Osher Lifelong Learning Institute at the University of Delaware in Lewes

Summer Session 2012
June 4-29, 2012

• Classes start June 4, 2012; register now!

• Register by mail with the form at the end of this listing, or in-person through May 17, Mon.-Thurs., 9:00 a.m.-2:00 p.m.

• Registration after May 17 is on a space-available basis.

Osher Lifelong Learning Institute at the University of Delaware
820A Savannah Road
Lewes, DE 19958

Phone: 302-645-4111
Fax: 302-645-4112
Email: LLL-lewes@udel.edu
Web: www.lifelonglearning.udel.edu/lewes
GENERAL INFORMATION

ABOUT OSHER LIFELONG LEARNING IN LEWES

Established in 1989 by the University of Delaware, Lifelong Learning in Lewes provides people of retirement age with opportunities for intellectual and cultural exploration. Classes are conducted at the Lewes School and other locations in Lewes and Rehoboth Beach.

MISSION STATEMENT

The mission of Lifelong Learning in Lewes is to operate a self-governing, cooperative educational community that fosters, promotes and provides intellectual, cultural and art-of-living learning experiences in a supportive social environment for mature active adults in Southern Delaware under the aegis of the University of Delaware’s Division of Professional and Continuing Studies.

MEMBERSHIP

The only requirement for membership is interest in and support of the programs through participation and payment of the membership fee.

Membership is open to men and women 50 years of age or older, or spouses or partners of members at any age.

A Membership Registration form is included at the back of the catalog and online.

COURSE REGISTRATION

Maximum class size is 65. Also, many class sizes will be limited by instructors.

• You may register for as many classes as you like.

• Please choose your courses in order of priority.

• All registrations received by 2 p.m. on May 17 will be processed at the same time, based on the priority order you indicate.

• No course assignments will be made before May 17.

• Members will be notified by May 24 of their class assignments.

You may register by mailing the Membership Registration form from this catalog to the address shown at the top of the form. Telephone registration will not be accepted.

You may register in person for the June 2012 session at the office, in the Lewes School, 820A Savannah Road, Lewes, room 109, Tuesday through Thursday, between 9 a.m. and 2 p.m.

LATE REGISTRATIONS

Registrations received after May 17 will be processed on a space-available basis. Registrations will continue to be accepted after the June 2012 session begins.

WAITING LIST

Members who are not enrolled in a class during the June 2012 session because of over-subscription will be placed on the class waiting list.

FEES

The membership fee, which entitles you to take as many courses as you like, is $50 for the June 2012 session. Call the office for details at 302-645-4111.
**GIFT FUND**

The Gift Fund will accept donations that members and friends wish to make for specific uses, such as buying equipment, making building alterations or augmenting the teaching program.

Costs of purchasing furniture and equipment needed at the Lewes School are paid from the Gift Fund.

Information on how to make these tax-deductible contributions may be requested through the lifelong learning office at 302-645-4111 or the University Development Office at 302-831-2104.

**REFUNDS**

No refunds will be given after the end of the first week of the June 2012 session. All requests for refunds must be made in writing and submitted to the lifelong learning office, Room 109.

**TEXTBOOKS AND SUPPLIES**

The catalog lists textbooks and other supplies required for the course. The cost for these materials will be the responsibility of the student.

**LOCATION AND PARKING**

Classes are held in the Lewes School, 820A Savannah Road, Lewes, Delaware 19958.

The Lewes School is readily accessible by car and features free parking.

Specific classes may be scheduled at other locations in the Lewes/Rehoboth Beach area. Information on these locations is contained in the course descriptions.

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**IDENTIFICATION BADGES**

Everyone entering the Lewes School is required by the Cape Henlopen School District to obtain and wear an identification badge at all times. Member and guest badges are available in the office.

