Successful prevention, evaluation and rehabilitation of sports injuries are crucial elements of any comprehensive athletic program. This one-day sports medicine conference covers topics related to the evaluation and rehabilitation of sports-related injuries to the upper and lower extremities. A special panel discussion will allow attendees to ask questions of our distinguished speakers.

WHO SHOULD ATTEND
Athletic trainers, physical therapists, sports medicine physicians, and chiropractors.

PLANNING COMMITTEE
Brandon DeSantis, MS, ATC
Lynn A. Fishlock, MEd
Keith A. Handling, MS, ATC, PT
Melanee Johnson, MS, ATC
Nikki Lounsberry, MS, ATC
Paul Lowry, MEd, ATC
Kelly Stafford, MS, ATC
Daniel J. Watson, MEd, ATC

PROGRAM OBJECTIVES
The purpose of this sports medicine seminar is to assist health care professionals—athletic trainers, physical therapists, sports medicine physicians, chiropractors, etc.—in the evaluation, management/treatment and rehabilitation of sports related injuries. At the end of this seminar, participants will be able to:

- Perform creative taping methods for various athletic injuries to return athletes to competition as soon as it is medically safe
- Describe ultrasound’s role with current and future sports medicine procedures
- Explain the role of telemedicine in current and future sports medicine procedures
- State surgical considerations for adolescents with ACL injuries
- Identify specific rehabilitation considerations for adolescents with ACL injuries and ACL reconstructions
- Explain how orthotic intervention can enhance sports performance
- Demonstrate clinical orthotic solutions for common athletic injuries
- Explain current trends in ankle rehabilitation, specifically the role of plantar massage, on balance training
- Classify athletes with neck pain into subgroups to properly identify the cause and outcome pathway
- Describe matched treatments and interventions for subgroups of athletes with neck pain
- Demonstrate the NFL sideline stinger evaluation and management
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Distinguished, expert speakers.
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Valuable, immediately-applicable information. Distinguished, expert speakers.
SCHEDULE
7 – 7:30 a.m. Registration and Continental Breakfast
7 – 7:45 a.m. Creative Solutions in Taping Methods to Prevent Injury
Steven Brown, ATC, University of Delaware Charnel Hunter, ATC, University of Delaware
7:45 – 8 a.m. Opening Remarks
Kath A. Handlin, M.Ed, ATC, PT, University of Delaware
Daniel J. Watson, MED, ATC, University of Delaware
Christine Rawke, Director, Intercollegiate Athletics and Recreation Services, University of Delaware
8 – 8:45 a.m. Ultrasound and the Future of Sports Medicine
Bradley C. Bley, DO, FAAP, RSMK, CSCS, Delaware Orthopaedic Specialists
8:45 – 9:30 a.m. Surgical Considerations for ACL Injuries in Pediatric and Adolescent Populations
J. Todd Lawrence, MD, PhD, Children’s Hospital of Philadelphia
9:30 – 10:15 a.m. Use of Orthotic Technology in Sports Performance
John Horne, CPO, CPhd, Independence Prosthetics and Orthotics
10:15-10:30 a.m. – BREAK
10:30 – 11:15 a.m. Telemedicine: The Future is Now
Alfred Atanda Jr, MD, Nemours Children’s Health System
11:15 a.m. – 12:15 p.m. Panel Discussion: Current Issues/Topics in Sports Medicine
Daniel J. Watson, MED, ATC, Moderator
Bradley C. Bley, DO, FAAP, RSMK, CSCS
J. Todd Lawrence, MD, PhD
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Alfred Atanda Jr, MD
12:15 – 1 p.m. – LUNCH
1 – 1:45 p.m. Rehab Considerations for ACL Injuries in Pediatric and Adolescent Populations
Meredith Link, PT, DPT, ATC, Children’s Hospital of Philadelphia
1:45 – 2:30 p.m. Neck Pain is Not Created Equal: Subgrouping Your Athletes to Get the Best Outcome
Tara Mallal, PT, DPT, OCS, SCS, University of Delaware
2:30 – 2:45 p.m. – BREAK
2:45 – 3:05 p.m. - MINI-CLINICS

STATION 1—Current Trends in Ankle Rehabilitation: Planter Massage and Balance Training
Bethany Warnick, MS, ATC, University of Delaware
STATION 2—NFL Sideline Stinger Management
Steve Filderman, PT, DPT, Philadelphia Eagles
STATION 3—Matched Treatments for Subgroups of Athletes with Neck Pain—Key Interventions
Greg Seymour, PT, DPT, OCS, University of Delaware
STATION 4—Custom Orthotic Solutions for Athletic Injuries
Jenifer Wing Neil, MSPO, CPO, Independence Prosthetics and Orthotics
3:05 – 3:25 p.m. — Repeat Mini-Clinics (Groups Rotate)
3:25 – 3:45 p.m. — Repeat Mini-Clinics (Groups Rotate)
3:45 – 4:05 p.m. — Repeat Mini-Clinics (Groups Rotate)
4:05 – 4:15 p.m. Question and Answer Session Evaluation and Adjudgment

GENERAL INFORMATION

Time and Location
The seminar will be held Saturday, February 4, 2017, at the University of Delaware’s John M. Clayton Hall, located on Route 96, three miles north of the I-95 interchange. The University of Delaware is approximately 60 minutes’ driving time from Philadelphia or Baltimore, and 90 minutes north of Washington, D.C. Registration and continental breakfast begins at 7 a.m.

