

Department of Behavioral Health and Nutrition

MINOR: NUTRITION

Minimum Credits in the Minor: 15, with 16 prerequisite CHEM credits

A minor in Nutrition provides student from other degree programs including, but not limited to, Biology, Chemistry and Nursing a fairly intensive level of understanding of nutritional science as well as acknowledgement of this knowledge. This minor is for students interested in the area of nutrition who believe that good nutrition and personal lifestyles are important for the well-being of individuals. This program is not available to students whose major program requires all of the following courses:

A minimum of 15 credit hours with a minimum grade of C- is required.

REQUIRED COURSES (Prerequisites)		Credits
NTDT 200	Nutrition Concepts	3 credits
NTDT400	Macronutrients (PR CHEM101, CHEM102, CHEM213/215 AND CHEM214/216*)	3 credits
NTDT 401	Micronutrients (PR NTDT400)	3 credits
NTDT Electives	2 courses 300 level or higher	6 credits

Suggested Electives: 3 credits each

NTDT301 Cultural Perspectives on Food & Nutrition
NTDT305 Nutrition in the Lifespan (PR NTDT200 and a biology course)
NTDT310 Nutrition and Activity (PR NTDT200 and a physiology course)
NTDT350 Nutrition and Older Adults (PR NTDT200 and BISC106 or BISC276)
NTDT410 Overweight/Obesity Prevention & Management (PR NTDT200)
NTDT420 Maternal and Infant Nutrition (PR NTDT200 and BISC106 or BISC276)

Admission: Completion of the minor is awarded only to those who have applied and been admitted to the program. A cumulative grade point average (GPA) of 2.0 or above is required for admission to the minor. A student may apply at any time by obtaining permission from the faculty advisor for the minor. To request the minor or for advisement and curricular information, please contact Dr. Sandra Baker, bakers@udel.edu, 302-831-0856.

* C- or better required for CHEM214/216