Welcome to the Department of Behavioral Health and Nutrition (BHAN)! We want your academic career to be a success so here are our top ten tips to get you started

1. **YOUR FACULTY AND DEPARTMENTAL ACADEMIC ADVISORS** are here to help you with decision-making in issues such as major and/or minor academic programs, course selection and sequencing, graduation requirements and career questions. We strongly encourage you to make good use of this relationship and meet with your advisors on a regular basis. Make sure to schedule an advisement appointment with your advisor **prior to** registration periods. Getting advisement is extremely important!

2. **YOUR SUGGESTED PROGRAM OF STUDY** is listed on the back of each checksheet. This is a suggested sequence of courses, dictated in part by pre-requisites and corequisites. Courses are coded in UDSIS by class status (freshmen, sophomore, etc.) and by major. Consult with your advisor on any deviation from the program of study. In some cases it may be difficult to get into a course that is not in your major or not designated for your class status.

3. **ALWAYS REGISTER AT YOUR APPOINTED TIME.** It is imperative that you register for courses at your assigned appointment time in April and November. **Do not delay** or you will have difficulty scheduling.

4. **PAY ATTENTION TO PREREQUISITES.** Prerequisites are listed on the on-line Catalog. Behavioral Health and Nutrition program course prerequisites, by major, can be found on the curriculum checksheets of each major.

5. **SOME BHAN BREADTH REQUIREMENTS ARE DIFFERENT** from those in other departments or colleges. Pay attention to the requirements specific to your major.

6. **YOU ARE RESPONSIBLE FOR INFORMING PARENTS/FAMILY** of your activities and academic status if you wish. If they call the department with questions about you, we will not be permitted to discuss your situation with them due to the Buckley Amendment (unless you give your permission in advance, in writing).

7. **WHEN IN DOUBT ABOUT CONCERNS SUCH AS ACADEMIC, CAREER OR GRADUATION ISSUES, ASK YOUR ADVISOR.** Well-meaning friends may not always have complete information regarding YOUR academic career.

8. **Students in Behavioral Health and Nutrition are admitted directly into their major.** Health Behavior Science students should select a minor at the end of freshman year.

9. **READ YOUR EMAIL REGULARLY.** You are responsible for what is sent to your UD email address so please don’t make the mistake of missing something really important like a change in registration or Drop/Add deadline that could have a major impact on your academic career.

10. **SEEK ADVISEMENT, SEEK ADVISEMENT, SEEK ADVISEMENT.**

BHAN Student Handbook - [www.udel.edu/bhan](http://www.udel.edu/bhan)
This fact sheet gives you some guidelines regarding the degree programs (majors) in the Department of Behavioral Health and Nutrition and provides brief information about each one.

**Degree Programs**

Bachelor of Science

- Major in Applied Nutrition (APN)
- Major in Dietetics (DIET)
- Major in Nutritional Science (NS)
- Major in Health Behavior Science (HBS)
- Major in Health and Physical Education (HPE)

**Description of Programs**

**Bachelor of Science – Major: Applied Nutrition**
This degree is designed for students who want to combine a study of nutrition with another course of study. They may choose a minor or use their electives to take a variety of courses of interest.

**Bachelor of Science – Major: Dietetics**
This is the major for students who wish to pursue the Registered Dietitian (R.D.) credential. Student should be aware that completion of a post-undergraduate internship is required before taking the examination to become an R.D. Acceptance into an internship is very competitive and GPA, work/volunteer and leadership experiences as well as recommendations are all factors in admittance.

**Bachelor of Science – Major: Nutritional Sciences**
This program is designed for those interested in pursuing an advanced degree in areas including but not limited to: nutritional science, medicine, dentistry and physical therapy and other Allied Health fields. This major has a very strong science curriculum. Students should review the preadmission requirements for post-undergraduate programs to assure they take all required courses.
**Bachelor of Science - Major: Health Behavior Science**

The Health Behavior Science major is designed to provide a coordinated, multidisciplinary approach to behavior change and health. The focus of the major is on developing skills and expertise to help change behavior processes. Concepts covered include health behavior theory, community assessment, program planning, evaluation and behavior change skills. This program covers a wide number of health-related areas but currently has an emphasis on physical activity, nutrition and chronic disease prevention. It also provides significant classroom and hands-on experience in working with group and individual behavior change in addition to organization and administration of facilities and agencies. Students pursuing this major will move toward careers within the health promotion, community health, fitness, worksite wellness and leisure service industries – organizations which are focusing on community based interventions to promote healthy lifestyles.Completion of a minor (minimum 15 credits) and a nine-credit internship are integral components of this program.

**Bachelor of Science – Major: Health and Physical Education**

This degree program is primarily designed to prepare students for a career in teaching physical education and health education. The program provides the opportunity for students to attain K-12 dual certification in both Health Education and Physical Education, one of a handful of programs in the country to offer this dual certification. Freshmen are admitted directly to the Health and Physical Education Program and must meet criteria for progression through the program.

**Tuberculosis Test and Background Check for Practica**

In order to comply with state regulations, students must show written proof of a negative PPD Tuberculin Test before working in the schools. Students may have the test administered by their physician, a public health clinic, or at the Student Health Center on campus. There is a $5.00 charge to students who have this service performed at the health center. If you use an off campus site, the results must be on file with the Student Health Center so that the Office of Clinical Studies can clear you.

Schools also require that all members of their staff, including practicum students and interns have a criminal background check completed with the Delaware State Police. The requirements for background checks vary by state. These checks require at least 6 weeks to complete and you will not be permitted into the schools without the appropriate clearances.

Students should consult the Office of Clinical Studies website for current details on both of these clearances, timelines for completing them, and required forms (www.ocs.udel.edu).
Health and Physical Education Majors 2014-2015

Health and Physical Education Program Requirements:
Students enrolled in the Health and Physical Education major wishing to begin upper-level work must make formal application and satisfy the requirements for Clearance for Upper Division Study. Application is made to the Program Coordinator at the completion of the sophomore year or, in the case of transfer students, when the student has completed 60-89 credits for junior status. The purpose of clearance is to assure that each student is satisfying requirements in the major and is prepared to undertake junior-level work. Students not meeting criteria are provided support services including study skills assistance and academic planning.

Requirements for Progression through the Program
Students will achieve and maintain a health-enhancing level of fitness throughout the program. Without discrimination against those with disabilities, students with special needs are allowed and encouraged to utilize a variety of accommodations and/or modifications to demonstrate fitness.

Requirements for Clearance for Upper Division Study:
1. Letter of Application
2. Minimum GPA in the major of 2.75 and minimum cumulative GPA of 2.5
3. A grade of C- or better in all required courses within the major
4. Pass all three subtests of Praxis I; reading passing score = 175, writing passing score = 173 and mathematics passing score = 174
5. Resume
6. Philosophy of Health and Physical Education Statement

Requirements for admission to the Methods Block prior to Student Teaching:
1. Minimum GPA in the major courses of 2.75 and minimum cumulative FPA of 2.5
2. Complete all required BHAN or KAAP courses with a minimum of C- or better (with the exception of KAAP425, KAAP433 and BHAN465)
3. Complete all required EDUC courses (with the exception of EDUC420 and EDUC400)

Requirement for admission to Student Teaching in Health and Physical Education:
1. Minimum GPA in the major courses of 2.75 and a cumulative GPA of 2.5
2. Minimum grade of C- or better in all required courses in the major
3. Completion of all EDUC courses (with the exception of EDUC400)

Co-requisite for EDUC 400 – Student Teaching

The candidate must provide proof of having taken the appropriate academic content area tests for Health Education and Physical Education. The Delaware Health Education Test (20550) is required for the health education content test and the Praxis II Content Knowledge Physical Education Test (0091) is required for the physical education content test. A copy of the official scores must be submitted to the Delaware Center for Teacher Education during enrollment in EDUC 400 Student Teaching no later than May 1 for June graduates. An institutional recommendation for certification will not be issued until the candidate has presented the official score report.
The following is a list of minors that are offered through the Department of Behavioral Health and Nutrition. These minors are available to students from within BHAN as well as from other departments across the university. The minors are not open to students whose major program of study includes all of the courses included in the minor curriculum. Please note that some minor curriculum course requirements have prerequisites. See individual minor fact sheets for more detailed information.