**BUILDING ACCESS**

The Lewes School has been secured with both key pads and magnetic locks. This is for the safety of the children and other building occupants. Everyone entering the school is required by the Cape Henlopen School District to use the security code. Specific information on building access will be provided prior to the start of the June 2012 semester. To access the building prior to the semester, call ahead, 302-645-4111, for information.
ART

AA10 BASKETRY

Tuesdays and Wednesdays, 10 a.m. - p.m.
Dates: June 26, 27
Instructor: Elaine Stanhope

This will be a two-day class on making baskets. All basket making abilities are welcome. Students will make one basket. There will be a charge for the kit to cover handle and base costs. **Class limited to 16 students.**

Elaine Stanhope holds a B.S. from Husson College in business education. She taught on the secondary level in Maine, Massachusetts, Maryland and Virginia. She retired from Hughes in data management and enjoys weaving all types of baskets.

AA14 STAINED GLASS

Thursdays, 1:30 p.m. - 3:30 p.m.
Dates: June 7, 14, 21, 28
Instructors: Ace and Nancy Robinson

Students will learn the "Tiffany" method of stained glass. They will design a pattern, cut glass, grind, foil and solder a project. Class is open to beginners and advanced artists. All projects to be approved by instructors. There will be a $25.00 lab fee to cover cost of materials. **Class limited to 12 students.**

Ace and Nancy Robinson are the owners of Back Bay Art Glass in Lewes. They have been working with glass for over 30 years and have been juried to many of the art shows in the Mid-Atlantic region.

AA64 OIL AND ACRYLIC PAINTING INTERACTIVE WORKSHOP

Mondays, 9:30 a.m. - 2:30 p.m.
Dates: June 4, 11, 18, 25
Leaders: Sandra Moore, Carol Halloran and Ellen Watkins

Oil and acrylic painting workshop for intermediate painters. Come join us for a cooperative workshop where we assist and critique each other’s work. Gain knowledge from the experience and unique perspectives of three respected artists and learn the protocol of a formal open “crit” session, engaging the entire class in discussion and encouraging critical thinking. Students should bring their own supplies in oils or acrylic medium, along with a lunch. Some floor easels will be available, but students are encouraged to bring their own set-up. Students may bring their own photographs and images for inspiration. Optional art and cultural expeditions are usually scheduled once per session to nationally known museums in the Baltimore, Washington or Philadelphia corridor. **Class limited to 16 students.**
Carol Halloran is a long time lifelong learning oil painting student.

Sandra Moore has a M.A. from Gallaudet University in education of the deaf, and a B.A. from Moore College of Art in art education. Sandra taught art for five years at Gallaudet University. She retired after 33 years as a teacher of the deaf in Baltimore City public schools. Sandy is a member of the Rehoboth Art League, the Art League of Ocean City and is happy to be teaching painting again.

Ellen Watkins has painted for over 30 years. She learned her craft through years at Fairfax Adult Education classes and Corcoran Art School.

**AA75  DRAWING FOR PAINTERS**

Wednesdays, 1:30 p.m. - 3:30 p.m.
Dates: June 6, 13, 20
Instructor: Robert F. Chu

Develop line drawing to volume forms, scale photos to larger format and canvases. **Class limited to 20 students.**

Robert F. Chu earned his B.B.A. from Baruch College, City University of New York, in engineering, CCNY. His experience includes visibility, ergonomics and precision optical image formation in aerospace and commercial sectors. The Chus are avid travelers.

**COMPUTER**

*NEW*

**CS65  MANAGING DIGITAL PHOTOS**

Wednesdays, 1:30 p.m. - 3:30 p.m.
Dates: June 6, 13, 20, 27
Instructor: Barbee Kiker

In this class you will learn to transfer photos from camera to computer; organize photos in Windows; email photos as attachments; and upload photos to Shutterfly for minor editing, printing, or creating cards or calendars. Prerequisites: Ability to get around in Windows; keyboard and mouse skills; and an email account that you can access from the classroom. **Class limited to 15 students.**

Barbee Kiker holds a B.A. and M.S.W. from the University of Georgia. She did computer training and course development for ONLC Training Centers based in Wilmington, DE for 15 years. Her courses included introductory, intermediate and advanced classes in Microsoft Word, Excel, PowerPoint, Access and Outlook.
NEW
CS66  OSHER LEWES ONLINE REGISTRATION TRAINING

Wednesdays, 10 a.m. - 12 noon
Instructor: Anna Moshier

Please select one date.
CS25-1  June 6
CS25-2  June 13
CS25-3  June 20
CS25-4  June 27

This course will give you a chance to see and learn the new online registration process for Osher. This is a hands-on course. The online registration process will be available at a date to be determined. Class limited to 15 students.

