drilling, planing, shaping wood, sanding and finishing. We will build a small keepsake box during class that can be customized to your choosing. Total of 10, three-hour classes will be offered.

Students will need to bring safety glasses with them to class. There is a cost of $5 for supplies plus the cost of the wood the student chooses for their project.

**Class limited to 8 students.**

**Joseph DeFeo, M.D.** is a retired navy surgeon with 40 plus years of woodworking experience. He held positions as a clinical assistant professor of surgery at Temple University Hospital and clinical professor of surgery at Florida State University and University of Florida. He has won numerous teaching awards in surgery as well as giving personal instruction in woodworking to all skill levels of fellow woodworkers.

⭐ New!

**LS146 WRITING A MEMOIR TWO**

Mondays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, January 30–March 6
Instructor: Rae Tyson

No class Feb. 20.

The basic memoir writing course has been extremely popular at OLLI, and for good reason. Crafting a memoir is an intensely personal undertaking and students have loved the opportunity to chronicle life memories for friends and family. This new course will cover an array of advanced memoir writing skills and will include something unique: writing your own obituary (no one better qualified to write it than you). Completing the basic course would be helpful but not required.

**Class limited to 12 students.**

**Rae Tyson.** See course LS133 for instructor’s information.
Writers famous or not tend to keep journals and/or notebooks to help them record, practice and explore the themes of their writing lives. Whether they craft them into stories, articles or books, journaling helps them develop and hone their writing. Attuned to observing while participating, chroniclers notice what others miss and in solitude plumb the depths of meaning. This program uses examples from the journals of famous authors, including Ralph Waldo Emerson, Virginia Woolf, George Orwell, Sylvia Plath and Patricia Highsmith to illuminate the connections between journaling, personal development and legacy building memoir. Examples from each of the identified authors will be used as discussion and writing prompts to validate, reinforce, and inform the efforts of attendees. There will be a $2 charge for handouts.

Class limited to 15 students.

Jo-Ann Vega has been journaling for 40 years and is nearing completion of a memoir. She will share examples from her oeuvre (works) and looks forward to meeting fellow journalers.

Deborah Brown most recently is a graduate of the Center for Transformational Presence where she learned about a life coaching model that helps people use their internal intuition and imagination to move past stumbling blocks like confusion or fear in order to make choices and find opportunities to lead the life they want. Deb graduated from the International Coach Academy in 2011 as a life coach. She has a master’s degree in education with a counseling specialty from George Mason University in Virginia. She has been working with nonprofits in the human services field for the past 20 years.

Students must know how to read music and bring an alto recorder. There will be a $7 fee for music.

Class limited to 10 students.

Nikki Roberson graduated from Villa Julie College in Baltimore. She retired after 20 years in the banking industry. In high school she studied voice for three years and played the piano and trumpet. She sang with the Harford Choral Society before moving to Lewes. She taught herself the Irish penny/tin whistle and recorder to keep her little brain cells active and her arthritic hands nimble.
PA53  CHORUS
Thursdays, 3:15 p.m.–4:45 p.m.
Dates: 10 Sessions, February 2–April 6
Instructor: Roo Brown
Join the Elder Moments in harmony. Sight reading is preferred, but a good ear and smile are a must! We happily sing four- to six-part harmony, and our songs range from folk tunes to John Mandel and John Rutter. You name it, we sing it. All voice parts are welcome.
Class limited to 60 students.
Roo Brown is a Smith College graduate. She retired from a singing and acting career in 1995. She is now a vocal arranger, composer and volunteer at the Lewes Public Library, lady tenor in the Southern Delaware Chorale and St. Peter’s Church Choir and gardener. She leads the Mixed Blessings singing group. Roo received the American A Cappella Alliance’s Pan Award in 2000 for her major involvement in a cappella music.

PA73  INTRODUCTION TO SONGWRITING
Mondays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, January 30–March 6
Instructor: Kent Schoch
No class Feb. 20.
Participants will learn the basics of song structure and lyric writing, focusing on melody, verse and chorus. Examples will be drawn and dissected from well known popular music. Students will have the opportunity to write a song as a group or individually. Group and individual critique will be offered. Musical ability is not a requirement.
Class limited to 20 students.
Kent Schoch is a graduate of the University of Delaware with a degree in English literature. Since graduation he has owned and operated a small electrical business, invested in real estate and worked as a performing songwriter in a band and solo. Kent is also an active member of, and regular contributor to, the Rehoboth Beach Writers Guild.

★ New!