Departmental Minor Programs:

Coaching Science
Dance
Health and Wellness
Health, Physical Activity and Disability
Nutrition
Public Health

Description of Minors

Coaching Science Minor – 19 credits
The minor helps students develop a personal coaching philosophy, an understanding of the body, how the body performs, injury prevention, the teaching of skills and progressions, sport psychology, and a variety of team responsibilities. A practicum/field experience is also required in the student's choice of sport in order to further enhance the development of coaching skills and philosophy.

Dance Minor – 17 credits
The Dance minor is available for students who have an interest in dance and want a concentration of study in this area to complement their career goals. The minor provides students with the opportunity to study a variety of coursework including, but not limited to, technique, composition and choreography, and elective choices in the historical, cultural, pedagogical and somatic areas of dance. Additionally, dance minors complete a variable credit capstone experience project.

Health and Wellness Minor - 18 credits
The Health and Wellness minor has been designed to provide students who have an interest in expanding their knowledge of health and wellness issues. The 18 credit minor will provide students with the opportunity to complement their major course of study by expanding and applying health knowledge and concepts to their chosen profession and personal life. Students in Health Behavior Sciences are not eligible to take this minor as a course of study.
Health, Physical Activity and Disability Minor - 16 credits
Provides undergraduate students with a theoretical base and quality field-based experiences to appropriately serve individuals with disabilities across the lifespan in a variety of settings that promote health and wellness. The minor is open to students in any major, but it is particularly suited for students who are planning careers in health and exercise sciences such as health and physical education, health promotion, fitness, occupational therapy, therapeutic recreation, physical therapy, sports medicine and coaching. The minor will help Health and Physical Education students to pursue a national certification in Adapted Physical Education. Students applying for the minor must have completed at least one semester of full-time study with a minimum GPA of 2.0. A grade of C- or better in required courses is needed for successful completion of the minor.

Nutrition Minor – 15 credits (with 16 prerequisite CHEM credits)
This minor is for students interested in the area of nutrition and who believe that good nutrition and personal lifestyles are important for the well-being of individuals. A minor in Nutrition provides students from other degree programs, such as Biology, Chemistry, Health Behavior Science and Nursing a fairly intensive level of understanding of nutritional science and recognition for their efforts.

Public Health Minor – 18 credits (with 3 prerequisite STAT credits)
Public Health is the science and art of preventing disease, prolonging life, and promoting health through the organized efforts and informed choices of society, organizations, public and private sectors, communities and individuals. The minor in Public Health provides an interdisciplinary opportunity to develop practical skills in program development and increase knowledge in the areas of social systems and policy as well as leadership. The minor is available to students of all disciplines and offers a greater appreciation for the application of public health concepts to your field of study.
COLLEGE OF HEALTH SCIENCES
DEPARTMENT OF BEHAVIORAL HEALTH AND NUTRITION

DEGREE COMPLETION REQUIREMENTS 2014-2015

All programs of study within the Department of Behavioral Health and Nutrition require a total of 120 or 121 credits to qualify for graduation. All programs required completion of courses in three categories: University Requirements including University Breadth Requirements, Major Required Courses and Electives. The Health Behavior Science major also requires the completion of an approved minor.

The purpose of breadth requirements is to assure that students achieve both the skills and breadth of knowledge expected of an educated college graduate. Major courses are intended to supply the students with the more specific knowledge, skills and ability to succeed upon graduation in both the work place and in graduate studies. These classes encompass both theoretical and practical knowledge to enable students to pursue career-related opportunities. Elective courses may be used to explore individual interests, investigate new fields or topics, or allow the development of competence in a second major, a minor, or a concentration of study. In order to fulfill the requirements of their selected program of study, students must take courses in the following four categories:

**University Requirements** – 22-30 credits

- Critical Reading and Writing (ENGL110) – 3 credits; minimum grade C-. This must be completed by the time a student has earned 60 credits.
- Multicultural Course – 3 credits; minimum grade of a D- is required; this course cannot be taken pass/fail.

These courses stress multicultural, ethnic and/or gender-related content.

- First Year Experience (FYE) – 1-3 credits; minimum grade dependent on major. Designed to provide freshmen with essential strategies and information needed to have a successful freshman year. Typically taken with students from within your residence hall and program of study. Specific to each program of study.
- Discovery Learning Experience (DLE) – 3-9 credits; minimum grade dependent on major. Discovery-based and experiential learning that involves instructional experiences out-of-class and beyond typical curriculum courses. Specific to each program of study.
- Additional breadth requirements – 12 credits; minimum grade C-. Students must also take 3 credits from each of four different categories:
  - CREATIVE ARTS AND HUMANITIES
  - HISTORY AND CULTURAL CHANGE
  - MATH, NATURAL SCIENCE AND TECHNOLOGY, and
  - SOCIAL AND BEHAVIORAL SCIENCES

- **Major Required Courses** – credits vary by program. See program checksheets for specific list of required courses for each program of study/major.

- **Electives** – credits vary by program. Most courses not required by a program’s curriculum may fulfill the elective credit category. See program checksheets for specific number of elective credits.
<table>
<thead>
<tr>
<th>Class Status</th>
<th>Credit Range</th>
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<tbody>
<tr>
<td>Freshmen</td>
<td>27 credits or less</td>
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<tr>
<td>Sophomores</td>
<td>28-59 credits</td>
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<tr>
<td>Juniors</td>
<td>60-89 credits</td>
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<tr>
<td>Seniors</td>
<td>90 or more credits</td>
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GENERAL ADVISING PROCEDURES AND INFORMATION 2014-2015

The Department of Behavioral Health and Nutrition provides students with a strong program of quality academic advisement – both from the faculty and the departmental academic advisor. The mission of academic advising in the department is to serve students in the ongoing process of assisting them in the attainment of their educational goals through the development and evaluation of their educational plans. To succeed and progress satisfactorily through a degree program, students must have the resources available to not only receive accurate information about requirements and procedures tailored to individual educational needs, but a knowledgeable, caring advisor to explain university policies and procedures. Advisors are involved in helping students coordinate their learning experiences through the planning of their educational – as well as their career – objectives, based on the abilities and academic progress of each student. Academic advising should also act as a referral for students to other campus agencies (Career Services, Academic Enrichment Center, etc.)

When a student enters the Department of Behavioral Health and Nutrition they are assigned a faculty advisor in their chosen area of study. The Department highly encourages students to meet with their advisor on a regular basis – during advance registration periods and whenever they may have questions regarding their academics or career goals. Students are also highly encouraged to follow their planned program of study, taking courses as suggested at the correct time in their academic career. This can avoid missed courses, conflicting courses, prerequisite sequencing issues and other problems that may arise as they get close to graduation.

