PIVERSITY OF ELAWARE.

# College of Health Sciences

DEPARTMENT OF BEHAVIORAL HEALTH & NUTRITION









# 2014 – 2015 Student Handbook

www.udel.edu/bhan

## Behavioral Health and Nutrition 2014-2015 Suggestions for Success

Welcome to the Department of Behavioral Health and Nutrition (BHAN)! We want your academic career to be a success so here are our top ten tips to get you started

- 1. YOUR FACULTY AND DEPARTMENTAL ACADEMIC ADVISORS are here to help you with decision-making in issues such as major and/or minor academic programs, course selection and sequencing, graduation requirements and career questions. We strongly encourage you to make good use of this relationship and meet with your advisors on a regular basis. Make sure to schedule an advisement appointment with your advisor prior to registration periods. Getting advisement is extremely important!
- 2. YOUR SUGGESTED PROGRAM OF STUDY is listed on the back of each checksheet. This is a suggested sequence of courses, dictated in part by pre-requisites and corequisites. Courses are coded in UDSIS by class status (freshmen, sophomore, etc.) and by major. Consult with your advisor on any deviation from the program of study. In some cases it may be difficult to get into a course that is not in your major or not designated for your class status.
- 3. **ALWAYS REGISTER AT YOUR APPOINTED TIME**. It is imperative that you register for courses at your assigned appointment time in April and November. <u>Do not delay</u> or you will have difficulty scheduling.
- 4. **PAY ATTENTION TO PREREQUISITES**. Prerequisites are listed on the on-line Catalog. Behavioral Health and Nutrition program course prerequisites, by major, can be found on the curriculum checksheets of each major.
- 5. **SOME BHAN BREADTH REQUIREMENTS ARE DIFFERENT** from those in other departments or colleges. Pay attention to the requirements specific to your major.
- 6. YOU ARE RESPONSIBLE FOR INFORMING PARENTS/FAMILY of your activities and academic status if you wish. If they call the department with questions about you, we will not be permitted to discuss your situation with them due to the Buckley Amendment (unless you give your permission in advance, in writing).
- 7. WHEN IN DOUBT ABOUT CONCERNS SUCH AS ACADEMIC, CAREER OR GRADUATION ISSUES, ASK YOUR ADVISOR. Well-meaning friends may not always have complete information regarding YOUR academic career.
- 8. Students in Behavioral Health and Nutrition are admitted directly into their major. Health Behavior Science students should select a minor at the end of freshman year.
- 9. **READ YOUR EMAIL REGULARLY**. You are responsible for what is sent to your UD email address so please don't make the mistake of missing something really important like a change in registration or Drop/Add deadline that could have a major impact on your academic career.
- 10. SEEK ADVISEMENT, SEEK ADVISEMENT, SEEK ADVISEMENT.

BHAN Student Handbook - www.udel.edu/bhan

# COLLEGE OF HEALTH SCIENCES DEPARTMENT OF BEHAVIORAL HEALTH AND NUTRITION 2014-2015 DEGREE PROGRAMS

This fact sheet gives you some guidelines regarding the degree programs (majors) in the Department of 3ehavioral Health and Nutrition and provides brief information about each one.

# **Degree Programs**

## Bachelor of Science

- Major in Applied Nutrition (APN)
- Major in Dietetics (DIET)
- Major in Nutritional Science (NS)
- Major in Health Behavior Science (HBS)
- Major in Health and Physical Education (HPE)

# **Description of Programs**

# Bachelor of Science - Major: Applied Nutrition

This degree is designed for students who want to combine a study of nutrition with another course of study. They may choose a minor or use their electives to take a variety of courses of interest.

## **Bachelor of Science - Major: Dietetics**

This is the major for students who wish to pursue the Registered Dietitian (R.D.) credential. Student should be aware that completion of a post-undergraduate internship is required before taking the examination to become an R.D. Acceptance into an internship is very competitive and GPA, work/volunteer and leadership experiences as well as recommendations are all factors in admittance.

## **Bachelor of Science – Major: Nutritional Sciences**

This program is designed for those interested in pursuing an advanced degree in areas including but not limited to: nutritional science, medicine, dentistry and physical therapy and other Allied Health fields. This major has a very strong science curriculum. Students should review the preadmission requirements for post-undergraduate programs to assure they take all required courses.

# Bachelor of Science - Major: Health Behavior Science

The Health Behavior Science major is designed to provide a coordinated, multidisciplinary approach to behavior change and health. The focus of the major is on developing skills and expertise to help change behavior processes. Concepts covered include health behavior theory, community assessment, program planning, evaluation and behavior change skills. This program covers a wide number of health-related areas but currently has an emphasis on physical activity, nutrition and chronic disease prevention. It also provides significant classroom and hands-on experience in working with group and individual behavior change in addition to organization and administration of facilities and agencies. Students pursuing this major will move toward careers within the health promotion, community health, fitness, worksite wellness and leisure service industries — organizations which are focusing on community based interventions to promote healthy lifestyles. Completion of a minor (minimum 15 credits) and a nine-credit internship are integral components of this program.

# Bachelor of Science - Major: Health and Physical Education

This degree program is primarily designed to prepare students for a career in teaching physical education and health education. The program provides the opportunity for students to attain K-12 dual certification in both Health Education and Physical Education, one of a handful of programs in the country to offer this dual certification. Freshmen are admitted directly to the Health and Physical Education Program and must meet criteria for progression through the program.

# **Tuberculosis Test and Background Check for Practica**

In order to comply with state regulations, students must show written proof of a negative PPD Tuberculin Test before working in the schools. Students may have the test administered by their physician, a public health clinic, or at the <u>Student Health Center</u> on campus. There is a \$5.00 charge to students who have this service performed at the health center. If you use an off campus site, the results must be on file with the Student Health Center so that the Office of Clinical Studies can clear you.

Schools also require that all members of their staff, including practicum students and interns have a criminal background check completed with the Delaware State Police. The requirements for background checks vary by state. These checks require at least 6 weeks to complete and you will not be permitted into the schools without the appropriate clearances.

Students should consult the Office of Clinical Studies website for current details on both of these clearances, timelines for completing them, and required forms (www.ocs.udel.edu).

## **Health and Physical Education Majors 2014-2015**

# Health and Physical Education Program Requirements:

Students enrolled in the Health and Physical Education major wishing to begin upper-level work must make formal application and satisfy the requirements for Clearance for Upper Division Study. Application is made to the Program Coordinator at the completion of the sophomore year or, in the case of transfer students, when the student has completed 60-89 credits for junior status. The purpose of clearance is to assure that each student is satisfying requirements in the major and is prepared to undertake junior-level work. Students not meeting criteria are provided support services including study skills assistance and academic planning.

# Requirements for Progression through the Program

Students will achieve and maintain a health-enhancing level of fitness throughout the program. Without discrimination against those with disabilities, students with special needs are allowed and encouraged to utilize a variety of accommodations and/or modifications to demonstrate fitness.

Requirements for Clearance for Upper Division Study:

- 1 Letter of Application
- 2 Minimum GPA in the major of 2.75 and minimum cumulative GPA of 2.5
- 3 A grade of C- or better in all required courses within the major
- Pass all three subtests of Praxis I; reading passing score = 175, writing passing score = 173 and mathematics passing score = 174
- 5 Resume
- 6 Philosophy of Health and Physical Education Statement

Requirements for admission to the Methods Block prior to Student Teaching:

- 1 Minimum GPA in the major courses of 2.75 and minimum cumulative FPA of 2.5
- 2 Complete all required BHAN or KAAP courses with a minimum of C- or better (with the exception of KAAP425, KAAP433 and BHAN465)
- 3 Complete all required EDUC courses (with the exception of EDUC420 and EDUC400)

Requirement for admission to Student Teaching in Health and Physical Education:

- Minimum GPA in the major courses of 2.75 and a cumulative GPA of 2.5
- 2 Minimum grade of C- or better in all required courses in the major
- 3 Completion of all EDUC courses (with the exception of EDUC400)

# Co-requisite for EDUC 400 – Student Teaching

The candidate must provide proof of having taken the appropriate academic content area tests for Health Education and Physical Education. The Delaware Health Education Test (20550) is required for the health education content test and the Praxis II Content Knowledge Physical Education Test (0091) is required for the physical education content test. A copy of the official scores must be submitted to the Delaware Center for Teacher Education during enrollment in EDUC 400 Student Teaching no later than May 1 for June graduates. An institutional recommendation for certification will not be issued until the candidate has presented the official score report.

# COLLEGE OF HEALTH SCIENCES DEPARTMENT OF BEHAVIORAL HEALTH AND NUTRITION DEPARTMENTAL MINORS 2014-2015

The following is a list of minors that are offered through the Department of Behavioral Health and Nutrition. These minors are available to students from within BHAN as well as from other departments across the university. The minors are not open to students whose major program of study includes all of the courses included in the minor curriculum. Please note that some minor curriculum course requirements have prerequisites. See individual minor fact sheets for more detailed information.

# **Departmental Minor Programs:**

Coaching Science
Dance
Health and Wellness
Health, Physical Activity and Disability
Nutrition
Public Health

# **Description of Minors**

# Coaching Science Minor – 19 credits

The minor helps students develop a personal coaching philosophy, an understanding of the body, how the body performs, injury prevention, the teaching of skills and progressions, sport psychology, and a variety of team responsibilities. A practicum/field experience is also required in the student's choice of sport in order to further enhance the development of coaching skills and philosophy.

## Dance Minor - 17 credits

The Dance minor is available for students who have an interest in dance and want a concentration of study in this area to complement their career goals. The minor provides students with the opportunity to study a variety of coursework including, but not limited to, technique, composition and choreography, and elective choices in the historical, cultural, pedagogical and somatic areas of dance. Additionally, dance minors complete a variable credit capstone experience project.

## Health and Wellness Minor - 18 credits

The Health and Wellness minor has been designed to provide students who have an interest in expanding their knowledge of health and wellness issues. The 18 credit minor will provide students with the opportunity to complement their major course of study by expanding and applying health knowledge and concepts to their chosen profession and personal life. Students in Health Behavior Sciences are not eligible to take this minor as a course of study.

# Health, Physical Activity and Disability Minor - 16 credits

Provides undergraduate students with a theoretical base and quality field-based experiences to appropriately serve individuals with disabilities across the lifespan in a variety of settings that promote health and wellness. The minor is open to students in any major, but it is particularly suited for students who are planning careers in health and exercise sciences such as health and physical education, health promotion, fitness, occupational therapy, therapeutic recreation, physical therapy, sports medicine and coaching. The min or will help Health and Physical Education students to pursue a national certification in Adapted Physical Education. Students applying for the minor must have completed at least one semester of full-time study with a minimum GPA of 2.0. A grade of C- or better in required courses is needed for successful completion of the minor.

# Nutrition Minor – 15 credits (with 16 prerequisite CHEM credits)

This minor is for students interested in the area of nutrition and who believe that good nutrition and personal lifestyles are important for the well-being of individuals. A minor in Nutrition provides students from other degree programs, such as Biology, Chemistry, Health Behavior Science and Nursing a fairly intensive level of understanding of nutritional science and recognition for their efforts.

# Public Health Minor – 18 credits (with 3 prerequisite STAT credits)

Public Health is the science and art of preventing disease, prolonging life, and promoting health through the organized efforts and informed choices of society, organizations, public and private sectors, communities and individuals. The minor in Public Health provides an interdisciplinary opportunity to develop practical skills in program development and increase knowledge in the areas of social systems and policy as well as leadership. The minor is available to students of all disciplines and offers a greater appreciation for the application of public health concepts to your field of study.

# COLLEGE OF HEALTH SCIENCES DEPARTMENT OF BEHAVIORAL HEALTH AND NUTRITION

# **DEGREE COMPLETION REQUIREMENTS 2014-2015**

All programs of study within the Department of Behavioral Health and Nutrition require a total of 120 or 121 credits to qualify for graduation. All programs required completion of courses in three categories: **University Requirements** including University Breadth Requirements, **Major Required Courses** and **Electives**. The Health 3ehavior Science major also requires the completion of an approved minor.

The purpose of breadth requirements is to assure that students achieve both the skills and breadth of mowledge expected of an educated college graduate. Major courses are intended to supply the students with the nore specific knowledge, skills and ability to succeed upon graduation in both the work place and in graduate studies. These classes encompass both theoretical and practical knowledge to enable students to pursue career-elated opportunities. Elective courses may be used to explore individual interests, investigate new fields or opics, or allow the development of competence in a second major, a minor, or a concentration of study. In order o fulfill the requirements of their selected program of study, students must take courses in the following four sategories:

# University Requirements\* – 22-30 credits

<u>Critical Reading and Writing (ENGL110)</u> – 3 credits; minimum grade C-. This must be completed by the ime a student has earned 60 credits.

<u>Multicultural Course</u> – 3 credits; minimum grade of a D- is required; this course cannot be taken pass/fail. These courses stress multicultural, ethnic and/or gender-related content.

<u>First Year Experience (FYE)</u> – 1-3 credits; minimum grade dependent on major. Designed to provide reshmen with essential strategies and information needed to have a successful freshman year. Typically taken with students from within your residence hall and program of study. Specific to each program of study.

<u>Discovery Learning Experience (DLE)</u> – 3-9 credits; minimum grade dependent on major. Discovery-based and experiential learning that involves instructional experiences out-of-class and beyond typical curriculum sourses. Specific to each program of study.

Additional breadth requirements – 12 credits; minimum grade C-. Students must also take 3 credits from each of four different categories:

CREATIVE ARTS AND HUMANITIES
HISTORY AND CULTURAL CHANGE
MATH, NATURAL SCIENCE AND TECHNOLOGY, and
SOCIAL AND BEHAVIORAL SCIENCES

- Major Required Courses credits vary by program. See program checksheets for specific list of required courses for each program of study/major.
- **Electives** credits vary by program. Most courses not required by a program's curriculum may fulfill the elective credit category. See program checksheets for specific number of elective credits.

# **Student Class Status**

Freshmen 27 credits or less

Sophomores 28-59 credits

Juniors 60-89 credits

Seniors 90 or more credits

# **GENERAL ADVISING PROCEDURES AND INFORMATION 2014-2015**

The Department of Behavioral Health and Nutrition provides students with a strong program of quality academic advisement – both from the faculty and the departmental academic advisor. The mission of academic advising in the department is to serve students in the ongoing process of assisting them in the attainment of their educational goals through the development and evaluation of their educational plans. To succeed and progress satisfactorily through a degree program, students must have the resources available to not only receive accurate information about requirements and procedures tailored to individual educational needs, but a knowledgeable, caring advisor to explain university policies and procedures. Advisors are involved in helping students coordinate their learning experiences through the planning of their educational – as well as their career – objectives, based on the abilities and academic progress of each student. Academic advising should also act as a referral for students to other campus agencies (Career Services, Academic Enrichment Center, etc.)

When a student enters the Department of Behavioral Health and Nutrition they are assigned a faculty advisor in their chosen area of study. The Department highly encourages students to meet with their advisor on a regular basis – during advance registration periods and whenever they may have questions regarding their academics or career goals. Students are also highly encouraged to follow their planned program of study, taking courses as suggested at the correct time in their academic career. This can avoid missed courses, conflicting courses, prerequisite sequencing issues and other problems that may arise as they get close to graduation.

Regarding advisement with faculty or the departmental academic advisor, the following is the expectation for a responsible and successful student:

- schedules appointments with his or her advisor and is on time for those appointments.
- is familiar with the on-line Undergraduate Catalog, the Departmental Student Guidebook and specific department policies.
  - is prepared for the advising session (has identified questions or concerns, brings a list of proposed courses and times to advance registration appointment).
  - discusses long-range goals including choice of major and career aspirations.
  - knows academic requirements for continued enrollment and graduation.
  - asks questions about policies, procedures, or requirements that are not understood.
  - keeps copies of relevant academic records.
  - obtains, completes and processes all necessary forms and signatures required for registration, course changes or related affairs within specified deadlines.
  - meets course prerequisites and selects appropriate courses.
  - consults with advisor before making drastic changes to an agreed upon schedule.
  - consults with the advisor about concerns related to academic progress, a change in program, courses to be taken at another institution, withdrawal from courses, or withdrawal from the university.
  - makes final decisions and is actively responsible for his or her academic career.

# The Family Rights and Privacy Act of 1974 (The Buckley Amendment)

Advisors have access to much private information pertaining to students. This information may not be divulged to **anyone** without the student's written consent. This federal law, the Buckley Amendment, establishes standards that pertain to all official student records, including the student's advising file. The Buckley Amendment applies to all schools which receive funds under an applicable program from the U.S. Department of Education. The law requires that educational institutions maintain the confidentiality of student education records and provide students with access to information placed in their official files. The Buckley Amendment generally prohibits the disclosure of information about an advisee without the advisee's prior written consent. Even disclosure to parents, other faculty, or administrators within the institution would constitute a violation unless the individual to whom the information was disclosed has been designated as a "school official" with "legitimate educational interests" in the institutional policy. As agents of the institution, advisors generally enjoy a qualified privilege that protects them from liability as long as they act in good faith in carrying out their responsibilities. The United States Supreme Court has stated that educators will be granted immunity unless they act maliciously or disregard the "basic unquestionable constitutional rights" of students.

# First Year Experience (FYE)

The <u>First Year Experience</u> refers to a layered approach of offering essential strategies and information for students in transition to the University and to enhance the likelihood of academic/social success and student retention. With this experience is a First Year Seminar course which is discipline specific for incoming majors to introduce students to the expectations of an academic major or career. This may differ from the intro course (3-4 credits) in the major.

## **ENGL 110 – Critical Reading and Writing**

This course is required of all students and is generally taken in the freshman year. A minimum grade of a C- is required.

# **Major Requirements**

A minimum grade of a C- is typically required for all major requirements.

## Multicultural Requirement

Every student must complete three credits in a course or courses stressing multicultural, ethnic, and/or gender-related content. A minimum grade of a D- is required; this course cannot be taken pass/fail.

# **Breadth Requirements**

A complete listing of these requirements is available via UDSIS at <a href="http://academiccatalog.udel.edu/Pub\_ShowCatalogPage.aspx?CATKEY=CATKEY\_2107&ACYEAR=2013-2014&DSPL=Published">http://academiccatalog.udel.edu/Pub\_ShowCatalogPage.aspx?CATKEY=CATKEY\_2107&ACYEAR=2013-2014&DSPL=Published</a>. A minimum of a C- is required for all breadth requirements. Cannot be taken pass/fail.

## **Departmental Website**

All information pertaining to BHAN can be found on our departmental website at www:udel.edu/bhan/

# E-mail

Students are required to have a University e-mail account. When faculty generate information to students, they use only University based information – <u>not</u> hotmail, netscape, AOL, etc. If a student wants to keep their own personal e-mail account, they are required to transfer all information from their U of D account into their private account. <u>A student is held responsible for missed information because of either not reading their e-mail or not having it transferred to another e-mail account.</u>

# **Discovery Learning Experience (DLE)**

All undergraduate students are required to take at least three credits of Discovery-Based or Experiential Learning (e.g., an internship, a service learning course, an independent study, participation in the Undergraduate Research Program or a Study Abroad program) in fulfillment of their degrees. The credit requirement may be satisfied in a single course or in a series of courses, as long as a total of three (3) credits are earned. This initiative follows the concept that we learn and retain knowledge more effectively when we learn by doing. When students apply theory to practice, use information to solve actual problems, are mentored to realize that they are not only receivers of knowledge but also discoverers of knowledge, realize and develop their own competencies when faced with unfamiliar situations, they have a deeper realization of the value of what they are being taught. This has the result of strengthening their intellectual abilities and creating the potential to gain greater self-confidence as future professionals. The most effective DLEs challenge students to build on their current level of knowledge, experience and skill sets.