Continuing Education Credit
An measurable evidence of continuing professional development, each participant will be awarded:
• 6.0 Continuing Education Units (CEUs) for the Board of Certification, Inc. (BOC) for certified athletic trainers
• 8.0 CEUs for the State of Delaware Examining Board of Physical Therapy
• 6.0 CEUs for the Maryland State Board of Physical Therapy Examiners
• 8.0 CEUs for the Pennsylvania State Board of Physical Therapy

If you practice outside of Delaware, Pennsylvania or Maryland, please contact your state’s examining board to verify whether this seminar is approved for credit. The University of Delaware is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers.

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Fax: If paying by MasterCard, Visa, Discover, American Express or company purchase order, you can register by faxing your completed registration form to 302-831-0701.
Phone: If paying by MasterCard, Visa, Discover or American Express, you can register by phone. Have your credit card and course information ready, then dial 302-831-7600 and choose option 2.

Internet: If you are paying with credit card or online check, please visit www.pcs.udel.edu/sports. Online registration not available for student registration. You can also access the registration form and brochure at www.pcs.udel.edu/sports.

Cost
Through January 27, 2017: $195. After January 27, 2017: $215. Full-time student rate is $80 full-time matriculated students only, without photography or current student ID. Fee includes course materials, continental breakfast and lunch. Checks should be made payable to University of Delaware.

Cancellation and Refund Policy
A full refund will be given for written cancellation received by January 27, 2017. No refund will be given after this date. In the event that this program is rescheduled or canceled, the University of Delaware is not responsible for any cancellation or change fees assessed by airlines or travel agencies.

Extreme Weather
In the event of extreme weather conditions, visit pcs.udel.edu/sports for course session cancellations, or call 302-831-3474. The University of Delaware will, if possible, reschedule any session(s) affected by extreme weather.

Disability Accommodations
To request disability accommodations, contact the Division of Professional and Continuing Studies at least 10 days in advance of the program by phone at 302-831-8843 (voice) or 302-831-2789 (fax).

For More Information
General Lisa Malbone, University of Delaware, 501 South College Ave., Newark, DE 19716-7410, email lmalbone@udel.edu, phone 302-831-7228, email dwatson@udel.edu

February 4, 2017

Medical Aspects of Sports Seminar
University of Delaware, Professional & Continuing Studies
501 South College Avenue
Newark, DE 19716-7410
Phone: 302-831-7600, Fax: 302-831-0701

Name
Categorical
Email Address ____________________________
Home/Work Address ____________________________
City ____________________________ State ______ Zip ____________________
Phone ____________________________
Place of Employment ____________________________
Job Title ____________________________

HOWN DID YOU HEAR ABOUT THIS SEMINAR?
Brochure ____________________________ NATA calendar online ____________________________ Maryland PTA newsletter ____________________________
Email ____________________________ Delaware PTA website ____________________________ Word of mouth ____________________________
BOC website ____________________________ NJ PTA website ____________________________ Other ____________________________

FEEDBACK: (price includes conference materials, continental breakfast and lunch):

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METHOD OF PAYMENT:
• Check enclosed payable to the University of Delaware ____________________________
• Company purchase order enclosed ____________________________
• Charge my:       __ MasterCard      __ Visa      __ Discover      __ American Express

Account number ____________________________ Expiration date ____________________________ Security Code (on back of card) ____________________________
Cardholder’s signature ____________________________

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Phone: If paying by MasterCard, Visa, Discover or American Express, you can register by phone. Have your credit card and course information ready, then dial 302-831-7600 and choose option 2.

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Program: Daniel J. Watson, University of Delaware, 302-831-7228, email dwatson@udel.edu

Hotel: please request your choice of hotels at the time of registration.

Food: continental breakfast and lunch provided on site.

Fee: $215 registration—after January 27, 2017

MEET THE SPOKESPEOPLE
Medial: Dr. Alfred Atanda Jr., MD, University of Delaware
Handicapped: Steven Brown, ATC, University of Delaware
Continental: Christine Rawak, University of Delaware

February 4, 2017
0736100
Phone: 302-831-7600, Fax: 302-831-0701

Name ______________________________________________________________________
CredentiaL ____________________________

Email Address ____________________________

Home/Work Address ____________________________

City ____________________________ State ______ Zip ____________________________

Job Title ____________________________

How did you hear about this Seminar? (Groups Rotate)

___ ATA calendar online
___ Delaware PTA website
___ NATA calendar online
___ NJ PTA website
___ Other_________________

___ NJ PTA website
___ NATA calendar online
___ Maryland PTA newsletter
___ Word of mouth
___ Other_________________

Telephone ____________________________________________________________________

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Account number ____________________________________________________________

Expiration date ____________________________ Security Code (on back of card) ____________________________

Cardholder’s signature ______________________________________________________________________

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