Osher Lifelong Learning Institute
at the University of Delaware

OPEN HOUSE—
Tuesday, August 12
10 a.m.–noon

Located at the Modern Maturity Center

www.lifelonglearning.udel.edu/dover
302-736-7450
Directions to Modern Maturity Center
1121 Forrest Avenue, Dover, DE 19904

From Route 1 Southbound (Coastal Highway):

- Take Exit 104 (US 13, Rt. 8, Scarborough Rd., N. Dover) on the right
- Continue onto Scarborough Rd.
- Continue onto Rt. 15 (McKee Rd.)
- Turn right onto Rt. 8 (Forrest Ave.)
- Modern Maturity Center is on the right.
- Park in east section of parking lot and enter in front.

From Route 1 Northbound (Coastal Highway):

- Take Exit 95 (Rt. 10 W, Dover/Camden) on the right.
- Continue onto US 113 N. (S. Bay Rd.); street becomes US 13 N. (S. Dupont Hwy.)
- Turn left onto Rt. 8 (E. Loockerman St.)
- Modern Maturity Center is on the right.
- Park in east section of parking lot and enter in front.

Acknowledgements

Thanks to these friends and neighbors of our program who have provided support to the Osher Lifelong Learning Institute at the University of Delaware in Dover.
Osher Lifelong Learning Institute
at the University of Delaware in Dover

A program of the Division of Professional and Continuing Studies

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Photo: Larry Klepner

Photos: Larry Klepner
Mission and Vision
The Osher Lifelong Learning Institute at the University of Delaware in Dover offers opportunities for intellectual development, cultural stimulation, personal growth and social interaction for people age 50+ in an educational cooperative.

Members volunteer their wealth of talent and experience in planning and implementing high quality educational experiences to form an educational cooperative. The members are the instructors and students, and through a committee structure guide the operating policies, develop curriculum and help with daily operations. No educational prerequisites are needed and there are no grades or exams—just learning for the fun of it.

Schedule
Most classes are conducted in the Modern Maturity Center in Dover on Tuesdays and Thursdays during the day for a 10-week semester. The Fall 2014 semester begins Tuesday, September 2, 2014 and ends Thursday, November 6, 2014. Each class meets once a week for approximately one hour and 15 minutes. A full schedule is located on the inside of the back cover. See course descriptions for exact class dates and times.

Membership
Membership is open to men and women 50 years of age and to members’ spouses or partners at any age. Whether your formal education ended early in life or includes advanced degrees, we welcome you. An interest in learning is all that is required.

Members complete a registration form and pay the membership fee for the full year or the current semester.

Full year memberships begin with fall registration and expire on September 1 of the following year. Full year memberships include fall and spring semesters and are only available for purchase during the fall semester.

Single semester memberships begin upon registration for the fall or spring semester and expire on the first day of the subsequent semester.

Member Benefits
- Register for as many classes as you like.
- Participate in Osher sponsored trips.
- Enjoy our Thursday lunchtime speaker series.
- Audit one UD credit course in fall and spring semester on a space available basis without paying tuition. Does not include online/distance learning courses, Associate in Arts program, certificate programs or UD travel/study programs. All relevant fees apply.
- Discount on computer software.
- Internet access, an email account and virus protection via the UD system (full year membership only).

Course Registration
You may register for as many courses as you like, but please only sign up for those you intend to take—and DO NOT sign up for multiple courses in the same time slot.

Online
You are now able to register online. Visit www.lifelonglearning.udel.edu/dover for details or to register.

By Mail or In-Person
Select your courses in order of priority by clearly filling in the Fall 2014 Course Selection Form (page 18 or 20). Be sure to include your course code, course title and day/time for each class.
Maximum class size is 30, but some courses will have smaller limits, so use your priorities wisely.

No course assignments will be made before the priority registration deadline, Thursday, August 14, 2 p.m. After the deadline, registrations will be processed in this order:

- Priority selections, in order of priority (by random draw, if selections exceed seats available)
- Registrations received after the priority deadline and multiple registrations for the same time slot will be processed on a space-available basis.

You may register by mailing the Membership Registration Form and Priority Selection Form to the address shown at the top of the form. Additional forms are available at www.lifelonglearning.udel.edu/dover or by calling 302-736-7450. Telephone registration is not available.

In-person registration is also available in the Osher Dover Lifelong Learning Office at the Modern Maturity Center (Tuesdays and Thursdays, 9 a.m.-2 p.m.)

Registrations received after the priority registration deadline will be processed on a space-available basis. Registrations will continue to be accepted after the semester begins.

Waiting list—Members who were not enrolled in a class during the previous semester because of over-subscription will be given preference this semester if the identical class is offered again. However, you must register for the class by the priority registration deadline and indicate the class as your first priority on your registration form.

**Fees**

Semester membership:
$130 (Fall 2014); $225 (full year).

The membership fee entitles you to take as many courses as you like. The program depends almost entirely on registration fees, which are applied against operating expenses, including rent for the classroom spaces, staff salaries, and the cost of catalog printing and postage. Full year membership is available for purchase in the fall only.

**Financial Assistance**

Need-based partial scholarships are available. For scholarship information, contact the program coordinator at 302-736-7450 to schedule an appointment.

**Travel**

Osher Lifelong Learning sponsors trips to enhance our educational experience. Many are one-day trips associated with particular courses. Information about these trips, including sign-up dates will be posted on the bulletin board. Members have first priority, and a surcharge is required of non-members. Once final payments have been made there are no refunds.

**Refunds**

Membership fees will be refunded if a request is made prior to the end of the second week of the semester. Refund requests must be submitted in writing to the Osher office. A $15 processing charge will be deducted from all refund requests received after the first day of classes.

Trip and activity refund requests will only be accepted prior to the event and must be submitted in writing to the Osher office. Acceptance of refund requests will be granted based on the required minimum number of participants needed to cover the costs of the event. Once Osher has made final payments for trips and activities there will be no refunds.

Refunds will take up to six weeks to process. Questions should be directed to the Osher office.