Regarding advisement with faculty or the departmental academic advisor, the following is the expectation for a responsible and successful student:

- schedules appointments with his or her advisor and is on time for those appointments.
- is familiar with the on-line Undergraduate Catalog, the Departmental Student Guidebook and specific department policies.
- is prepared for the advising session (has identified questions or concerns, brings a list of proposed courses and times to advance registration appointment).
- discusses long-range goals including choice of major and career aspirations.
- knows academic requirements for continued enrollment and graduation.
- asks questions about policies, procedures, or requirements that are not understood.
- keeps copies of relevant academic records.
- obtains, completes and processes all necessary forms and signatures required for registration, course changes or related affairs within specified deadlines.
- meets course prerequisites and selects appropriate courses.
- consults with advisor before making drastic changes to an agreed upon schedule.
- consults with the advisor about concerns related to academic progress, a change in program, courses to be taken at another institution, withdrawal from courses, or withdrawal from the university.
- makes final decisions and is actively responsible for his or her academic career.
The Family Rights and Privacy Act of 1974 (The Buckley Amendment)
Advisors have access to much private information pertaining to students. This information may not be divulged to anyone without the student’s written consent. This federal law, the Buckley Amendment, establishes standards that pertain to all official student records, including the student’s advising file. The Buckley Amendment applies to all schools which receive funds under an applicable program from the U.S. Department of Education. The law requires that educational institutions maintain the confidentiality of student education records and provide students with access to information placed in their official files. The Buckley Amendment generally prohibits the disclosure of information about an advisee without the advisee’s prior written consent. Even disclosure to parents, other faculty, or administrators within the institution would constitute a violation unless the individual to whom the information was disclosed has been designated as a “school official” with “legitimate educational interests” in the institutional policy. As agents of the institution, advisors generally enjoy a qualified privilege that protects them from liability as long as they act in good faith in carrying out their responsibilities. The United States Supreme Court has stated that educators will be granted immunity unless they act maliciously or disregard the “basic unquestionable constitutional rights” of students.

First Year Experience (FYE)
The First Year Experience refers to a layered approach of offering essential strategies and information for students in transition to the University and to enhance the likelihood of academic/social success and student retention. With this experience is a First Year Seminar course which is discipline specific for incoming majors to introduce students to the expectations of an academic major or career. This may differ from the intro course (3-4 credits) in the major.

ENGL 110 – Critical Reading and Writing
This course is required of all students and is generally taken in the freshman year. A minimum grade of a C- is required.

Major Requirements
A minimum grade of a C- is typically required for all major requirements.

Multicultural Requirement
Every student must complete three credits in a course or courses stressing multicultural, ethnic, and/or gender-related content. A minimum grade of a D- is required; this course cannot be taken pass/fail.

Breadth Requirements
A complete listing of these requirements is available via UDSIS at http://academiccatalog.udel.edu/Pub_ShowCatalogPage.aspx?CATKEY=CATKEY_2107&ACYEAR=2013-2014&DSPL=Published. A minimum of a C- is required for all breadth requirements. Cannot be taken pass/fail.

Departmental Website
All information pertaining to BHAN can be found on our departmental website at www.udel.edu/bhan/
E-mail
Students are required to have a University e-mail account. When faculty generate information to students, they use only University based information – not hotmail, netscape, AOL, etc. If a student wants to keep their own personal e-mail account, they are required to transfer all information from their U of D account into their private account. A student is held responsible for missed information because of either not reading their e-mail or not having it transferred to another e-mail account.

Discovery Learning Experience (DLE)
All undergraduate students are required to take at least three credits of Discovery-Based or Experiential Learning (e.g., an internship, a service learning course, an independent study, participation in the Undergraduate Research Program or a Study Abroad program) in fulfillment of their degrees. The credit requirement may be satisfied in a single course or in a series of courses, as long as a total of three (3) credits are earned. This initiative follows the concept that we learn and retain knowledge more effectively when we learn by doing. When students apply theory to practice, use information to solve actual problems, are mentored to realize that they are not only receivers of knowledge but also discoverers of knowledge, realize and develop their own competencies when faced with unfamiliar situations, they have a deeper realization of the value of what they are being taught. This has the result of strengthening their intellectual abilities and creating the potential to gain greater self-confidence as future professionals. The most effective DLEs challenge students to build on their current level of knowledge, experience and skill sets.
The Academic Enrichment Center (AEC) offers services through three different programs:

- **University Studies** – Academic home for undeclared or undecided students. This program comprises one of the single largest bodies of undergraduate students within the university and represents a diverse population of students in terms of intellectual and academic interests. UST (University Studies) undergraduate students will eventually make their way into every major and/or minor represented here at the University of Delaware.

- **Student Support Services Program (SSSP)** – The Student Support Services Program (SSSP) provides academic assistance, personal support, cultural enrichment, and individual support for eligible undergraduate students at the University of Delaware. The primary objectives of SSSP are to assist participants to maintain good academic standing, to persist in college, and ultimately to graduate from the University with a baccalaureate degree. Motivated undergraduate students enrolled in a full-time degree program at the University of Delaware who demonstrate the potential to succeed in college and who qualify for participation in a federal TRIO program are eligible to become SSSP students. If you are a first-generation college student (neither of your parents graduated with a four-year undergraduate degree) and/or a student from a family with a limited income, you are encouraged to apply. Applicants are required to submit the most recent copy of the 1040 tax form submitted by the person(s) who claim them. Students with physical and/or Learning Disabilities/ADHD are also eligible to apply.

- **Academic Enrichment** - activities that provide undergraduate students with extensive academic assistance through individual tutoring, group study session, mentoring, academic success and study skills workshops, personal and social advising, and referral assistance throughout the year. These programs and activities are designed to help students maximize their academic ability while pursuing their degree programs. AEC also provides services for students with identified learning disabilities. Students interested in improving their academic performance should visit AEC.
The Career Services Center assists matriculated students and alumni. Undergraduate students may explore potential careers through participation in internships, volunteer work and part-time and summer jobs. Information on employment opportunities in the local area and throughout the mid-Atlantic region is available. This office also offers career workshops on topics such as resume writing, interviewing, and job searching strategies, as well as coordinated the Campus Interview Program and Credentials Services. The annual College of Health Sciences job fair is held each fall. Students interested in participating in any of these career services should visit the Center or check out the “upcoming events” on the CSC website. Students can also make an appointment with a career counselor through this website.

All of the activities of the Center for Counseling and Student Development are designed to contribute to the personal, educational, and career development of University of Delaware students. The Center’s goals are to assist students in achieving their full academic potential, formulating realistic career and educational plans, and resolving personal problems. Appointments and information regarding these services can be obtained by contacting the Center.

The University of Delaware Library is the parent term for five libraries: the Morris Library, the main library where the bulk of the collection is housed, which seats more than 3,000 persons and the four branch libraries including the Agriculture, the Physics, and the Chemistry libraries located on the Newark campus, as well as the Marine Studies Library in Lewes. The libraries contain 2.2 million books and journals and 2.8 items in microtext.

The International Programs and Special Sessions Center (IP/SS) administers University-sponsored study abroad programs, provides support services for foreign students, coordinates summer and winter sessions, and directs the English Language Institute. The Center also provides information to students and faculty on financial support for study, research, teaching and travel abroad. Foreign students and those interested in studying abroad should visit the Center.
The Tutorial Lab is designed to improve mathematical learning in the lower level mathematics courses at the University. The Lab provides tutorial assistance and develops instructional and diagnostic materials and techniques to support instruction for MATH 010, 012, all 100-level math courses, MATH 221 and 241. It maintains extensive house to answer students’ mathematical questions.

The University of Delaware Department of Public Safety works to create an environment where people can feel safe to learn, work, live and visit and is committed to providing quality service and protection to the entire University community. In partnership with the community and other local police agencies, UD’s Department of Public Safety works to prevent crime and resolve issues that affect students, faculty, staff, and visitors. Public Safety provides a free walking escort service for students, staff and faculty to or from any University property or contiguous street, and specific areas off campus that immediately border the Hen after Ten bus route (see MAP). Information regarding the University's late night bus service, Hen after Ten, can be found at: http://www.udel.edu/transportation/ud_route/hen.html. The escort service is designed to enhance your safety and peace of mind if you must walk after dark. This service is available during the hours of darkness every night of the week. To arrange for an escort please call 831-6666 or use one of the over 200 blue light emergency phones located throughout campus.