Anna Moshier is the program coordinator at Osher Lifelong Learning Institute at the University of Delaware in Lewes.

HUMANITIES

HU121  CONVERSATIONS ON THE CONSTITUTION

Mondays, 10 a.m. - 12 noon
Dates: June 4, 11
Instructor: Mary Boyd

Students will discuss various topics on Constitutional law. Prerequisite: Previous Constitutional Law class. Class limited to 25 students.

Mary E. Boyd is retired from the private practice of law. She taught Uniform Commercial Code and constitutional law at Gettysburg Community College and high school history and English. She is a former investment advisor and current real estate developer and restorer of historic houses.

NEW
HU156  QUEEN ELIZABETH I IN FILMS

Tuesdays, 10 a.m. - 12 noon
Dates: June 5, 12, 19
Instructor: Philip Fretz

Queen Elizabeth I of England (1553 - 1601) as portrayed in two films from 1955 - 2005. We will view the 1955 film, The Virgin Queen, starring Bette Davis and Richard Todd and The Virgin Queen (2005) starring Anne Marie Duff, Ian Hart and Tom Handy. Class limited to 65 students.

Philip Fretz was born, raised and educated in Pennsylvania near Philadelphia. He retired here after 37 years in the computer services industry. He lived in England as a study abroad student; in Germany and elsewhere in the Army; and in West Africa in the Peace Corps. He enjoys reading and traveling.
NEW
HU158  WORDSWORTH’S SPIRITUALITY

Tuesdays, 10 a.m. - 12 noon
Dates: June 5, 12, 19, 26
Instructor: William Zak

Study and discussion of Wordsworth’s two most famous lyrics, *Tintern Abbey* and *Ode: Intimation of Immortality From Recollections of Early Childhood*, in this four week class. Gerard Manley Hopkins called the latter poem the most important spiritual document in our literature after Plato and the New Testament. No prerequisites. Discussion format. **Class limited to 60 students.**

William Zak holds a Ph.D. from the University of Michigan; a M.A. from Lehigh University and a B.A. from Boston College. Bill is a retired professor who taught at Salisbury University for 30 years. His latest book, *The Mirror for Lovers*, on Shakespeare’s sonnets, is forthcoming in late 2012.

HISTORY

HX99  WELCOME TO SUSSEX COUNTY DELAWARE

Wednesdays, 10 a.m. - 12 noon
Date: June 6
Instructor: Nick Foery

Welcome to a unique place called Sussex County, Delaware. We will explore various facets that make Sussex County what it is today. This course is for new arrivals and people who have lived here awhile who would like to share their experiences. **Class limited to 60 students.**

Nick Foery is a graduate of Millersville and West Chester State Universities. He taught middle school social studies from 1970 - 2000 in the Cape Henlopen School District. He has been a Lewes lifelong learning member for many years.

HX104  DELAWARE AND THE U.S. NAVY

Wednesdays, 1:30 p.m. - 3:30 p.m.
Dates: June 6, 13, 20
Instructor: William Manthrope

The course will consist of three fully illustrated lectures: Delaware’s Naval Heritage; A Century of Service: The U.S. Navy on Cape Henlopen 1899 - 1996; Submarines at the Cape: Friend and Foe. **Class limited to 65 students.**

William Manthrope is a retired Naval captain currently researching and writing on the naval aspects of Delaware’s history.

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**LIFE SKILLS**

**LS05  KITCHEN KAPERS XIX – A TASTE OF AMERICA**

Fridays, 10 a.m. - 1 p.m.
Dates: June 15, 22, 29
Instructors: Bernard and Dolores Fiegel

**Held at the Fiegels’ home.**

Join the Fiegels in a food journey to various regions of America. Students will gather in the instructors’ home kitchen, at the outdoor grill, and on their screened-in porch to view and participate in food preparation and taste prepared dishes with appropriately selected wines. Learn cooking techniques, collect recipes and socialize. Food and wine expenses will be divided among the students. Estimated cost $8 - $10 each session. Directions to the Fiegels’ home in Edgewater Estates will be provided by phone or email. **Class limited to 10 students.**

**Bernard and Dolores Fiegel** began teaching cooking classes at lifelong learning in 1997. They enjoy cooking and pairing wines with well prepared food and sharing their knowledge with others. The Fiegels are active members of *The Four Seasons*, a local progressive dinner group, established in 2001; founders of *The Happy Gourmands* food and wine group – 1976 - 2006.