**Gifts**

While we calculate membership fees to cover our operating costs, we always have a need for additional and upgraded audiovisual equipment, computers and classroom teaching aids. Many of those items are paid from the Gift Fund. We are happy to receive your donation to the Gift Fund.
for a specific use or, preferably, unrestricted so your Council can focus them on our greatest needs. You can include a gift with your registration. For more information on how to make these tax-deductible gifts, contact the Osher office at 302-736-7450.

**Inclement Weather**

Classes are canceled whenever Modern Maturity Center activities are canceled due to inclement weather. Please visit www.lifelonglearning.udel.edu/dover for weather updates or cancellations, or call the Osher office at 302-736-7450.

**Books and Supplies**

Most courses do not require purchased books or supplies. Course descriptions list textbooks and other supplies if suggested for the course. The cost of these materials is the responsibility of the student.

**Location and Parking**

Most classes are held at the Modern Maturity Center at 1121 Forrest Avenue (Route 8) in Dover. The Modern Maturity Center has accessible, abundant and free parking. Handicapped parking is readily available in the main parking lot.

A few courses are held at other locations. Information about these locations is contained in the course descriptions.

**Lunch**

Discussion and friendship are important elements of the lifelong learning community. Members are encouraged to continue their discussions and become better acquainted during our noon lunch period. You may bring your lunch or purchase lunch in the Modern Maturity Center cafeteria.

**Guests**

Visitors and prospective members (over the age of 50) who wish to become familiar with our program are welcome to visit on a single day. Please visit the office to pick up an ID badge. Auditing classes for the day is encouraged given available classroom space and approval from the instructor(s).

**Opportunities**

As an educational cooperative, the success of the program depends on engaged and enthusiastic volunteers. Members are encouraged to offer new course ideas, serve as instructors and serve on committees in support of the program. Active participation in the lifelong learning program is an excellent way to develop new friendships and be part of an exciting and dynamic learning community.

To volunteer, please complete the “I would like to be actively involved” section on the registration form, or contact the Dover program coordinator at 302-736-7450, Modern Maturity Center, 1121 Forrest Avenue, Dover, 19904 or email LLL-dover@udel.edu.

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**SAVE THE DATE!**

**Lifelong Learning Open House and Registration**

**Osher Lifelong Learning Institute at the University of Delaware in Dover**

**Tuesday, August 12,**

**10 a.m.–noon**

**Modern Maturity Center**

1121 Forrest Ave. (Rt. 8) Dover, DE 19904

Light refreshments

Instructor Showcase: Hear instructors describe their courses for the semester

Visit the classrooms • Register for classes

**Need more info?**

302-736-7450 • 866-820-0238 (toll free)

www.lifelonglearning.udel.edu/dover

LLL-Dover@udel.edu

**Can’t make it to the open house?**

Registration forms are available at www.lifelonglearning.udel.edu/dover/registration.html

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www.lifelonglearning.udel.edu/dover
Fall 2014 Courses

Classes begin Tuesday, September 2, 2014 at 9 a.m.

ART

AA115  OIL PAINTING
Thursdays, 12:30 p.m.–2:15 p.m.
Dates: 10 Sessions, September 4–November 6
Instructor: Jan Miller

This class is for beginning and experienced painters. We will examine how to get started, mixing colors, composition and how to care for brushes and tools. We will have ample time to paint in a relaxed atmosphere. It is recommended, but not required, that students have taken a color and composition as well as a drawing class. A list of supplies will be distributed. Approximate supply cost will be $40.

Class is limited to 14 students.

Jan Miller has a lifetime of learning and developing artistic techniques. She has taken many college level classes and has taught general and private lessons in various venues for over 40 years.

NEW!

AA121  STICKS AND STRING
Thursdays, 10:30 a.m.–11:45 a.m.
Dates: 5 Sessions, September 4–October 2
Instructor: Kathleen Dunn

This course will introduce participants to the basics of knitting, casting on and off, making the knit stitch, purl stitch, increasing, decreasing, measuring gauge, reading patterns, yarn labeling, tools and their uses. While working on learning and improving knitting skills the class will discuss knitting’s history and the various types and approaches to knitting in different cultures. This class will be hands-on with individual assistance as needed. Resources for assistance while not in class will be provided and practice between sessions will be necessary. Every attempt will be made to incorporate special interests of participants into the class work. First projects will be a hat band (men’s or women’s) or a belt (men’s or women’s). Projects will require minimal material and expense and can be made out of materials you may have on hand.

Class is limited to 20 students.

Kathleen Dunn is a retired teacher of home economics, computer programming and technology. During the height of the space shuttle program, she taught a graduate school course for educators in aerospace education at the University of Alabama in Huntsville. She was also technology coordinator for a Delaware school district and Delaware's Christa McAuliffe Fellow for a project that introduced image processing to Delaware schools. She has been teaching knitting for 46 years and especially enjoys cabled and ski sweaters or lace. She also creates her own patterns. Her retirement project is to earn the Master Hand Knitter certificate from the Knitting Guild Association. About 300 knitters worldwide have achieved level of proficiency. Kathleen is about two-thirds of the way there.

NEW!

AA122  DIGITAL PHOTOGRAPHY BASICS
Tuesdays, 10:30 a.m.–11:45 a.m.
Dates: 5 Sessions, September 2–September 30
Instructor: Deano Nicolo

This is a beginner’s course for digital photography. You will learn how to operate a digital camera, as well as how to use shooting modes and camera controls. We will discuss composition, lighting, depth of field and lens construction. Using PowerPoint and videos, we will learn to see the effects of various elements of both a good photo and a bad photo. Bring
your own digital camera to class for a hands-on learning experience. Cameras will not be provided for this course.

Class is limited to 12 students.

Deano Nicolo studied industrial/commercial photography at Philadelphia Community College and studied nature photography under Paul Clark and professional portraiture at the Winona School of Professional Photography. As a member of the Guild of Professional Photographers of Delaware Valley, he won the Berry & Homer award for Best Salon Print titled Horses at Dawn. His experience includes photographing weddings, executive and children’s portraiture, model portfolios and aircrew photography for the U.S. Navy. Artistically, his works have shown at two galleries. Deano enjoys photographing nature, old architecture, military aircraft and abstract images.

NEW!