This office brings together an array of services for students, faculty and staff under one unit that are housed centrally in first-floor facilities in Alison Hall. The DSS office provides services for students with learning disabilities (LD) and Attention Deficit/Hyperactivity Disorder (ADHD), and for students and employees with permanent disabilities. This Office is charged with providing equal educational opportunities for students with disabilities and with encouraging full participation by these students in University programs. Students with obtain services including information and referral assistance through the University’s pre-admission process; specialized orientation tours of campus; assistance in obtaining priority status of scheduling; temporary loans of cassette tape recorders/player, keys to lifts and elevators, and assisted listening devices; assistance in locating attendants for on-going and occasional needs; and assistance in obtaining training in the use of specialized equipment (e.g. Kurzweil reading machine, talking calculator, talking computer terminal, Braille terminal, and large-screen computers).
OFFICE OF EQUITY AND INCLUSION
305 Hullihen Hall
831-8735
http://www.udel.edu/oei  ("oei" must be in lower case)

The purpose of this office is to advocate for an equitable and inclusive work and learning environment by monitoring, coordinating, and overseeing the University's diversity and inclusion initiatives. Matters related to discrimination based upon race, ethnicity, gender, class, sexual orientation, disability, religion and acts of intolerance are addressed in this Office. The four prongs of the Office of Equity and Inclusion are:

- **Affirmative Action** – the interpretation of University Policy Against Sexual Harassment and other Unlawful Harassment as well as Affirmative Action & Equal Opportunity
- **Campus Diversity** – issues dealing with protected class members at UD, gender, ethnicity and Equal Employment Opportunity for students and employees
- **LGBT Community Issues** - mission is to promote equality specifically regarding sexual orientation and gender identity/expression, vital to the University’s goal of being inclusionary to all people. The office works with the University to create a welcoming and safe environment through collaborative efforts in outreach, advocacy and activism.
- **Women's Affairs** - The Office of Women's Affairs, serving UD since 1978, advocates for equality by offering confidential support services, providing resources on women's issues, and presenting and celebrating the contributions and perspectives of women on- and off-campus.

STUDENT HEALTH SERVICES
282 The Green
Laurel Hall
NURSING STAFF IS AVAILABLE FOR TREATMENT AND CONSULTATION 24 HOURS A DAY 7 DAYS A WEEK
831-2226
http://www.udel.edu/shs

The Student Health Service (SHS) located in Laurel Hall, provides out-patient medical services for all undergraduate and graduate students. The SHS is staffed by well-trained and fully licensed physicians, nurse practitioners and nurses. Physicians are Board-certified, Board-eligible or fellowship-trained in the following specialties: adolescent medicine, sports medicine, family practice, pediatrics and gynecology. The nursing staff includes nurse practitioners and ANA-certified college health nurses.

THE TECHNOLOGY SOLUTIONS CENTER
002B Smith Hall
831-8895
http://www.it.udel.edu

The Technology Resource Center serves students, faculty and staff with all computing needs, whether help is needed to purchase a new computer or assistance is needed for a personal computer. The University offers full support for both Windows 95 and 98 and Apple MacOS 7.5x or 8.x systems. Students should check the website for the most up-to-date information regarding system minimum requirements.
The primary purpose of the University Writing Center is to provide University students with individualized instruction in writing. Students at any level and from any discipline may attend the Center free of charge. Writing Center instructors work one-on-one with students in need of an intensive program in order to succeed in University course work and with students who need to improve only a particular aspect of their writing. Students may attend on a one-time basis or may set up regular course of instruction.

WELSPRING STUDENT WELLNESS PROGRAM
231 South College Avenue
831-3457
http://www.udel.edu/studentwellness/

The Wellspring Student Wellness Program promotes good health and provides supportive counseling for students on a variety of wellness topics including: nutrition and fitness, body image and eating disorders, alcohol and other drugs, sexuality, healthy relationships, sexually transmitted infections, contraceptives, sexual assault, stalking, intimate partner violence, holistic wellness, stress management, relaxation techniques, massage, smoking cessation, and other related topics.
AREAS OF EMPHASIS AT DELAWARE

The Behavioral Health and Nutrition Department at the University of Delaware offers majors leading to a Bachelor of Science degree. Three of these majors focus on the area of nutrition and dietetics. These majors build on a strong foundation of chemistry, biology, social sciences and humanities courses while developing knowledge and expertise in the area of nutrition and dietetics. Students can major in Applied Nutrition, Dietetics or Nutritional Sciences based on their career goals and interests.

Applied Nutrition is designed for a student with broad and varied interests. This major allows students to combine the study of nutrition with other academic areas such as health and exercise, food science, psychology, or business.

The Dietetics major is the first step leading to the credential of Registered Dietitian by the Academy of Nutrition and Dietetics. The University of Delaware’s didactic program in Dietetics is currently granted accreditation status by the Accreditation Council for Education in Nutrition and Dietetics. Students in this major can satisfy the professional practice requirement after the Bachelor of Science degree by completing an Academy of Nutrition and Dietetics accredited dietetic internship.

The Nutritional Sciences major focuses on the science of human nutrition for those interested in an advanced degree in nutrition or physical therapy, or as the pre-professional degree program for medicine, dentistry or other health professions. It provides students with a very strong background in the chemical and biological sciences as well as the study of nutrition.

WHAT IS NUTRITION AND DIETETICS?

Nutrition is a diverse area of study for people who enjoy science, who believe that good nutrition, appealing food, and personal lifestyles are important for the well being of all individuals and who find satisfaction from working with people to help them think about food, nutrition, health, and wellness.

WHAT’S SPECIAL ABOUT THE PROGRAM?

Each student is assigned a faculty advisor in the department who helps in analyzing the student’s personal and educational goals and in planning the most appropriate academic program. Students interested in Nutrition and Dietetics may participate in the University’s Honors Program.

FACILITIES, RESOURCES, AND OPPORTUNITIES FOR EXPERIENCE

Students gain skills in counseling, nutrition education, resource development and applied practice research through a variety of courses and in many settings. Students can participate in the Nutrition and Dietetics Club, the Academy of Nutrition and Dietetics, and the Society for Nutrition Education and Behavior. Winter and summer travel study courses are offered within the United States and internationally. Some of the courses satisfy the University’s multicultural requirement. The Behavioral Health and Nutrition Department offers a Dietetic Internship to students following graduation from the baccalaureate program in Dietetics. Admission to this internship is competitive, but UD students have an advantage by applying on a preselect basis.

CAREER PATHS

The majors in the area of nutrition and dietetics prepare students for careers in high-demand areas in business, industry, public, private or government agencies, and in education and research. Graduates from the Applied Nutrition major are eligible for employment in nutrition education programs, food services, and fitness or health promotion programs. Those completing the Dietetics major who become Registered Dietitians work with individuals and groups in a variety of health and living situations. Graduates are employed in health care organizations, food service operations, business and industry, education and research, health promotion and private practice. Typically, Nutritional Sciences majors choose to pursue advanced degrees in the health and nutrition fields.
### NUTRITION AND DIETETICS CURRICULUM

To earn a bachelor's degree, students must complete **120 credits** and meet specific requirements, as outlined in the University of Delaware Undergraduate Catalog. Each semesters' courses will vary, depending on the student’s background and academic preparation. The following plan is only one example; not every student will take every course in the same order. The average number of credits per semester ranges from 12 to 17. Winter and summer sessions can help lighten the loads of regular semesters.

