SCHEDULE
7 – 7:30 a.m.  Registration and Continental Breakfast
7 – 7:45 a.m.  Creative Solutions in Taping Methods to Prevent Injury
Caroline Howard, ATC, University of Delaware
Chantel Hunter, ATC, University of Delaware
7:45 – 8 a.m.  Opening Remarks
Keith A. Handley, MD, ATC, NATA Therapy Board
APC, PT, University of Delaware
Daniel J. Watson, MED, ATC, University of Delaware
8 – 8:45 a.m.  Simplifying the Throwing Athlete
Fred Breidenbach, PT, DPT, MS, Optimal Physical Therapy
8:45 – 9:30 a.m.  Posture and Muscle Length Testing in the Upper and Lower Extremity
Bill Romans, PhD, PT, AAMP Foundation
9:30 – 10:15 a.m.  Minding Your Injury: The Use of Imagery in Injury Rehabilitation
Rachel Taylor, PsyD, CMC, University of Delaware
10:15 – 10:30 a.m. – BREAK
10:30 – 11:5 a.m.  Psychosomatic Sports Medicine
Cheyney Silverman, MFS, Orthopaedic Care Health System
11:30 a.m. – 12:15 p.m.  Panel Discussion: Current Issues/Topics in Sports Medicine
Daniel J. Watson, MED, ATC, NATA Therapy Board
Fredd Breidenbach, PT, DPT, MS
Bill Romans, PhD, PT
Rachel Walker, PsyD, CMC, University of Delaware
Charney Silverman, MD
12:15 – 1 p.m. – LUNCH
1 – 1:45 p.m.  Assessment and Treatment of Dizziness Post-Concussion
Shane Raybould, PT, DPT, CICER, University of Delaware
1:45 – 2:30 p.m.  Instrument Assisted Soft Tissue Mobilization (IASTM): What’s the Evidence?
Alison Gardiner-Stries, PhD, MS, ATC, West Chester University
2:30 – 2:45 p.m. – BREAK
2:45 – 4:05 p.m.  MINI-CLINICS
Participants divide into groups and rotate to attend each of the following presentations:
[Station A] Post-Concussion Exercise Progression—Sam Arnold, PT, DPT, University of Delaware
[Station B] Upper Quarter Balance Movement Screen, Outcome Measures and Guide to Return to Play—Leezi Krist Dvorak, MS, ATC, University of Delaware
[Station C] Evidence-Based Application Strategies of IASTM—Emily Bradly, MS, LAT, ATC, West Chester University
[Station D] Nine-Minute Shoulder Endurance Program—Brandon Deloias, MS, ATC, University of Delaware
2:45 p.m. – 3:05 p.m.  Repeat Mini Clinics: groups rotate
3:05 p.m. – 3:25 p.m.  Repeat Mini Clinics: groups rotate
3:25 p.m. – 3:45 p.m.  Repeat Mini Clinics: groups rotate
3:45 p.m. – 4:05 p.m.  Repeat Mini Clinics: groups rotate
4:05 p.m. – 4:15 p.m.  Question and Answer Session
Evaluation and Adjournment

GENERAL INFORMATION
Time and Location
The program will be held Saturday, February 24, 2018, at the University of Delaware, John M. Clayton Hall, located on Route 896, three miles north of I-95 interchange. The University of Delaware is approximately 1 hour’s driving time from Philadelphia or Baltimore and 90 minutes north of Washington, D.C. Registration and continental/breakfast begin at 7 a.m.

Continuing Education Credit
As a measurable evidence of continuing professional development, each participant will be awarded:
• 0.8 Continuing Education Units (CEUs) for the Board of Certification, Inc. (BOC) for certified athletic trainers. Application has been made to the following professional therapy boards. Approval is pending:
• 0.8 CEUs for the State of Delaware Examining Board of Physical Therapy
• 0.8 CEUs for the Maryland State Board of Physical Therapy Examiners
• 0.8 CEUs for the Pennsylvania State Board of Physical Therapy
If you practice outside of Delaware, Pennsylvania or Maryland, please contact your state board of physical therapy to verify whether this seminar is approved for credit.