AA131 FUNDAMENTALS OF DRAWING II
Tuesdays, 2:30 p.m.–3:45 p.m.
Dates: 10 Sessions, September 2–November 4
Instructor: Jan Miller

A continuation of the world of drawing, honing the basic skills from previous instruction. Course will utilize live models, still life subjects and reproduction of photos in pencil. Lab work or drawing time with instructor is available during Open Studio (separate course).

Class is limited to 14 students.

Jan Miller. See course AA115 for instructor’s information.

NEW!

AA156 ITALIAN RENAISSANCE ART
Tuesdays, 9 a.m.–10:15 a.m.
Dates: 10 Sessions, September 2–November 4
Instructor: Art McLaughlin

Course covers painting, buildings and sculpture from the early Renaissance to Raphael through the use of PowerPoint assisted lectures.

Discussion is strongly encouraged.

Class is limited to 25 students.

Art McLaughlin holds B.A.s in both political science and art history from the University of Delaware. He is currently a graduate student in art history at the University of Delaware. He also holds an A.S. in respiratory therapy and an M.S. in community health and wellness administration. In addition, he is author of six textbooks on medically-related topics and a National League for Nursing approved college instructor in science.

NEW!

AA157 TECHNICAL EXAMINATION OF ART, FORGERIES AND THEFT
Thursdays, 2:30 p.m.–3:45 p.m.
Dates: 5 Sessions, September 4–October 2
Instructor: Art McLaughlin

This course presents the various scientific tests—chemical, light source, and microscopic—that are used by experts to date and verify authenticity and authorship, where possible, of paintings and sculpture. Examples of art forgeries and other art crimes will be presented via PowerPoint and lectures.

Class is limited to 30 students.

Art McLaughlin. See course AA156 for instructor’s information.

AA165 COLOR AND COMPOSITION
Tuesdays, 12:30 p.m.–2:15 p.m.
Dates: 10 Sessions, September 2–November 4
Instructor: Jan Miller

During this course, equal time will be spent on the subjects of color and composition. Classes will alternate between a hands-on study of the color wheel using acrylic paint and the basic rules and guidelines in composition established by the masters.

Class is limited to 14 students.

Jan Miller. See course AA115 for instructor’s information.
AA166 OPEN STUDIO
Thursdays, 2:30 p.m.–3:45 p.m.
Dates: 10 Sessions, September 4–November 6
Instructor: Jan Miller

This course is designed for art students to dedicate time to work on ongoing projects and assignments with an instructor available. Students can complete unfinished works, start new projects, work independently and practice recently acquired skills. Students work in mediums of their choice and the instructor and other classmates will be available for guidance. **Class is limited to 14 students.**

Jan Miller. See course AA115 for instructor’s information.

AA167 BEGINNING IN OILS
Tuesdays, 10:30 a.m.–12:15 p.m.
Dates: 10 Sessions, September 2–November 4
Instructor: Liisa Trala

You always thought you’d like to try oil painting, but you haven’t had the courage to take that first step. This class is for you! We will do a simple landscape painting together, and you will be able to add your personal touch while learning oil painting basics. The approximate cost of supplies will be $10. You will receive a supply list the first class. **Class is limited to six students.**

Liisa Trala has a lifetime of artistic endeavors which include working as a draftsperson doing detail and illustrations as well as a cake decorator (painting with icing). January 2012, Liisa took her first step, and signed up for an oil painting class. Just over a year later she entered the Delaware State Senior Art Exhibit and won a third place novice ribbon.

ECONOMICS/FINANCE

NEW!

EC131 RETIREMENT INCOME: AN OWNER’S MANUAL
Thursdays, 9 a.m.–10:15 a.m.
Dates: 10 Sessions, September 4–November 6
Instructor: David Bocchino

Topics to be covered by lecture, film, discussion and current articles: organizing your assets, the color of money, creating an income plan, understanding social security, sufficiency of social security, filling the income gap, accumulation, the impact of volatility on the individual investor, “yellow money,” new ideas for investing, taxes and retirement, the future of U.S. taxation, the Brandeis story, your legacy beyond dollars and cents, preparing your legacy and choosing a financial professional. **Class is limited to 30 students.**

David Bocchino holds an M.B.A. from the Wharton School (University of Pennsylvania) and a B.S. in economics (honors) from Villanova University. He is a licensed, professional financial advisor since 2002 and has a strong combination of education, hands-on leadership skills and practical experience. He has been an instructor at Osher in Lewes and Dover since January 2013. He is an adjunct professor of business at Wesley College and also an adjunct professor at Wilmington University’s Georgetown Campus teaching M.B.A. courses in financial accounting and financial management. He serves as a financial coach at Eagle’s Nest Church in Milton, Del. David is a retired naval officer with the rank of commander. David is a member of the Jack Keeter Study Group, a national select group of some of the top financial advisors in the country.
HISTORY

HX140  WESTERN MILITARY HISTORY
Tuesdays, 2:30 p.m.–3:45 p.m.
Dates: 10 Sessions, September 2–November 4
Instructor: Jeffrey Spiegelman

Study the concepts, technologies, innovations, and personalities that have defined warfare for the Western world since its beginnings. This class will challenge students to find parallels in the experiences of war from prehistory to the modern day. Particular attention will be paid to those individuals who defined and revolutionized warfare.

Class is limited to 30 students.

Jeff Spiegelman received a B.S. from Ithaca College and an M.A. in military history from Norwich University. A college instructor and U.S. Navy contractor, Jeff currently teaches at Wilmington University and Delaware Technical and Community College. He proudly serves the people of Delaware’s 11th district as their state representative.

NEW!

HX201  CHARLEMAGNE—HIS LIFE AND TIMES
Tuesdays, 9 a.m.–10:15 a.m.
Dates: 10 Sessions, September 2–November 4
Instructor: Winfried Mroz

Who was he? French, German? Was he the first European? We will try to answer these questions.

Class is limited to 30 students.

Winfried Mroz is a retired gynecologist with an interest in history and music. He is co-founder of the Dover Symphony Orchestra, now in its 43rd year and co-founder of the Dover English Country Dancers. His courses at Osher Lifelong Learning range from the Crusades to German, Benjamin Franklin and the history of musical instruments. Dr. Mroz has played various string instruments all his life.

NEW!