**LS106  TAKING PICTURES AND MAKING FILMS**

Wednesdays, 1:30 p.m. - 3:30 p.m.
Dates: June 6, 13, 20, 27
Instructor: Jon Newsom

This is a continuation of the course, Taking Pictures and Making Films, offered in the spring of 2012. We will discuss photos and movies made by class participants; and examples from the work of professionals as they relate to the interests of the class. We will continue to use Adobe Photoshop CS5 to show how your pictures can be improved. The school's HD video camera (Sony FX-1000) is available to students, who will receive instruction on how to use it. **Class limited to 20 students.**

**Jon Newsom** retired in 2005 as chief of the music division at the Library of Congress. He had 38 years of service there starting as a reference librarian. He graduated from Columbia College (A.B., 1963) and Princeton University (M.F.A., musicology, 1965). He studied jazz privately with Lennie Tristano (1961 - 1964). Jon has been taking pictures and making films since his teens and studied photography at the Banff School of Fine Arts (Alberta). He teaches music history, photography, and filmmaking at the Osher Lifelong Learning in Lewes.
NEW
LS107 CRASH COURSE IN PLANT-BASED EATING

Thursdays, 10 a.m. - 2 p.m.
Instructor: Dorothy Greet

Please select one day.
LS107-1 June 7
LS107-2 June 14
LS107-3 June 21
LS107-4 June 28

In one, four-hour class using the most current scientific and medical information, we will critique the Standard American Diet (SAD) and will explore why and how to move toward whole food plant-based eating with NO added oil. Through discussion, film and tastings, we will learn about the extraordinary health benefits of plant-based eating. This course is based on the research of T. Colin Campbell, Ph.D. (Cornell), *China Study*; and Caldwell Esselstyn, MD (Cleveland Clinic), *Prevent and Reverse Heart Disease*. Additional fee of $5 per section. **Class limited to 20 students.**

Dorothy Greet holds a certificate in plant-based nutrition from Cornell University and degrees from the University of Pittsburgh (M.Ed.) and Yale University (M.Div.). She is a retired clergy having served parishes and hospitals in Connecticut, New York City and Delaware where she was Beebe Medical Center’s first Director of Chaplaincy Services. Dorothy is a heart attack survivor and is reversing her heart disease through plant-based eating (heartattackproof.com).

NEW
LS108 INTRODUCTION TO THE GAME OF CHESS

Mondays - Tuesdays, 10 a.m. - 2 p.m.
Dates: June 4, 5, 11, 12, 18, 19, 25
Instructor: Hal Wallach

Presentation by lecture, demonstration and descriptive tables; outlining how the chess pieces move and the relative value of pieces. You will learn the strategies and tactics of the three basic styles of a chess game: opening, middle game and end game. Instruction will include review of tactical puzzles to help students to be more adept of problem solving. Introduction to the use of a clock and game notation necessary in tournament play. **Class limited to 20 students.**

Hal Wallach is a lifetime member of the U.S. Chess Federation. He has organized chess activities in Connecticut, Maryland and Delaware; won a city championship in Connecticut and served as a team member for the U.S. in international competition. Hal has had several games published in chess books and U.S. chess federation publications. He serves as a chess coach in Sussex County for elementary and middle school teams; has taught introduction to chess for elementary and middle school students. He has been interviewed by *Sports Illustrated* magazine and local Delaware newspapers.
PA14 INTERMEDIATE RECORDER PLAYERS’ CONSORT

Thursdays, 1:30 p.m. - 3:30 p.m.
Dates: June 7, 14, 21, 28
Instructor: Nikki Roberson

This group will learn to play in a consort. The class will be about playing music together and having fun. The music will be for playing in three parts (soprano, alto and tenor). Requirements for the class: proficiency in playing the recorder (able to play scales) and own a recorder. There is a $5 fee for music copies. Class limited to 15 students.