#### UNIVERSITY OF DELAWARE STUDENT RESOURCES

ACADEMIC ENRICHMENT CENTER 148-150 South College Avenue 831-2805 http://www.aec.udel.edu/

The Academic Enrichment Center (AEC) offers services through three different programs:

- University Studies Academic home for undeclared or undecided students. This
  program comprises one of the single largest bodies of undergraduate students within the
  university and represents a diverse population of students in terms of intellectual and academic
  interests. UST (University Studies) undergraduate students will eventually make their way into
  every major and/or minor represented here at the University of Delaware.
- Student Support Services Program (SSSP) The Student Support Services Program (SSSP) provides academic assistance, personal support, cultural enrichment, and individual support for eligible undergraduate students at the University of Delaware. The primary objectives of SSSP are to assist participants to maintain good academic standing, to persist in college, and ultimately to graduate from the University with a baccalaureate degree. Motivated undergraduate students enrolled in a full-time degree program at the University of Delaware who demonstrate the potential to succeed in college and who qualify for participation in a federal TRIO program are eligible to become SSSP students. If you are a first-generation college student (neither of your parents graduated with a four-year undergraduate degree) and/or a student from a family with a limited income, you are encouraged to apply. Applicants are required to submit the most recent copy of the 1040 tax form submitted by the person(s) who claim them. Students with physical and/or Learning Disabilities/ADHD are also eligible to apply.
- Academic Enrichment activities that provide undergraduate students with extensive academic
  assistance through individual tutoring, group study session, mentoring, academic success and
  study skills workshops, personal and social advising, and referral assistance throughout the year.
  These programs and activities are designed to help students maximize their academic ability while
  pursuing their degree programs. AEC also provides services for students with identified learning
  disabilities. Students interested in improving their academic performance should visit AEC.

CAREER SERVICES CENTER
Bank of America Career Services Center
401 Academy Street (adjacent to Perkins Student Center)
831-8479

http://www.udel.edu/CSC

The Career Services Center assists matriculated students and alumni. Undergraduate students may explore potential careers through participation in internships, volunteer work and part-time and summer jobs. Information on employment opportunities in the local area and throughout the mid-Atlantic region is available. This office also offers career workshops on topics such as resume writing, interviewing, and job searching strategies, as well as coordinated the Campus Interview Program and Credentials Services. The annual College of Health Sciences job fair is held each fall. Students interested in participating in any of these career services should visit the Center or check out the "upcoming events" on the CSC website. Students can also make an appointment with a career counselor through this website.

# CENTER FOR COUNSELING AND STUDENT DEVELOPMENT 261 Perkins Student Center – 2<sup>nd</sup> Floor of the Bookstore Annex 831-2141

http://www.udel.edu/counseling/index.html

All of the activities of the Center for Counseling and Student Development are designed to contribute to the personal, educational, and career development of University of Delaware students. The Center's goals are to assist students in achieving their full academic potential, formulating realistic career and educational plans, and resolving personal problems. Appointments and information regarding these services can be obtained by contacting the Center.

HUGH H. MORRIS LIBRARY 181 South College Avenue 831-2965 http://www.lib.udel.edu

The University of Delaware Library is the parent term for five libraries: the Morris Library, the main library where the bulk of the collection is housed, which seats more than 3,000 persons and the four branch libraries including the Agriculture, the Physics, and the Chemistry libraries located on the Newark campus, as well as the Marine Studies Library in Lewes. The libraries contain 2.2 million books and journals and 2.8 items in microtext.

# INSTITUTE FOR GLOBAL STUDIES 26 East Main Street, Elliott Hall 831-2852

http://www.udel.edu/global/

The International Programs and Special Sessions Center (IP/SS) administers University-sponsored study abroad programs, provides support services for foreign students, coordinates summer and winter sessions, and directs the English Language Institute. The Center also provides information to students and faculty on financial support for study, research, teaching and travel abroad. Foreign students and those interested in studying abroad should visit the Center.

# MATH TUTORIAL LAB 106 Ewing Hall

http://www.math.udel.edu/resources/ugrad/tutorial site.html

The Tutorial Lab is designed to improve mathematical learning in the lower level mathematics courses at the University. The Lab provides tutorial assistance and develops instructional and diagnostic materials and techniques to support instruction for MATH 010, 012, all 100-level math courses, MATH 221 and 241. It maintains extensive house to answer students' mathematical questions.

# OFFICE OF CAMPUS AND PUBLIC SAFETY 413 Academy Street

Phone: (302) 831-2222 • Fax: (302) 831-6871

www.udel.edu/PublicSafety

General email: publicsafety@udel.edu

The University of Delaware Department of Public Safety works to create an environment where people can feel safe to learn, work, live and visit and is committed to providing quality service and protection to the entire University community. In partnership with the community and other local police agencies, UD's Department of Public Safety works to prevent crime and resolve issues that affect students, faculty, staff, and visitors. Public Safety provides a free walking escort service for students, staff and faculty to or from any University property or contiguous street, and specific areas off campus that immediately border the Hen after Ten bus route (see MAP). Information regarding the University's late night bus service, Hen after Ten, can be found at: http://www.udel.edu/transportation/ud route/hen.html.

The escort service is designed to enhance your safety and peace of mind if you must walk after dark. This service is available during the hours of darkness every night of the week.

To arrange for an escort please call 831-6666 or use one of the over 200 blue light emergency phones located throughout campus.

# OFFICE OF DISABILITIES SUPPORT SERVICES 240 Academy Street

119 Allison Hall

Phone: 831-4643 Fax: 831-3261

http://www.udel.edu/DSS Email: dssoffice@udel.edu

This office brings together an array of services for students, faculty and staff under one unit that are housed centrally in first-floor facilities in Alison Hall. The DSS office provides services for students with learning disabilities (LD) and Attention Deficit/Hyperactivity Disorder (ADHD), and for students and employees with permanent disabilities. This Office is charged with providing equal educational opportunities for students with disabilities and with encouraging full participation by these students in University programs. Students with obtain services including information and referral assistance through the University's pre-admission process; specialized orientation tours of campus; assistance in obtaining priority status of scheduling; temporary loans of cassette tape recorders/player, keys to lifts and elevators, and assisted listening devices; assistance in locating attendants for on-going and occasional needs; and assistance in obtaining training in the use of specialized equipment (e.g. Kurzweil reading machine, talking calculator, talking computer terminal, Braille terminal, and large-screen computers).

# OFFICE OF EQUITY AND INCLUSION 305 Hullihen Hall

831-8735

http://www.udel.edu/oei ("oei" must be in lower case)

The purpose of this office is to advocate for an equitable and inclusive work and learning environment by monitoring, coordinating, and overseeing the University's diversity and inclusion initiatives. Matters related to discrimination based upon race, ethnicity, gender, class, sexual orientation, disability, religion and acts of intolerance are addressed in this Office. The four prongs of the Office of Equity and Inclusion are:

- <u>Affirmative Action</u> the interpretation of University Policy Against Sexual Harassment and other Unlawful Harassment as well as Affirmative Action & Equal Opportunity
- <u>Campus Diversity</u> issues dealing with protected class members at UD, gender, ethnicity and Equal Employment Opportunity for students and employees
- <u>LGBT Community Issues</u> mission is to promote equality specifically regarding sexual orientation and gender identity/expression, vital to the University's goal of being inclusionary to all people. The office works with the University to create a welcoming and safe environment through collaborative efforts in outreach, advocacy and activism.
- <u>Women's Affairs</u> The Office of Women's Affairs, serving UD since 1978, advocates for equality by offering confidential support services, providing resources on women's issues, and presenting and celebrating the contributions and perspectives of women on- and off-campus.

# STUDENT HEALTH SERVICES

282 The Green

**Laurel Hall** 

NURSING STAFF IS AVAILABLE FOR TREATMENT AND CONSULTATION 24 HOURS A DAY 7 DAYS A WEEK

831-2226

http://www.udel.edu/shs

The Student Health Service (SHS) located in Laurel Hall, provides out-patient medical services for all undergraduate and graduate students. The SHS is staffed by well-trained and fully licensed physicians, nurse practitioners and nurses. Physicians are Board-certified, Board-eligible or fellowship-trained in the following specialties: adolescent medicine, sports medicine, family practice, pediatrics and gynecology. The nursing staff includes nurse practitioners and ANA-certified college health nurses.

# THE TECHNOLOGY SOLUTIONS CENTER 002B Smith Hall

831-8895

http://www.it.udel.edu

The Technology Resource Center serves students, faculty and staff with all computing needs, whether help is needed to purchase a new computer or assistance is needed for a personal computer. The University offers full support for both Windows 95 and 98 and Apple MacOS 7.5x or 8.x systems. Students should check the website for the most up-to-date information regarding system minimum requirements.

# UNIVERSITY WRITING CENTER 016 Memorial Hall

831-1168

http://www.english.udel.edu/wc

The primary purpose of the University Writing Center is to provide University students with individualized instruction in writing. Students at any level and from any discipline may attend the Center free of charge. Writing Center instructors work one-on-one with students in need of an intensive program in order to succeed in University course work and with students who need to improve only a particular aspect of their writing. Students may attend on a one-time basis or may set up regular course of instruction.

# WELLSPRING STUDENT WELLNESS PROGRAM 231 South College Avenue

831-3457

http://www.udel.edu/studentwellness/

The Wellspring Student Wellness Program promotes good health and provides supportive counseling for students on a variety of wellness topics including: nutrition and fitness, body image and eating disorders, alcohol and other drugs, sexuality, healthy relationships, sexually transmitted infections, contraceptives, sexual assault, stalking, intimate partner violence, holistic wellness, stress management, relaxation techniques, massage, smoking cessation, and other related topics.

# APPLIED NUTRITION, DIETETICS, AND NUTRITIONAL SCIENCES 1



#### AREAS OF EMPHASIS AT DELAWARE

The Behavioral Health and Nutrition Department at the University of Delaware offers majors leading to a Bachelor of Science degree. Three of these majors focus on the area of nutrition and dietetics. These majors build on a strong foundation of chemistry, biology, social sciences and humanities courses while developing knowledge and expertise in the area of nutrition and dietetics. Students can major in Applied Nutrition, Dietetics or Nutritional Sciences based on their career goals and interests.

## WHAT IS NUTRITION AND DIETETICS?

Nutrition is a diverse area of study for people who enjoy science, who believe that good nutrition, appealing food, and personal lifestyles are important for the well being of all individuals and who find satisfaction from working with people to help them think about food, nutrition, health, and wellness.

Applied Nutrition is designed for a student with broad and varied interests. This major allows students to combine the study of nutrition with other academic areas such as health and exercise, food science, psychology, or business.

The Dietetics major is the first step leading to the credential of Registered Dietitian by the Academy of Nutrition and Dietetics. The University of Delaware's didactic program in Dietetics is currently granted accreditation status by the Accreditation Council for Education in Nutrition and Dietetics. Students in this major can satisfy the professional practice requirement after the Bachelor of Science degree by completing an Academy of Nutrition and Dietetics accredited dietetic internship.

The Nutritional Sciences major focuses on the science of human nutrition for those interested in an advanced degree in nutrition or physical therapy, or as the pre-professional degree program for medicine, dentistry or other health professions. It provides students with a very strong background in the chemical and biological sciences as well as the study of nutrition.

### WHAT'S SPECIAL ABOUT THE PROGRAM?

Each student is assigned a faculty advisor in the department who helps in analyzing the student's personal and educational goals and in planning the most appropriate academic program. Students interested in Nutrition and Dietetics may participate in the University's Honors Program.

## FACILITIES, RESOURCES, AND OPPORTUNITIES FOR EXPERIENCE

Students gain skills in counseling, nutrition education, resource development and applied practice research through a variety of courses and in many settings. Students can participate in the Nutrition and Dietetics Club, the Academy of Nutrition and Dietetics, and the Society for Nutrition Education and Behavior. Winter and summer travel study courses are offered within the United States and internationally. Some of the courses satisfy the University's multicultural requirement. The Behavioral Health and Nutrition Department offers a Dietetic Internship to students following graduation from the baccalaureate program in Dietetics. Admission to this internship is competitive, but UD students have an advantage by applying on a preselect basis.

## **CAREER PATHS**

The majors in the area of nutrition and dietetics prepare students for careers in high-demand areas in business, industry, public, private or government agencies, and in education and research. Graduates from the Applied Nutrition major are eligible for employment in nutrition education programs, food services, and fitness or health promotion programs. Those completing the Dietetics major who become Registered Dietitians work with individuals and groups in a variety of health and living situations. Graduates are employed in health care organizations, food service operations, business and industry, education and research, health promotion and private practice. Typically, Nutritional Sciences majors choose to pursue advanced degrees in the health and nutrition fields.



## NUTRITION AND DIETETICS CURRICULUM

To earn a bachelor's degree, students must complete 120 credits and meet specific requirements, as outlined in the *University of Delaware Undergraduate Catalog*. Each semesters' courses will vary, depending on the student's background and academic preparation. The following plan is only one example; not every student will take every course in the same order. The average number of credits per semester ranges from 12 to 17. Winter and summer sessions can help lighten the loads of regular semesters.

	FALL	SPRING
FRESHMAN YEAR	General Chemistry I Sociology Nutrition Concepts Intro. To Nutrition Professions (FYE) Math	General Chemistry II General Biology I Critical Reading and Writing Breadth Course
SOPHOMORE YEAR	Organic Chemistry Human Physiology Food Concepts Psychology	Biochemistry with Lab Food Science Economics Course Introduction to the Nutrition Care Process
JUNIOR YEAR	*Nutrition 300/400 Level Courses Microbiology Macronutrients Breadth Course	Management & Organizational Behavior Micronutrients *Nutrition 300/400 Level Courses Statistics
SENIOR YEAR	*Nutrition 300/400 Level Courses Breadth Course  An approved course (3 credits) stressing content is required.	*Nutrition 300/400 Level Courses Electives g multicultural, ethnic, and/or gender-related

All students must complete 12 credits of University Breadth requirements with a C- or better.

# FOR MORE INFORMATION

You are always welcome to come talk with us about our majors and the ways in which we can help you reach your goals. Please feel free to contact us at:

College of Health Sciences
Department of Behavioral Health and Nutrition
Carpenter Sports Building
26 North College Avenue
Newark, DE 19716
bhanadvising@udel.edu
www.udel.edu/BHAN

Admissions Office 210 South College Avenue University of Delaware Newark, DE 19716 (302) 831-8123 (302) 831-6905 (302) 831-4563 admissions@udel.edu www.udel.edu/admissions

<sup>\*</sup> May include Nutrition Counseling, Medical Nutrition Therapy, Nutrition and Activity, Management of Food and Nutrition Services, Nutritional Assessment, Nutrition in the Lifespan, On-Site Food Production, etc.

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>APPLIED NUTRITION 2014-2015</u>

Enter Fall 2014 - Graduate Spring 2018 Minimum Credits to Graduate: 120

<u>Univers</u>	ity Requirer				
	ENGL110 Critical Reading & Writing* (3 credits)  Multicultural Course (3 credits) NTDT301 will satisfy both this and an NTDT300/400 elective but is not a required course in the curriculum. There are other courses that will satisfy the Multicultural requirement.  First Year Experience (FYE; 1-4 credits) NTDT103 fulfills this requirement  Discovery Learning Experience (DLE; 3 credits) NTDT350 or 460 will satisfy both this and an NTDT300/400 elective but are not required courses in the curriculum. Other courses including Study Abroad satisfy the DLE requirement.				
	University Breadth Requirements * (students must take breadth courses from four different subject areas)  Go to <a href="https://www.academiccatalog.udel.edu">www.academiccatalog.udel.edu</a> for a complete list of breadth courses and restrictions:  Creative Arts and Humanities* (3 credits)  History and Cultural Change* (3 credits)  Social and Behavioral Sciences* (3 credits) (BUAD309, ECON100, ECON151 and/or PSYC100 satisfy this requirement Math, Natural Science and Technology *(3 credits) ANFS305 satisfies this requirement if grade earned is C- or better				
		MAJOR REQUIREN	MENTS (6	9-70 credits)	
	ANFS305 BISC104 BISC106 BUAD309 CHEM101 CHEM213 CHEM215 CHEM214 CHEM216 ECON100	Food Science * (3) Principles of Biology (4) or BISC205 Biology for Health Sciences (4) Elementary Human Physiology (3) * or BISC276 Human Physiology * (4) Organizational Behavior (3) or CHEM103 General Chemistry (4) or CHEM104 General Chemistry (4) Elementary Organic Chemistry (3) Elementary Organic Chemistry/Lab (1) Elementary Biochemistry* (3) Elementary Biochemistry Lab* (1) Economic Issues & Policies (3) or ECON101 Intro to Microeconomics (3)			successful performance on the Math Proficiency Exam) (3) Introduction to Nutrition Professions (1) Nutrition Concepts * (3) Food Concepts * (3) 300/400 Elective * (3) 300/400 Elective * (3)

<u>ELECTIVES</u> - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

See other side for suggested Program of Study

Please refer to the course catalog <a href="http://academiccatalog.udel.edu/Pub\_ShowCatalogPage.aspx?CATKEY=KEY\_1357&ACYEAR=2014-2015">http://academiccatalog.udel.edu/Pub\_ShowCatalogPage.aspx?CATKEY=KEY\_1357&ACYEAR=2014-2015</a> for a complete listing of program requirements.

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>APPLIED NUTRITION 2014-2015</u>

Enter Fall 2014 - Graduate Spring 2018 / Minimum Credits to Graduate = 120

Suggested Sequence Consult with your advisor for possible alternative sequencing

	FRESHIVIAN YEAR		SOPHOMORE YEAR	
Fall (≈	14 credits)			
	CHEM101 or CHEM103 General Chemistry	4	Fall (≈ <b>14</b> -15 credits)	
	(103 CR MATH114 or higher)		CHEM213 Elem. Organic Chemistry	3
	MATH114 Elementary Math & Statistics		(PR CHEM102, 104 or 105)	
	or equivalent	3	CHEM215 Elem. Organic Chemistry Lab (CR CHEM2	<mark>13)</mark> 1
	NTDT103 Intro to Nutrition Professions (Fall only)	1	Spring(≈ <b>14</b> -15 credits)	
	NTDT200 Nutrition Concepts*	3	ANFS305 Food Science* (Spring only)	3
Spring	g (≈ 14 credits)	Ü	CHEM214 Elem. Biochemistry* (PR CHEM213)	3
Spring	BISC104 or BISC205 Biology for Health Sciences	4	CHEM216 Elem. Biochemistry Lab* (CR CHEM214)	1
	(205 PR or CR CHEM 101, 103 or 105)	4	Either Fall or Spring	•
	CHEM102 or CHEM104 General Chemistry	4	BISC106 (no PR) or BISC276 Human Physiology*	3-4
	(102 PR CHEM101; 104 PR CHEM101, 103 or 105)	7	(276 PR BISC205 or 208 and CHEM101, 103, 105 or 111	
Fither	Fall or Spring		ECON100 or ECON101 Economics (151 PR MATHXX	
Littioi	ENGL110 Critical Reading and Writing*	3	NTDT201 Food Concepts*	3
	SOCIXXX Sociology Elective	3	PSYC100 General Psychology	3
		ა ე		ა ე
	Breadth or Multicultural or Elective **	3	Breadth or Multicultural or Elective **	3
		28	Breadth or Multicultural or Elective **	3
				29-30
	JUNIOR YEAR		<u>SENIOR YEAR</u>	
Fall (≈	<b>14</b> -15 credits)		Either Fall or Spring (≈ 16-17 credits per semester)	
	NTDT400 Macronutrients* (PR NTDT200, CHEM214 & 21	<mark>6)</mark> 3	NTDT300/400 Elective*	3
Spring	ı (≈ <b>14</b> -15 credits)		NTDT300/400 Elective*	3
, .	NTDT401 Micronutrients* (PR NTDT400)	3	NTDT300/400 Elective*	3
Fither	Fall or Spring		Discovery Learning Experience (DLE)**	3
	BUAD309 Organizational Behavior	3	Breadth or Multicultural or Elective **	3
	NTDT305 Nutrition in the Lifespan*	3	Breadth or Multicultural or Elective **	3
	(PR NTDT200 and a biology course)	3	Breadth or Multicultural or Elective **	3
	NTDT300/400 Elective*	3	Breadth or Multicultural or Elective **	2
	Breadth or Multicultural or Elective **	3		ე ე
	Breadth or Multicultural or Elective **	3	Breadth or Multicultural or Elective **	3
	Breadth or Multicultural or Elective **	3	Breadth or Multicultural or Elective **	3
			Breadth or Multicultural or Elective **	<u>1-3</u>
	Breadth or Multicultural or Elective **	3		31-33
	Breadth or Multicultural or Elective **	3		
		30		
	Total of 120 credits minimum	n reauii	red for graduation	
		1	9	
**DDE	ADTH OD MIII TICHI THDAL OD ELECTIVE (from	abaya) MHG	CT INCLUDE: /for a licting of sources	م بنظما مطبياً
			ST INCLUDE: (for a listing of courses - <u>www.academiccatalor</u>	<u>y.uuer.euu</u>
			I satisfy both this and an NTDT300/400 Elective)	-1
DI	scovery Learning Experience (3)		(NTDT350 or 460 will satisfy this and an NTDT300/400 E	lective)
	eative Arts & Humanities Breadth (3)*			
Hi	story & Cultural Change Breadth (3)*		<u></u>	
			FVE (ALTERTACE)	
			n: FYE (NTDT103) and University Breadth Requirements for Social	
			h, Natural Science and Technology (ANFS305, BISC104, BISC207	, CHEM101
CHEMI	02, CHEM103, CHEM104). C- or better required if used to	satisty Bread	ath Requirement or as indicated above.	