PA77  JAZZ—SECOND SEMESTER
Wednesdays, 1:30 p.m.–4 p.m.
Dates: 10 Sessions, February 1–April 5
Instructor: Jon Newsom
Held in Lewes (Live) and Ocean View (Skype). Instructor will be in Lewes.
We will continue the plan of the fall semester to examine closely a few recorded masterpieces while presenting a wide variety of related music in listening sessions that reflect the interests of the class raised each week.
Class limited to 70 students.
Jon Newsom was educated at Columbia College (1963), where he majored in music and at Princeton University (1965), where he received his M.F.A. in musicology. He studied jazz with Lennie Tristano. Jon escaped the “Halls of Ivy” to take a job as a reference librarian in the music division of the Library of Congress, where he wound up as chief, retiring to join Osher in 2008 to recover his sanity.

★ New!

PA78  TRADITIONAL MUSIC SLOW JAM
Tuesdays, 3:15 p.m.–4:45 p.m.
Dates: 10 Sessions, January 31–April 4
Instructor: Oliver Hansen
Revisit favorite old tunes and learn some new ones in a nonthreatening campfire-style environment. This session is meant for those that enjoy traditional folk tunes that cross multiple genres of celtic, gospel, bluegrass and old time music. The term “slow jam” indicates that we will play tunes at a speed based on the makeup of the group. The session assumes that the participants know basic chords in the keys of G, D and C if playing a stringed instrument such as guitar, mandolin, banjo, etc. Sight reading music is not a requirement. All acoustic string instruments are welcomed. Instruments such as flute, penny whistle, harmonica and bodhran are also welcomed.
Class limited to 10 students.
Oliver Hansen is a retired educator having worked as a science teacher in Maryland public schools, as a multimedia training specialist in private industry, and most recently as dean of learning technologies at Prince George’s Community College, Maryland. Oliver has, for many years, enjoyed playing folk, gospel, bluegrass, country and celtic music on either banjo or hammered dulcimer.

★ New!

PA79  LEARNING THE LANGUAGE OF MUSIC
Wednesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, March 8–April 5
Instructor: Jon Woodyard
This course prepares students who wish to take additional courses in classical and modern music to be offered in future years. Students will learn the basic elements of score interpretation, key signatures; study the 500 year history of music in synoptic form; and be coached in the art of listening to music to discover form and meaning. Subsequent courses in future years will cover the symphonic form, tone poems, operatic design and character, chamber music, concertos and incidental music.
Class limited to 70 students.
Jon Woodyard. See course IT81 for instructor’s information.
RR02 ENGLISH COUNTRY DANCE

Thursdays, 1:30 p.m.–3 p.m.
Dates: 10 Sessions, February 9–April 13
Instructor: Ted Mason, Carol West

Come and enjoy the dance form America grew up with. It’s been fun for more than three centuries, it’s still fun and we think you’ll like it. It’s easy to learn! If you can walk and smile, you can do this kind of dance. The caller will explain all the moves and walk you through the dance before it starts, then will continue to prompt you as the dance goes on. The dances focus on the group, not the individual. We customarily change partners after each dance, so we get to dance with lots of different people. We’re a friendly group! It’s easy and there’s the music! It’s NOT to be missed!

Class limited to 28 students.

Ted Mason holds a bachelor’s degree in humanities and a degree from Colgate Rochester Crozer Theological Seminary (M.Div.). He works at the Sussex YMCA teaching aquatic classes. Ted also holds an instructor’s certificate from the American Arthritis Foundation. He is a coach for Delaware 50+ for its Matter of Balance program.

Carol West discovered the joys of English Country Dance through beloved OLLI mentors and has expanded dance classes and events to Dover and beyond. A former OLLI council member and an enthusiastic supporter of lifelong learning, she is dedicated to expanding and promoting the program southward from Lewes to Ocean View. An avid music lover, she plays violin with the Dover Symphony Orchestra and handbells with St. Matthews by the Sea in Fenwick Island. Carol taught high school math in Maryland for 25 years.

RR04 WALK AND TALK

Tuesdays, 2 p.m.–4 p.m.
Dates: 5 Sessions, March 7–April 4
Instructors: Joan Ridolfi, Sandra Sullivan

Enjoy guided exploratory brisk and lively walks of familiar and not so familiar local areas. Meet new and old friends along the way. All walks are approximately two miles or more. Possible walking locations are historical towns and trails in Sussex and Kent counties and, occasionally, Maryland. All registered walkers will receive detailed information prior to the course start date. The walks are usually two hours or less.

Class limited to 40 students.