HX202  HISTORY OF THE REVOLUTIONARY WAR
Tuesdays, 1 p.m.–2:15 p.m.
Dates: 10 Sessions, September 2–November 4
Instructor: Douglass Miller

In the question of taxation, who represented the biggest problem for the colonists: parliament or the king? What American farmer was a well-respected patriot, well-known for writing a hit song before the Declaration of Independence? Once fighting began, what political/military action by the British thoroughly incensed Washington and other patriot leaders? What fatal military blunder was made by the Hessian military commander at Trenton? Was Washington really the best American general? If not, who was? And who, choosing from a long list of candidates, was the worst? Which foreign military leader(s) did the most for the American cause? Name two major Revolutionary war battles lost by the untrained colonists to the British, when they used a maneuver that would not fool most of today’s high school football teams? All these questions, and many more, will be presented when the class discusses the rebellion that started the tidal wave of freedom, making waves reaching many shores far away.

Class is limited to 30 students.

Doug Miller’s career includes teaching fifth grade social studies and language arts in the Caesar Rodney School District. He has conducted communication/navigation equipment training for Dover Air Force Base reservists. Doug has served as a historical interpreter at the John Dickinson Plantation. He has been building model airplanes since he was a child and has been able to get close and personal with many naval World War II aircraft.
NEW!

HX203 VIETNAM WAR—A HISTORY
PART I (1946-1967)

Thursdays, 1 p.m.–2:15 p.m.
Dates: 10 Sessions, September 4–November 6
Instructor: Kevin McGrath

The Vietnam Wars are broken into two parts—the First Indochina War (1946–1954) and the Second Indochina War (1960–1975). This course will cover the chronological framework, strategy, tactics, political factors and non-military aspects of both Indochina Wars. The class will utilize videos (“Vietnam: A Television History”), guest speakers, selected online primary source documents, and discussions to gain a deeper understanding of the Vietnam War which nearly destroyed the fabric of the U.S. The course is loosely based on Stanley Karnow’s *Vietnam: A History.*

Class is limited to 30 students.

Kevin McGrath received a B.A. in history from Mt. Carmel College, Niagara Falls, Ontario. He retired as a human resources management professional, and has held management positions with ITT, Nortel Networks and Comshare. His interests include American history and reading.

NEW!

HX204 THE UNTOLD HISTORY OF THE UNITED STATES

Thursdays, 10:30 a.m.–11:45 a.m.
Dates: 10 Sessions, September 4–November 6
Instructor: Dan Pritchett

This class will examine the foreign policy of the United States from World War I through the end of the Cold War. Each week will feature an episode of the documentary series by Oliver Stone, “Untold History of the United States.” This thought-provoking series gives new insights into twentieth-century American history, and how it affects us today.

Class is limited to 30 students.

Dan Pritchett received a B.S. in social studies education, Concord College; and an M.A. in American history, University of Delaware. Dan held a teaching position in the Capital School District, where he taught American history for 34 years. He later taught at Wilmington and Delaware State Universities. He is a member of the Lincoln Forum, one of the foremost national organizations dedicated to the study of Abraham Lincoln and his era.

NEW!

HX206 THE EARLY HISTORY OF SLAVERY IN THE WESTERN WORLD

Thursdays, 2:30 p.m.–3:45 p.m.
Dates: 5 Sessions, October 9–November 6
Instructor: Art McLaughlin

This course will explore the reasons that people have enslaved others since the beginning of recorded history. Further it will describe the variations of slavery in different cultures, over time, culminating in the European-African-American trade system.

Class is limited to 30 students.

Art McLaughlin. See course AA156 for instructor’s information.

NEW!

HX207 DELAWARE AFRICAN AMERICAN HISTORY

Tuesdays, 9 a.m.–10:15 a.m.
Dates: 10 Sessions, September 2–November 4
Instructor: Don Blakey

Snippets of African American history in Delaware—this course will cover significant persons, places and events involving African Americans.

Class is limited to 15 students.

Don Blakey is a retired public school administrator and university educator with more than 50 years of service in Delaware. He and his wife Dolores are the founders of DonDel Enterprises, Inc., a children’s theater company. A world traveler,
Don specializes in life in East Africa, especially Kenya and Tanzania. His hobbies include writing, photography, languages and playing the ukulele. He proudly serves the people of Delaware’s 34th district as their state representative.

**NEW!**

**HX233  RECONSTRUCTION, RECOVERY AND THE WESTWARD MOVEMENT**

- Thursdays, 1 p.m.–2:15 p.m.
- Dates: 10 Sessions, September 4–November 6
- Instructor: Robert Mahaffey

The course will cover the postbellum South focusing on the end of the Reconstruction period, recovery of the South and the beginning of the technological revolution. The following topics, among others, will be covered in depth: the re-emergence of the Democratic Party in the south, the Compromise of 1877, the effect of significant inventions on society, the creation of the “New South,” the impact of railroads on western migration, the “Gilded Age,” and the attempt to destroy Native American culture by the federal government. We will analyze and discuss significant historical events during the period.

**Class is limited to 30 students.**

**Robert Mahaffey** received his B.A. in American history and political science from the University of Delaware. He completed a black studies program at Delaware State University. Robert acted as director of training and management development for McDonalds. He was the certified trainer at Hamburger University and the National Sanitation Foundation (NSF).

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**NEW!**

**HX235  POST-DEPRESSION AMERICA AND THE “SECOND NEW DEAL”**

- Thursdays, 2:30 p.m.–3:45 p.m.
- Dates: 10 Sessions, September 4–November 6
- Instructor: Robert Mahaffey

This class offers a history of the New Deal and American’s move toward war. Issues such as redistribution of wealth, balance of power between congress and the presidency, isolationist and interventionist view prior to World War II, the Neutrality Act, and the lend lease program. The course will explore the significant events that forced the U.S. to enter World War II.