PR - Pre-requisite; CR - Co-requisite

<sup>\*</sup> Grade of C- or better required

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>DIETETICS 2014-2015</u>

Enter Fall 2014 - Graduate Spring 2018
Minimum Credits to Graduate = 120

<u>Univer</u> 	First Year Ex	ritical Reading & Writing* (3 credits)	s this requ	iirement	one breadth requirement simultaneously)
Univers Go to w	ww.academic Creative Arts History and Social and B	Requirements * (students must take bread catalog.udel.edu for a complete list of bread and Humanities* (3 credits) Cultural Change* (3 credits) ehavioral Sciences* (3 credits) BUAD309, EC al Science and Technology *(3 credits) ANI	th courses ON100, EC	and restriction	ons: C100, and/or SOCI201 satisfy this requirement
		MAJOR REQUIRE	<u>MENTS (</u>	96 credits)	
		Food Science * (3) Biology for Health Sciences (4) Human Physiology * (4) Introduction to Microbiology (4) or Medical Microbiol. & Infect. Diseases (4) Organizational Behavior (3) or CHEM103 General Chemistry (4) or CHEM104 General Chemistry (4) Elementary Organic Chemistry (3) Elementary Organic Chemistry Lab (1) Elementary Biochemistry* (3) Elementary Biochemistry Lab * (1) Economic Issues & Policies (3) or ECON101 Intro to Microeconomics (3) Elementary Math & Statistics (or successful performance on the Math Proficiency Exam) (3) Intro to Nutrition Professions (1)		NTDT321 NTDT322 NTDT326 NTDT330 NTDT400 NTDT401 NTDT403 NTDT421 NTDT445 NTDT450 NTDT451 NTDT460	Food Concepts * (3) Intro to the Nutrition Care Process * (3) Nutrition in the Life Span*(3) Quantity Food Production & Service * (3) Mgmt. of Food & Nutrition Services * (3) On-Site Food Production * (3) Nutrition Counseling * (3) Macronutrients * (3) Micronutrient s* (3) Dietetics Seminar (1) Nutritional Assessment Methods * (3) Teaching Methods: Nutrition & Foods*( 3) Medical Nutrition Therapy I * (3) Medical Nutrition Therapy II* (3) Community Nutrition * (3) General Psychology (3) Introduction to Sociology (3) or FREC408 or PSYC209 Statistics (3)
	NTDT103	Nutrition Concepts * (3)		31A1200	01 1 NEO400 01 1 3 1 0207 3 (alistics (3)

<u>ELECTIVES</u> - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

See other side for suggested Program of Study

Please refer to the course catalog <a href="http://academiccatalog.udel.edu/Pub\_ShowCatalogPage.aspx?CATKEY=KEY\_1359&ACYEAR=2014-2015">http://academiccatalog.udel.edu/Pub\_ShowCatalogPage.aspx?CATKEY=KEY\_1359&ACYEAR=2014-2015</a> for a complete listing of program requirements.

<sup>\*</sup> Grade of C- or better required

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>DIETETICS 2014-2015</u>

**Enter Fall 2014 - Graduate Spring 2018/ Minimum Credits to Graduate = 120** 

Suggested Program of Study
Consult with your advisor for possible alternative sequencing

<u>FRESHMAN YEAR</u>			
Fall (≈ 14 credits)		SOPHOMORE YEAR	
CHEM101 or CHEM103 General Chemistry	4	Fall (≈ 15 credits)	
(103 CR MATH114 or higher)	_	CHEM213 Elem Organic Chem (PR CHEM102, 104 or 105)	) 3
MATH114 Elementary Math & Statistics	3	CHEM215 Elem Organic Chemistry Lab (CR CHEM213)	1
or equivalent		Spring (≈ 15 credits)	
NTDT103 Intro to Nutrition Professions (Fall only)	1	ANFS305 Food Science* (Spring only)	3
NTDT200 Nutrition Concepts*	3	CHEM214 Elem. Biochemistry* (PR CHEM 213)	3
Spring (≈ 14 credits)		CHEM216 Elem. Biochemistry Lab* (CR CHEM 214)	1
BISC205 Biology for Health Sciences (PR or CR CHEM 101, 103 or 105)	4	NTDT250 Intro to the Nutrition Care Process*	3
CHEM102 or CHEM104 General Chemistry	4	(PR NTDT200) Either Fall or Spring	
(PR CHEM101 or 103)		BISC276 Human Physiology* (PR BISC205, 207 or 208	4
Either Fall or Spring	2	and CHEM101, 103, 105 or 111))	·
ENGL110 Critical Reading and Writing*	3	ECON100 or ECON101 Economics	3
SOCI201 Introduction to Sociology	3	NTDT201 Food Concepts*	3
Breadth or Multicultural or Elective**	3	PSYC100 General Psychology	3
	28	STAT200 or PSYC209 or FREC408 Statistics	3
			30
JUNIOR YEAR		SENIOR YEAR	00
Fall (≈ 15-16 credits)		Fall (≈ 15-16 credits)	
NTDT321 Quantity Food Production	3	NTDT403 Dietetics Seminar (Fall only; PR Senior)	1
& Service* (Fall only; PR NTDT200 & 201)	3	NTDT403 Detection Sertification (Fair only, PK Serior)  NTDT401 Nutritional Assessment Methods*	2
NTDT326 On-Site Food Production* (CR NTDT321)	3	(Fall only; PR NTDT400 and statistics course)	3
	3	NTDT450 Medical Nutrition Therapy I* (Fall only)	3
NTDT400 Macronutrients* (PR NTDT200, CHEM214 & CHEM216)	3	PR BISC276, NTDT250 and 400)	0
Spring (≈ 15-16 credits)		Spring (≈ 15-16 credits)	
NTDT322 Management. of Food & Nutrition	3	NTDT451 Medical Nutrition Therapy II* (Spring only;	3
Services* (Spring only: PR NTDT200 & 201)	5	PR BISC276, NTDT250 and 400)	
NTDT401 Micronutrients* (PR NTDT400)	3	Either Fall or Spring	
Either Fall or Spring	J	NTDT445 Teaching Methods: Nutrition	3
BISC300 Introduction to Microbiology or	4	& Foods* (PR NTDT200)	
MEDT270 Medical Microbiol. & Infect. Dis.	4	NTDT460 Community Nutrition* (DLE; PR NTDT321	3
(PR BISC205 OR 207 for both)		and NTDT400)	
BUAD309 Organizational Behavior	3	Breadth or Multicultural or Elective**	3
NTDT 305 Nutrition in the Lifespan* (PR NTDT200	3	Breadth or Multicultural or Elective**	3
and a biology course)	J	Breadth or Multicultural or Elective**	3
NTDT330 Nutrition Counseling*	3	Breadth or Multicultural or Elective**	3
		Breadth or Multicultural or Elective**	3
Breadth or Multicultural or Elective**	3		31
	31		
Total of 120 credits minimu	ım regui	red for graduation	
10tal 01 120 creates minime	iiii regar	ca for graduation	
**DDEADTH OD MINITION THOM OD ELECTIVE (for		CT INCLUDE (for a lighter of accuracy and accordance to be a controlled to the control to the contr	الماما الماما
Multiquitural Course (2)	(con osticful	ST INCLUDE: (for a listing of courses - <a href="https://www.academiccatalog.u">www.academiccatalog.u</a>	<u>iuei.euu</u>
Mulliculural Course (3)	_ (can sausiy b	oth multicultural and one breadth requirement simultaneously)	
Creditive Arts & Humanilles Breadin (3)			
History & Cultural Change Breadth (3)*			
		EVE (ALTOTAGE) DIE (ALTOTAGE)	
		n: FYE (NTDT103), DLE (NTDT460) and University Breadth Requirem	
SOCIAI & BENAVIORAI SCIENCES (BUAD309, ECONTO), ECONTO	r bottor roquired	Cl201) and Math, Natural Science and Technology (ANFS305, BISC2	U/,
CHEM101, CHEM102, CHEM103, CHEM104, STAT200). C- o	ı bellel requiled	ii useu to satisty dieautii requirement of as indicated above.	

PR - Pre-requisite; CR - Co-requisite

<sup>\*</sup> Grade of C- or better required

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>NUTRITIONAL SCIENCES 2014-2015</u>

Enter Fall 2014 - Graduate Spring 2018 Minimum Credits to Graduate: 120

<u>Univers</u>	sity Requirer	<u>nents</u>			
	ENGL110 Critical Reading & Writing* (3 credits)				
	Multicultural Course (3 credits) NTDT301 will satisfy both this and an NTDT300/400 elective but is not a				
	r	equired course in the curriculum. There are	other cou	ırses that will	satisfy the Multicultural requirement.
	First Year E	experience (FYE; 1-4 credits) NTDT103 satis	sfies this	requirement	
	Discovery Learning Experience (DLE; 3 credits) NTDT350 or 460 will satisfy both this and an NTDT300/400 elective but				
	2	ire not required courses in the curriculum. C	ther cour	ses including	Study Abroad satisfy the DLE requirement.
		Requirements * (students must take brea			
Go to w		<u>ccatalog.udel.edu</u> for a complete list of bread	Ith course	es and restric	tions:
		ts and Humanities* (3 credits)			
		Cultural Change* (3 credits)			
		Behavioral Sciences* (3 credits) ECON100 o			
	Math, Natur	al Science and Technology *(3 credits) ANF:	S305 will	satisfy this re	equirement if grade earned is C- or better
		MAJOR REQUIREM	<u>IENTS (9</u>	2-93 credits)	
	ANFS305	Food Science * (3)		NTDT200	Nutrition Concepts * (3)
				NTDT200 NTDT201	Food Concepts * (3)
	DISC207	Introductory Biology I (4) Introductory Biology II (4)			300/400 Elective * (3)
	DISC200	Human Physiology * (4)			300/400 Elective (3) 300/400 Elective * (3)
	DISC270	Introduction to Microbiology (4)			300/400 Elective (3) 300/400 Elective * (3)
	BISC207 BISC208 BISC276 BISC300 CHEM103 CHEM104 CHEM214 CHEM216 CHEM321 CHEM322 ECON100	Introduction to Microbiology (4)			300/400 Elective (3)
	CHEM103	General Chemistry (4) General Chemistry (4)		NTDTXXX	Nutrition in the Life Span* (3)
	CHEWI104	Clementony Dischemistry* (2)		NIDI303	Macronutrients * (3)
	CHEWIZ 14	Elementary Biochemistry* (3)		NTDT400 NTDT401 NTDT421	
	CHEWIZ 10	Elementary Biochemistry Lab* (1)		NTDT401	Micronutrients * (3)
	CHEIVI321	Organic Chemistry (4)		N1D1421	Nutritional Assessment Methods * (3)
	CHEWI322	Organic Chemistry (4)		PHYS201	Introductory Physics I (4)
	ECON100	Economic issues & Folicies of		Social Sciel	nce Elective (3) ** nce Elective (3) ** nce Elective (3) **
	NAATI 1004	ECON101 Intro to Microeconomics (3)		Social Sciel	nce Elective (3)
	MATH221	Calculus I or MATH241 Analytic Geometry		Social Sciel	TICE EIECTIVE (3)
	NTDT100	and Calculus AB (3 or 4)		STAT408	Statistical Research Methods (3)
	NTDT103	Intro to Nutrition Professions (1)			

<u>ELECTIVES</u> - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

See other side for suggested Program of Study

Please refer to the course catalog <a href="http://academiccatalog.udel.edu/Pub\_ShowCatalogPage.aspx?CATKEY=KEY\_1361&ACYEAR=2014-2015">http://academiccatalog.udel.edu/Pub\_ShowCatalogPage.aspx?CATKEY=KEY\_1361&ACYEAR=2014-2015</a> for a complete listing of program requirements.

<sup>\*</sup> Grade of C- or better required

<sup>\*\*</sup> Social Science Electives - courses from the following departments: Anthropology, Black American Studies, Business Administration, Criminal Justice, Economics (including FREC150), History, Human Development and Family Studies (HDFS201, 221, 230, 329, 401, 403, 405), Political Science, Psychology (except 209 and 314), Sociology, Women's Studies (WOMS 201, 202, 206, 207, 211, 212, 213, 233, 240, 291, 298, 299, 300, 305, 323, 333, 350, 363, 407, 413, 415, 430, 436, 460, 484, 498)

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>NUTRITIONAL SCIENCES 2014-2015</u>

Enter Fall 2014 - Graduate Spring 2018/Minimum Credits to Graduate - 120

Suggested Program of Study
Consult with your advisor for possible alternative sequencing

FRESHMAN YEAR		SOPHOMORE YEAR	
Fall (≈ 15-16 credits)		Fall (≈ <b>14</b> -16 credits)	
BISC207 Introductory Biology I	4	CHEM321 Organic Chemistry (Fall only; PR CHEM104	<mark>!)</mark> 4
(PR or CR CHEM 101, 103, 105 or 111)		Spring (≈ 15-16 credits)	-
CHEM103 General Chemistry (CR MATH114 or higher)	4	ANFS305 Food Science (Spring only)	3
MATH221 Calculus I (PR MATH 115 or Level V MPT)	3-4	CHEM214 Elem. Biochemistry* (PR CHEM321)	3
OR MATH241 Analytic Geometry & Calculus A		CHEM216 Elem. Biochemistry Lab* (CR CHEM214)	1
(PR MATH 117 or Level VI MPT)		CHEM322 Organic Chemistry (Spring only; PR CHEM3	
NTDT103 Intro to Nutrition Professions (Fall only)	1	Either Fall or Spring	<del>- · /</del>
NTDT200 Nutrition Concepts*	3	BISC276 Human Physiology*	4
<i>Spring</i> (≈ <b>14</b> -15 credits)		(PR BISC207 or 208 and CHEM101, 103, 105 or 111)	•
BISC208 Introductory Biology II (PR BISC207;	4	NTDT201 Food Concepts*	3
CR CHEM102, 104, 106 or 112)		Breadth or Multicultural or Elective **	3
CHEM104 General Chemistry (PR CHEM101, 103 or 105		Breadth or Mulcicultural or Elective **	3
ENGL110 Critical Reading and Writing*	3	Breadth or Multicultural or Elective **	2 <u>-4</u>
Breadth or Multicultural or Elective **	3-4		30-32
	29-31		
JUNIOR YEAR		<u>SENIOR YEAR</u>	
Fall (≈ <b>15 credits</b> )		Fall (≈ 15 credits for both Fall and Spring)	
STAT408 Statistical Research Methods	3	NTDT421 Nutritional Assessment Methods*	3
NTDT400 Macronutrients* (PR NTDT200, CHEM214 &216	<mark>6)</mark> 3	(Fall only; PR NTDT400 and a stat course)	
PHYS201 General Physics (PR MATH 115, 117, 221 or 2	<mark>41)</mark> 4	Either Fall or Spring	
Spring (≈15 credits)		Discovery Learning Experience (DLE)**	3
NTDT401 Micronutrients* (PR NTDT400)	3	NTDT300/400 Elective*	3
Either Fall or Spring		NTDT300/400 Elective*	3
BISC300 Introduction to Microbiology (PR BISC207)	4	NTDT300/400 Elective*	3
ECON100 Economic Issues Policies or	3	NTDT300/400 Elective*	3
ECON101 Intro to Microeconomics		Social Science Elective	3
NTDT305 Nutrition in the Lifespan*	3	Social Science Elective	3
(PR NTDT200 and a biology course)		Breadth or Multicultural or Elective **	4
NTDT300/400 Elective*	3	Breadth or Multicultural or Elective **	3
Social Science Elective	3		31
	29		
Total of 120 credits minimum	n roqui	rod for graduation	
rotal of 120 credits illillillidi	ii i equi	red for graduation	
		TINCLUDE: (for a listing of courses www.academiccatalog.	udel.edu)
Multicultural Course (3) (1)	NTDT301 wi	Il satisfy both this and an NTDT300/400 Elective)	<b>.</b>
Discovery Learning Experience (3)		(NTDT350 or 460 will satisfy this and an NTDT300/400	Elective)
Creative Arts & Humanities Breadth (3)*		<u></u>	
History & Cultural Change Breadth (3)*			
Social Science Elective (3)	、	everse side for list of courses)	
Social Science Elective (3)		everse side for list of courses)	
Social Science Elective (3)	(see re	everse side for list of courses)	
TI 6 II		EVE (NTDT400)	
		n: FYE (NTDT103) and University Breadth Requirements for Socia	
behavioral Sciences (ECONTOU OF ECONTST) and Math, Natural	ocience and	Technology (ANFS305, BISC207, CHEM103, CHEM104, FREC408	5, IVIA I H22 I ,

PR - Pre-requisite; CR - Co-requisite

MATH241, PHYS201). ). C- or better required if used to satisfy Breadth Requirement or as indicated above.