Joan Ridolfi is a retired human resources manager. She has always had an interest in nature, outdoor activities and history and has combined all three as a walking tour guide. For 10 years she was a docent at the Nanticoke Indian Museum and has made several trips to the Navajo Indian Reservation in Arizona as a medical team volunteer.

Sandra Sullivan is a retired high school teacher and coach with 36 years’ experience. She has an M.S. in special education and an M.A. in counseling. She is an avid educator who continues to enjoy learning the history and natural surroundings of this wonderful area and working with Joan allows her to keep learning and share in this knowledge.

RR16 MAH JONGG CLUB

Wednesdays, 12:45 p.m.–4 p.m.
Dates: 10 Sessions, February 1–April 5
Instructor: Paulette Criaris

Students must know how to play Mah Jongg. Time is set aside for those who enjoy the game to get together and play. Students must obtain their own Mah Jongg Official Hands and Rules Card. Please state on the registration form if you are willing to bring an American Mah Jongg set for use in class. We will need a set for each group of four students.

Class limited to 20 students.

Paulette Criaris received a B.S. from Wagner College and M.S. from College of Staten Island in elementary education. She worked in the New York City public schools for 17 years and taught at almost every level from Head Start to the community college level. She established one of the early school-based computer programs at the elementary school level. Paulette returned to college to receive an A.S. in computer science from Middlesex County Community College. She worked in the Bell system, becoming a member of technical staff and retiring as a senior software engineer after working on many of the computer applications still running our land lines today.

RR24 BRIDGE II

Mondays, 9 a.m.–Noon
Dates: 10 Sessions, January 30–April 10
Instructors: Katherine Boboshko, Eileen Zampini

No class Feb. 20.

Continuation of bridge for beginners using Play of the ACBL Club Series Play of the Hand in the 21st Century (ISBN 978-0939460946). Lessons to include making a plan, developing tricks, ruffing and discarding, watching out for entries and opponents, managing trump and Jacoby transfers. Prerequisite: Previous bridge class or equivalent.

Class limited to 24 students.

Katherine Boboshko is a retired registered nurse. She is a mother of three and grandmother of six. Katherine is a bridge lover for 45 years. She taught beginning bridge from 1999-2001.

Eileen Zampini is currently the program leader of casual bridge at the Lewes Senior Center. Eileen has a B.S. in information system management from Widener University in Wilmington, Delaware. She has played bridge for over 40 years and enjoys the bridge game and the social gathering that bridge provides.
RR25 INTERNATIONAL DANCING FOR FUN AND FITNESS

Tuesdays, 1:30 p.m.–3 p.m.
Dates: 10 Sessions, January 31–April 4
Instructors: Andrew Montano, Tamara Steele

This semester includes new dances and the most popular previously taught dances. International dancing has become a popular and enjoyable physical activity. The dances taught in this program illustrate the types of dance enjoyed by different cultures around the world and use a variety of rhythms and dance movements that are fun to do. Partners are not required, and no previous dance experience is necessary. If you can walk, hop and run (a little), you can learn international dancing and experience the energy and exuberance associated with the dances of Israel, the satisfaction that comes from Greek dancing, the fun of Italian dances and the pride that comes from mastering the lively Balkan, Russian and Scottish dances. International dancing is a great way to exercise both mind and body, improve stamina and balance, meet people and have fun dancing together.

Class limited to 32 students.

Andrew Montano is a retired electrical engineer. He is an international folk dance instructor and leader for over 30 years in New Jersey at the Bridgewater Senior Center, the Monmouth and Morriston Folk Dancers and an adjunct professor teaching international folk dancing at Ocean County College.

Tamara Steele is a graduate of the University of Massachusetts, Amherst, where she received a B.S. in physical education and dance. She retired from Pepco Holdings, Inc., after 30 years having worked as a strategic relationship manager. Dance has always been a life’s passion, most recently Israeli dance, international folk dance and English country dance.

RR28 DISCOVER SLOWER LOWER DELAWARE

Tuesdays, 10:45 a.m.–12:15 p.m.
Dates: 5 Sessions, April 11–May 16
Instructor: Maureen Sherlock

No class Apr. 18.

Leisurely stroll through a few of Southern Delaware’s delightful walking areas. This springtime session will give us a chance to get to know each other while we explore nature and history south of the bridge. We plan a diverse series of walking tours to appeal to the different interests of our participants. Some or all of the locations are handicapped accessible for those with limited walking ability. We will meet at the different walking tour sites. The schedule and detailed directions will be distributed before the first session.

Class limited to 20 students.