**Class is limited to 30 students.**

**Robert Mahaffey.** See course HX233 for instructor’s information.

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**NEW!**

**HU216  IMMIGRANT VOICES: 21ST CENTURY STORIES**

- Thursdays, 10:30 a.m.–11:45 a.m.
- Dates: 10 Sessions, September 4–November 6
- Instructor: Bob Heifetz


**Class is limited to 30 students.**

**Bob Heifetz** received a B.A. in English/education and an M.A. from Queens College. He taught high school English in New York for five years and in Connecticut for 25 years, the American literature honors program for over 20 years, and English electives such as creative writing. Bob has participated in numerous poetry and book
groups and taught the Bible as literature to church and synagogue adult groups. His hobbies include bicycling, hiking, kayaking and bird watching. He enjoys traveling and spending time with family and friends.

NEW!

HU217 TWO VIEWS OF THE “AMERICAN DREAM”—THE GREAT GATSBY AND AMERICAN PASTORAL

Thursdays, 9 a.m.–10:15 a.m.
Dates: 10 Sessions, September 4–November 6
Instructor: Bob Heifetz

We will discuss the idea of the “American Dream.” Let us find out what it means; does it exist and if, in fact, it could be a nightmare. We will read two novels from opposite ends of the twentieth century and discuss what they reveal about this important theme. Purchase of above novels is recommended.

Class is limited to 30 students.

Bob Heifetz. See course HU216 for instructor’s information.

HU218 THE WILL OF THE PEOPLE

Thursdays, 2:30 p.m.–3:45 p.m.
Dates: 10 Sessions, September 4–November 6
Instructor: Kevin McGrath

This “Great Books” program brings together 14 monumental texts including the Declaration of Independence, the Federalist Papers, the Gettysburg Address, Letter from a Birmingham Jail and additional powerhouse documents. We will read and discuss the meaning and continuing importance of these documents. The required text for this program is available at the Great Books Foundation—store.greatbooks.org. The cost is $12.95.

Class is limited to 15 students.

Kevin McGrath. See course HX203 for instructor’s information.

NEW!

HU219 CROSSING EMILY AND WALT WITH FRANK, KENNETH, JOHN AND A.R.

Tuesdays, 2:30 p.m.–3:45 p.m.
Dates: 10 Sessions, September 2–November 4
Instructor: Russell Endo

This past spring semester, we explored the unique differences in attitudes and expression between enigmatic and gnomic Emily Dickinson, and gregarious and effusive Walt Whitman, the two American poets who put their thumbprints indelibly into the terrain of American poetry. Both remain under “our boot-soles” and in the air we breathe, as in our last class, we saw this in Pharrell Williams’ “Happy!” This semester, we will continue our poetic and spiritual exploration into meaning in America, by looking at the poetry of a handful of subsequent poets who were deeply influenced by the wit, spirit, generosity and recklessness of these two primary poets. We’ll focus, in particular, on Walt Whitman’s “Song of Myself,” John Ashberry’s “Self-Portrait in a Convex Mirror,” and the poems of A.R. Ammons who wrote works such as “Tape for the Turn of the Year” on calculator tape, “Sphere: the Form of a Motion,” and “Garbage” (about a garbage dump off a Florida highway). We’ll continue to explore why some say, “man is a language-making machine.”

Class is limited to 15 students.

Russ Endo, a professional poet, received his B.A., cum laude, in combined literature from Yale College. He obtained a juris doctor from the University of Pennsylvania Law School. Russ has been published in many publications including Journal of Biological Chemistry, American Friends Delegation Report on China after Tiananmen Square, American Poetry Review, The Antioch Review, Ploughshares and the Philadelphia Inquirer. His poem “Susumu, My Name” was the basis for a jazz orchestration by Sumi Tonooka that appeared on PBS. He currently sits on the boards of Wilmington Friends School and Greene Street Friends School in Philadelphia.

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NEW!

HU236 MISHMASH II
Tuesdays, 10:30 a.m.–12 p.m.
Dates: 5 Sessions, October 7–November 4
Instructors: James and Kay Greene

We will explore the human condition from several perspectives. First, we will watch an episode of “Northern Exposure,” a poignant and philosophical TV series, on the importance of tribe. Second, we will examine how the philosopher Hannah Arendt mines the tough question of the banality of evil. Third, we will discover the psychological impact of removing someone from their tribe by watching “In Treatment.” Finally, take a journey with us on the Silk Road and the American Plains (slides) to investigate the moral questions of cultural rights and the eusocial conquest of the Earth.

Class is limited to 30 students.

James and Kay Greene. Jim taught the history of ideas at a very progressive school in New York City. Kay taught 6th grade science in Milford. Both love ideas, folly, bad logic and laughter. We will provide the cookies; you should provide your versions of the world.

LANGUAGE

LA100 FRENCH FOR TRAVELERS
Tuesdays, 1 p.m.–2:15 p.m.
Dates: 9 Sessions, September 9–November 4
Instructor: Alice Cataldi

In this interactive course, participants will acquire the basic vocabulary and strategies needed while traveling. They will learn how to greet, thank, apologize, ask for directions, order food, read the train schedule and so on. This course is designed for those who have no prior knowledge of the language or have forgotten what little they had learned.

Class is limited to 15 students.

Alice Cataldi’s first language of literacy is French. As such, she is passionate about the subject matter she has taught for many years. She retired from the University of Delaware where she taught French and trained future teachers of languages. In addition to promoting the French language and culture, Alice enjoys travel, visiting museums, reading, gardening and cooking ethnic meals for family and friends. She is the recipient of numerous teaching and advocacy awards. In recognition of her contributions to the promotion of the French culture and language, the French government named Alice a Chevalier knight of the Academic Palms.

LA201 AMERICAN SIGN LANGUAGE
Tuesdays, 1 p.m.–2:15 p.m.
Dates: 9 Sessions, September 9–November 4
Instructor: Patti Papineau

This class will provide learners with a rudimentary understanding and ability to use American Sign Language (ASL). There will be a short history of ASL, the basic parameters of signing, hand shapes and movement. Students will develop a vocabulary of basic lexicon signs.

Class is limited to 15 students.

Patti Papineau received a B.S. in early childhood education and special education from Bowie University; an M.Ed. in mathematics education from Salisbury University; and an Ed.D. in innovative leadership from Wilmington University. She has taught in all levels of education from preschool to college. She has taught with the Department of Defense dependent schools, Anne Arundel County and Caroline County in Maryland. Dr. Papineau is currently an instructor with Polytech Adult Education Department, where she teaches adults preparing for the GED.