#### FALL
- General Chemistry I
- Sociology
- Nutrition Concepts
- Intro. To Nutrition Professions (FYE)
- Math
- General Chemistry II
- General Biology I
- Critical Reading and Writing
- Breadth Course

#### SPRING
- Organic Chemistry
- Human Physiology
- Food Concepts
- Psychology
- Biochemistry with Lab
- Food Science
- Economics Course
- Introduction to the Nutrition Care Process

#### FRESHMAN YEAR

<table>
<thead>
<tr>
<th>COURSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Chemistry I</td>
</tr>
<tr>
<td>Sociology</td>
</tr>
<tr>
<td>Nutrition Concepts</td>
</tr>
<tr>
<td>Intro. To Nutrition Professions (FYE)</td>
</tr>
<tr>
<td>Math</td>
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<tr>
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</tr>
<tr>
<td>Critical Reading and Writing</td>
</tr>
<tr>
<td>Breadth Course</td>
</tr>
</tbody>
</table>

#### SOPHOMORE YEAR

<table>
<thead>
<tr>
<th>COURSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organic Chemistry</td>
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<td>Food Science</td>
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<tr>
<td>Economics Course</td>
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<tr>
<td>Introduction to the Nutrition Care Process</td>
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</tbody>
</table>

#### JUNIOR YEAR

<table>
<thead>
<tr>
<th>COURSES</th>
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</thead>
<tbody>
<tr>
<td>*Nutrition 300/400 Level Courses</td>
</tr>
<tr>
<td>Microbiology</td>
</tr>
<tr>
<td>Macronutrients</td>
</tr>
<tr>
<td>Breadth Course</td>
</tr>
<tr>
<td>Management &amp; Organizational Behavior</td>
</tr>
<tr>
<td>Micronutrients</td>
</tr>
<tr>
<td>*Nutrition 300/400 Level Courses</td>
</tr>
<tr>
<td>Statistics</td>
</tr>
</tbody>
</table>

#### SENIOR YEAR

<table>
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<tr>
<th>COURSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>*Nutrition 300/400 Level Courses</td>
</tr>
<tr>
<td>Breadth Course</td>
</tr>
<tr>
<td>*Nutrition 300/400 Level Courses</td>
</tr>
<tr>
<td>Electives</td>
</tr>
<tr>
<td>An approved course (3 credits) stressing multicultural, ethnic, and/or gender-related content is required.</td>
</tr>
</tbody>
</table>

All students must complete 12 credits of University Breadth requirements with a C- or better.

* May include Nutrition Counseling, Medical Nutrition Therapy, Nutrition and Activity, Management of Food and Nutrition Services, Nutritional Assessment, Nutrition in the Lifespan, On-Site Food Production, etc.

### FOR MORE INFORMATION

You are always welcome to come talk with us about our majors and the ways in which we can help you reach your goals.

Please feel free to contact us at:

<table>
<thead>
<tr>
<th>College of Health Sciences</th>
<th>Admissions Office</th>
</tr>
</thead>
<tbody>
<tr>
<td>Department of Behavioral Health and Nutrition</td>
<td>210 South College Avenue</td>
</tr>
<tr>
<td>Carpenter Sports Building</td>
<td>University of Delaware</td>
</tr>
<tr>
<td>26 North College Avenue</td>
<td>Newark, DE 19716</td>
</tr>
<tr>
<td>Newark, DE 19716</td>
<td>(302) 831-8123</td>
</tr>
<tr>
<td><a href="mailto:bhanadvising@udel.edu">bhanadvising@udel.edu</a></td>
<td>(302) 831-6905</td>
</tr>
<tr>
<td><a href="http://www.udel.edu/BHAN">www.udel.edu/BHAN</a></td>
<td>(302) 831-4563</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:admissions@udel.edu">admissions@udel.edu</a></td>
</tr>
<tr>
<td></td>
<td><a href="http://www.udel.edu/admissions">www.udel.edu/admissions</a></td>
</tr>
</tbody>
</table>
University Requirements

- ENGL110 Critical Reading & Writing* (3 credits)
- _____ Multicultural Course (3 credits) NTDT301 will satisfy both this and an NTDT300/400 elective but is not a required course in the curriculum. There are other courses that will satisfy the Multicultural requirement.
- _____ First Year Experience (FYE; 1-4 credits) NTDT103 fulfills this requirement
- _____ Discovery Learning Experience (DLE; 3 credits) NTDT350 or 460 will satisfy both this and an NTDT300/400 elective but are not required courses in the curriculum. Other courses including Study Abroad satisfy the DLE requirement.

University Breadth Requirements*  (students must take breadth courses from four different subject areas)
Go to www.academiccatalog.udel.edu for a complete list of breadth courses and restrictions:
- _____ Creative Arts and Humanities* (3 credits)
- _____ History and Cultural Change* (3 credits)
- _____ Social and Behavioral Sciences* (3 credits) (BUAD309, ECON100, ECON151 and/or PSYC100 satisfy this requirement
- _____ Math, Natural Science and Technology * (3 credits) ANFS305 satisfies this requirement if grade earned is C- or better

MAJOR REQUIREMENTS (69-70 credits)

- ANFS305 Food Science * (3)
- _____ BISC104 Principles of Biology (4) or
- BISC205 Biology for Health Sciences (4)
- _____ BISC106 Elementary Human Physiology (3) * or
- BISC276 Human Physiology * (4)
- _____ BUAD309 Organizational Behavior (3)
- _____ CHEM101 or CHEM103 General Chemistry (4)
- _____ CHEM102 or CHEM104 General Chemistry (4)
- _____ CHEM213 Elementary Organic Chemistry (3)
- _____ CHEM215 Elementary Organic Chemistry/Lab (1)
- _____ CHEM214 Elementary Biochemistry* (3)
- _____ CHEM216 Elementary Biochemistry Lab* (1)
- _____ ECON100 Economic Issues & Policies (3) or
- ECON101 Intro to Microeconomics (3)
- _____ MATH114 Elementary Math & Statistics (or successful performance on the Math Proficiency Exam) (3)
- _____ NTDT103 Introduction to Nutrition Professions (1)
- _____ NTDT200 Nutrition Concepts * (3)
- _____ NTDT201 Food Concepts * (3)
- _____ NTDTXXX 300/400 Elective * (3)
- _____ NTDTXXX 300/400 Elective * (3)
- _____ NTDTXXX 300/400 Elective * (3)
- _____ NTDTXXX 300/400 Elective * (3)
- _____ NTDT305 Nutrition in the Life Span * (3)
- _____ NTDT400 Macronutrients * (3)
- _____ NTDT401 Micronutrients * (3)
- _____ PSYC100 General Psychology (3)
- _____ SOCIXXX Sociology Elective (3)

ELECTIVES  - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

See other side for suggested Program of Study


* Grade of C- or better required
**FRESHMAN YEAR**

**Fall (≈ 14 credits)**
- CHEM101 or CHEM103 General Chemistry 4
- MATH114 Elementary Math & Statistics (or equivalent) 3
- NTD103 Intro to Nutrition Professions (Fall only) 1
- NTD200 Nutrition Concepts* 3

**Spring (≈ 14 credits)**
- BISC104 or BISC205 Biology for Health Sciences 4
- CHEM102 or CHEM104 General Chemistry (102 PR CHEM101; 104 PR CHEM101, 103 or 105) 4

**Either Fall or Spring**
- ENGL110 Critical Reading and Writing* 3
- SOC1XXX Sociology Elective 3
- Breadth or Multicultural or Elective ** 3