Maureen Sherlock earned a B.S. in geology and biology at City College of New York, and an M.S. in geology at the University of California, Berkeley. She spent her professional career with the U.S. Geological Survey in Menlo Park, California, and Washington, D.C./Reston, Virginia. She has organized and led various field trips to geologic and combined geologic/historic sites throughout her career. Maureen has attended OLLI every year since she moved to Delaware in the summer of 2003.

RR31 ADVANCED BRIDGE

Thursdays, 9 a.m.–Noon
Dates: 10 Sessions, February 2–April 6
Instructors: Katherine Boboshko, Eileen Zampini

Advanced Bridge using ACBL Bridge Series More Commonly Used Conventions in the 21st Century Chapters 1-4 (ISBN 978-0939460953). Lessons to include doubles, overcalls, slam bidding, cue bidding and controls, leads and signals and Two over One. There is a $10 charge for the book. Prerequisites: know the basic conventions of bridge.

Class limited to 24 students.

Katherine Boboshko. See course RR24 for instructor’s information.

Eileen Zampini. See course RR24 for instructor’s information.
SS56  SPRING FIELD BIRDING
Wednesdays, 8 a.m.–11 a.m.
Dates: 5 Sessions, April 12–May 17
Instructors: Bill Fintel, Sally Fintel
No class Apr. 19.
This class will focus on spring migration in Delaware. It will be a little different from past classes in that we will have some classroom time to cover key identification features and bird songs as we will emphasize the value of knowing bird songs to locate and identify the birds we encounter. No previous experience is required. We will visit prime birding areas, such as Cape Henlopen State Park and Prime Hook National Wildlife Refuge, and we may walk up to one mile on level trails. Be prepared to pay the state park entrance fee.
Class limited to 15 students.
Bill and Sally Fintel have been avid birders for 40+ years and currently lead birding field trips for many organizations, including the Sussex Bird Club, Prime Hook National Wildlife Refuge and OLLI. Bill also presents programs on many aspects of birds and birding and maintains the following birding blog http://billfintel.blogspot.com/. Bill has taught OLLI classes on birding, climate change and other science related topics for the past 10+ years. He uses Keynote exclusively for all his OLLI classes and for his birding travel programs.

SS126  GEOLOGY ROCKS!
Tuesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, January 31–February 28
Instructor: Gary Letcher
As we travel through Delaware and beyond we pass through many geologic landscapes. What kind of rocks do we see, how were they formed, how old are they, what minerals and fossils do they contain? How were the hills and mountains built and how did they come to look as they do today? This course is intended to give participants a basic and practical understanding of the geologic constituents and processes that form the landscape, with emphasis on the Mid-Atlantic region. There will be plenty of hands-on with rocks, minerals and fossils, along with photos and illustrations and even music, to give participants a real feel for the rocky world around us.
Class limited to 30 students.
Gary Letcher has a degree in earth sciences from the University of Maryland and Ph.D. studies in geography at the Johns Hopkins University. He spent his career as a lawyer cleaning up hazardous waste sites. Gary is author of A Paddler’s Guide to the Delaware River and Waterfalls of the Mid-Atlantic States. He has been an enthusiastic rockhound all his life.

SS129  WEATHER WISE
Thursdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, March 9–April 6
Instructors: Tom Lord, Joan Mansperger
This course is designed to explain the basic terms and phenomena of weather so one can both understand and appreciate what goes on in our atmosphere. We’ll learn about clouds, storms and all sorts of fascinating weather facts. This year we will spend more time reviewing actual storms, local weather and the impacts of weather on our area. The course is appropriate for those who attended last year and will also contain enough background material that new students will fit right in.
Class limited to 30 students.
Tom Lord is a retired college professor. He holds a doctoral degree in biology from Rutgers University and has taught science classes for over 40 years. He has presented over 50 papers at professional meetings and written over four dozen articles in juried science journals. The National Association of Biology Teachers honored Tom with the outstanding biology researcher/instructor award in 2004, and he was presented with the distinguished professorship in teaching honors in 2006 from Indiana University of Pennsylvania. Upon his retirement in 2012 he was honored as professor emeritus from the department of biology at Indiana University of Pennsylvania.
Joan Mansperger is enjoying a busy retirement in Lewes after a career in human resources. She has a B.A. in biology from the University of San Diego and an M.B.A. from Plymouth (N.H.) State College. She enjoys instructing and attending courses on nature and the environment, and finds OLLI the perfect place to explore other subjects that there never seemed time for. Joan has taught OLLI courses on reducing your carbon footprint, and on weather and trees.
SS130  BEEKEEPING 101  
Thursdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, February 2–March 2  
Instructors: Dean Hoover, Tom Lord  
Most folks have heard the saying “busy as a bee” to describe an industrious co-worker. The expression refers to honey bees, amazing little creatures that spend half their lifespan cleaning and protecting the hive and tending the queen. During the last three weeks of their life, honey bee workers fly thousands of miles and visit millions of flowers, foraging for pollen and nectar. The driving force behind this colony is the queen bee that not only keeps the population of the hive in the tens of thousands, but also decides when to relocate part of the hive's population to a new site, i.e., a swarm. Participants will learn how the industry got started, the life cycle of honey bees, how these insects communicate, how they survive the winter, how to combat colony collapse syndrome, how honey is made and how to raise honey bees. At the conclusions of the course, participants could consider managing their own hive.  
Class limited to 25 students.  
Dean Hoover taught mathematics at Alfred University for 34 years and is now retired. He has enjoyed teaching courses covering the entire undergraduate math curriculum, including topics like mathematical modeling, nonlinear dynamical systems and chaos. Dean has kept bees in the past and now cares for an observation hive at Cadbury.  
Tom Lord. See course SS129 for instructor's information.