NEW!

LA203 FRENCH CONVERSATION—WORLD WAR I REVISITED
Tuesdays, 10:30 a.m.–11:45 a.m.
Dates: 9 Sessions, September 9–November 4
Instructor: Alice Cataldi

In this highly interactive course, authentic letters written by a World War I Belgian soldier to a 10-year-old American girl will serve as the
at the University of Delaware in Dover

backdrop for stimulating conversation. Participants will become familiar with the highlights of the war by means of original stories written by the instructor. Four semesters of French or the equivalent are recommended. **Class is limited to 30 students.**

Alice Cataldi. See course LA100 for instructor’s information.

**LIFE SKILLS**

**NEW!**

**LS131 WHO IS AFRAID OF CONTROVERSIAL ISSUES?**

Thursdays, 10:30 a.m.–11:45 a.m.

Dates: 10 Sessions, September 4–November 6

Instructor: Robb Lathey

This course deals with issues that may present deep conflicts among us. Often these controversial issues can generate strong opinions and emotions. The task for the class members is to develop a greater understanding of how their own opinions have developed over the years. Likewise, to have a greater understanding of how others have come to their opinions and to learn to be open to listening to opposing views. **Class is limited to 15 students.**

Robb Lathey was a clinical psychologist for 35 years. He received his undergraduate degree from Syracuse University, his master’s degree from Columbia University and his doctorate from the University of North Texas. He has worked in a number of clinical settings, including private practice and community mental health. He has taught courses in group process at Wright State University in Ohio.

**NEW!**

**LS147 WEAVING FICTION INTO OUR LIFE STORIES**

Thursdays, 9 a.m.–10:15 a.m.

Dates: 5 Sessions, September 4–October 2

Instructor: Gail Johnston

This course focuses on adding fictional detail into reminiscence writing. Topics include deciding when and how fictional elements enhance memory, building interesting characters with fictional detail and maintaining the truth of the character and story by augmenting memory. The course will involve in-class writing and discussion as well as writing assignments. **Class is limited to 10 students.**

Gail Johnston was born in Baltimore, Md., and lived there most of her adult life. She graduated from the University of Maryland with degrees in sociology and English literature and later obtained her graduate degree in social work. Although she worked for many years as a geriatric social worker, she always felt writing was her true avocation. She especially enjoys poetry, journaling and personal essay. After retiring she wrote and published a memoir of her childhood, *Make a Lot of Noise and Don’t Go on the Porch*. In 2009, she published a collection of poetry and essays, *Early Evening*. Some of her poetry and essays have appeared in the *Delmarva Quarterly* and other local publications. Astrology and enneagram interpretations have been hobbies for some time.

**PERFORMING ARTS**

**NEW!**

**PA101 MUSIC 101**

Mondays, 1 p.m.–2:15 p.m.

Dates: 9 Sessions, September 8–November 3

Instructor: Tim Plimpton

Held at Westminster Village Community Center

Music is said to be a universal language, so why not learn how it works? This course is designed
to be accessible to students with no prior music education but will offer perspectives for experienced musicians as well. Course topics will include: the elements of music, fundamentals of sound, instruments and ensembles, basics of rhythm and pitch, the grammar of musical form, understanding melody, intervals, scales and chords, and a brief survey of significant musical works throughout history. 

**Class is limited to 50 students.**

**Tim Plimpton** is a native of Cherry Hill, N.J., and first came to Delaware to study physics at the University of Delaware. After a few changes of heart, he received his bachelor of music degree in trombone performance and became the organist at Calvary Baptist Church in Newark, where he has been for five years. Tim’s musical endeavors include performing, teaching and writing music in the Delaware/Philadelphia area. Tim lives in Dover with his wife, Steffi, who is a professional vocalist and music teacher in Dover and with whom he performs frequently.

**NEW!**

**PA113 PLAY THE RECORDER—CONTINUED**

Tuesdays, 10:30 a.m.–11:45 a.m.

Dates: 10 Sessions, September 2–November 4

Instructor: Carol Neild

Join this class to continue your progress in recorder playing or reawaken the fun of playing an instrument. Book II will continue with learning more notes and rhythms. Music of several centuries awaits your exploration and enjoyment. Prerequisite: previous class in Spring 2014 or having played another musical instrument. Cost of book is $8.50.

**Class is limited to 12 students.**

**Carol Neild** is a retired elementary teacher/reading specialist. She has been active in musical activities since childhood, singing and playing several instruments from choirs, school band and orchestra to community symphony.

Nearly 30 years ago she became involved with early music and has attended numerous workshops as well as Pinewoods and Amherst Early Music weeks. As a founding member of the Holly Consort, weekly rehearsals and a few “gigs” a year continue this interest.

**NEW!**

**PA114 INTRODUCTION TO PIANO**

Tuesdays, 2:30 p.m.–3:45 p.m.

Dates: 10 Sessions, September 2–November 4

Instructor: Noriko Palms

This course will provide learners of all levels the fundamentals of understanding and identifying written music and its application to the keyboard. Other areas that will be discussed include how music influences people in different cultures around the world—its effects and affects. Group teaching methods will be utilized to promote individual instruction. Through this course, students will gain a better understanding of how music influences cultures, develop basic keyboarding skills and learn fundamentals of music theory. Pianos will be provided.

**Class is limited to 12 students.**

**Noriko Palms** received her B.A. in education from Heian (St. Agnes) University in Kyoto, Japan and from the University of Tamagawa in Tokyo, Japan. For many years, Ms. Palms has taught education, music, piano, modeling, art and Japanese language to pupils aged pre-K to adult. She has taught through the military in the United States and in various foreign countries. Noriko enjoys playing classical piano, orchestral music, painting and teaching. Her awards and honors include the CORE Educational Attainment Award (2014), serving as the coordinator for the Asian-Pacific Heritage Show and winning first place at the Artist & Craftsman show.
RECREATION

RR100  WALK AND TALK

Wednesdays, 11 a.m.–2 p.m.
Dates: 5 Sessions, September 3–October 1
Instructor: Gini Tate

Enjoy guided exploratory brisk and lively walks of familiar and not so familiar local areas. Meet new and old friends along the way. All walks are approximately two miles or more. Possible walking locations are historical sites and trails in Kent County. All registered walkers will receive detailed information prior to the course start date. The walks are usually two hours or less. **Class is limited to 15 students.**

Gini Tate earned her R.N. from the Hospital of the University of Pennsylvania. Gini was an ICU nurse for 36 years and a certified perianesthesia nurse for seven years before retiring in 2011. She became a student of Osher Lifelong Learning Institute at the University of Delaware in Dover in the winter of 2011. She has a love of nature and the environment and looks forward to sharing that interest with those joining her on guided tours of both natural and historic sites throughout Kent County.