<sup>\*</sup> Grade of C- or better required

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>DOUBLE MAJOR IN DIETETICS & NUTRITIONAL SCIENCES 2014-2015</u>

Enter Fall 2014 - Graduate Spring 2018 Minimum Credits to Graduate = 120

Univers	sity Require	ments			
	First Year E	Critical Reading & Writing* (3 credits)Multicultural Course (3 credits; can satis Experience (FYE; 1-4 credits) NTDT103 fulf Learning Experience (DLE; 3 credits) NTD4	ilÍs this req	uirement	d one breadth requirement simultaneously) ent
Go to w	ww.academi Creative Ar History and Social and I	Requirements * (students must take breaccatalog.udel.edu for a complete list of breadts and Humanities* (3 credits) If Cultural Change* (3 credits) Behavioral Sciences* (3 credits) BUAD309, Eal Science and Technology *(3 credits) ANF	dth course CON100, E	s and restrict CON151, PS	Clook Socionsatisfy this requirement
		MAJOR REQUIREM	<u>ENTS (112</u>	2-113 credits	1
	ANFS305 BISC207 BISC208 BISC276 BISC300 BUAD309 CHEM103 CHEM104 CHEM214 CHEM221 CHEM220 CHEM221 CHEM321 CHEM322 ECON100 MATH221 NTDT103 NTDT200	Elementary Biochemistry* (3) Elementary Biochemistry Lab * (1) Quantitative Analysis Chemistry (3) Quantitative Analysis Chemistry Lab (1) Organic Chemistry (4)		PHYS201 PSYC100	Food Concepts * (3) Intro to the Nutrition Care Process * (3) Nutrition in the Life Span* (3) Quantity Food Production & Service * (3) Mgmt. of Food & Nutrition Services * (3) On-Site Food Production * (3) Nutrition Counseling * (3) Macronutrients * (3) Micronutrient s* (3) Dietetics Seminar * (1) Nutritional Assessment Methods * (3) Teaching Methods: Nutrition & Foods* (3) Medical Nutrition Therapy I * (3) Medical Nutrition Therapy II* (3) Community Nutrition * (3) Introductory Physics I (4) General Psychology (3) Introduction to Sociology (3) Statistical Research Methods (3)

<u>ELECTIVES</u> - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

Please refer to other side for suggested Program of Study

and additional course information

<sup>\*</sup> Grade of C- or better required

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>DOUBLE MAJOR IN DIETETICS</u> AND NUTRITIONAL SCIENCES 2014-2015

**Enter Fall 2014 - Graduate Spring 2018/ Minimum Credits to Graduate = 120** 

Suggested Program of Study

Consult with your advisor for possible alternative sequencing

Fall (≈ 14-17 credits)

		raii (~ 14-17 Cieuits)	
<u>FRESHMAN YEAR</u>		CHEM220 Quant Analysis (Fall only; PR CHEM102 or104)	3
Fall (≈ 15-16 credits)		CHEM221 Quant Analysis Lab (Fall only; CR CHEM213)	1
BISC207 Introductory Biology	4	CHEM321 Organic Chemistry (Fall only; (CR CHEM104)	4
CHEM103 General Chemistry (CR MATH114 or higher)	4		4
		Spring (≈ 15-18 credits)	0
MATH221 or 241Calculus I or Analytic Geometry	3/4	ANFS305 Food Science* (Spring only)	3
and Calculus A		CHEM214 Elem. Biochemistry* (PR CHEM 213)	3
NTDT103 Intro to Nutrition Professions (Fall only)	1	CHEM216 Elem. Biochemistry Lab* (CR CHEM 214)	1
NTDT200 Nutrition Concepts*	3	CHEM322 Organic Chem (Spring only; PR CHEM 321)	4
Spring (≈ 14 credits)		NTDT250 Intro to the Nutrition Care Process*	3
BISC208 Introductory Biology I* (PR or CR CHEM)	4	(Spring only; PR NTDT200)	Ü
CHEM104 General Chemistry	4	Either Fall or Spring	
(PR CHEM103)	4	BISC276 Human Physiology* (PR BISC207)	1
	2		4
ENGL110 Critical Reading and Writing*	3	NTDT201 Food Concepts*	3
Breadth or Multicultural or Elective**	3	PSYC100 General Psychology*	3
	29-30		32
SOPHOMORE YEAR			
JUNIOR YEAR		SENIOR YEAR	
Fall (≈ 16 credits)		Fall (≈ 13 credits)	
NTDT321 Quantity Food Production	3	NTDT403 Dietetics Seminar* (Fall only; PR Senior)	1
	3		ا د
& Service* (Fall only; PR NTDT200 & 201)	0	NTDT421 Nutritional Assessment Methods*	3
NTDT326 On-Site Food Production* (Fall only)	3	(Fall only; PR STAT200 and NTDT400)	2
(CR NTDT321)		NTDT450 Medical Nutrition Therapy I* (Fall only;	3
NTDT400 Macronutrients* (PR NTDT200,	3	PR BISC276, NTDT250 and 400)	
CHEM214 & CHEM216)		Spring (≈ 15 credits)	
Spring (≈ 16 credits)		NTDT451 Medical Nutrition Therapy II* (Spring only:	3
NTDT322 Management. of Food & Nutrition	3	PR BISC276, NTDT250 and 400)	
Services* (Spring only; PR NTDT200 & 201)		Either Fall or Spring	
NTDT401 Micronutrients* (PR NTDT400)	3	BUAD309 Management & Org Behavior	3
Either Fall or Spring		NTDT 305 Nutrition in the Lifespan* (PR NTDT200	3
STAT408 Statistical Research Meth	3	and a biology course)	
		NTDT445 Teaching Methods: Nutrition	3
BISC300 Introduction to Microbiology (PR BISC207)	4		
ECON100 OR 101 Economics	3	NTDT460 Community Nutrition* (DLE; PR NTDT321	3
NTDT330 Nutrition Counseling* (PR NTDT200 & 250)	3	and NTDT400)	J
PHYS201 Intro Physics I (PR MATH115,	4	SOCI201 Introduction to Sociology**	3
MATH117, MATH221 or MATH241)	_	Breadth or Multicultural or Elective**	2
	32	Dreadill of Mullicultural of Elective	<u>ა</u>
			28
Total of 120 aradita minimum		red for areduction	
Total of 120 credits minimun	n requi	red for graduation	
**BREADTH OR MULTICULTURAL OR ELECTIVE (from	above) MU	ST INCLUDE: (for a listing of courses - www.academiccatalog.	udel.edu)
Multicultural Course (3)	can satisfy b	oth multicultural and one breadth requirement simultaneously)	
Creative Arts & Humanities Breadth (3)*	,	oth multicultural and one breadth requirement simultaneously) ———	
History & Cultural Change Breadth (3)*		<del></del>	
Thistory & Cultural Change Discautif (3)			
		n: FYE (NTDT103), DLE (NTDT460) and University Breadth Require	
		OCI201) and Math, Natural Science and Technology (ANFS305, BISC	207,
CHEM101 CHEM102 CHEM103 CHEM104 STAT200) C- or b	etter required	Lit used to satisty Breadth Requirement or as indicated above	

PR - Pre-requisite; CR - Co-requisite; C/L - Cross-Listed

Please refer to the course catalog <u>www.academiccatalog.udel.edu</u> for a complete listing of program requirements.

# HEALTH BEHAVIOR SCIENCE



#### AREA OF EMPHASIS AT DELAWARE

The Department of Behavioral Health and Nutrition offers a major in Health Behavior Science leading to a Bachelor of Science for students who are interested in the science and administration of health/fitness, health promotion and recreation programs. Health Behavior Science majors explore and analyze how human actions, cognitions, communications, and

## WHAT IS HEALTH BEHAVIOR SCIENCE?

Health Behavior Science is a major that prepares students for careers in the management, leadership, and programming aspects of the health, fitness, and recreation industries.

environment affect health, chronic disease, relationships and quality of life across the lifespan. They work to promote healthy lifestyles through education, assessing needs, counseling and coaching individuals, developing and implementing programs, policy change, creating media and materials, and evaluating the impact and outcome of their efforts.

As medical costs skyrocket, the health of individual Americans has an increasing effect on society. The cost of treating preventable conditions is passed on to everyone via increased taxes and health insurance premiums. Health behavior science majors and health promotion professionals emphasize improvements in:

- Diet
- Exercise
- Positive Attitudes, Behaviors and Lifestyle Choices
- Stress Management

Students majoring in Health Behavior Science have a strong interest in health issues, education and behavior change. To help develop professional background in an area of focus, students are required to select an approved minor such as 1) Public Health,

- 2) Coaching Science, 3) Strength and Conditioning, 4) Business Administration, 5) Nutrition,
- 6) Disabilities Studies, 7) Psychology or 8) Health, Physical Activity & Disability.

# WHAT'S SPECIAL ABOUT THE PROGRAM?

Partnerships with hospitals, businesses, and industries enable students to gain practical, real-world skills needed to succeed in their fields. Students are encouraged to participate in undergraduate research through individualized independent study.

## FACILITIES, RESOURCES, AND OPPORTUNITIES FOR EXPERIENCE

State-of-the-art laboratories and research and training facilities are available to enhance students' educations. Internships and practicum experiences are required for degree completion.

## **CAREER PATHS**

Employment opportunities for Health Behavior Science graduates are diverse and rewarding. With the increased attention on health, fitness, and leisure, career possibilities have expanded into new and exciting areas. Graduates may be employed as health promotion/corporate fitness specialists, personal fitness trainers, cardiac rehabilitation specialists, recreation directors, health coach, health educator, health policy analyst, activity directors, or facility managers in leisure or fitness/wellness facilities. Many graduates pursue master's degrees in Health Promotion or Exercise Science.



# THE HEALTH BEHAVIOR SCIENCE CURRICULUM

To earn a bachelor's degree, students must complete 120 credits and meet specific requirements, as outlined in the *University of Delaware Undergraduate Catalog*. Each semester's courses will vary, depending on the student's background and academic preparation. The following plan is only one example; not every student will take every course in the same order. The average number of credits per semester ranges from 12 to 17. Winter and summer session courses can help lighten the course loads taken during regular semesters.

	FALL	SPRING
FRESHMAN YEAR	Personal Health Management Health Behavior Science Seminar Anatomy and Physiology Psychology Breadth Course	Nutrition Concepts Critical Reading and Writing Math Multicultural Breadth Course
SOPHOMORE YEAR	Issues in Health Behavior Management Biology Sociology Minor Course Breadth Course	Physical Activity Behavior Minor Courses Leadership Practicum Elective Course
JUNIOR YEAR	Health and Aging Research Methods and Statistics Intro to Adapted Physical Education Minor Courses	Nutrition and Activity Health Behavior Theory and Assessment Introduction to Epidemiology Minor Course Breadth Course
SENIOR YEAR	Behavior Change Strategies and Tactics Development of Health Promotional Programs Breadth Course Minor Course	Internship Breadth Course

All students must complete 12 credits of University Breadth requirements with a C- or better.

An approved course (3 credits) stressing multicultural, ethnic, and/or gender-related content is required.

# FOR MORE INFORMATION

You are always welcome to come talk with us about our majors and the ways in which we can help you reach your goals. Please feel free to contact us at:

College of Health Sciences
Department of Behavioral Health and Nutrition
Carpenter Sports Building
26 North College Ave
Newark, DE 19716
bhanadvising@udel.edu
www.udel.edu/BHAN

Admissions Office 210 South College Avenue University of Delaware Newark, DE 19716 Ph: (302) 831-8123 Fax: (302) 831-6905 TDD: (302) 831-4563 admissions@udel.edu www.udel.edu/admissions

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>HEALTH BEHAVIOR SCIENCE 2014-2015</u>

Enter Fall 2014 - Graduate Spring 2018 Minimum Credits to Graduate: 120

# **University Requirements**

	ENGL110 Critical Reading & Writing* (3 credits) Multicultural Course (3 credits; one course can simultaneously fulfill multicultural and a breadth requirement)  First Year Experience (FYE; 1-4 credits) BHAN155 and BHAN160 satisfy this requirement  Discovery Learning Experience (DLE; 3 credits) BHAN464 satisfies this requirement				
Go to <u>w</u> 	ww.academi Creative Ar History and Social and	Requirements * (students must take breccatalog.udel.edu for a complete list of brects and Humanities* (3 credits) I Cultural Change* (3 credits) Behavioral Sciences* (3 credits) ral Science and Technology * (3 credits)	adth course: - 		
for Social a	Additional Breadth Requirements for Health Behavior Science Majors (in addition to above courses, cannot simultaneously fulfill University Breadth and Additional Breadth requirements):  Social and Behavioral Sciences (6), to include:  PSYC100 (3) General Psychology  SOCI (3; from Social & Behavioral Sciences breadth list)  Math, Natural Science and Technology (9), to include:  MATH 114 or higher (3 or 4)  BISC (3 or 4; from Math, Natural Science and Technology breadth list)  Math, Natural Science and Technology breadth list)  Science and Technology breadth list)				
		MAJOR REQUIREME	<mark>VTS (50 c</mark>	<mark>redits requ</mark>	<mark>ıired)</mark> *
	BHAN155 BHAN160 BHAN263 BHAN311 BHAN326 BHAN332 BHAN332	Personal Health Management: Approach for a Lifetime* (3) Health Behavior Science Seminar* (1) Leadership Pract (1-3; Pass/Fail) Issues in Health Behavior Mgmnt* (3) Research Methods and Statistics For Behavior Science* (3) Health Behavior Theory and Assessment* (3) Health and Aging* (3) Intro to Adapted Physical Activity* (3)		BHAN464 BHAN490 HLPR222 HLPR430	Physical Activity Behavior* (3) Internship (9; Pass/Fail - requires permission of instructor) Development of Health Promotion Programs* (3;) Intro to Epidemiology* (3) Behavior Change Strategies and Tactics* (3) Anatomy and Physiology* (3) Nutritional Concepts* (3) Nutrition and Activity* (3)

# MINOR REQUIRED (Minimum 15 credits)

Please see other side for additional information about approved minors

<u>ELECTIVES</u> - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

See other side for suggested Program of Study

Please refer to the course catalog <a href="http://academiccatalog.udel.edu/Pub\_ShowCatalogPage.aspx?CATKEY=KEY\_1351&ACYEAR=2014-2015">http://academiccatalog.udel.edu/Pub\_ShowCatalogPage.aspx?CATKEY=KEY\_1351&ACYEAR=2014-2015</a> for a complete listing of program requirements.

<sup>\*</sup> Grade of C- or better required

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>HEALTH BEHAVIOR SCIENCE 2014-2015</u>

Enter Fall 2014 - Graduate Spring 2018/Minimum Credits to Graduate = 120

Suggested Sequence
Consult with your advisor for possible alternative sequencing

<u>FRESHMAN YEAR</u>		SOPHOMORE YEAR
Fall (≈ <b>16 credits</b> )		Fall (≈ 15 credits)
BHAN160 Health Behavior Science Seminar* (Fall only)	1	BHAN311 Issues in Health Behavior Mgmnt* (Fall only) 3
Spring (≈ 16 credits)		Spring (≈ 16 credits)
Either Fall or Spring		BHAN263 Leadership Practicum* 1-3
	2	
BHAN155 Personal Health Management *	3	BHAN435 Physical Activity Behavior* PR KAAP220 or309)
ENGL110 Critical Reading & Writing*	3	Either Fall or Spring
KAAP220 Anatomy and Physiology*	3	Breadth (SOCI xxx or PSYC100) 3
NTDT200 Nutritional Concepts*	3	Minor Course 3
MATH114 or higher	3	Minor Course 3
Breadth (PSYC100 or SOCI xxx)	3	Breadth (BISC xxx) 3-4
Breadth or Multicultural or Elective**	3	Breadth or Multicultural or Elective** 3
Breadth or Multicultural or Elective**	3	Breadth or Multicultural or Elective** 3
Breadth or Multicultural or Elective**	3	Breadth or Multicultural or Elective** 3
Breadth or Multicultural or Elective**	4	Breadth or Multicultural or Elective** 1
	32	29- 32
	02	27 02
ILINIOD VEAD		CENIOD VEAD
JUNIOR YEAR		SENIOR YEAR
Fall (≈ 15 credits)		Fall (≈ 15 credits)
BHAN326 Research Methods & Statistics	3	BHAN490 Development of Health Promotion 3
For Behavior Science* (Fall only)  Spring (≈ 15 credits)		Programs* (Fall only: PR BHAN332 and BHAN326 or STAT200)
	2	HLPR430 Behavior Change Strategies and 3
BHAN332 Health Behavior Theory and Assessment*	3	
(Spring only; PR BHAN326 or STAT200)		Tactics* (Fall only; PR or CR BHAN332)
HLPR222 Intro to Epidemiology* (Spring only;	3	<b>Spring</b> (≈ <b>12</b> -15 credits)
CR statistics course)		Either Fall or Spring
BHAN335 Health and Aging* (Winter and Spring)	3	Breadth or Multicultural or Elective** 3
Either Fall or Spring		Breadth or Multicultural or Elective** 3
BHAN342 Intro to Adapted Physical Activity*	3	Breadth or Multicultural or Elective** 3
NTDT310 Nutrition and Activity* (PR NTDT200 and	3	
a physiology course)	J	
Minor Course	3	Either Spring or Summer
	3	BHAN464 Internship (requires permission of instructor) <u>9</u> 26-29
Minor Course		26-29
Minor Course	3	
Breadth or Multicultural or Elective**	3	
	30	
	30	
Total of 120 credits minimum r	oquir	rod for graduation
Total of 120 credits minimum i	equii	ed for graduation
**BREADTH OR MULTICULTURAL OR FLECTIVE (from abo	ve) MUS	T INCLUDE: (for a listing of courses - www.academiccatalog.udel.edu)
		Social and Behavioral Sciences Breadth* (3).
Multicultural Course (3) Creative Arts and Humanities Breadth* (3)		
Creative Arts and Humanities Breadin (3)		Math, Natural Science & Technology Breadth* (3):
History and Cultural Change Breadth* (3)		Math, Natural Science & Technology Breadth (3):
MINOR RECITIZED (Minimum 15 credits) The following minors	have he	en approved for the Health Behavior Science program; other minors
		ching Science • Nutrition • Health, Physical Activity & Disability
<ul> <li>Strength and Conditioning</li> <li>Disability Studies</li> <li>Psychologometric Psychologometric Psychol</li></ul>	gy •Ent	repreneurial Studies • Business Administration • Exercise Science

The following graduation requirements are satisfied by courses in the curriculum: FYE (BHAN160, BHAN155), DLE (BHAN464) and University Breadth Requirements for Social & Behavioral Sciences (PSYC100 and SOCI course from the list) and Math, Natural Science and Technology (BISC course from the list). C- or better required if used to satisfy Breadth Requirement or as indicated above. PR - Pre-requisite; CR - Co-requisite

<sup>\*</sup> Grade of C- or better required

# HEALTH AND PHYSICAL EDUCATION



### AREA OF EMPHASIS AT DELAWARE

The Health and Physical Education major is designed to prepare students for careers in teaching Health and Physical Education. A unified conceptual framework guides the University of Delaware's programs in teacher education. The National Council for the Accreditation of Teacher Education (NCATE) accredits the professional education unit. The Health and Physical Education program is approved

# WHAT IS HEALTH AND PHYSICAL EDUCATION?

Health and physical education is a major that prepares students to be professional educators in K-12 health and physical education.

by the state of Delaware and is recognized by the National Association for Sport and Physical Education (NASPE) and the Association for the Advancement of Health Education (AAHE), the national specialty organizations.

# WHAT'S SPECIAL ABOUT THE PROGRAM?

There are several features that distinguish this program from those at other institutions. First, all students completing the program receive an institutional

recommendation for certification to teach both Health Education and Physical Education. Second, the endorsement received is not restricted to the elementary or secondary level, but is valid for grades K-12. And finally, beginning in the first year, and continuing throughout their academic preparation, majors in health and physical education participate in multiple field experiences, working directly with students and teachers at local elementary, middle, and high schools. This early and frequent exposure to the "real life" experience of teaching in the schools, including the opportunity to work with students with disabilities, helps to assure superior preparation for graduates of the program. In the final year, a capstone seminar, held concurrently with a fifteen-week student teaching internship, prepares students for the transition from college student to teacher. Students also have the opportunity to develop and deliver presentations with faculty at the state, regional and national levels and/or participate in research with a faculty member during the summer.

# **FACILITIES AND RESOURCES**

Students have access to state-of-the-art laboratories and classrooms on campus. Practical experiences in K-12 education take place in carefully selected models of best practices in the surrounding community.

# **CAREER PATHS**

A degree in Health and Physical Education prepares students for teaching Health and Physical Education in grades K-12. Graduates of the program are employed in public and private school settings in the United States and overseas. Other options include working with youth groups, recreational centers, the YMCA, Boys and Girls Club, fitness centers and wellness clubs. Some students in the program also select the Department's Coaching Science Minor to prepare for coaching interscholastic sports.



# THE HEALTH AND PHYSICAL EDUCATION CURRICULUM

To earn a bachelor's degree, students must complete 121 credits and meet specific requirements, as outlined in the University of Delaware Undergraduate Catalog. The following plan represents the suggested order of courses culminating with student teaching and the capstone seminar. Not every student will follow the same sequence. The average number of credits per semester ranges from 13 to 17. Winter and summer session courses can help lighten the course loads taken during regular semesters.

> **FALL SPRING**

#### FRESHMAN YEAR

Introduction to Physical Education Personal Health Management Emerg. Management of Injuries and Illness Anatomy and Physiology

Psychology or Lifespan Development

Fundamental Skills Analysis Adventure Challenge & Recreation Group Facilitation Skills Critical Reading and Writing Math Course

## **SOPHOMORE YEAR**

Diversity in Secondary Ed. Motor Development Health Related Fitness Health Theory and Prog. Plan

Biology with Lab

Adolescent Development & Psychology Methods and Materials in Drug Education Intro. to Adapted Physical Education Tactical Approach to Sports Breadth/Multicultural Course

### **JUNIOR YEAR**

Teaching Mental & Community Health Teaching Indiv. Sports Instructional Strategies for Human Sexuality Appl. Phys. Of Activity Breadth

Teaching Exceptional Adolescents Water Safety Instruction Skills/Techniques: Rhythms/Dance Teaching Team Sports Measurement & Evaluation Biomechanics

**Nutrition Concepts** 

# **SENIOR YEAR**

Reading in Content Area Methods and Materials in Health Education Methods and Materials in Physical Education Breadth Breadth

Student Teaching Elementary Student Teaching Secondary Seminar in PE & Health

All students must complete 12 credits of University Breadth requirements with a C- or better.

An approved course (3 credits) stressing multicultural, ethnic, and/or gender-related content is required.