SS132  CONTEMPORARY ENVIRONMENTAL ISSUES  
Wednesdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, February 1–March 1  
Instructor: Rae Tyson  
When the first Earth Day was celebrated in 1970, environmental concerns largely revolved around clean air and water along with a worry about the effects of improper toxic waste disposal. Since that first Earth Day in 1970, new issues have emerged. Among them: climate change, energy exploration including the controversial gas extraction method called fracking and a new concern about the health and environmental implications of genetically modified organisms (GMOs). This class will take an objective, unbiased science-based look at these and other emerging environment and health-related issues.  
Class limited to 15 students.  
Rae Tyson. See course LS133 for instructor's information.

SS138  THE CO-EVOLUTION OF MAN AND MICROBE  
Thursdays, 3:15 p.m.–4:45 p.m.  
Dates: 10 Sessions, February 2–April 6  
Instructor: Alan Chalk  
Viral and bacterial diseases (from ebola and zika to typhoid, cholera and tuberculosis) are frequently in the news. Yet we know that the vast majority of microbes are either harmless or beneficial to us. Our gut contains up to 1,000 species of microbes that train and assist our immune system against disease and produce a variety of vitamins and hormones essential to our survival. This class will explore the history of the co-evolution of man and microbes including a series of Great Courses lectures on microbiology by Professor Fleury of Tulane University.  
Class limited to 30 students.  
Alan Chalk holds a Ph.D. in chemistry, University of London, England. He has previously given courses in microbiology, evolution, nutrition and longevity.

SS139  DEALING WITH SEA LEVEL RISE  
Wednesdays, 9 a.m.–10:30 a.m.  
Dates: 5 Sessions, March 8–April 5  
Instructors: Bill Fintel, Joan Mansperger  
Sea level rise is happening and is being accelerated by greenhouse gas emissions causing global warming. This class will NOT address reducing greenhouse gas emissions. Rather, we will explore the feasibility and practicality of steps that can and are being taken to mitigate or adapt to sea level rise at some of the most seriously affected locations, both locally and worldwide.  
Class limited to 20 students.  
Bill Fintel. See course SS129 for instructor's information.  
Joan Mansperger. See course SS129 for instructor's information.
SS140 AMAZING AIRCRAFT III
Tuesdays, 9 a.m.–10:30 a.m.
Dates: 5 Sessions, March 7–April 4
Instructor: Gil Kaufman

Amazing Aircraft III will first focus on the state of the art in the latest aircraft design and then look to the future for all types of aircraft, including those that will take us into space. Classes one and two will focus on the future of commercial and military aircraft, respectively. Class three will describe the technology behind the astonishing growth of hybrid airships. Class four will focus on space planes for near-earth space travel (that is, up to the International Space Station), and class five will take us to Mars and beyond.

Class limited to 30 students.

Gil Kaufman has had more than 50 years of experience in materials research management with Alcoa, Atlantic Richfield and the Aluminum Association. Many of those years focused on the use of aluminum alloys in military and commercial aircraft, including the Concorde SST, plus in spacecraft like the Saturn rockets. Among Kaufman’s areas of specialization are design for fracture and fatigue resistance. He was also the president and CEO of the National Materials Property Data Network (MPD Network).

Ocean View Course Schedule
Spring 2017, January 30–April 10
Classes held at Ocean View Town Hall unless otherwise noted.

