Academic Adviser Recommendation for Optional Practical Training

Please note: You must obtain signatures on this form prior to your appointment at OISS.

Optional practical training (OPT), is temporary employment in student's field of study, and is available to F-1 students who have been lawfully enrolled on a full-time basis for at least one academic year. Students in English language programs are ineligible for practical training.

There are three times during which an individual is eligible to apply for OPT:

1. During vacation or while school is not in session.
2. Part-time (20 hours per week or less) while school is in session. Students registered as sustaining (completed all coursework except thesis or dissertation), may be eligible for authorization for more than 20hrs/week.
3. After completion of all course requirements and, if applicable, submission of thesis or dissertation.

Section I - To be completed by Academic Adviser, not student:

Student Name: ____________________________
Student ID #: ______________________________
Degree: ____________________________
Major: ____________________________
Has the student completed all coursework? ____________________________
Program completion date* (see below): ____________________________
Adviser’s Name (please print): ____________________________
Adviser’s Signature: ____________________________

*Please note that an application for post-completion OPT definitively sets the graduate date. If the student does not graduate on time, the student may not work until after the official graduation date, and any period of OPT time which has passed between the anticipated and actual graduation dates will be lost.

Section II - To be completed by Office of Graduate & Professional Education (for graduate students only)

Signature of Assistant Provost for Graduate & Professional Education: ____________________________
Date: ____________________________