SCIENCE/HEALTH/MATH

SS125  FUN WITH BASIC SCIENCE

Thursdays, 9 a.m.–10:15 a.m.
Dates: 10 Sessions, September 4–November 6
Instructor: James Brown

This course will give the student the basic ability to assist children, grandchildren and their parents with school assigned science projects while overcoming their basic fears of science through a fun and interactive approach. **Class is limited to 30 students.**

Jim Brown has a degree in biochemistry and a *juris doctor* from Howard University. He is a certified teacher in the state of New York in the areas of biology, chemistry and general science.

He is a retired lawyer and retired civil, federal and military judge. He served his country as a Vietnam combat veteran and a U.S. Army reservist.

NEW!

SS154  EATING WELL—LIVING WELL

Thursdays, 10:30 a.m.–11:45 a.m.
Dates: 5 Sessions, October 9–November 6
Instructors: Kathleen Splane and team

This course is a series of five classes on various topics:

1. *Mindful Eating*—This session offers information on sensible eating for good health and general nutrition centered around MyPlate.
2. *Meal Time in Less Time*—Planning meals is the core of healthy eating. This session will help students discover ways to provide healthy meals without stress.
3. *Cooking from the Garden*—This class highlights how to prepare foods locally grown, especially less familiar fruits and vegetables.
4. *Think Healthy—Alzheimer’s Disease Prevention Through Diet*—This program explores the linkage between diet and brain health.
5. *Would Your Kitchen Pass a Food Safety Inspection?*—As a participant in this class, you will learn how food should be handled to reduce your risk of food-borne illness due to contamination with harmful microbes.

Cost of materials is $10. **Class is limited to 25 students.**

Kathleen Splane, Anne Camasso and Maria Pippidis have had a combined total of over 35 years working for the UD Kent County Cooperative Extension, bringing nutrition and food safety education out to the public. Master Food Educators are volunteers from various walks of life who are trained in nutrition and food safety.
SS156  ASTROLOGY—BEYOND YOUR SUN SIGN

Thursdays, 9 a.m.–10:15 a.m.
Dates: 5 Sessions, October 9–November 6
Instructor: Gail Johnston

Looking at the sun, moon and rising signs at the time of your birth as they pertain to personality and how we relate to others. Emphasis on individualizing astrological profiles as another means of providing feedback to identity.

Class is limited to 18 students.

Gail Johnston. See course LS147 for instructor’s information.

NEW!

SS158  INTRODUCTION TO PHARMACEUTICALS, INFECTIONS AND MEDICAL TERMINOLOGY

Thursdays, 1 p.m.–2:15 p.m.
Dates: 10 Sessions, September 4–November 6
Instructor: Art McLaughlin

Course topics will include: reading a prescription, FDA drug approval, the difference between viral and bacterial diseases, and sterilization. An easy way to understand medical terminology will be introduced throughout the lectures. We will also review the various health professions, what they do and the qualifications of the practitioners.

Class is limited to 30 students.

Art McLaughlin. See course AA156 for instructor’s information.

NEW!

SS159  EARTH AND ITS PASSENGERS

Tuesdays, 9 a.m.–10:15 a.m.
Dates: 10 Sessions, September 2–November 4
Instructor: Mike Apgar

Earth and life have co-existed and co-evolved for billions of years. Over this ‘deep time,’ continuous processes—interspersed by often dramatic, dynamic events—have shaped and reshaped our planet. Plate tectonics, driven by heat circulation from the still-molten core, continues to create new crust and build mountains, which have in turn been broken down and transported by water, wind and temperature fluctuations, into extensive blankets of sediment. These continual changes of geology and climate have acted—with the process of evolution by natural selection—to produce our current, familiar world. The nature of this story has developed—and been confirmed—over the past century through intense, interdisciplinary application of new tools to careful fieldwork, laboratory analysis and data interpretation. This course will trace the progress in our understanding of the physical and biological processes that together have shaped—and continue to drive—the evolution of our planet and ourselves.

Class is limited to 30 students.

Mike Apgar received an A.B. in geology from Rutgers and an M.S. in geology-geochemistry from Penn State. After a career as a geologist focused on groundwater issues in both consulting and in government roles, Mike has continued to pursue his interests in geology, history and religion in retirement.
PLEASE CLEARLY FILL IN ALL INFORMATION

NAME (Please Print) ____________________________________________________________________________

HOME PHONE ____________________________________________ CELL PHONE ________________________

ADDRESS ____________________________________________ EMAIL ____________________________________

CITY ________________________________________ STATE ________ ZIP CODE ________________________

DATE OF BIRTH ________________________________________________________________________________

PREFERRED METHOD OF COMMUNICATION: ☐ Email ☐ Home phone ☐ Cell phone ☐ Paper mail

IN CASE OF EMERGENCY OR ILLNESS CALL:

NAME ____________________________________________ TELEPHONE ________________________

RELATIONSHIP ________________________________________________________________________________

Because the lifelong learning program is a cooperative educational community, members have the opportunity
and obligation to support its objectives through participation in committees, planning (courses, trips, activities)
and serving as class leaders and instructors.

I WOULD LIKE TO BE ACTIVELY INVOLVED IN:

Teaching or organizing a course in ________________________________________________________________.