Monday

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<thead>
<tr>
<th>Period 1 (9 a.m.–10:30 a.m.)</th>
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<tbody>
<tr>
<td>AA112 Adult Coloring—Feeney (1) *</td>
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<td>LS129-1 AARP Driver-Basic—Maly (1) *</td>
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<tr>
<td>LS130-1 AARP Driver-Refresher—Maly (1) *</td>
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<tr>
<th>Period 2 (10:45 a.m.–12:15 p.m.)</th>
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<tr>
<td>LS129-1 AARP Driver-Basic—Cont’d (1) *</td>
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<tr>
<td>LS130-1 AARP Driver-Refresher—Cont’d (1) *</td>
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<tr>
<td>HX207-2 Civil War—Hicks (2)</td>
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<td>LS148 Happiness Resolution—D. Brown (2)</td>
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<th>Period 3 (1:30 p.m.–3 p.m.)</th>
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<td>LS129-1 AARP Driver-Basic—Cont’d (1) *</td>
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Tuesday

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<tr>
<th>Period 2 (10:45 a.m.–12:15 p.m.)</th>
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<tr>
<td>RR28 Discover Slower Lower—Sherlock (2) *</td>
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Wednesday

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<th>Period 1 (9–10:30 a.m.)</th>
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<td>AA111 Heraldry—Schlafman *</td>
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<td>HX215-2 Coast Guard Lightship—Glick (1)</td>
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<th>Period 2 (10:45 a.m.–12:15 p.m.)</th>
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<tr>
<td>HX211 Women’s Suffrage—Vega (1)</td>
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<td>AA116 19th Century Art—B. Stephanic (2)</td>
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<tr>
<th>Period 3 (1:30 p.m.–3 p.m.)</th>
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<tr>
<td>PA77 Jazz—Newsome * (via Skype)</td>
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<tr>
<td>AA109 Art Free Write—Bennett (2) *</td>
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Friday (10 a.m.–13 p.m.)

| LS07 Kitchen Kapers II—The Ocean View Table—B. Fiegel/J. Stephanic (2) |

+ Class held offsite. See course write-up for exact times and locations.

* Check course description for exact dates and time.

(1) First Session: January 30–March 6
(2) Second Session: March 7–April 10
# Spring 2017 Course Schedule by Day  January 30—April 10

## Monday

### Period 1 (9 a.m.–10:30 a.m.)
- **AA64** Oil and Acrylic Painting—*Chu et.al.*
- **AA91** Osher Craft Circle—*Beebe/McKinnon*
- **RR24** Bridge II—*Boboshko/Zampini*
- **AA112** Adult Coloring—*Feeney* (1) +
- **LS129-1** AARP Basic—*Maly* (1) +
- **LS130-1** AARP Refresher—*Maly* (1) +
- **LS146** Writing Memoir Two—*Tyson* (1) *

### Period 2 (10:45 a.m.–12:15 p.m.)
- **AA64** Oil and Acrylic Painting—Cont’d *
- **AA91** Osher Craft Circle—Cont’d *
- **PA33** Wading in Water—*Roberson* *
- **RR24** Bridge II—Cont’d *
- **HU234** Maya to Aztec—*Getty* (1) *
- **LS129-1** AARP Basic—Cont’d (1) *+
- **LS130-1** AARP Refresher—Cont’d (1) *+
- **HX207-2** Civil War—*Hicks* (2)
- **HX216** The Balkans—*Terzuolo* (2)
- **LS148** Happiness Resolution—*D. Brown* (2) +

### Period 3 (1:30 p.m.–3 p.m.)
- **AA64** Oil and Acrylic Painting—Cont’d *
- **HU231** Popular Films—*K. Henn* *
- **IT110** Intermediate Excel—*H. Henn* *
- **LA13** French—*Lynch* *
- **LS129-1** AARP Basic—Cont’d (1) *+

### Period 4 (3:15 p.m.–4:45 p.m.)
- **HU231** Popular Films—Cont’d *
- **LS142** Your Library—*Lachmann* (2) +

## Tuesday

### Period 1 (9 a.m.–10:30 a.m.)
- **HE116** (Re)Learn Continuation—*C. Brown*
- **HX218** Blazing New Nation—*Ebenreiter*
- **HX215-1** Coast Guard Lightship—*Glick* (1)
- **SS126** Geology Rocks—*Letcher* (1)
- **IT81** PowerPoint—*Woodyard* (2) *
- **SS140** Amazing Aircraft III—*Kaufman* (2)

### Period 2 (10:45 a.m.–12:15 p.m.)
- **HE99** (Re)Learn Introduction—*Hellstern* *
- **HE103** Yoga-Based Meditation—*Gilbert* (2)
- **HE104** Plant-Based Kitchen—*Greet* (2) *