Nikki Roberson graduated from Villa Julie College in Baltimore. She retired after 20 years in the banking industry. In high school she studied voice for three years and played the piano and trumpet. She sang with the Harford Choral Society before moving to Lewes. She taught herself the Irish penny/tin whistle and recorder to keep her little brain cells active and her arthritic hands nimble.

PA21 OPERA POTPOURRI

Mondays, 1:30 p.m. - 3 p.m.
Dates: June 4, 11, 18, 25
Instructor: Patricia L. Mossel
Held at Cadbury at Lewes

Over the course of four sessions we will view and discuss selected scenes from memorable opera performances featuring leading artists of the opera world. Among them will be arias from Norma with Monserrat Caballe, Forza del Destino with Leontyne Price, Lucia di Lammermoor with Joan Sutherland, Manon Lescaut with Kiri Te Kanawa, Cavalleria Rusticana with Placido Domingo and Tatiania Troyanos and Der Rosenkavalier with Elisabeth Schwarzkopf. Class limited to 100 students.

Patricia L. Mossel holds a M.A. from Yale University in English literature, and a B.A. from the University of Rochester in English literature. She taught college level English literature and Shakespeare honors; was director of development for San Francisco Opera; was the executive director of the Washington National Opera, resident company of the Kennedy Center for the Performing Arts in Washington, D.C.; and has served on boards, including the National Society of Fund Raising Executives and Opera America. Pat currently serves on the board of the Dallas Morse Coors Foundation for the Performing Arts.

PA29 BACH AND THE HIGH BAROQUE

Wednesdays, 10 a.m. - 12 noon
Dates: June 6, 13, 20, 27
Instructor: Winfried Mroz

The course will include showing DVD lectures by Robert Greenberg, Ph.D., professor of music. Additional DVDs and CDs will be shown or played. This course is a continuation from spring 2012. Class limited to 65 students.
Winfried Mroz is a retired gynecologist with an interest in history and music.

**PSYCHOLOGY/SOCIAL STUDIES**

**PS28  INTRODUCTION TO SOCIOLOGY: SOCIETY AND ENVIRONMENTS**

Tuesdays, 10 a.m. - 12 noon  
Dates: June 5, 12, 19, 26  
Instructor: Joseph R. Pearce

This course will introduce you to the sociological perspective. It will cover the major theories employed in the field. It will focus on the influences that nature (the natural order), ethics (the moral order) and culture systems (art, science and religion) have on society. We will explore how these environments shape our own society and those of selected cultures around the world. Some of the areas of sociological inquiry that will be covered are social structure and inequality in class, race, ethnicity, gender and aging. We will examine video case studies involving current issues such as the economic, political and ethical issues concerning cleanup of the Chesapeake Bay and the financial crisis of 2007. **Class limited to 25 students.**

Joseph R. Pearce holds a Ph.D. from American University in Washington, D.C. in sociology. His fields of specialization were social psychology, social stratification and analytical social theory. He taught Introduction to Sociology at the Alexandria campus of Northern Virginia Community College. He is currently working with professor Gert Mueller of American University on research in the field of analytical sociological theory. In the process, he is helping professor Mueller prepare several manuscripts for publication.

**NEW**

**PS29  PSYCHOLOGY OF THE HERE AND NOW**

Wednesdays, 10 a.m. - 12 noon  
Dates: June 6, 13, 20  
Instructor: Michael LeCompte

Have you ever read or heard about a psychological study and wanted to know more about the particular issue? Who did they talk to? What were the questions? Why is this important to me? The “when” question is a chance to discuss psychological issues of the “here and now” in a small group setting. Each week a chance to review a current topic of the media and develop a better understanding of why it’s important. Discussion is prominent. **Class limited to 18 students.**

Michael LeCompte is a graduate of Salisbury University with bachelor and master’s degrees in psychology. He is a retired school psychologist with 30 years experience working with adults and students. Current interests include observing how psychological interests impact our daily lives. He enjoys volunteering his time assisting agencies that work with the public.
RECREATION

RR02  ENGLISH COUNTRY DANCE FOR ALL

Thursdays, 10:15 a.m. - 12:15 p.m.
Dates: June 7, 14, 21, 28
Instructors: John Bochnowski, Bernard Fiegel and Carol West