Serving on the following committee:

☐ Curriculum     ☐ Public Relations     ☐ Member Relations     ☐ Special Events/Travel

EDUCATION: ☐ High School       ☐ Some College       ☐ College Graduate       ☐ Graduate School

MEMBERSHIP DUES: ☐ New Member ☐ Returning Member

☐ $______ Full Year Membership $225 (includes Fall and Spring Semester)

☐ $______ Fall Semester Membership $130

☐ $______ Donation to Gift Fund

☐ $______ Donation to Scholarship Fund

☐ $______ (Make check(s) payable to “University of Delaware.”) Check # ______

Credit Card: ☐ American Express    ☐ Discover    ☐ MasterCard    ☐ VISA

Amount: $______ Credit Card No.: ___________ – ___________ – ___________ – ___________ – ___________

Print cardholder name: ___________________________ Exp. date: __________

Authorized cardholder signature: ___________________________

NEW MEMBERS: HOW DID YOU LEARN ABOUT THE LIFELONG LEARNING PROGRAM?

☐ Newspaper article     ☐ Newspaper ad     ☐ Friend     ☐ Library display     ☐ Radio ad     ☐ TV     ☐ Internet     ☐ Other

I understand the University of Delaware has no legal responsibility for my physical welfare while I am a member
of the Osher Lifelong Learning Institute at the University of Delaware in Dover or on a lifelong learning sponsored
trip. Osher Lifelong Learning in Dover reserves the right to cancel a course due to insufficient enrollment. I also
authorize the University of Delaware to record and photograph my image and/or voice, for use by the University
or assignees in educational and promotional programs and material.

SIGNATURE REQUIRED ___________________________ DATE __________________

www.lifelonglearning.udel.edu/dover
## Fall 2014 Course Selection Form

Please choose your courses in order of priority.

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Osher Lifelong Learning Institute at the University of Delaware in Dover

Membership Registration: Fall 2014

University of Delaware, Modern Maturity Center, 1121 Forrest Avenue, Dover, DE 19904 • 302-736-7450

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Fall 2014 Course Schedule by Day

MONDAY

Music 101—Plimpton  
(1 p.m.–2:15 p.m. at Westminster Village)

TUESDAY

PERIOD 1 (9 a.m.–10:15 a.m.)

Italian Renaissance Art—McLaughlin  
Charlemagne—Mroz  
Earth and Its Passengers—Apgar  
African American History of Delaware—Blakey

PERIOD 2 (10:30 a.m.–11:45 a.m.)

Digital Photography Basics—Nicolo  
(first five weeks)  
Mishmash II—Greene  
(last five weeks, 10:30 a.m.–12 p.m.)  
Play the Recorder—Continued—Neild  
French Conversations—World War I Revisited—Cataldi (begins September 9)  
Beginning in Oils—L. Trala  
(10:30 a.m.–12:15 p.m.)

PERIOD 3 (1 p.m.–2:15 p.m.)

Color and Composition—J. Miller  
(12:30 p.m.–2:15 p.m.)  
French for Travelers—Cataldi (begins September 9)  
History of the Revolutionary War—D. Miller  
American Sign Language—Papineau (begins September 9)

PERIOD 4 (2:30 p.m.–3:45 p.m.)

Crossing Emily and Walt with…—Endo  
Western Military History—Spiegelman  
Introduction to Piano—Palms  
Drawing II—J. Miller

WEDNESDAY

Walk and Talk—Tate  
(11 a.m.–2 p.m. meet at MMC)

THURSDAY

PERIOD 1 (9 a.m.–10:15 a.m.)

Fun with Basic Science—Brown  
Retirement Income: an Owner’s Manual—Bocchino  
Weaving Fiction into our Life Stories—Johnston (first five weeks)  
Astrology—Beyond your Sun Sign—Johnston (last five weeks)  
Two Views of the “American Dream”—Heifetz

PERIOD 2 (10:30 a.m.–11:45 a.m.)

Sticks and String—Dunn (first five weeks)  
Eating Well–Living Well—Splane (last five weeks)  
Who is Afraid of Controversial Issues?—Lathey  
Immigrant Voices—Heifetz  
The Untold History of the United States—Pritchett

PERIOD 3 (1 p.m.–2:15 p.m.)

Oil Painting—J. Miller (12:30 p.m.–2:15 p.m.)  
Introduction to Pharmaceuticals—McLaughlin  
Reconstruction, Recovery and the Westward Movement—Mabaffey  
Vietnam War—Part I—McGrath

PERIOD 4 (2:30 p.m.–3:45 p.m.)

The Will of the People—McGrath  
Post-depression America and the “Second New Deal”—Mabaffey  
Technical Examinations of Art, Forgeries and Theft—McLaughlin (first five weeks)  
Early History of Slavery—McLaughlin (last five weeks)  
Open Studio—J. Miller

Unless noted otherwise, all courses are ten weeks in length: 
September 2–November 6, 2014  
First five weeks: September 2–October 2, 2014  
Last five weeks: October 7–November 6, 2014
FALL 2014 CALENDAR

OPEN HOUSE AND REGISTRATION

Tuesday, August 12—10 a.m.–noon (MMC).
Thursday, August 14—Priority Registration closes.
Registrations will be accepted by mail or online anytime, or at the Dover office Tuesdays and Thursdays from 9 a.m. to 2 p.m.

Thursday, August 21—Class assignment letters sent to registered members.

INSTRUCTOR ORIENTATION

Tuesday, August 26—9 a.m.–noon at the Modern Maturity Center.

MEMBER WELCOME SESSIONS

Tuesday, August 26—1 p.m.–2 p.m. and 2 p.m.–3 p.m. at the Modern Maturity Center.

FIRST DAY OF CLASS

Tuesday, September 2—Doors open at 8:30 a.m.
Wednesday, November 5—Osher Day at the Biggs Museum.
Thursday, November 6—Last day of classes.

SPECIAL SPEAKER THURSDAYS

Noon–12:50 p.m.
Join us on Thursdays for interesting special speakers on a wide array of topics. These programs are free for all members of the Osher Lifelong Learning Institute at the University of Delaware in Dover. You are welcome to attend every program or select the ones that most interest you. Participants can bring lunch or just come and enjoy. Programs will be announced at least a week in advance.

Osher Lifelong Learning Institute at the University of Delaware in Dover

Modern Maturity Center
1121 Forrest Avenue
Dover, DE 19904

302-736-7450 • LLL-dover@udel.edu
www.lifelonglearning.udel.edu/dover

Attend our free Open House August 12.
See page 4 for details.

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