### Period 3 (1:30 p.m.–3 p.m.)
- **HU121** Constitutional Law—*Boyd* (2)
- **RR28** Discover Lower Delaware—*Sherlock* (2) *+

### Period 4 (3:15 p.m.–4:45 p.m.)
- **LS147** Connections: Authors—*Vega*
- **PA75** Music Slow Jam—*Hansen*
- **AA10** Beginning Basketry—Cont’d (1) *
- **EC20** Investment Potpourri—*Le* (2)
- **IT93** iPhone Phone App—*Kiker* (2) *
- **IT107** iPhone/iPad Basics—*Kiker* (2) *
- **IT111** Intro. to Keynote—*B. Fintel* (2) *
- **RR04** Walk & Talk—Cont’d (2) *+

## Wednesday

### Period 1 (9 a.m.–10:30 a.m.)
- **AA117** Beginning Oil/Acrylic Painting—*Hellstern* *
- **HE99** (Re)Learn Introduction—*C. Brown*
Period 2 (10:45 a.m.–12:15 p.m.)

AA117 Beginning Oil/Acrylic Painting—Cont’d *
HX125 Women’s Experience of WWII—Rumbles (2) *

Period 3 (1:30 p.m.–3 p.m.)

PA77 Jazz—Cont’d *
RR16 Mah Jongg Club—Cont’d *

Period 4 (3:15 p.m.–4:45 p.m.)

PA77 Jazz—Cont’d *
IS35 Climate Change—Grier-Reynolds (1)
AA109 Art Free Write—Bennett (2) * +
EC18 Retirement Bootcamp—Jeter (2) *
HX125 Women’s Experience of WWII—Rumbles (2) *

Thursday

Period 1 (9 a.m.–10:30 a.m.)

LS145 Woodworking—DeFeo *
RR31 Advanced Bridge—Boboshko/Zampini *
EC19 Buying and Selling Real Estate—DiLauro (1)
SS130 Beekeeping—Hoover/Lord (1)
HX207-1 Civil War—Hicks (2)
SS129 Weather Wise—Lord/Mansperger (2)

Period 2 (10:45 a.m.–12:15 p.m.)

IT109 Trends in Computing—Collins
LA16 German—Mroz
LS145 Woodworking—Cont’d *

Period 4 (3:15 p.m.–4:45 p.m.)

PA53 Chorus—R. Brown
SS138 Man and Microbe—Chalk
AA42 Techniques in Watercolor—Hunt (1) *
AA14 Stained Glass—Puch (2) *
IT107 iPhone/iPad Basics—Kiker (2) *

Friday

AA85 Intro. to Clay and Beyond—Smithers
10 a.m.–2 p.m. * +
LS129-2 AARP Basic—Mollura (1)
9 a.m.–3 p.m. *
LS130-2 AARP Refresher—Mollura (1)
9 a.m.–1 p.m. *
AA115 Drawing Fundamentals—Wescott (2) *
9 a.m.–3 p.m. *
LS07 Kitchen Kapers II—The Ocean View Table—B. Fiegel/J. Stephanic (2)
10 a.m.–1 p.m. * +
The George Kirilla Jr. Scholarship Fund Application Spring 2017

The George Kirilla Jr. Scholarship Fund was established at the Osher Lifelong Learning Institute at the University of Delaware in Lewes by a bequest from the Kirilla family. The Fund uses the income from the bequest and voluntary contributions by members to provide partial scholarships to students based on financial need.

The scholarship process works as follows:

• Provide the information requested below.
• Send this form, together with your completed Spring 2017 Registration Form and Spring 2017 Course Selection Form to the office by January 5.

Please complete the following information:

NAME ______________________________________________________________________________________________

ADDRESS __________________________________________________________________________________________

CITY__________________________________________ STATE __________ ZIP CODE ________________________

PHONE __________________________________ EMAIL ADDRESS ____________________________________________

SIGNATURE __________________________________________________________ DATE ________________________

Your application must be received no later than January 12, 2017.