**Total: 28 credits**

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**SOPHOMORE YEAR**

**Fall (≈ 14-15 credits)**
- CHEM213 Elem. Organic Chemistry 3
- CHEM215 Elem. Organic Chemistry Lab (CR CHEM213) 1

**Spring (≈ 14-15 credits)**
- ANFS305 Food Science* (Spring only) 3
- CHEM214 Elem. Biochemistry* (PR CHEM213) 3
- CHEM216 Elem. Biochemistry Lab* (CR CHEM214) 1

**Either Fall or Spring**
- BISC106 (no PR) or BISC276 Human Physiology* 3-4
- ECON100 or ECON101 Economics (151 PR MATHXXX) 3
- NTD201 Food Concepts* 3
- PSYC100 General Psychology 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3

**Total: 29-30 credits**

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**JUNIOR YEAR**

**Fall (≈ 14-15 credits)**
- NTD400 Macronutrients* (PR NTD200, CHEM214 & 216) 3

**Spring (≈ 14-15 credits)**
- NTD401 Micronutrients* (PR NTD400) 3

**Either Fall or Spring**
- BUAD309 Organizational Behavior 3
- NTD305 Nutrition in the Lifespan* (PR NTD200 and a biology course) 3
- NTD300/400 Elective* 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3

**Total: 30 credits**

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**SENIOR YEAR**

**Either Fall or Spring (≈ 16-17 credits per semester)**
- NTD300/400 Elective* 3
- NTD300/400 Elective* 3
- NTD300/400 Elective* 3
- Discovery Learning Experience (DLE)** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3
- Breadth or Multicultural or Elective ** 3

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**Total of 120 credits minimum required for graduation**

**BREADTH OR MULTICULTURAL OR ELECTIVE (from above) MUST INCLUDE:** (for a listing of courses - www.academiccatalog.udel.edu)
- Multicultural Course (3)
- Discovery Learning Experience (3) (NTDT301 will satisfy both this and an NTD300/400 Elective)
- Creative Arts & Humanities Breadth (3)*
- History & Cultural Change Breadth (3)*
- History & Cultural Change Breadth (3)*

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The following graduation requirements are satisfied by courses in the curriculum: FYE (NTDT103) and University Breadth Requirements for Social & Behavioral Sciences (BUAD309, ECON100, ECON151 and PSYC100) and Math, Natural Science and Technology (ANFS305, BISC104, BISC207, CHEM101, CHEM102, CHEM103, CHEM104). C- or better required if used to satisfy Breadth Requirement or as indicated above.

**PR - Pre-requisite; CR - Co-requisite**

* Grade of C- or better required
University Requirements

- ENGL110 Critical Reading & Writing* (3 credits)
- Multicultural Course (3 credits; can satisfy both multicultural and one breadth requirement simultaneously)
- First Year Experience (FYE; 1-4 credits) NTDT103 fulfills this requirement
- Discovery Learning Experience (DLE; 3 credits) NTD460 fulfills this requirement

University Breadth Requirements * (students must take breadth courses from four different subject areas)
Go to www.academiccatalog.udel.edu for a complete list of breadth courses and restrictions:
- Creative Arts and Humanities* (3 credits)
- History and Cultural Change* (3 credits)
- Social and Behavioral Sciences* (3 credits) BUAD309, ECON100, ECON151, PSYC100, and/or SOCI201 satisfy this requirement
- Math, Natural Science and Technology *(3 credits) ANFS305 satisfies this requirement if grade earned is C- or better

MAJOR REQUIREMENTS (96 credits)

- ANFS305 Food Science * (3)
- BISC205 Biology for Health Sciences (4)
- BISC276 Human Physiology * (4)
- BISC300 Introduction to Microbiology (4) or MEDT270 Medical Microbiol. & Infect. Diseases (4)
- BUAD309 Organizational Behavior (3)
- CHEM101 or CHEM103 General Chemistry (4)
- CHEM102 or CHEM104 General Chemistry (4)
- CHEM213 Elementary Organic Chemistry (3)
- CHEM215 Elementary Organic Chemistry Lab (1)
- CHEM214 Elementary Biochemistry* (3)
- CHEM216 Elementary Biochemistry Lab * (1)
- ECON100 Economic Issues & Policies (3) or ECON101 Intro to Microeconomics (3)
- MATH114 Elementary Math & Statistics (or successful performance on the Math Proficiency Exam) (3)
- NTDT103 Intro to Nutrition Professions (1)
- NTDT200 Nutrition Concepts * (3)
- NTDT201 Food Concepts * (3)
- NTDT250 Intro to the Nutrition Care Process * (3)
- NTDT305 Nutrition in the Life Span* (3)
- NTDT321 Quantity Food Production & Service * (3)
- NTDT322 Mgmt. of Food & Nutrition Services * (3)
- NTDT326 On-Site Food Production * (3)
- NTDT330 Nutrition Counseling * (3)
- NTDT400 Macronutrients * (3)
- NTDT401 Micronutrient s* (3)
- NTDT403 Dietetics Seminar (1)
- NTDT421 Nutritional Assessment Methods * (3)
- NTDT445 Teaching Methods: Nutrition & Foods* (3)
- NTDT450 Medical Nutrition Therapy I * (3)
- NTDT451 Medical Nutrition Therapy II* (3)
- NTDT460 Community Nutrition * (3)
- PSYC100 General Psychology (3)
- SOCI201 Introduction to Sociology (3)
- STAT200 or FREC408 or PSYC209 Statistics (3)

ELECTIVES - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

See other side for suggested Program of Study


* Grade of C- or better required
**FRESHMAN YEAR**

<table>
<thead>
<tr>
<th>Fall (= 14 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHEM101 or CHEM103 General Chemistry (103 CR MATH114 or higher)</td>
</tr>
<tr>
<td>MATH114 Elementary Math &amp; Statistics or equivalent</td>
</tr>
<tr>
<td>NTD103 Intro to Nutrition Professions (Fall only)</td>
</tr>
<tr>
<td>NTD200 Nutrition Concepts*</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Spring (= 14 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>BISC205 Biology for Health Sciences (PR or CR CHEM 101, 103 or 105)</td>
</tr>
<tr>
<td>CHEM102 or CHEM104 General Chemistry (PR CHEM101 or 103)</td>
</tr>
</tbody>
</table>

Either Fall or Spring

| ______ ENGL110 Critical Reading and Writing* | 3 |
| ______ SOCI201 Introduction to Sociology | 3 |
| ______ Breadth or Multicultural or Elective** | 3 |

**JUNIOR YEAR**

<table>
<thead>
<tr>
<th>Fall (= 15-16 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NTD1321 Quantity Food Production &amp; Service* (Fall only; PR NTD200 &amp; 201)</td>
</tr>
<tr>
<td>NTD326 On-Site Food Production* (CR NTD321)</td>
</tr>
<tr>
<td>NTD400 Macronutrients* (PR NTD200, CHEM214 &amp; CHEM216)</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Spring (= 15-16 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NTD322 Management of Food &amp; Nutrition Services* (Spring only; PR NTD200 &amp; 201)</td>
</tr>
<tr>
<td>NTD401 Micronutrients* (PR NTD400)</td>
</tr>
</tbody>
</table>

Either Fall or Spring

| ______ BISC300 Introduction to Microbiology or MEDIT270 Medical Microbiol. & Infect. Dis. (PR BISC205 or 207 for both) | 4 |
| ______ BUAD309 Organizational Behavior | 3 |
| ______ NDT305 Nutrition in the Lifespan* (PR NTD200 and a biology course) | 3 |
| ______ NTD330 Nutrition Counseling* (PR NTD200 & 250) | 3 |
| ______ Breadth or Multicultural or Elective** | 3 |