Come and enjoy the dance form America grew up with. It's been fun for more than three centuries, it's still fun and we think you'll like it. Here's why: IT'S EASY TO LEARN. If you can walk and smile, you can do this kind of dance. The caller will explain all the moves and walk you through the dance before it starts, then continue to prompt you as the dance continues. It's a great social mixer. The dances focus on the group, not on individual couples. We customarily change partners after each dance, so we get to dance with lots of different people. We're a friendly group, it's easy yet never boring and there’s the music. Its not to be missed!! Class limited to 18 students.

John Bochnowski has an M.A. from the University of Virginia in history. He has been a member of the Dover English Country Dancers for 20 years and has assisted with country dance classes at lifelong learning for the past eight years.

Bernard Fiegel square danced for 46 years from club level to C-4 challenge; taught advanced and challenge lessons for 15 years; has been dancing English country dancing since 1995.

Carol West was a math teacher in Maryland for 25 years. She is a beginner caller for English country dancing and enjoys music in any form.

HEALTH/SCIENCE

SS08  T’AI CHI CH’UAN - YANG SHORT FORM

Thursdays, 9 a.m. - 10 a.m.
Dates: June 14, 21, 28
Instructor: Sally Fintel

If you are curious to find out what T’ai Chi Ch’uan is all about, this is the class for you. This class will provide an opportunity to begin to learn an age-old Chinese martial art that emphasizes relaxation, deep breathing and balance while using slow, fluid, gentle movements. Students can expect the following:

• Slow class pace
• Ample repetition and practice in class
• Exposure to DVDs of the masters demonstrating The Form

Wear loose fitting, comfortable clothes and flat-soled shoes. Socks are OK. Class limited to 12 students.

Sally Fintel has been practicing T’ai Chi since 2001 and was taught by Mark Blaskey (now retired), Beebe Medical Center, Department of Integrative Health. She is a graduate of both Oberlin College and Columbia University. Professionally, she has always been active in the field of education.
TAI CHI CHIH LUNCH ENTHUSIASTS

Tai Chi Chih enthusiasts meet Tuesdays from 12:30 p.m. - 1 p.m. throughout the year. No special equipment or clothes are necessary. Open to all members.

Thanks to Cadbury at Lewes

for partially underwriting the June 2012 Summer catalog and for providing the Kalmar Nyckel Auditorium for lifelong learning classes for the 2011/2012 academic year at no cost to Osher Lifelong Learning in Lewes.

VISIT US ON THE WEB

www.lifelonglearning.udel.edu/lewes

EMAIL US AT

LLL-lewes@udel.edu

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Lewes DE 19958
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Fax: 302-645-4112
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Bill Fintel - Health/Math/Science
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1. NAME (Please Print) ____________________________________________________________

   TELEPHONE__________________________   EMAIL______________________________

   ADDRESS_____________________________________________________________________

   CITY__________________________ STATE_________ ZIP CODE________________________

2. IN CASE OF EMERGENCY OR ILLNESS CALL:

   NAME______________________________________ TELEPHONE_____________________

3. PAYMENT: (Make checks payable to University of Delaware.)

   _____ $50 June 2012 Fee

I understand the University of Delaware has no legal responsibility for my physical welfare while I am a
member of the Osher Lifelong Learning Institute at the University of Delaware in Lewes or on a lifelong
learning sponsored trip. Osher Lifelong Learning in Lewes reserves the right to cancel a course due to
insufficient enrollment. I also authorize the University of Delaware to record and photograph my image
and/or voice, for use by the University or assignees in educational and promotional programs and material.

SIGNATURE REQUIRED ______________________________________ DATE _________________

COURSE SELECTION: Please choose your courses in order of priority.

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Week 1: June 4 - 8  
Week 3: June 18 - 22  
Tai Chi Enthusiasts  
* Check Course Description for Exact Time(s) and Date(s)  

Week 2: June 11 - 15  
Week 4: June 25 - 29  
Tuesdays, 12:30 p.m.  

Fridays, Kitchen Kapers * + - Held June 15, 22, 29  
+ Course Held Offsite