#### FOR MORE INFORMATION

You are always welcome to talk with us about our majors and the ways in which we can help you reach your goals. Please feel free to contact us at:

> College of Health Sciences Department of Behavioral Health and Nutrition Carpenter Sports Building 26 North College Avenue Newark, DE 19716 bhanadvising@udel.edu www.udel.edu/BHAN

Admissions Office 210 South College Avenue University of Delaware Newark, DE 19716 Ph: (302) 831-8123 Fax: (302) 831-6905 TDD:(302) 831-4563 admissions@udel.edu www.udel.edu/admissions

# University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: <u>HEALTH AND PHYSICAL EDUCATION 2014-2015</u>

Enter Fall 2014 - Graduate Spring 2018 Minimum Credits to Graduate: 121

	sity Requirer									
		ritical Reading & Writing* (3 credits)								
		Course (3 credits) EDUC419 fulfills this requ								
		kperience (FYE) (1-4 credits) BHAN155* fulf								
	Discovery Le	earning Experience (DLE) (3 credits) EDUC4	00 fulfills	this requiren	nent					
		Requirements * (students must take bread								
Go to w	<u>ww.academi</u>	ccatalog.udel.edu for a complete list of bread			tions:					
		Creative Arts and Humanities*	•	•						
		History and Cultural Change*								
	HDFS201 o									
	NTDT200	Math, Natural Science and Tec	chnology*	(3 credits)						
		<u>MAJOR REQUIRE</u>	<u>MENTS (</u>	<u>100 credits)</u>						
	BHAN121	Water Safety Instruction* (2)		BHAN416	Methods/Materials: Physical					
	BHAN140	Fundamental Skills Analysis* (3)		סוויוואדוט	Education* (3)					
	BHAN141	Adventure Challenge & Outdoor Rec* (1)		BHAN465	Seminar: Health & Physical Education* (2)					
	BHAN145	Introduction to Physical Education* (3)		BISCXXX	Biology course with Lab* (4)					
	BHAN155	Personal Health Management: Approach		EDUC400	021Student Teaching – Elementary (5)					
	DITATOS	For a Lifetime* (3)		EDUC400	026 Student Teaching – Secondary (5)					
	BHAN230	Group Facilitation Skills in HPE* (3)		EDUC400	Adolescent Devpmt & Educ, Psych* (4)					
	BHAN231	Teaching Mental & Community Health* (3)		EDUC414	Teaching Exceptional Adolescents* (3)					
	BHAN241	Teaching Individual Sports* (3)		EDUC419	Diversity in Secondary Education* (3)					
	BHAN245	Teaching Team Sports* (3)		EDUC417	Reading in Content* (1)					
	BHAN251	Skills & Tech: Rhythms & Dance* (1)		HDFS201	Lifespan Development* (3) or					
	BHAN315	Methods & Materials in Drug Ed* (3)		1101 3201	PSYC100 General Psychology* (3)					
	BHAN319	Health Related Fitness* (3)		KAAP210	Emergency Mgmt. of Injuries & Illness* (3)					
	BHAN324	Measurement and Evaluation* (3)		KAAP220	Anatomy and Physiology* (3)					
	BHAN325	Instructional Strategies for Human*		KAAP301	Motor Development* (4)					
	DITANSES	Sexuality* (3)		KAAP425	Biomechanics of Human Movement* (4)					
	BHAN333	Health Theory and Program Planning* (3)		KAAP433	Applied Physiology of Activity*(4)					
	BHAN342/	343 Intro/Adapted Physical Education* (3)		MATH113	or higher* (3)					
	BHAN345	Tactical Approach to Sports* (3)		NTDT200	Nutrition Concepts* (3)					
	BHAN414	Methods/Materials: Health Education* (3)		111111200	Number Concepts (3)					
	DHAN414	ivietrious/iviateriais. Health Euucation (3)								

<u>ELECTIVES -</u> in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

Upper Division Clearance Requirements: Minimum GPA in the major - 2.75; minimum cumulative GPA - 2.5

Students must take the Praxis Core Academic Skills for Educators Test for upper division clearance (or by 60 credits). Students may exempt from the reading and math portion based on SAT scores. All students must take the writing test.

Praxis Core Academic Skills for Educators Test passing scores: Reading 156; Math 150; Writing 162.

Please refer to the course catalog <a href="http://academiccatalog.udel.edu/Pub">http://academiccatalog.udel.edu/Pub</a> ShowCatalogPage.aspx?CATKEY=KEY 1347&ACYEAR=2014-2015 for a complete listing of program requirements.

<sup>\*</sup> Grade of C- or better required

# **University of Delaware Department of Behavioral Health and Nutrition BACHELOR OF SCIENCE: HEALTH AND PHYSICAL EDUCATION 2014-2015**

Enter Fall 2014 - Graduate Spring 2018 / Minimum Credits to Graduate = 121

Suggested Sequence Consult with your advisor for possible alternative sequencing

FALL SEMESTER		SPRING SEMESTER						
FRESHMAN YEAR								
BHAN145 Intro to Physical Education (Fall only) BHAN155 Personal Health Management: Approach for a Lifetime KAAP210 Emergency Mgmt of Injuries & Illness KAAP220 Anatomy and Physiology HDFS201 or PSYC100 - Breadth	BHAN14 3 BHAN23 3 ENGL110 3 Math 113	O Fundamental Skills Analysis (Spring only)  I Adventure Chall & Outdoor Rec (Spring only)  O Grp Fac Skills in Hlth & Phys Ed (Spring only)  O Critical Reading and Writing  or higher  r Elective  3  16						
SOPHOMORE YEAR								
BISC w/Lab BHAN231 Tchng Mental & Community Health (Fall PR BHAN155) BHAN241Teaching Individual Sports (Fall only) EDUC419 Diversity in Secondary Ed (Multicultural) KAAP301 Motor Development (Fall only)	only:         3         BHAN24           3         BHAN31:           3         PR BI           4         BHAN32:	Water Safety Instruction (Spring only) Teaching Team Sports (Spring only) Streaching						
	**JUNIOR YEAR	.0						
BHAN319 Health Related Fitness (Fall only) BHAN325 Instructional Strategies for Human Sexuality (Fall only: PR BHAN315) BHAN333 Health Theory & Program Planning (Fall KAAP433 App Physiology of Activity (Fall only: PR Kandal) Breadth or Elective	3 BHAN34 3 BHAN34 2001y) 3 EDUC41	Nutritional Concepts 3 2/343 Intro/Adapted Phys Ed(343 PR KAAP220 & 301) 3 5 Tact Appr to Sports (Spring only: PR BHAN140) 3 1 Teaching Exceptional Adolescents 3 5 Biomech. Hum Mvmnt (Spring only: PR KAAP220) 4 16						
	***SENIOR YEAR							
BHAN414 Methods/Materials: Health Ed (Fall only) BHAN416 Methods/Materials: Elem Phys Ed (Fall EDUC420 Reading in Content (Fall only) Breadth or Elective Breadth or Elective	nly) 3 <b>EDUC40</b> (	<b>D-021</b> Student Teaching – Elementary (Spring only) 5 <b>D-026</b> Student Teaching – Secondary (Spring only) 5 <b>S</b> Seminar in Health and Phys Ed2 12						
Total of 121 credits minimu	n required for grad	duation						
**BREADTH OR ELECTIVE (from above) MUST INCLU Creative Arts and Humanities Breadth* (3) History and Cultural Change Breadth* (3)		v.academiccatalog.udel.edu)						
The following graduation requirements are satisfied by courses i Breadth Requirements for Social & Behavioral Sciences (HDFS2	the curriculum: FYE (BHAN155), [	LE (EDUC400), Multicultural (EDUC419) and University						

PR - Pre-requisite; CR - Co-requisite

required if used to satisfy Breadth Requirement or as indicated above.

<sup>\*</sup> Grade of C- or better required

<sup>\*\*</sup> Junior year classes require Upper Division clearance - please see course catalog for complete information

<sup>\*\*\*</sup>Senior year classes require clearance for methods block and student teaching

# Department of Behavioral Health and Nutrition MINOR: COACHING SCIENCE

Minimum Credits in the Minor: 19

This minor will help students develop a personal coaching philosophy, an understanding of the body, how it performs, injury and injury prevention, teaching of skills and progressions, sport psychology, and a variety of team responsibilities. A practicum or field experience will be required in the student's chosen sport to further enhance the development of coaching skills and philosophy. If a student chooses a sport that is a winter sport, i.e., basketball, the student is required to register for winter session. The same requirement applies for a practicum experience done during the summer.

The *Coaching Science Minor* requires 19 credits. Students applying for the minor must have completed at least one semester of full time study with a minimum GPA of 2.25.

Enrollment in the minor for at least four semesters is required due to sequencing of course work. A minimum grade of C- is required in all courses for completion of the minor.

<u>REQUIRED</u>	<u>Credits</u>	
KAAP210	Emergency Management of Injuries and Illness	3
KAAP220	Anatomy and Physiology *	3
KAAP320	Principles of Strength and Conditioning/Lab (PR KAAP220)	4
BHAN390	Principles of Coaching (Fall only; PR KAAP210 & KAAP220)	3
BHAN440	Strategies of Athletic Peak Performance (Fall only)	3
BHAN460	Coaching Performance Practicum (Pass/Fail: PR BHAN390, KAAP210 & KAAP220)	3

<u>Admission</u>: This minor <u>cannot</u> be applied for on-line. Paper applications are available any time from Coach Ferguson's office (Carpenter Sports Building). Each student must speak with the director, BJ Ferguson, prior to beginning the application process. Please contact Coach Ferguson directly to schedule an introductory meeting using the following contact information:

Phone: 302.831.1109

Email: bferguso@udel.edu

PR = Prerequisite

\*KAAP 309 or 310 Pre-Clinical Anatomy & Physiology I or II may be substituted for KAAP 220

# Department of Behavioral Health and Nutrition MINOR: DANCE

Minimum Credits in the Minor: 17

The dance minor provides students with an opportunity to study a variety of coursework including, but not limited to, technique, composition and choreography and electives in the historical, cultural, pedagogical, and somatic areas of dance. Also, dance minors complete a variable credit capstone experience project. The Dance Minor is a joint program between the College of Arts & Sciences and the College of Health Sciences.

**REQUIRED COURSES**: A minimum of 17 credits distributed as follows:

**Technique – 6 credits:** Two or more courses, one of which must be at the 300 level, from the following: DANC202, DANC203, DANC204, DANC302, DANC303, DANC304

Choreography and Performance – 3 credits: One three-credit course from: DANC207, DANC208, DANC308, DANC309, DANC267 which is 1 credit and repeatable for up to three credits or DANC367 (2 credits)

**DANC201 Career Options in Dance - 1 credit** 

Capstone Experience – 1-2 credits: DANC 401

Electives – 6 credits from the following list, in consultation with the minor advisor:
DANC 101, DANC 206, DANC 305, DANC306, DANC 307, DANC 310,
DANC 311, DANC 312, DANC 400, BHAN 251, BHAN 120 (Ballroom Dance)

**Dance Minor Courses** (all three credits unless otherwise indicated)

DANC101	Intro to the Art of Dance	DANC306	Musical Theatre Styles
DANC202	Beginning Ballet	DANC307	Ethnic Dance Styles
DANC203	Beginning Modern Dance	DANC308	Dance Composition II
DANC204	Beginning Jazz Dance	DANC309	Repertory
DANC206	Dance in Culture & Society	DANC310	Methods of Teaching Dance
DANC207	Dance Improvisation	DANC311	Dance, Drama and Learning
DANC208	Dance Composition I	DANC312	Body & Motion in Dance
DANC267	Perf Pract in Dance (1 credit)*	DANC400	Dance in School & Comm.
DANC302	Intermediate Ballet	DANC401	Dance Capstone (1-2 credits)
DANC303	Intermediate Modern Dance	BHAN120	Ballroom Dance (1 credit)
DANC304	Intermediate Jazz Dance	BHAN251	Skills & Techniques:
DANC305	Hip Hop		Rhythms & Dance (1 credit)

<u>Admission:</u> Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved however if you need assistance, advisement or curricular information please contact minor advisor Dr. Jan Bibik, pirwet@udel.edu, 831-3537.

<sup>\* 1</sup> credit course, repeatable for up to three credits

# Department of Behavioral Health and Nutrition MINOR: HEALTH AND WELLNESS

Minimum Credits in the Minor: 18

The Health and Wellness minor is for students who have an interest in expanding their knowledge of health and wellness issues. Courses will provide students with the knowledge, skills and experiences necessary to understand the role culture, gender, environment and behavior play in personal and community health. The minor will provide students with the opportunity to complement their major course of study by expanding and applying health knowledge and concepts to their chosen profession and personal life. Students in the Health Behavior Science major are not eligible to take this minor. A grade of C- or better in all required courses is necessary for successful completion of the minor. A maximum of nine credits may be from the student's major.

REQUIRED C	OURSES (Prerequisites)	<u>Credits</u>
Core requirer BHAN155 NTDT200	ments: 6 credits Personal Health Management: An Approach for a Lifetime Nutrition Concepts	3 3
Capstone co	urse: 3 credits - must select one course from the following:	
HLPR430	Behavior Change Strategies and Tactics (PR BHAN332)	3
NTDT410	Overweight/Obesity Prevention & Management (PR NTDT200)	3
Health Behav	vior Theory Course: 3 credits - must select one course from	the following:
BHAN332	Health Behavior Theory & Assessment (PR BHAN326/STAT20)	
BHAN333	Health Behavior Theory & Program Planning (Fall only)	3
BHAN435	Physical Activity Behavior (PR KAAP220/permission of instructor)	<del>or)</del> 3
Health Electiv	ves: 3 credits - must select one course from the following:	
BHAN301	The Art of Happiness	3
BHAN311	Issues in Health Behavior Management	3
BHAN335	Health and Aging	3 3
NTDT305	Nutrition in the Lifespan (PR NTDT200 & bio course)	3
NTDT310	Nutrition and Activity (PR NTDT200 & physiology course)	3 3
BHAN401	Foundations Human of Sexuality (cross listed with HDFS401 and WOMS401)	3
SOCI311	Sociology of Health and Illness	3
BHAN304	Culture, Health and Environment (cross listed with ANTH304)	3
Other require	ed courses: 3 credits	
BHAN130	Must take two of the 1-credit health topic courses (Cannot receive credit for both NTDT410 and BHAN130 Weight Management	2
BHAN120	Must take one credit in an approved BHAN120 course.*	1

<u>Admission:</u> Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved however if you need assistance, advisement or curricular information please contact minor advisor Dr. Steve Goodwin, <u>goody@udel.edu</u>, 831-4451.

\*Must be approved by Dr. Goodwin. All approved 120 courses must address a health related physical activity such as Exercise & Conditioning, Yoga or Fitness Boot Camp. Sport-related BHAN120 courses are not acceptable for this requirement. The purpose of this credit is to engage students in a physically active course that addresses lifelong activity leading to a higher quality of life.

# **Department of Behavioral Health and Nutrition**

# MINOR: HEALTH, PHYSICAL ACTIVITY AND DISABILITY

Minimum Credits in the Minor: 16

# Health, Physical Activity and Disability Minor - 16 credits

This program provides undergraduate students with a theoretical base and quality field-based experiences to appropriately serve individuals with disabilities across the lifespan in a variety of settings that promote health and wellness. The minor is open to students in any major, but it is particularly suited for students who are planning careers in health and exercise sciences such as health and physical education, health promotion, fitness, occupational therapy, therapeutic recreation, physical therapy, sports medicine andcoaching. The minor will help Health and Physical Education students to pursue a national certification in Adapted Physical Education. Students applying for the minor must have completed at least one semester of full-time study with a minimum GPA of 2.0. A grade of C- or better in required courses is needed for successful completion of the minor. A maximum of six credits may be from the student's major or another minor.

REQUIRED (	COURSES ( <i>Prerequisites</i> )	<b>Credits</b>
Core require	ements: 13 credits	
KAAP301	Lifespan Motor Development (Fall only) OR	4
KAAP428	Motor Control and Learning (PR KAAP309)	4
BHAN342	Introduction to Adapted Physical Activity OR	3
BHAN343	Adapted Physical Education	3
BHAN403	Practicum in Adapted Physical Activity	3
BHAN445	Health, Physical Activity and Disability	3
Elective: 3 c	redits - must select one course from the following:	
BHAN332 BHAN335 BHAN435 NTDT410 HDFS270 EDUC431	Health Behavior Theory and Assessment Health and Aging Physical Activity Behavior (PR KAAP220 or KAAP309) Overweight/Obesity Prevention & Management (PR NTDT200) Families and Developmental Disabilities Applied Behavior Analysis* (PR BHAN342 and EDUC414)	3 3 3 3 3

<u>Admission:</u> Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved however if you need assistance, advisement or curricular information please contact minor advisor Dr. Iva Obrusnikova, <u>obrusnik@udel.edu</u>, 831-8032.

<sup>\*</sup> EDUC431 is recommended for and only available to Health and Physical Education majors pursuing this minor.

# **Department of Behavioral Health and Nutrition MINOR: NUTRITION**

Minimum Credits in the Minor: 15, with 16 prerequisite CHEM credits

A minor in Nutrition provides student from other degree programs including, but not limited to, Biology, Chemistry and Nursing a fairly intensive level of understanding of nutritional science as well as acknowledgement of this knowledge. This minor is for students interested in the area of nutrition who believe that good nutrition and personal lifestyles are important for the well-being of individuals. This program is not available to students whose major program requires all of the following courses:

A minimum of 15 credit hours with a minimum grade of C- is required.

REQUIRED COURS	ES ( <mark>Prerequisites)</mark>	<u>Credits</u>
NTDT 200	Nutrition Concepts	3 credits
NTDT400	Macronutrients (PR CHEM101, CHEM102, CHEM213/215 AND CHEM214/216*)	3 credits
NTDT 401	Micronutrients (PR NTDT400)	3 credits
NTDT Electives	2 courses 300 level or higher	6 credits

# Suggested Electives: 3 credits each

NTDT301 Cultural Perspectives on Food & Nutrition NTDT305 Nutrition in the Lifespan (PR NTDT200 and a biology course) NTDT310 Nutrition and Activity (PR NTDT200 and a physiology course) NTDT350 Nutrition and Older Adults (PR NTDT200 and BISC106 or BISC276)

NTDT410 Overweight/Obesity Prevention & Management (PR NTDT200)

NTDT420 Maternal and Infant Nutrition (PR NTDT200 and BISC106 or BISC276)

**Admission:** Completion of the minor is awarded only to those who have applied and been admitted to the program. A cumulative grade point average (GPA) of 2.0 or above is required for admission to the minor. A student may apply at any time by obtaining permission from the faculty advisor for the minor. To request the minor or for advisement and curricular information, please contact Dr. Sandra Baker, bakers@udel.edu, 302-831-0856.

<sup>\*</sup> C- or better required for CHEM214/216

# **Department of Behavioral Health and Nutrition**

# **MINOR: PUBLIC HEALTH**

Minimum Credits in the Minor: 18, with 3 prerequisite STAT credits

Public Health is the science and art of preventing disease, prolonging life, and promoting health through the organized efforts and informed choices of society, organizations, public and private sectors, communities and individuals. A joint program between the **Department of Behavioral Health and Nutrition** and the **School of Public Policy and Administration**, the Public Health minor provides an interdisciplinary opportunity to develop practical skills in program development and increase knowledge in the areas of social systems and policy as well as leadership. This minor offers a greater appreciation for the application of public health concepts to the student's field of study.

The minor, available to students of all disciplines, requires 18 credit hours distributed as follows: Three required core courses (9 credits), and three elective courses (9 credits). At least six of the nine elective credits must be chosen from outside your major. All courses in the minor must be completed with a C- or better.

# **REQUIRED CORE COURSES – 9 credit hours:**

HLPR/UAPP211 Intro to Public Health (fall/spring)
HLPR/UAPP233 Intro to Global Health (fall/spring)

HLPR/UAPP222 Intro to Epidemiology\* (spring; Prereq stat class: see below)

<u>ELECTIVE COURSES – 9 credit hours:</u> one 3-credit course from each of the following categories. One of the three electives may be taken from within student's major.