**SOPHOMORE YEAR**

<table>
<thead>
<tr>
<th>Fall (= 15 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHEM213 Elem Organic Chem (PR CHEM102, 104 or 105)</td>
</tr>
<tr>
<td>CHEM215 Elem Organic Chemistry Lab (CR CHEM213)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Spring (= 15 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANFS305 Food Science* (Spring only)</td>
</tr>
<tr>
<td>CHEM214 Elem. Biochemistry* (PR CHEM 213)</td>
</tr>
<tr>
<td>CHEM216 Elem. Biochemistry Lab* (CR CHEM 214)</td>
</tr>
<tr>
<td>NTD250 Intro to the Nutrition Care Process* (PR NTD200)</td>
</tr>
</tbody>
</table>

Either Fall or Spring

| ______ BISC276 Human Physiology* (PR BISC205, 207 or 208 and CHEM101, 103, 105 or 111) | 4 |
| ______ ECON100 or ECON101 Economics | 3 |
| ______ NTD201 Food Concepts* | 3 |
| ______ PSYC100 General Psychology | 3 |
| ______ STAT200 or PSYC209 or FREC408 Statistics | 3 |

**SENIOR YEAR**

<table>
<thead>
<tr>
<th>Fall (= 15-16 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NTD403 Dietetics Seminar (Fall only; PR Senior)</td>
</tr>
<tr>
<td>NTD421 Nutritional Assessment Methods* (Fall only; PR NTD400 and statistics course)</td>
</tr>
<tr>
<td>NTD450 Medical Nutrition Therapy I* (Fall only; PR BISC276, NTD250 and 400)</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Spring (= 15-16 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NTD451 Medical Nutrition Therapy II* (Spring only; PR BISC276, NTD250 and 400)</td>
</tr>
</tbody>
</table>

Either Fall or Spring

| ______ NTD445 Teaching Methods: Nutrition & Foods* (PR NTD200) | 3 |
| ______ NTD460 Community Nutrition* (DLE; PR NTD321 and NTD400) | 3 |
| ______ Breadth or Multicultural or Elective** | 3 |

| ______ Breadth or Multicultural or Elective** | 3 |
| ______ Breadth or Multicultural or Elective** | 3 |
| ______ Breadth or Multicultural or Elective** | 3 |

**Total of 120 credits minimum required for graduation**

**BREADTH OR MULTICULTURAL OR ELECTIVE (from above) MUST INCLUDE:**

- Multicultural Course (3)
- Creative Arts & Humanities Breadth (3)*
- History & Cultural Change Breadth (3)*
- Other Breadth Requirement

* Grade of C- or better required

The following graduation requirements are satisfied by courses in the curriculum: FYE (NTDT103), DLE (NTDT460) and University Breadth Requirements for Social & Behavioral Sciences (BUAD309, ECON100, ECON151, PSYC100, SOCI201) and Math, Natural Science and Technology (ANFS305, BISC207, CHEM101, CHEM102, CHEM103, CHEM104, STAT200). C- or better required if used to satisfy Breadth Requirement or as indicated above.

PR - Pre-requisite; CR - Co-requisite
University Requirements

ENGL110 Critical Reading & Writing* (3 credits)

__________ Multicultural Course (3 credits) NTDT301 will satisfy both this and an NTDT300/400 elective but is not a required course in the curriculum. There are other courses that will satisfy the Multicultural requirement.

First Year Experience (FYE; 1-4 credits) NTDT103 satisfies this requirement

Discovery Learning Experience (DLE; 3 credits) NTDT350 or 460 will satisfy both this and an NTDT300/400 elective but are not required courses in the curriculum. Other courses including Study Abroad satisfy the DLE requirement.

University Breadth Requirements * (students must take breadth courses from four different subject areas)

Go to [www.academiccatalog.udel.edu](http://www.academiccatalog.udel.edu) for a complete list of breadth courses and restrictions:

Creative Arts and Humanities* (3 credits) ______

History and Cultural Change* (3 credits) ______

Social and Behavioral Sciences* (3 credits) ECON100 or ECON151 satisfy this requirement

Math, Natural Science and Technology *(3 credits) ANFS305 will satisfy this requirement if grade earned is C- or better

MAJOR REQUIREMENTS (92-93 credits)

ANFS305 Food Science * (3) ______ NTDT200 Nutrition Concepts * (3)

BISC207 Introductory Biology I (4) ______ NTDT201 Food Concepts * (3)

BISC208 Introductory Biology II (4) ______ NTDTXXX 300/400 Elective * (3)

BISC276 Human Physiology * (4) ______ NTDTXXX 300/400 Elective * (3)

BISC300 Introduction to Microbiology (4) ______ NTDTXXX 300/400 Elective * (3)

CHEM103 General Chemistry (4) ______ NTDTXXX 300/400 Elective * (3)

CHEM104 General Chemistry (4) ______ NTDT305 Nutrition in the Life Span* (3)

CHEM214 Elementary Biochemistry* (3) ______ NTDT400 Macronutrients * (3)

CHEM216 Elementary Biochemistry Lab* (1) ______ NTDT401 Micronutrients * (3)

CHEM321 Organic Chemistry (4) ______ NTDT421 Nutritional Assessment Methods * (3)

CHEM322 Organic Chemistry (4) ______ PHYS201 Introductory Physics I (4)

ECON100 Economic Issues & Policies or ECON101 Intro to Microeconomics (3) ______ Social Science Elective (3) **

MATH221 Calculus I or MATH241 Analytic Geometry and Calculus AB (3 or 4) ______ STAT408 Statistical Research Methods (3)

NTDT103 Intro to Nutrition Professions (1)

ELECTIVES - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

See other side for suggested Program of Study


* Grade of C- or better required

** Social Science Electives - courses from the following departments: Anthropology, Black American Studies, Business Administration, Criminal Justice, Economics (including FREC150), History, Human Development and Family Studies (HDFS201, 221, 230, 329, 401, 403, 405), Political Science, Psychology (except 209 and 314), Sociology, Women's Studies (WOMS 201, 202, 206, 207, 211, 212, 213, 233, 240, 291, 298, 299, 300, 305, 323, 333, 350, 363, 407, 413, 415, 430, 436, 460, 484, 498)
**FRESHMAN YEAR**

**Fall (≈ 15-16 credits)**
- BISC207 Introductory Biology I (PR or CR CHEM 101, 103, 105 or 111) 4
- CHEM103 General Chemistry (PR MATH 114 or higher) 4
- MATH221 Calculus I (PR MATH 115 or Level V MPT) 3-4
  OR MATH241 Analytic Geometry & Calculus A (PR MATH 117 or Level VI MPT) 3-4
- NTDT103 Intro to Nutrition Professions (Fall only) 1
- NTDT200 Nutrition Concepts* 3

**Spring (≈ 14-15 credits)**
- BISC208 Introductory Biology II (PR BISC207; CHEM102, 104, 106 or 112) 4
- CHEM104 General Chemistry (PR CHEM101, 103 or 105) 4
- ENGL110 Critical Reading and Writing* 3
- Breadth or Multicultural or Elective ** 3-4

Total: 29-31

**SOPHOMORE YEAR**

**Fall (≈ 14-16 credits)**
- CHEM321 Organic Chemistry (Fall only, PR CHEM104) 4

**Spring (≈ 15-16 credits)**
- ANFS305 Food Science (Spring only) 3
- CHEM214 Elem. Biochemistry (PR CHEM321) 3
- CHEM216 Elem. Biochemistry Lab* (CR CHEM214) 1
- CHEM222 Organic Chemistry (Spring only, PR CHEM321) 4
- Either Fall or Spring
  - BISC276 Human Physiology* (PR BISC207 or 208 and CHEM101, 103, 105 or 111) 4

