What’s New this year!

Health Care Consumerism
• Visit http://de.gov/healthconsumer to learn more about being a wise health care consumer.

Streamlined Health Plans
• Aetna to administer the Consumer Directed Health Plan (CDH) and HMO Plan.
• Highmark Delaware to administer the First State Basic PPO Plan and Comprehensive PPO Plan
• Highmark Delaware to administer the Special MedicFill Medicare Supplement Plan (available to Medicare Pensioners).

Register NOW for The “Know Your Numbers” biometric health screenings, giving employees the opportunity to gain valuable health information through onsite screenings that measure blood pressure, glucose and cholesterol. Meet with representative from the various STAR Health clinics.

For details and to register, go to www.udel.edu/wellness