# **Program Development – 3 credits:**

BHAN332 HIth Behavior Theory & Assessment\*
BHAN490 Devmnt of HIth Promotion Progms\*
HDFS230 Families and Their Communities
HDFS346 Counseling in Human Services \*

HDFS347 Prgrm Development & Eval \* HLPR610 Health and the Media NURS382 Communities and Health \* (2 credits; open only to nursing students)

**UAPP225** Crafting Public Policy **UAPP325** Public Policy Analysis

# Social Systems and Policy – 3 credits:

ECON311 Economics of Developing Countries\*
ECON343 Environmental Economics \*
ECON390 Economics of Healthcare \*
ECON490 Economics of Health Policy \*
HDFS402 Child and Family Policy \*
SOCI311 Sociology of Health and Illness
SOCI349 Aging and Society
UAPP110 Changing the World & Public Policy

UAPP410 Making Convincing Policy
Arguments
UAPP419 Policy Leadership and Ethics
UAPP427 Evaluating Public Policy
UAPP657 Health Policy
WOMS 389: Topics: Women Health Issues

# Leadership - 3 credits:

BHAN329 Dynamics of Team Problem Solving COMM330 Communication and Interpersonal Behavior

LEAD101 Global Context for Leadership LEAD200 The Leadership Challenge LEAD300 Leadership, Creativity and Innovation \*

**LEAD100** Leadership, Integrity and Change

**LEAD400** Leadership for the Common

<u>Admission:</u> Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform "Change Major, Minor..." Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved however if you need assistance, advisement or curricular information please contact minor advisor Dr. Mia Papas, <u>mpapas@udel.edu</u>, 831-4990.

Stat class options - STAT200, MATH201, MATH205, BHAN326, SOCI301, STAT408 or PSYC209

<sup>\*</sup> These courses have prerequisites

# **University of Delaware**

# **FALL 2014 - WINTER 2015 IMPORTANT DATES**

Tuesday, August 26th Classes begin at 8:00 am

Tuesday September 9th Last day to register or to add courses. After this date tuition

and a \$25 processing fee will be charged for change of

registration; students withdrawing from courses will receive a

grade of "W" on permanent record.

Friday October 10th Deadline for freshmen mid-term grades to be posted

Tuesday October 21st Last day to change registration or to withdraw from courses

without academic penalty

Monday October 27th Registration for Winter Session 2014 begins. Make

appointment with your advisor prior to this date if you plan to

attend winter session

**Tuesday November 4th** Election Day - Classes suspended. UD offices closed.

Thursday November 13th Registration for Spring 2014 begins. Make appointment with

your advisor several weeks prior to this date.

Wednesday November 26th through Sunday November 30th **Thanksgiving Break** 

Monday December 1st Classes resume

Wednesday December 3rd Last day of Fall 2013 classes

Thursday December 4th Reading day; no examinations scheduled

Friday December 5<sup>th</sup>

through Friday December 12th

Final Exams (no exams Saturday or Sunday)

Saturday December 13<sup>th</sup>

through Sunday January 4th

Winter Break

Monday January 5th Winter session 2015 classes begin at 8:00 am

Saturday February 7th Winter session final examinations scheduled

Monday February 9th Spring semester 2015 begins

# UNIVERSITY OF DELAWARE 2014-2015 SUMMER SESSION AND ACADEMIC YEAR CALENDAR - Approved -- Revised

Interfaith Calendar

First St	ummer	Session, 2014	Fall Se	mester	, 2014
Mar. 15	Sat	Summer book orders are due by faculty to the UD Bookstore.	Apr 15	Tue	Fall book orders are due by faculty to the UD Bookstore.
Apr 7	Mon	Registration for 2014 Summer Sessions begins.	Apr 24	Thur	Registration for Fall Semester, 2014.
May 1	Thur	Deadline for admission to doctoral candidacy for degrees to be conferred in August 2014.	May 1	Thur	Undergraduate admission application deadline for transfer students entering Fall Semester.
May 1	Fri	Deadline for filing application for graduate degrees to be	May 1	Thur	Admissions deposit deadline for admitted freshman.
,		conferred in August 2014.	Jun 17	Tue	New Student Orientation begins.
Jun 8	Sun	Residence hall check-in noon to 5:00 p.m.	Jul 1	Tue	Deadline for graduate admission applications for Fall 2014.
Jun 8	Sun	First meal in dining halls - dinner.	Iul 16	Wod	Most programs have earlier deadlines.
Jun 9 Jun 9	Mon Mon	Classes begin at 8:00 a.m. for summer session 2014. Fee payment deadline first summer session.	Jul 16 Aug 1	Wed Fri	New Student Orientation ends. Fee payment deadline for Fall Semester.
Jun 12	Thur	Last day to register or to add courses. After this date tuition	Aug 22	Fri	International New Student Orientation (undergraduates).
		and a \$25 processing fee will be charged for change of	Aug 23	Sat	Residence hall check-in for new students; 8:00 a.m. to
		registration; students withdrawing from courses will receive a		_	4:00 p.m.
		grade of 'W' on permanent record. Deadline for change in	Aug 23	Sat Sun	First meal in dining halls for new students - LUNCH.  Passidance hall check in for returning students 9:00 a.m. to
Jun 27	Fri	Dining plan.  Last day to change registration or to withdraw from courses	Aug 24	Suli	Residence hall check-in for returning students 9:00 a.m. to 6:00 p.m.
0 dil 27		without academic penalty – first summer session (5 week	Aug 24	Sun	First meal in dining halls for returning students - DINNER.
		course).	Aug 25	Mon	Academic Orientations.
Jul 1	Tue	Deadline for graduate admission applications for Fall 2014.	Aug 25	Mon	Residence halls check-in for returning students: 11:00 a.m. to
Jul 4	Fri	Most programs have earlier deadlines.  Independence Day Holiday - Classes suspended; University	Aug 26	Tue	3:00 p.m.
Jul 4	FII	Offices closed. All dining services are closed.	Aug 26 Aug 29	Fri	Classes begin at 8:00 a.m.  Deadline for admission to doctoral candidacy for degrees to be
Jul 11	Fri	Last day of classes for 5-week courses.	8		conferred in December 2014 or February 2015.
Jul 12	Sat	Final examinations. Students attending 5 week summer session	Sep 1	Mon	Labor Day Holiday; University offices closed; classes
T 116	337 1	to check out of residence halls by 7 p.m.	g 0	Tr.	suspended.
Jul 16	Wed	Deadline for 1st summer session grades to be posted to UDSIS.	Sep 9	Tue	Last day to register or to add courses. After this date tuition and a \$25 processing fee will be charged for change of
7-1/2 W	leek Su	ımmer Session, 2014			registration; students withdrawing from courses will receive a
Apr 7	Mon	Registration for 2014 7 ½ week Summer Sessions begins.			grade of 'W' on permanent record. Deadline for changing
Jun 8	Sun	Residence halls check-in noon to 5:00 p.m.			dining plan.
Jun 8	Sun	First meal in dining halls -dinner.	Sep 9	Tue	UNDERGRADUATE STUDENTS - Deadline for completion
Jun 9 Jun 12	Mon Thur	Classes begin @ 8:00 a.m. for summer session 2014.  Last day to register or to add courses. After this date tuition			of deferred examinations and incomplete work (grade I) from Spring Semester 2014, and 2014 Summer Sessions.
Jun 12	11101	and a \$25 processing fee will be charged for change of	Sep 15	Mon	Winter 2015 book orders are due by faculty to UD Bookstore.
		registration; students withdrawing from courses will receive a	Sep.15	Mon	Deadline for filing application for graduate degrees to be
		grade of 'W' on permanent record. Deadline for change in	a 2.1		conferred in December 2014.
To 1 4	Eni	Dining plans.	Sep 24	Wed	Rosh Hashanah begins at sundown; continues next two days -
Jul 4	Fri	Independence Day Holiday - Classes suspended; University offices closed. All dining services are closed.	Oct 3	Fri	see policy in Faculty Handbook on excused absence. Yom Kippur begins at sundown; continues following day - See
Jul 8	Tues.	Last day to change registration or to withdraw from courses	00.0		policy in Faculty Handbook on excused absence.
		without academic penalty $-7 \frac{1}{2}$ week course.	Oct 10	Fri	Deadline for midterm grades to be posted in UDSIS.
Jul 28	Mon	Last day of classes meeting Monday/Wednesday.	Oct 15	Wed	Spring book orders are due
Jul 29 Jul 30	Tue Wed	Last day of classes meeting Tuesday/Thursday. Final examinations, classes meeting Monday/Wednesday.	Oct 17	Fri	<b>GRADUATE STUDENTS</b> - Deadline for completion of deferred examinations and incomplete work (grade I) from
Jul 31	Thur	Final examinations, classes meeting Tuesday/Thursday. 7 ½			Spring Semester 2014 and 2014 Summer Sessions.
		week summer session students to check out of residence halls	Oct 21	Tue	Last day to change registration or to withdraw from courses
		by 7:00 p.m.			without academic penalty.
Aug 4	Mon	Deadline for 7 ½ week Summer Session grades to be posted to	Oct 27	Mon	Registration begins for Winter Session, 2015.
		UDSIS	Nov 4 Nov 10	Tue Mon	Election Day. Classes suspended, University offices closed.  Deadline for receipt of doctoral dissertations and executive
Second	d Sumn	ner Session, 2014	1101 10	111011	position papers for degrees to be conferred in December 2014.
Mar 15	Sat	Summer book orders are due by faculty to the UD Bookstore.	Nov 13	Thur	Registration begins for Spring Semester 2015.
Apr 7	Mon	Registration for 2014 Summer Sessions begins.	Nov 17	Mon	Deadline for receipt of master's theses for degrees conferred in
Jul 13 Jul 13	Sun Sun	Residence halls check-in noon to 5:00 p.m. First meal in dining halls - dinner.	Nov 25	Tue	December 2014. Thanksgiving Break begins after last class; classes end at
Jul 13	Mon	Classes begin at 8:00 a.m.	140V 23	Tue	10 p.m. Residence Halls close at 7:00 p.m. for students who do
Jul 14	Mon	Fee payment deadline for second summer session.			not have evening classes.
Jul 14	Mon	Deadline for receipt of doctoral dissertations and executive	Nov 25	Tue	Last meal in dining halls before Thanksgiving Break - lunch.
T 1 17	TDI.	position papers for degrees to be conferred in August 2014.	Nov 26	Wed	Classes suspended; University offices open.
Jul 17	Thur	Last day to register or to add courses. After this date tuition and a \$25 processing fee will be charged for change of	Nov 27 Nov 28	Thur Fri	Holiday - classes suspended; University offices closed Holiday - classes suspended; University offices closed.
		registration; students withdrawing from courses will receive a	Nov 30	Sun	Residence halls re-open at 2:00 p.m.
		grade of 'W' on permanent record. Deadline for change in	Nov 30	Sun	First meal in dining halls after Thanksgiving recess- dinner.
1 101		Dining plans.	Dec 1	Mon	Classes resume following Thanksgiving recess.
Jul 21	Mon	Deadline for receipt of master's theses for degrees to be	Dec 1	Mon Mon	Deadline for graduate admission applications for Spring 2015.
Aug 1	Fri	conferred in August 2014.  Last day to change registration or to withdraw from courses	Dec 1	Mon	Deadline for filing application for graduate degrees to be conferred in Feb. 2015.
		without academic penalty - second summer session.	Dec 3	Wed	Last day of classes; classes end at 10:00 p.m.
Aug 14	Thur	Last day of classes.	Dec 4	Thur	Reading Day: no examinations scheduled.
Aug 15	Fri	Final examinations, Residence halls close at 7:00 p.m.	Dec 5	Fri	Final examinations begin.
Aug 15 Aug 19	Fri Tues	Last meal in dining halls - dinner.  Deadline for 2nd summer session grades to be posted to	Dec 6 Dec 7	Sat Sun	Reading Day; no examinations scheduled. Reading Day; no examinations scheduled.
Aug 19	1 400	UDSIS.	Dec 12	Fri	Final examinations end; residence halls close at 10:00 p.m.
					,

Dec 12		Last meal in dining halls - dinner.	Mar 27	Fri	Last meal in dining halls before Spring break - dinner.
Dec 16	Tue	Deadline for fall semester grades to be posted to UDSIS.	A 1	Wad	Deadling for an dusta admission analisations for June 2015
Jan 15	Thur	Undergraduate admission application deadline for freshmen entering Fall Semester.	Apr 1 Apr 5	Wed Sun	Deadline for graduate admission applications for June 2015. Residence halls re-open at noon.
		chering I an Schiester.	Apr 5	Sun	First meal in dining halls after Spring break - dinner.
Winter	Sessio	on, 2015	Apr 6	Mon	Classes resume after Spring recess at 8:00 a.m.
Sep 15	Mon	Winter book orders are due by faculty to the UD Bookstore.	1		1 0
Oct 27	Mon	Registration for Winter Session begins.	Apr 6	Mon	Registration for 2015 Summer Sessions begins.
Dec 5	Fri	Fee payment deadline for Winter Session.	Apr 13	Mon	Last day to change registration or to withdraw from courses
Jan 4	Sun	Residence hall check-in 2:00 p.m. to 9:00 p.m. (5 week classes)			without academic penalty.
Jan 4	Sun	First meal in dining halls - dinner.	Apr 15	Wed	Fall 2015 book orders are due.
Jan 5	Mon	Classes begin at 8:00 a.m. Residence hall check-in for Winter	Apr 15	Wed	Deadline for receipt of doctoral dissertations and executive
Jan 8	Thur	Session walk-ins, 9:00 a.m. to 3.00 p.m. (5 week classes) Last day to register or to add courses (5 week classes). After	Apr 16	Thur	position papers for degrees conferred in May 2015. Registration for Fall Semester 2015 begins.
Juli O	11101	this date tuition and a \$25 processing fee will be charged for	Apr 22	Wed	Deadline for receipt of master's thesis for degrees conferred in
		change of registration; students withdrawing from courses will	F		May 2015.
		receive a grade of 'W' on permanent record.	May 1	Fri	Undergraduate admission application deadline for transfer
Jan 8	Thur	Deadline for changing dining plan			students entering Fall 2015.
Jan 11	Sun	Residence hall check-in 2:00 p.m. to 9:00 p.m. (4 week classes)	May 1	Fri	Deadline for admission to doctoral candidacy for degrees to be
Jan 12	Mon	Classes begin at 8:00 a.m. Residence hall check-in for Winter	3.4	ъ.	conferred in August 2015.
Jan 15	Thur	Session walk-ins, 9:00 a.m. to 3.00 p.m. (4 week classes)  Last day to register or to add courses (4 week classes). After	May 8	Fri	Deadline for filing application for graduate degrees to be conferred in August 2015.
Jan 13	Hilui	this date tuition and a \$25 processing fee will be charged for	May 18	Mon	Last class day; classes end at 10:00 p.m.
		change of registration; students withdrawing from courses will	May 19		Reading Day; no examinations scheduled.
		receive a grade of 'W' on permanent record.	May 20		Final examinations begin.
Jan 15	Thur	Deadline for receipt of dissertations, executive position papers	May 23		Reading Day; no examinations scheduled.
		and master's theses for degrees conferred in Feb. 2015.	May 24	Sun	Reading Day; no examinations scheduled.
Jan 19	Mon	Martin Luther King Holiday - classes suspended; University	May 25		Memorial Day Observed - University Offices closed.
		offices closed.	May 28	Thur	Final examinations end; Residence Halls close at 10:00 p.m.
Jan 23	Fri	Last day to change registration or withdraw without academic	M 20	TI	(except for graduating students).
Jan 27	Tue	penalty. (5 week classes)  Last day to change registration or withdraw without academic	May 28 May 29		Last meal in dining halls - dinner.  Honors degree breakfast, doctoral hooding and some college
Jan 27	1 uc	penalty. (4 week classes)	May 29	111	convocations.
Feb 6	Fri	Last day of classes.	May 30	Sat	Commencement followed by remaining college convocations.
Feb 7	Sat	Final examinations. Students leaving after Winter Session must	May 30		Residence halls close at 6:00 p.m. for graduating students.
		check-out of residence hall by 7:00 p.m.	Jun 1	Mon	Deadline for spring semester grades to be posted to UDSIS.
Feb 7	Sat	Last meal in dining halls – dinner.	Jun 5	Fri	Alumni Weekend begins.
Feb 11	Wed	Deadline for winter semester grades to be posted to UDSIS.	Eirot Cı	ımmar	Socian 2015
	_				Session, 2015
Spring	Semes	ster. 2015	Mar 15	Sun	Summer book orders are due by faculty to the LID Bookstore
		ster, 2015 Spring book orders are due by faculty to the UD Bookstore.	Mar 15 Apr 6	Sun Mon	Summer book orders are due by faculty to the UD Bookstore. Registration for 2015 Summer Sessions begins.
Spring Oct 15 Nov 1	Wed Sat	Spring book orders are due by faculty to the UD Bookstore.  Undergraduate admission application deadline for freshman and	Mar 15 Apr 6 Jun 7	Sun Mon Sun	Summer book orders are due by faculty to the UD Bookstore. Registration for 2015 Summer Sessions begins. Residence hall check-in for 5 and 7 ½ week sessions, noon to
Oct 15	Wed	Spring book orders are due by faculty to the UD Bookstore.	Apr 6	Mon	Registration for 2015 Summer Sessions begins.
Oct 15 Nov 1 Nov 13	Wed Sat Thur	Spring book orders are due by faculty to the UD Bookstore. Undergraduate admission application deadline for freshman and transfer students entering Spring Semester, 2015. Registration for Spring Semester, 2015 begins.	Apr 6 Jun 7 Jun 7	Mon Sun	Registration for 2015 Summer Sessions begins. Residence hall check-in for 5 and 7 ½ week sessions, noon to 5 p.m. First meal in dining halls - dinner.
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Oct 15 Nov 1 Nov 13 Dec 1 Jan 5	Wed Sat Thur Mon Mon	Spring book orders are due by faculty to the UD Bookstore. Undergraduate admission application deadline for freshman and transfer students entering Spring Semester, 2015. Registration for Spring Semester, 2015 begins. Deadline for graduate admission applications for Spring 2015. Fee payment deadline for Spring Semester, 2015.	Apr 6 Jun 7 Jun 7 Jun 8 Jun 8	Mon Sun Sun Mon Mon	Registration for 2015 Summer Sessions begins. Residence hall check-in for 5 and 7 ½ week sessions, noon to 5 p.m. First meal in dining halls - dinner. Classes begin @ 8:00 a.m 5 week Summer Session. Fee payment deadline.
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Oct 15 Nov 1 Nov 13 Dec 1 Jan 5 Jan 15 Jan 23	Wed Sat  Thur Mon Mon Thur  Thur	Spring book orders are due by faculty to the UD Bookstore. Undergraduate admission application deadline for freshman and transfer students entering Spring Semester, 2015. Registration for Spring Semester, 2015 begins. Deadline for graduate admission applications for Spring 2015. Fee payment deadline for Spring Semester, 2015. Undergraduate admission application deadline for freshman students entering Fall Semester 2015. Deadline for receipt of dissertations and Master's Thesis for degrees conferred in Feb. 2015. Winter New Student Orientation. Winter International New Student Orientation (undergraduates). Residence hall check-in 2:00 p.m. to 9:00 p.m.; room change	Apr 6 Jun 7 Jun 7 Jun 8 Jun 8 Jul 3 Jul 10	Mon Sun Sun Mon Mon Fri	Registration for 2015 Summer Sessions begins. Residence hall check-in for 5 and 7 ½ week sessions, noon to 5 p.m. First meal in dining halls - dinner. Classes begin @ 8:00 a.m 5 week Summer Session. Fee payment deadline. Independence Day Holiday; classes suspended; University offices closed. All dining services are closed. Classes end - 5 week Summer Session. Final examinations; 5 week Summer Session. Students attending 5 week summer session to check out of residence halls by 7:00 p.m. Deadline for 5 week Summer Session grades to be posted to
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student center

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**Favorites** 

**Campus Community** Student Services Center Search <u>Home</u> Add to Favorites Sign out

Audit, Charlie ID: 710000000 admissions

general info

# Charlie's Student Center

# **Academics**

My Class Schedule Registration & Drop/Add

other academic...