Mail to: University of Delaware, Fred Thomas Building, 520 Dupont Avenue, Lewes, DE 19958.
Spring 2017 Registration Form

PLEASE CLEARLY FILL IN ALL INFORMATION

Name (Please print) __________________________________________________________________

Email ______________________________________________________________________________

Address ______________________________________________________________________________

City __________________________________________ State ________ Zip Code ________________

Telephone (Home) __________________________ (Cell) __________________________

Date of Birth __________________ Do you use a handicapped parking permit? ☐ Yes ☐ No

If you do not want your address, phone number and email address published in a member directory, please check here: ☐

In case of emergency or illness, call:

Name _____________________________________________________________________________

Relationship ___________________________ Telephone ______________________________

I would like to be actively involved in:

☐ Teaching or organizing a course in _________________________________________________

☐ Serving on the following committee:

☐ Academic Affairs ☐ Communications ☐ Community Relations ☐ Gardening ☐ Library

☐ Office Volunteer ☐ Planning ☐ Social ☐ Travel

Education: ☐ H.S. ☐ Two-year College, A.A. ☐ B.A., B.S., R.N. ☐ M.A., M.S. ☐ Ph.D., M.D., J.D., Ed.D.

Membership Dues: ☐ New member ☐ Returning member

$______ $175 Spring 2017 semester _______ Paid for full year

$______ Donation to Gift Fund $______ Donation to Kirilla Scholarship Fund

$______ Total (Make check(s) payable to “University of Delaware.”) Check #__________

Credit card: ☐ American Express ☐ Discover ☐ MasterCard ☐ Visa Amount $__________

Credit card no: ______________ - ______________ - ______________ - ______________ Exp. Date: ________

Print Name: __________________________________________________________________________

Authorized Signature Required: __________________________________________________________

Signature Required ___________________________ Date of Registration ______________________

REGISTRATION IS EASY!

Simply complete this form and return it to

OLLI
Fred Thomas Building
Room 109
520 Dupont Avenue
Lewes, DE 19958

OR register online.

MAIL
Osher Lifelong Learning Institute
Fred Thomas Building
520 Dupont Avenue
Lewes, DE 19958

IN-PERSON
Mondays-Thursdays
9 a.m.–2 p.m.
OLLI Office, Room 109
Fred Thomas Building

ONLINE
www.lifelonglearning.udel.edu/lewes

LATE REGISTRATIONS
Registration forms received after January 12 will be processed on a space-available basis.
## Spring 2017 Course Selection Form

*Please choose your courses in order of priority.*

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<th>Course Code</th>
<th>Course Title</th>
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**Please use your priorities wisely!**

Sign up only for those you intend to take—and DO NOT sign up for multiple courses in the same time slot.

The smaller the class limit, the greater the likelihood of waiting lists.

Note: If you were wait-listed for a course during the previous semester, you receive preference this semester if (1) the identical course is offered again and (2) you indicate the course as your Priority 1.
Spring 2017 Registration Form

PLEASE CLEARLY FILL IN ALL INFORMATION

Name (Please print) __________________________________________________________________

Email ______________________________________________________________________________

Address ______________________________________________________________________________

City ___________________________________________ State ________ Zip Code ____________

Telephone (Home) __________________________ (Cell) __________________________

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Print Name: __________________________________________________________________________

Authorized Signature Required:

New Members: How did you learn about the lifelong learning program?

☐ Newspaper article ☐ Friend ☐ Library display ☐ Radio ad ☐ TV ☐ Internet ☐ Other

By submitting this form, I agree to hold the University of Delaware, its Trustees, officers, employees and agents harmless for any claims of personal injury or damage arising out of my association with the program or presence on the University campus or as a participant of any program sponsored trip. I agree that information provided in class is intended to be informational only and should not be construed or relied upon as advice. I authorize the University to record or photograph my image and/or voice for use by the University or its assignees in educational and promotional programs and materials.

Signature Required _____________________________ Date of Registration __________________________

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Spring 2017 Calendar

Monday, January 9: Ocean View walk-in registration, 10 a.m.–noon

Thursday, January 12: Priority registration deadline

Monday, January 16: Martin Luther King holiday, office closed

Wednesday, January 25: Orientation, Ocean View Town Hall, 10–11:30 a.m.

Thursday, January 26: New member and instructor orientation, 10–11:30 a.m.

Monday, January 30: First day of classes

Monday, February 20: Presidents Day, no classes

Tuesday, March 7: Second session begins

Monday, April 10: Last day of classes

Tuesdays, Lunchtime: T’ai Chi, 12:30 p.m.–1 p.m.
Go ahead. You deserve it.

Meet others with similar interests and discover that learning is one of the best gifts you can give yourself. Contact us by calling 302-645-4111 or email LLL-lewes@udel.edu. Arrange to meet a member, take a tour or join our mailing list.

www.lifelonglearning.udel.edu/lewes

COURSE LOCATIONS

Fred Thomas Building
520 Dupont Avenue, Lewes, DE 19958

Town Hall and Community Center
32 West Avenue, Ocean View, DE 19970