The University of Delaware is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers.
Level of Difficulty
According to the education levels described by the Professional Development Committee (PDC) for athletic trainers, this continuing education course is considered to be Essential/Advanced Mastery Level.

Online Conference Materials
Handouts from presenters will be available through the Professional and Continuing Studies website during the seminar. Please bring a fully charged laptop or tablet to view the handouts online. Handouts will not be available in paper format.

Registration
Advance registration is encouraged by February 16, 2018. All registrations received by this date will be confirmed in writing. Walk-in registration will be accepted.

Mail: Please return your completed registration form with full payment using check, MasterCard, Visa, Discover, American Express or company purchase order to Sports Medicine Conference, University of Delaware, 501 South College Ave., Newark, DE 19716-7410, Attention: Registrar.

Fax: If paying by MasterCard, Visa, Discover, American Express or company purchase order, you can register by faxing your completed registration form to 302-831-6701.

Phone: If paying by MasterCard, Visa, Discover or American Express, you can register by phone. Have your credit card and course information ready, then dial 302-831-7600.

Online: If you are paying with credit card or online check, please visit www.pcs.udel.edu/sports.
You can also access the registration form and brochure at www.pcs.udel.edu/sports.
Cost
Program fee: $215. Full-time student rate is $80 (full-time matriculated students only). Fee includes course materials, continental breakfast and lunch. Checks should be made payable to University of Delaware.
Cancellation and Refund Policy
A full refund will be given for written cancellation received by February 16, 2018. No refund will be given after this date. In the event that this program is rescheduled or canceled, the University of Delaware is not responsible for any penalties or fees assessed as a result of cancellation or modification of travel arrangements or hotel accommodations.

Extreme Weather
In the event of extreme weather conditions, visit pcs.udel.edu/sports for course session cancellations. The University of Delaware will, if possible, reschedule any session(s) affected by extreme weather.

Disability Accommodations
Students who are requesting accommodations must self-identify by contacting the University of Delaware’s Office of Disabilities Support Services (DS) at DSOffice@udel.edu or 302-831-4643 or by visiting UD’s Office of Disabilities Support Services (DS) in person.

For More Information:
General: Marguerite Mahoney, University of Delaware, 501 S. College Ave., Newark, DE 19716-7410, 302-831-3474, email: mahoneym@udel.edu.
Program: Daniel J. Watson, University of Delaware, 302-831-7228, email: dwatson@udel.edu.

FEES:
• $125 registration
• $80 student rate (full-time matriculated)

METHOD OF PAYMENT:
Check enclosed payable to the University of Delaware
Company purchase order enclosed
Charge my: MasterCard Visa Discover American Express
Account number
Expiration date
Security Code (in back of card)
The University of Delaware is an equal opportunity/affirmative action employer. Students who are requesting accommodations must self-identify by contacting the University of Delaware’s Office of Disabilities Support Services (DS) at DSOffice@udel.edu or 302-831-4643 or by visiting UD’s Office of Disabilities Support Services (DS) in person.

Please duplicate this form for additional registrations.

Return to: Attention: Registrar
Medical Aspects of Sports Seminar
University of Delaware, Professional & Continuing Studies
501 South College Avenue
Newark, DE 19716-7410
Phone: 302-831-7600  Fax: 302-831-0701

Name ________________________________
Credentila ________________________________
Email Address ________________________________

Home/Work Address ________________________________
City ________________________________ State ______ Zip ______
Telephone ________________________________
Place of Employment ________________________________
Job Title ________________________________

 HOW DID YOU HEAR ABOUT THIS SEMINAR?
___ Brochure ___ NATA calendar online ___ Maryland PTA newsletter ___ Email ___ Delaware PTA website ___ Word of mouth ___ BOC website ___ NJ PTA website ___ Other __________

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Please fill out this form completely. Thank you.

Name ________________________________
Credentila ________________________________
Email Address ________________________________

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Cardholder’s signature ________________________________

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