What if Report

Course History Degree Audit Exam Schedule Grades Transcript: View Unofficial Transfer Credit Report

This Week's Schedule			
<u>Class</u>	<u>Schedule</u>		
ANTH 101-011	MoWeFr 2:30PM - 3:20PM		
LEC (3237)	Smith Hall Room 120		
BUAD 110-010 LEC (7971)	TuTh 8:00AM - 9:15AM Purnell Hall Room 229 We 5:00PM - 7:00PM Exam Note		
ECON 101-013	MoWeFr 8:00AM - 8:50AM		
LEC (14969)	Purnell Hall Room 231		
MATH 221-011 LEC (5787)	MoWeFr 9:05AM - 9:55AM Kirkbride Hall Room204 Mo 5:00PM - 7:00PM Exam Note		
MATH 221-032D	Tu 9:30AM - 10:20AM		
DIS (5793)	Alison Hall Room 314		
PSYC 100-011	MoWeFr 11:15AM - 12:05PM		
LEC (6961)	Wolf Hall Room 100		

weekly schedule

transfer credit

# **Finances**

# My Account

My Finances Request a Refund

# **UD1 Flex**

**UD1 Flex & Points Balance UD1 Flex Deposit** Transfer - Account to Flex Transfer - Flex to Account



You have no outstanding charges at this time.







academics

You may begin enrolling for the 2015 Spring Semester session on November 14, 2014 at 3:20PM.

details >





Course Substitution Form Change of Catalog Year Form UD Staff Help

# **Personal Information**

Demographic Data Privacy Settings

# **Contact Information**

**Home Address** 123 Christmas Lane Newark, DE 19716

**Local Phone** None

**Mailing Address** 123 Christmas Lane Newark, DE 19716

E-mail

07066@UDEL.EDU

Search..

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# GPA Calculator



# Academic Catalog



## **Upcoming Events**

- Nov 1, 2014 <u>Undergraduate admission</u> application deadline for freshman and transfer students entering Spring Semester, 2015.
- Nov 4, 2014 <u>Election Day. Classes</u> suspended, University offices closed.
- Nov 10, 2014 Deadline for receipt of doctoral dissertations and executive position papers for degrees to be conferred in December 2014.



# Announcements

# If you still need to take English 110 . . .

Check out an intense, fast-paced, and fun five-week version of E110 for Winter 2015.

# Make Winter Count!

Winter is a great time to explore interesting courses, some of which are not available during the Fall and Spring terms. Winter 2015 has new academic course offerings of 5 week and 4 week courses. Registration begins Monday, October 27. Check out all the details at www.udel.edu/winter.

# Spring 2015 Registration Book

The .pdf of Spring 2015 courses is now available at Class Listing Archives.

# **General Inventory Classroom Utilization**

Fall 2012 - 2014 Average Classroom Utilization, along with peak time utilization and the associated yearly raw data is now available for review.

# **Voting Information**

In this election year, UD is partnering with **TurboVote** to make voting easy. Read the <u>UDAILY announcement!</u>

Other helpful links: <u>Delaware voting information</u> and the <u>Campus VOTE Project</u> for Student Voting Guides and registration deadlines for every state.

# Fall 2014 Registration Changes

Students may change registration or withdraw from courses without Academic penalty through Tuessday, October 21. Tuition and a \$25 processing fee will be charged for changes. (More info)

# Registrar's Office Annual Report

The 2013-14 Annual Report of the Office of the University Registrar is now available. Please review our highlights of the last year along with useful contact information for the office.

# Condensed Academic Calendar (2014-2016)

Please check out the new multi-year Condensed Academic Calendar, posted on our <u>Academic Calendar</u> page.

# Need to complete the Common Application Transfer Registrar Report form?

Please submit the form and request to registrar@udel.edu. (More info)

# Student "Preferred" Name

Students: In addition to your primary name, your preferred name now appears on faculty class and grade

# From UD Online distance learning:

please review: State Authorization of Distance Learning

# **Faculty Advisors**

You have access to student academic information at: Self Service > Advisor Center > My Advisees. At the bottom of the page is a "View data for Other Students" button. Enter a UD ID to access Student Center information, including the "What If Report" which is not available in Campus Community.

Office of the University Registrar

University Visitors Center 210 South College Avenue (302) 831-2131 Mon-Fri, 8 a.m.- 5 p.m.

**Computer Based Testing Center** 

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# **Upcoming Events**

- Nov 1, 2014 <u>Undergraduate admission</u> application deadline for freshman and transfer students entering Spring Semester, 2015.
- Nov 4, 2014 <u>Election Day. Classes</u> suspended, University offices closed.
- Nov 10, 2014 Deadline for receipt of doctoral dissertations and executive position papers for degrees to be conferred in December 2014.



# Academic Calendar

DOWNLOAD FULL CALENDAR: Select Year

The Academic Calendar by year is available in pdf format using the Download box above.

NEW

2 year Condensed Academic Calendar (2014-2016)

Accelerated & Non-Traditional Academic Calendars

Academic calendars from previous years are posted <u>here</u>.

# **Upcoming events**

Nov 1, 2014 Undergraduate admission application deadline for freshman and transfer students entering Spring Semester, 2015.

Spring Semester, 2015

Nov 4, 2014 Election Day. Classes suspended, University offices closed.

Fall Semester, 2014

Nov 10, 2014 Deadline for receipt of doctoral dissertations and executive position papers for degrees to be conferred in December 2014.

Fall Semester, 2014

Nov 13, 2014 Registration for Spring Semester, 2015 begins.

Spring Semester, 2015

Nov 17, 2014 Deadline for receipt of master's theses for degrees conferred in December 2014.

Fall Semester, 2014

Nov 25, 2014 Last meal in dining halls before Thanksgiving Break - lunch.

Fall Semester, 2014

Nov 25, 2014 Thanksgiving Break begins after last class; classes end at 10 p.m. Residence Halls close at 7:00 p.m. for students who do not have evening classes.

Fall Semester, 2014

Nov 26, 2014 Classes suspended; University offices open.

Fall Semester, 2014

Nov 27, 2014 Holiday - classes suspended; University offices closed

Fall Semester, 2014

Nov 28, 2014 Holiday - classes suspended; University offices closed.

Fall Semester, 2014

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- Oct 27, 2014 <u>Registration for Winter Session begins.</u>

# Class Registration

# BEFORE you register for classes.... Check your UDSIS Student Center



The blue **Holds** box lists any financial holds you may have that will prevent you from registering.

QUICK LINKS

Course Descriptions Supplemental Courses

Login UDSIS WebReg Reset your UD PIN Course Search

The blue  ${\bf Enrollment\ Dates}$  box lists when you may begin registering.

The blue **Advisor** box, shows your Advisor's information. Click on the **details** link to email your advisor to schedule an advising appointment. *Prepare questions in advance!* 

Are you an Undergraduate Degree-Seeking Student? Continue the registration process <u>HERE</u> to check requirements.

Graduate students and Professional & Continuing Education students, continue below...

# **View Courses**

- Search <u>Course Descriptions</u> for a synopsis, including credit information, co- and pre-requisites, and any restrictions or permissions needed to register. Students must meet prerequisite requirements prior to the start of any class with a prerequisite.
- Use <u>Courses Search</u> to view meeting times for the term, or click the link in Course Descriptions.
- View <u>Supplemental Course Descriptions</u>.
- Interested in Independent Study? See <u>FAQs</u>.

# To Register for Classes, Drop or Add Classes, or View your Schedule,

Login to WebReg or



# **Registration Tips and Guidelines**

- Registration Help Frequently asked questions & how to use WebReg
- Registration Timeline When to use each tool
- Course Section Numbering General Guidelines
- Registration Standards and Class Attendance
- Questions? Contact the Registrar's Office Registrar@udel.edu or 302-831-2131.

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QUICK LINKS

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# $\textcircled{m{b}}$ university $\emph{of}$ delaware



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- Oct 27, 2014 <u>Registration for Winter</u> <u>Session begins.</u>

# **Student Resources**

This section provides student information related to their academic careers at the University of Delaware.

"UDSIS Help for Students" provides tips on how to best use UDSIS and related applications.

Please select links in the menu bar on the left for complete details.

For information on courses, exams, textbooks and registering for classes, go to the section:

Course Information & Class Registration.

# Office of the University Registrar

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# **Graduation & Degree Conferral**

## Contents:

General Information

**Graduation Requirements** 

Academic Honors- Undergraduate Degree

The University of Delaware confers degrees at the end of the fall, spring, winter and summer sessions. Commencement ceremonies are held in May.

Commencement Program listings reflect information available approximately 6 weeks before the ceremony. The May Commencement Program includes the names of those students who completed degree requirements in the previous summer, fall and winter and those expected to complete degree requirements in the upcoming spring and summer. For more information regarding Commencement, please visit the Office of the Vice President and University Secretary's Commencement site.

For specific degree conferral dates, see the **Academic Calendar** section of this web site.

Periodic mailings concerning graduation are sent by the University Vice President and Secretary to students in their last semester. If you are not receiving graduation mailings please contact Registrar or call (831-2113). Caps and gowns, invitations, diploma frames and other graduation related items are available through the university bookstore.

# For additional information

Undergraduates should contact their Student Service / Assistant Dean's office.

Graduate students should contact the Graduate Studies Office at (302) 831-8697 or email gradoffice@udel.edu.

General graduation questions can be addressed to Registrar@udel.edu or call (302) 831-8924.

# **Graduation Requirements**

As noted in the <u>Academic Catalog</u>, "Upon degree conferral, the academic record is finalized and no further changes (addition of a minor, grade change) may be made."

# **Graduate Degree Candidates**

To initiate the process for a master's or doctoral degree, candidates must submit an **Application for Advanced Degree** to the Office of Graduate and Professional Education. The application deadlines are February 15 for Spring candidates, January 15 for Winter candidates, May 15 for Summer candidates, and September 15 for Fall candidates. The application must be signed by the candidate's adviser and department chair and/or graduate program director before it is submitted to the Office of Graduate and Professional Education.

Review the Graduate & Professional Education <u>Step by Step Graduation Guide</u>. Questions should be directed to <u>gradoffice@udel.edu</u>. Contact the Graduate Studies Office at (302) 831-8697, about the proper procedures for completing graduation requirements.

# **Undergraduate Degree Candidates**

See <u>Academic Requirements for Graduation</u> in the Academic Catalog.

In addition to the academic requirements of the particular curriculum chosen each student must complete the following general requirements:

- The attainment of a scholastic average of C (cumulative index of 2.0) in all work taken at the University.
- The satisfaction of the residence requirement by completing either the first 90 credits or 30 of the last 36 credits at the University of Delaware.

- All necessary <u>transfer credit</u> must be posted before a student can graduate. It is the students
  responsibility to ensure that the university has received the transfer credit from other institutions.
- One semester of Freshmen English (ENGL 110), completed with a minimum grade of C-.
- Three credits in an approved course or courses stressing multi-cultural, ethnic, and/or gender related content. This course may not be taken on a pass/fail basis.

## Senior Checkout

Seniors are expected to go through a senior checkout before graduation. The senior checkout is to ensure the student will meet academic requirements for graduation. Each college has its own rules regarding when senior checkout is to be done. Students should contact their <a href="Student Service">Student Service</a> / <a href="Assistant Dean's office">Assistant Dean's office</a> about senior checkout no later than the beginning of their senior year.

Undergraduates who are expecting to graduate a different date than is listed in their academic records should contact their <u>Student Service / Assistant Dean's office</u>.

# **Academic Honors - Undergraduate Degrees**

The following rules for honors apply:

- Summa Cum Laude. The top 1 percent of each undergraduate college's graduating class for an
  academic year will receive the degree Summa Cum Laude.
- Magna Cum Laude. The next 4 percent of each undergraduate college's graduating class will receive the degree Magna Cum Laude.
- Cum Laude. The next highest 8 percent of each undergraduate college's graduating class will
  receive the degree Cum Laude.

# Academic Honors - 2014-15

The Summer (2145), Fall (2148), Winter (2151) and Spring (2153) graduation honors degree minimum grade point averages are as follows:

COLLEGE:	Summa	Magna	Cum
Agricultural Sciences	3.979	3.743	3.610
Arts and Sciences/ Earth, Ocean & Environment	3.949	3.857	3.705
Business and Economics	3.934	3.799	3.633
Engineering	3.952	3.859	3.726
Health Sciences	3.962	3.829	3.662
Education and Human Development	3.929	3.878	3.771

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QUICK LINKS

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WebReg
Reset your UD PIN
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# **UD Academic Policies and Information**

The following information is found in the University's <u>Undergraduate and Graduate Catalog</u>. Topics highlighted under each section relate to UD Academic Policies and Procedures.

Contents:

Academic Honesty

University Attendance

Undergraduate Programs of Study (Majors and Minors)

Registration / Enrollment

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Class Attendance expections, inclement weather, religious holidays

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courses without academic penalty.

• Oct 27, 2014 Registration for Winter Session begins.

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Policies regarding taking courses pass/fail

How your GPA Index is Calculated

Your Academic Standing- Quality Point Deficits, Probation, Dismissal, Readmission procedures

Dean's List requirements

NOTE: Undergraduate students assigned temporary grades are not eligible for inclusion in the Dean's List until they have received final grades in all their courses for the semester.

# **Undergraduates: Academic Requirements for Graduation**

Academic Honors: Summa, Magna, Cum Laude, Degree with Distinction

NOTE: Upon degree conferral, the academic record is finalized and no further changes (addition of a minor, grade change) may be made.

# **Graduate Program Academic Requirements**

Also see Graduate & Professional Education

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- Oct 27, 2014 Registration for Winter Session begins.

#### QUICK LINKS

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# Official Transcripts

Official transcript orders can be requested and tracked 24 hours a day, 7 days a week. You will need a valid major credit card and email account. Your credit card is not charged until the transcript is sent. Transcripts are normally processed the next business day once your order has been received. During peak periods, the processing time may vary due to circumstances beyond our control.

After reading the special instructions below, click <u>HERE</u> (www.getmytranscript.com) to begin the online official transcript ordering process. Students may also login to UDSIS to request an official transcript or to view their unofficial transcript.

## **Special Instructions**

Transcript orders are real-time. You may see grades in Sakai or in UDSIS that are NOT yet displaying on official transcripts. Please note

- Need Fall 2014 grades on transcript? Do NOT order until December 18, 2014.
- Need Fall 2014 degree earned on transcript? Do NOT order until January 23, 2015.

If you order before these dates, the transcript will be processed as requested and NO REFUND will be provided.

#### **Electronic Transcripts:**

Electronic transcripts are normally processed within the same business day and have a much faster delivery time than traditional mail. When ordering an electronic transcript, it is the student's responsibility to ensure they are entering the correct recipient email address. It will be important that the recipient has an updated version of Adobe Reader/Flash and turns off any pop-up blockers for the National Student Clearinghouse website. Once the electronic transcript is sent, the recipient will receive two email notifications - one with a secure 30 day link and another with a password to access the transcript. No refund will be provided if the recipient fails to retrieve the electronic transcript. The word COPY will appear if/once the PDF transcript is printed.

## LSAC/AMCAS Forms:

ULSAC/AMCAS forms are no longer necessary when sending a transcript through your issued account number. When ordering an official transcript, select recipient type of "Educational Organization" and provide your issued LSAC/AMCAS account number.

# Other Forms / Common Application Transfer Registrar Report Form:

UD will not send forms accompanying official transcripts orders. If an agency/transcript recipient desires a form to be completed by the Registrar's Office, you may either submit the form and transcript separately to them or you may request both to be returned directly to you for submission. For forms, such as the Common Application Transfer Registrar Report or other forms to be completed, please submit your request via email with the form

Before attaching your form, please complete your portion of the form, especially if it requires your signature. Be sure to include all recipient information (address, email, fax #, etc.) in your email request. Please allow 2 business days for processing. Please understand that a form completed by the Registrar's Office will be separate from your official transcript. To order an official transcript, follow the instructions listed above. For additional questions about forms, please contact Janice Wiley at 302-831-8987.

# **Graduate Transcripts:**

A graduate transcript is granted at the University of Delaware only to those students who are properly registered as formally admitted students in a Graduate program. Only complete transcripts of UD work are produced. Requests to print only undergraduate or only graduate work will not be honored.

# Transcript Mailing/Pickup:

 $Official\ transcripts\ mailed\ directly\ to\ the\ student\ are\ stamped\ "Official\ Transcript\ Issued\ to\ Student".\ Photo\ ID\ is$ required for in-person transcript pick-up at the University Visitors Center- Registrar's Office Service Desk In-person transcript pick-ups must be retrieved within 30 days. Individuals authorizing a third party to pick-up a transcript on their behalf must write a letter in advance authorizing the release of the transcript.

# Transcript Legend:

Click on the Transcript Legend image to zoom the text size.

Official transcripts cannot be furnished to any student whose financial obligations to the University have not been met.

# Questions?

Email registrar@udel.edu or call 302-831-1289.

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# Giving Opportunities

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Make a Gift

Alumni & Friends

**Get Connected** 



# **Undergraduate Student Services**

# Welcome to the College of Health Sciences!

The faculty and staff in the college are committed to student success and provide assistance to students as they pursue their academic endeavors. Students are assigned faculty and/or professional advisors who have expertise and knowledge in their fields of study.

In the Dean's Office, the Assistant Dean and Academic Program Manager provide additional problem solving and assistance to students as they progress through their academic plan, as well as providing support to faculty and departmental staff in their roles as advisors.

Some examples of how we support students:

- Answering questions and discussing options if you are having academic or personal
- Troubleshooting scheduling conflicts and late registration
- · Providing excused absence notifications to faculty
- · Clarifying academic policies/regulations
- · Approving transfer credit evaluations
- Working closely with academic departments and the Registrar's office on degree audits
- Coordinating the senior checkout process and certifying degree clearance
- · Providing information about changing/adding majors or minors
- · Interpreting transfer credit reports and degree audits
- · Approving credit overloads and online courses

# Our Staff:

Assistant Dean: Carolyn Quinci, Ed.D. Academic Program Manager: Debbie Allen, M.S. Staff Assistant: Randee Tobin

Phone: 302-831-8073 Fax: 302-831-3490

Email: chs-advise@udel.edu

# University of Delaware Resource Directory

Resource	What They Do
Career Services Center (CSC) Website: www.udel.edu/CSC Location: Bank of America Career Services Center 401 Academy Street Phone: 831-2392 Fax: 831-1452	Assists University of Delaware students and alumni by providing information about:  Internships Career Exploration and Job Fairs Day on the Job program The Career Library Interview and Resume skills
Contact for Counceling and Student Development (CCCD)	<ul> <li>Part-time job listings</li> <li>A full range of interest and personality inventories, values clarification instruments, and computerized career decision-making programs</li> <li>Advice: A great place to go when undecided or considering change of major or career options.</li> </ul>
Center for Counseling and Student Development (CCSD) Website: www.udel.edu/Counseling	Some of the services that the Center for Counseling and Student Development offers are:
Counseling Services: Location: 261 Perkins Student Center Phone: 831-2141 Fax: 831-2148	<ul> <li>Individual and Group counseling</li> <li>A Career Library</li> <li>Student Development programs and workshops</li> <li>A full range of interest and personality inventories, values clarification instruments, and computerized</li> </ul>
	career decision-making programs
Psychiatric Services: Location: 209 Laurel hall Phone: 831-8992 Fax: 831-4258	Interviews conducted by psychologists and/or psychiatrists are confidential and information about those interviews is not released without a student's written request (or as may be required by law).  Advice: A resource to use when experiencing personal difficulties like anxiety, depression, or dealing with an
	unexpected life event, etc.
Information Technologies (IT) IT Support Center Website: www.udel.edu/help Phone: 831-6000	The IT Help Center is the heart of consulting services for students with questions about email, internet access, hardware, software, voice mail, or any other information technology at the University.
Math Tutorial Lab Website: www.math.udel.edu/resources/ugrad/tutorial_site.html Location: 106 Ewing Hall Phone: 831-2653	The Math Tutorial Lab provides tutorial support for many introductory math courses. This includes tutorial assistance in Math 010, Math 114, Math 115, Math 117, Math 221 and Math 241. The lab is staffed by qualified undergraduate students and math graduate students. Resources include previously administered exams, answer textbooks and a variety of math textbooks focusing on algebra and precalculus.  Advice: For some, Math comes easy; for others, not so much.
	Don't be afraid to seek tutoring if you are struggling or just not getting it.
Office for International Students and Scholars (OISS) Website: www.udel.edu/oiss Location: 44 Kent Way Phone: 831-2115	The Office of International Students and Scholars (OISS) assists international students with adjustment to life in the United States and to academic life at UD. They provide guidance on academic regulations pertaining to visa status and can connect students to the resources they need while here at the University.

#### Office of Academic Enrichment (OAE) Contact the Office of Academic Enrichment for more Website: ae.udel.edu information about the following services: Location: 148-150 South College Avenue Tutorial Services (Group and Individual) Phone: 831-4555 The Student Support Services Program Academic Workshops (Time Management, Notetaking, Test-taking, Reading Strategies, and Preparing for Finals) Advice: Use their resources to become a better student (even if you aren't having any particular difficulty in classes) especially to develop stronger study skills or to improve study habits. The Office of Disability Support Services (DSS) is designed to Office of Disability Support Services (DSS) Website: www.udel.edu/DSS/ provide equal educational opportunities for students with Location: 240 Academy Street, Alison Hall Suite 130 physical, medical or psychological disability, as well as a Phone: 831-4643 (Voice) learning disability or ADHD. Students are encouraged to 831-3261 (Fax) register with DSS upon entering the University and to work 831-4563 (TDD) with their DSS counselor throughout their time at UD. Advice: Even if you have not been diagnosed with a disability, you may want to contact DSS about any difficulties or accommodations you may need. Office of Student Financial Services (SFS) In addition to providing financial aid counseling, Student Website: www.udel.edu/finaid/ Financial Services provides guidance on financing the cost of a Location: Student Services Building, 30 Lovett Avenue University of Delaware education through private student and Phone: 831-2126 parent loans, as well as disseminate information regarding General Fax: 831-4334 charges on your student bill, payment plans, and the Verification Fax: 831-3041 interworking of federal student aid. Advice: Whenever making changes to your student schedule if you are adding or reducing credits to below full-time, consult with this office first to understand if there are any adverse financial implications. Office of the Dean of Students The Office of the Dean of Students assists students having Website: www.udel.edu/studentlife/deanofstudents.html difficulties due to reasons beyond their control, whether they Location: 101 Hullihen Hall are medical, emotional, psychological, familial, or financial in Phone: 831-8939 Email: DeanofStudents@udel.edu Advice: If you have a question, a concern, or a problem to solve and you are not sure where to begin, the Office of the Dean of Students is a great place to start. **Public Safety** The University of Delaware Department of Public Safety works Website: www.udel.edu/publicsafety to create an environment where people can feel safe to learn, Location: 413 Academy Street work, live and visit and is committed to providing quality Phone: 911 service and protection to the entire University community 831-2222 Non-emergency police and general information Advice: Public Safety provides a free walking escort service Blue Light Phones: Pick up any blue light phone on campus and for students, staff and faculty to or from any University you will be connected directly to the University Police property or contiguous street, and specific areas off campus Dispatcher. that immediately border the Hen after Ten bus route (see Email: publicsafety@udel.edu MAP). This service is available during the hours of darkness every night of the week. To arrange for an escort call 831-6666 or use one of the over 200 blue light emergency phones located throughout campus. **Student Health Services (SHS)** Student Health Services provides out-patient medical services Website: www.udel.edu/studenthealth for all undergraduate and graduate students. The SHS is Location: 282 The Green staffed by well-trained and fully licensed physicians, nurse Laurel Hall practitioners, nurses, and technical staff. Physicians are Phone: 831-2226 Board-certified, Board-eligible or fellowship-trained in the following specialties: adolescent medicine, sports medicine,

family practice, pediatrics and gynecology. The nursing staff includes nurse practitioners and ANA-certified college health

	nurses.
Undergraduate Student Services (USS) College of Health Sciences Website: www.udel.edu/chs/studentservices Location: 205 McDowell Hall Phone: 831-8073 Fax: 831-3490 Email: chs-advise@udel.edu  Hours: M-F 8:00am-4:30pm, Closed 12:00-1:00pm Walk-in Hours: MW 1:00-4:00pm, F 8:30-11:30am	Undergraduate Student Services is the central source of academic information for all students and faculty in the College of Health Sciences. Some examples of how we support students:  • Answering questions and discussing options if you are having academic or personal difficulties  • Troubleshooting scheduling conflicts and late registration  • Providing excused absence notifications to faculty  • Clarifying academic policies/regulations  • Approving transfer credit evaluation forms  • Working closely with academic departments and the Registrar's office on degree audits  • Coordinating the senior checkout process and certifying degree clearance  • Providing information about changing/adding majors or minors  • Interpreting transfer credit reports and degree audits  • Approving credit overloads and online courses  **Advice: If you experience academic or personal difficulties, or just having "adjustment to college" issues, contact the office of Undergraduate Student Services. You can schedule an appointment or come during our walk-in hours.
University Writing Center Website: www.english.udel.edu/wc Location: 016 Memorial Hall Phone: 831-1168 Email: writing-center@udel.edu	The primary purpose of the University Writing Center is to provide students with individualized instruction in writing. Students at any level and from any discipline may attend the Center free of charge. The Writing Center staff are experienced full-time and part-time faculty and teaching assistants from the English Department.  Advice: A great place to go to get help to improve your writing skills.

# Some key reasons that students <u>succeed</u> in college:

- > They take responsibility for themselves.
- > They see their advisors regularly and take her/his advice.
- > They take advantage of campus resources for help.
- > They attend class every day. They study every day.

**Published by:** College of Health Sciences, Office of Undergraduate Student Services, 205 McDowell Hall

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- Oct 21, 2014 Apr 13, 2015 <u>Last day to</u> change registration or to withdraw from courses without academic penalty.
- Oct 27, 2014 <u>Registration for Winter Session begins.</u>

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# Undergraduate Transfer and Test Credit

The University of Delaware accepts courses from appropriately accredited institutions and awards credit for certain examinations. College level coursework completed at degree-granting colleges/universities with other accreditations may be eligible for transfer credit. Contact the Office of the University Registrar (transfercredit@udel.edu) for additional information. General information about our policies may be found in the Undergraduate Programs section of the catalog here.

For specific information and instructions on seeking course or test evaluation, select the pertinent links in the menu bar to the left.

# Are you a Prospective Student?

- Find Admissions information <u>here</u>
- International Applicants, click <u>here</u>

# **Our Contact Information:**

Registrar- Transfer Credit University of Delaware 210 South College Avenue Newark, DE 19716 USA

Phone: 302-831-1551 Fax: 302-831-3005

E-mail: transfercredit@udel.edu

# Office of the University Registrar

University Visitors Center 210 South College Avenue Newark, DE 19716 (302) 831-2131 Mon-Fri, 8 a.m.- 5 p.m.

# **Computer Based Testing Center**

Alison Hall - Room 218 240 Academy Street Newark, DE 19716 (302) 831-6717



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#### QUICK LINKS

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# Evaluation of Transfer Credits Prior to Attending UD

Preliminary Transfer Credit Evaluations are available online through <u>Admissions-My Blue Hen Home</u> for newly admitted freshmen and transfer students who submitted an official post-secondary transcript with their UD admissions application. Students admitted before the completion of their final semester at another institution must send an official transcript listing final grades for that semester. It is recommended that the transcript be sent directly from the external institution to the address below. If the transcript is issued to the student, it must be submitted to the Registrar in its original sealed envelope. Transcripts not in their original sealed envelope are deemed unofficial.

Registrar's Office - Transfer Credit 210 S. College Ave. Newark, DE, 19716 ATTN: Kathy Graham

If your external institution offers an electronic transcript option, please send a password protected, official transcript directly from the external institution to <u>transfercredit@udel.edu</u>. Electronic transcripts forwarded from the student are deemed unofficial.

Courses may transfer to the University as either:

- a specific UD course (for example, MATH 115 Precalculus)
- as departmental elective credit (for example, MATH 166T Transfer Elective)

# Having Elective Credits Re-evaluated

At times, courses that received a preliminary evaluation of general elective credit, such as BISC 166T or MATH 166T, may prove to be directly equivalent to a UD course, if re-evaluated by the appropriate academic department. Only admitted students that have earned and transferred credits to UD may pursue re-evaluation third-parties, parents, etc. may not pursue re-evaluation of coursework.

Before proceeding with the re-evaluation process, it is helpful to first review UD's <u>Transfer Credit Matrix</u> to see if your courses have already been evaluated for transfer. Only courses NOT listed in the matrix should be submitted for re-evaluation. It is also helpful to review <u>UD course descriptions</u> to ensure that UD has a similar course to the one you took. If there is no similar UD course, then the elective credit will remain and the course should not be submitted for re-evaluation.

ENGL 110 - For evaluation of courses you hope will grant you exemption from ENGL 110 follow the <u>ENGL</u> 110 Transfer/Exemption Instructions.

If UD has a similar course to the one(s) you took (other than ENGL 110) submit the following information to the appropriate <u>departmental contact</u> for a re-evaluation:

- Your name and UD ID number
- The name of your previous institution and your major while you attended
- Official course description from the course you completed that contains:
  - Course number, title and number of credits (if science lab/lectures are separated, provide information for both courses.)
  - A description of topics or areas covered in the course (if we find the description is unclear
    or too vague, we will request a syllabus or additional material.)
- The term in which you took the course (ex: Fall 2012)
- The web link to your previous institution's course catalog for the academic year(s) your courses were taken
- The web link to your previous institution's homepage

If approved for a re-evaluation, the department faculty member will contact us with the new course equivalency. Periodically check your student records in UDSIS for updated evaluations. We also recommend that you meet with your academic advisor to determine how course equivalency changes apply to your degree program or impact your expected graduation date.

See the following for information on Test Credit.

Office of the University Registrar

University Visitors Center 210 South College Avenue Newark, DE 19716 (302) 831-2131 Mon-Fri, 8 a.m.- 5 p.m. **Computer Based Testing Center** 

Alison Hall - Room 218 240 Academy Street Newark, DE 19716 (302) 831-6717



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- Nov 10, 2014 <u>Deadline for receipt of</u> doctoral dissertations and executive position papers for degrees to be conferred in <u>December 2014</u>.
- Nov 13, 2014 Registration for Spring

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# **Academic Department Contact Information**

\*Every Course begins with the 4-letter abbreviation for a Subject Area.

\*Subject Area

-Subject Area	"Appreviation	Location	Pilone	
College of Agriculture & Natural Resources				
Assistant Dean Kim Yackoski Academic Advisement		<u>104 TNS</u>	831-2508	
Agricultural Education	AGED	<u>104 TNS</u>	831-2508	
Agriculture and Natural Resources	AGRI	<u>104 TNS</u>	831-2508	
Animal and Food Sciences	ANFS	<u>044 TNS</u>	831-2524	
Applied Economics and Statistics	APEC	<u>213 TNS</u>	831-2511	
Engineering Technology	BREG	<u>264 TNS</u>	831-2468	
Entomology & Wildlife Conservation	ENWC	250 TNS	831-2526	
Plant & Soil Sciences	PLSC	<u>152 TNS</u>	831-2531	
Statistics	STAT	213 TNS	831-2511	

\*Abbreviation

# **College of Arts & Sciences**

Senior Assistant Dean Cindi Shenkle <u>Academic Advisement</u>		<u>109 MTH</u>	831-3020
American Material Culture Studies	AMCS	<u>207 MEH</u>	831-2678
Anthropology	ANTH	<u>135 JMH</u>	831-2802
Arabic	ARAB	<u>103 JBH</u>	831-2592
Art	ART	<u>104 REC</u>	831-2244
Art Conservation	ARTC	303 OCL	831-2479
Art History	ARTH	318 OCL	831-8415
Arts & Science	ARSC	219 MTH	831-3020
Biology	BISC	115A WLF	831-2282
Black American Studies	BAMS	417 EWG	831-2897
Chemistry & Biochemistry	CHEM	104 BRL	831-2465
Chinese	CHIN	<u>103 JBH</u>	831-2592
Cognitive Science	CGSC	125 E. Main St.	831-6806
Communication	СОММ	250 PRS	831-8041
Comparative Literature	CMLT	<u>103 JBH</u>	831-2039
Criminal Justice	CRJU	<u>342 SMI</u>	831-1236
Early American Culture	EAMC	207 MEH	831-2678

# Semester, 2015 begins.

 Nov 17, 2014 <u>Deadline for receipt of</u> master's theses for degrees conferred in <u>December 2014.</u>

English	ENGL	212 MEM	831-2361
Fashion and Apparel Design	FASH	211 ALW	831-8711
Foreign Languages & Literature	FLLT	<u>103 JBH</u>	831-2592
French	FREN	<u>103 JBH</u>	831-2592
German	GRMN	<u>103 JBH</u>	831-2592
Greek	GREK	<u>103 JBH</u>	831-2592
Hebrew	HEBR	<u>103 JBH</u>	831-2592
History	HIST	236 JMH	831-2371
Italian	ITAL	103 JBH	831-2592
Japanese	JAPN	103 JBH	831-2592
Jewish Studies	JWST	30 W. Delaware Ave.	831-3324
Latin	LATN	<u>103 JBH</u>	831-2592
Leadership	LEAD	182 GRM	831-8711
Legal Studies	LEST	216 PRN	831-1803
Liberal Studies	MALS	207 MDH	831-6075
Linguistics	LING	125 E. Main St.	831-6806
Mathematical Sciences	MATH	501 EWG	831-2653
Military Science	MLSC	314 Wyoming Rd.	831-1763
Museum Studies	MSST	207 MEH	831-1251
Music	MUSC	209 AED	831-2577
Music Education	MUED	209 AED	831-2577
Philosophy	PHIL	24 Kent Way	831-2359
Physical Therapy	PHYT	303 MKL	831-8910
Physics & Astronomy	PHYS	217 SHL	831-2661
Political Science & Intl Relations	POSC	<u>347 SMI</u>	831-2355
Portuguese	PORT	103 JBH	831-2592
Psychology	PSYC	108 WLF	831-2271
Russian	RUSS	103 JBH	831-2592
Science	SCEN	217 SHL	831-2661
Sexualities & Gender Studies	SGST	34 W. Delaware Ave.	831-8474
Sociology	SOCI	322 SMI	831-2581
Spanish	SPAN	103 JBH	831-2592
Theatre	THEA	413 Academy St.	831-1894
Urban Affairs & Pub. Policy	UAPP	182 GRM	831-1687
Womens Studies	WOMS	34 W. Delaware Ave.	831-8474

# Alfred Lerner College of Business & Economics

Assistant Dean Marcia Rollison Academic Advisement		102 PRN	831-4369
Accounting	ACCT	<u>206 PRN</u>	831-2961
Business Administration	BUAD	236 LEH	831-2554

Management Information Systems	MISY	<u>206 PRN</u>	831-2961
Economics	ECON	423 PRN	831-2564
Finance	FINC	<u>306 PRN</u>	831-1015
Hotel Restaurant Instit. Mgmt	HRIM	Raub Hall	831-6077
College of Earth, Ocean & Environm	<u>ient</u>		
Assistant Dean Franklin Newton <u>Academic Advisement</u>	MAST	<u>111 ROB</u>	831-2841
Geography	GEOG	216 PRS	831-2294
Geology	GEOL	<u>101 PNY</u>	831-2569
Assistant Dean Kristine Ritz Coll  Academic Advisement		106 ALW	831-2396
		I	
		106 ALW	831-2396
Education Library Media	EDLM	200 Academy St.	831-4598
School of Education	EDUC	<u>134C WHL</u>	831-8695
Education & Public Policy	НЕРР	106 ALW	831-2940
Human Development & Family Studies	HDFS	<u>111 ALW</u>	831-6500
College of Engineering			
Assistant Dean F. Charles Shermeyer Academic Advisement		<u>141 DUP</u>	831-8659
Air Force Science	AFSC	314 Wyoming Rd.	831-2863
Biomedical Engineering	BMEG	125 East Delaware Ave.	831-6234
Chemical & Biomolecular Engineering	CHEG	235 CLB	831-2543
Civil & Environmental Engineering	CIEG	301 DUP	831-2442
Computer & Information Sciences	CISC	<u>101 SMI</u>	831-2712

Assistant Dean F. Charles Shermeyer Academic Advisement		141 DUP	831-8659
Air Force Science	AFSC	314 Wyoming Rd.	831-2863
Biomedical Engineering	BMEG	125 East Delaware Ave.	831-6234
Chemical & Biomolecular Engineering	CHEG	235 CLB	831-2543
Civil & Environmental Engineering	CIEG	301 DUP	831-2442
Computer & Information Sciences	CISC	<u>101 SMI</u>	831-2712
Computer Engineering	CPEG	<u>140 EVN</u>	831-2405
Electrical Engineering	ELEG	<u>140 EVN</u>	831-2405
Energy & Environmental Policy	ENEP	278 GRM	831-8405
Materials Science	MSEG	201 DUP	831-2062
Mechanical Engineering	MEEG	126 SPL	831-2421

# College of Health Sciences

Assistant Dean Carolyn Quinci Academic Advisement		205 MDH	831-8073
Behavioral Health and Nutrition	BHAN	<u>027 CSB</u>	831-2252
Health Promotion	HLPR	<u>027 CSB</u>	831-2252
Health Services Administration	HSAD	<u>391 MDH</u>	831-1255
Health Studies	HLST	<u>343A MDH</u>	831-8371
Kinesiology and Applied Physiology	KAAP	146 NS77	831-4909
Medical Laboratory Sciences	MEDT	050 MKL	831-2849

Nutrition and Dietetics	NTDT	027 CSB	831-2252
Physical Therapy	PHYT	301 MKL	831-8910
School of Nursing	NURS	<u>345 MDH</u>	831-1253
Associate in Arts Program			
Director John Bartley, Admin. Office, Newark Academic Advisement		Rm 102, 77 East Main St.	831-2473
Southern Delaware ETE - Georgetown			302-831-3508
UD Academic Center- Dover			302-857-1214
UD Academic Center- Georgetown			302-855-1657
UD Academic Center- Wilmington			302-571-5395
<u>University Studies</u>	ı	1	
Adrian McCleary, Assistant Director <u>Academic Advisement</u>		<u>148-150 S.</u> <u>College Ave.</u>	831-4555
University Course	UNIV		
Professional and Continuing Studies			
Debbie Farris, Manager, ACCESS Center <u>Academic Advisement</u>		ACCESS Center, 850 Library Ave, Suite 200	831-7600
UD Online/Distance Learning			
Professional and Continuing Studies Resource Center		850 Library Ave,	831-1053 or

# Student Service / Assistant Deans' Offices

Student Service / Assistant Deans' Offices	Contact	Location	Phone
College of Agriculture & Natural Resources	Assistant Dean Kim Yackoski	<u>104 TNS</u>	(302) 831-2508
College of Arts & Sciences	Senior Assistant Dean Cindi Shenkle	<u>109 MTH</u>	(302) 831-3020
Alfred Lerner College of Business & Economics	Assistant Dean Marcia Rollison	102 PRN	(302) 831-4369
College of Earth, Ocean & Environment	Assistant Dean Franklin Newton	<u>111 ROB</u>	(302) 831-2841
College of Education & Human Development	Assistant Dean Kristine Ritz Coll	106 ALW	(302) 831-2396
College of Engineering	Assistant Dean F. Charles Shermeyer	<u>141 DUP</u>	(302) 831-8659
College of Health Sciences	Assistant Dean Carolyn Quinci	205 MDH	(302) 831-8073

Associate in Arts Program	Director John Bartley	Rm 102, 77 East Main St.	(302) 831-2473
<u>University Studies</u>	Assistant Director Adrian McCleary	148-150 S. College Ave.	(302) 831-4555
Professional & Continuing Studies	Manager, ACCESS Center Debbie Farris	ACCESS Center, 850 Library Ave.	(302) 831-7600
All Buildings			(302) 831-2000

# Office of the University Registrar

University Visitors Center 210 South College Avenue Newark, DE 19716 (302) 831-2131 Mon-Fri, 8 a.m.- 5 p.m.

# **Computer Based Testing Center**

Alison Hall - Room 218 240 Academy Street Newark, DE 19716 (302) 831-6717 Dare to be first.