**JUNIOR YEAR**

**Fall (≈ 15 credits)**
- STAT408 Statistical Research Methods 3
- NTDT400 Macronutrients* (PR NTDT200, CHEM214 &216) 3
- PHYS201 General Physics (PR MATH 115, 117, 221 or 241) 4

**Spring (≈ 15 credits)**
- NTDT401 Micronutrients* (PR NTDT400) 3
- Either Fall or Spring
  - BISC300 Introduction to Microbiology (PR BISC207) 4
  - ECON100 Economic Issues & Policies or ECON101 Intro to Microeconomics 3
  - NTDT305 Nutrition in the Lifespan* (PR NTDT200 and a biology course) 3
  - NTDT300/400 Elective* 3
  - Social Science Elective 3

Total: 29

**SENIOR YEAR**

**Fall (≈ 15 credits for both Fall and Spring)**
- NTDT421 Nutritional Assessment Methods* (Fall only, PR NTDT400 and a stat course) 3
- Either Fall or Spring
  - Discovery Learning Experience (DLE)** 3
  - NTDT300/400 Elective* 3
  - NTDT300/400 Elective* 3
  - NTDT300/400 Elective* 3
  - Social Science Elective 3
  - Social Science Elective 3
  - Breadth or Multicultural or Elective ** 4
  - Breadth or Multicultural or Elective ** 3

**Total of 120 credits minimum required for graduation**

**BREADTH OR MULTICULTURAL OR ELECTIVE** (from above) MUST INCLUDE:
- Multicultural Course (3) (NTDT301 will satisfy both this and an NTDT300/400 Elective)
- Discovery Learning Experience (3) (NTDT350 or 460 will satisfy this and an NTDT300/400 Elective)
- Creative Arts & Humanities Breadth (3)*
- History & Cultural Change Breadth (3)*
- Social Science Elective (3) (see reverse side for list of courses)
- Social Science Elective (3) (see reverse side for list of courses)
- Social Science Elective (3) (see reverse side for list of courses)

The following graduation requirements are satisfied by courses in the curriculum: FYE (NTDT103) and University Breadth Requirements for Social & Behavioral Sciences (ECON100 or ECON151) and Math, Natural Science and Technology (ANFS305, BISC207, CHEM103, CHEM104, FREC408, MATH221, MATH241, PHYS201). C- or better required if used to satisfy Breadth Requirement or as indicated above.

PR - Pre-requisite; CR - Co-requisite

* Grade of C- or better required
University Requirements

___ ENGL110 Critical Reading & Writing* (3 credits)
___ Multicultural Course (3 credits; can satisfy both multicultural and one breadth requirement simultaneously)
___ First Year Experience (FYE; 1-4 credits) NTDT103 fulfills this requirement
___ Discovery Learning Experience (DLE; 3 credits) NTDT460 fulfills this requirement

University Breadth Requirements* (students must take breadth courses from four different subject areas)

Go to [www.academiccatalog.udel.edu](http://www.academiccatalog.udel.edu) for a complete list of breadth courses and restrictions:

___ Creative Arts and Humanities* (3 credits)
___ History and Cultural Change* (3 credits)
___ Social and Behavioral Sciences* (3 credits) BUAD309, ECON100, ECON151, PSYC100 & SOCI201 satisfy this requirement
___ Math, Natural Science and Technology *(3 credits) ANFS305 satisfies this requirement if grade earned is C- or better

MAJOR REQUIREMENTS (112-113 credits)

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANFS305 Food Science * (3)</td>
<td></td>
</tr>
<tr>
<td>BISC207 Introductory Biology I (4)</td>
<td></td>
</tr>
<tr>
<td>BISC208 Introductory Biology I (4)</td>
<td></td>
</tr>
<tr>
<td>BISC276 Human Physiology * (4)</td>
<td></td>
</tr>
<tr>
<td>BISC300 Introduction to Microbiology (4)</td>
<td></td>
</tr>
<tr>
<td>BUAD309 Management &amp; Organizational Behavior (3)</td>
<td></td>
</tr>
<tr>
<td>CHEM103 General Chemistry (4)</td>
<td></td>
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<tr>
<td>CHEM104 General Chemistry (4)</td>
<td></td>
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<tr>
<td>CHEM214 Elementary Biochemistry* (3)</td>
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<tr>
<td>CHEM216 Elementary Biochemistry Lab * (1)</td>
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<tr>
<td>CHEM220 Quantitative Analysis Chemistry (3)</td>
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<tr>
<td>CHEM221 Quantitative Analysis Chemistry Lab (1)</td>
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<tr>
<td>CHEM321 Organic Chemistry (4)</td>
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<tr>
<td>CHEM322 Organic Chemistry (4)</td>
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<tr>
<td>ECON100 or ECON101 Economics (3)</td>
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<tr>
<td>MATH221 or MATH241 Calculus I (3) or Analytic Geometry and Calculus A (4)</td>
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<tr>
<td>NTDT103 Intro to Nutrition Professions (1)</td>
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<tr>
<td>NTDT200 Nutrition Concepts * (3)</td>
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<tr>
<td>NTDT201 Food Concepts * (3)</td>
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<tr>
<td>NTDT250 Intro to the Nutrition Care Process * (3)</td>
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<tr>
<td>NTDT305 Nutrition in the Life Span* (3)</td>
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<tr>
<td>NTDT321 Quantity Food Production &amp; Service * (3)</td>
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<tr>
<td>NTDT322 Mgmt. of Food &amp; Nutrition Services * (3)</td>
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<tr>
<td>NTDT326 On-Site Food Production * (3)</td>
<td></td>
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<tr>
<td>NTDT330 Nutrition Counseling * (3)</td>
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<tr>
<td>NTDT400 Macronutrients * (3)</td>
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<tr>
<td>NTDT401 Micronutrients* (3)</td>
<td></td>
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<tr>
<td>NTDT403 Dietetics Seminar * (1)</td>
<td></td>
</tr>
<tr>
<td>NTDT421 Nutritional Assessment Methods * (3)</td>
<td></td>
</tr>
<tr>
<td>NTDT445 Teaching Methods: Nutrition &amp; Foods* ( 3)</td>
<td></td>
</tr>
<tr>
<td>NTDT450 Medical Nutrition Therapy I * (3)</td>
<td></td>
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<tr>
<td>NTDT451 Medical Nutrition Therapy II* (3)</td>
<td></td>
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<tr>
<td>NTDT460 Community Nutrition * (3)</td>
<td></td>
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<tr>
<td>PHYS201 Introductory Physics I (4)</td>
<td></td>
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<tr>
<td>PSYC100 General Psychology (3)</td>
<td></td>
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<tr>
<td>SOC201 Introduction to Sociology (3)</td>
<td></td>
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<tr>
<td>STAT408 Statistical Research Methods (3)</td>
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</tr>
</tbody>
</table>

ELECTIVES - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

Please refer to other side for suggested Program of Study

and additional course information

* Grade of C- or better required
# Suggested Program of Study

Consult with your advisor for possible alternative sequencing

## FRESHMAN YEAR

### Fall (≈ 15-16 credits)

- BISC207 Introductory Biology 4
- CHEM103 General Chemistry (CR MATH114 or higher) 4
- MATH221 or 241 Calculus I or Analytic Geometry and Calculus A 3/4
- NTDT103 Intro to Nutrition Professions (Fall only) 1
- NTDT200 Nutrition Concepts* 3

### Spring (≈ 14 credits)

- BISC208 Introductory Biology I* (PR or CR CHEM) 4
- CHEM104 General Chemistry 4
- ENGL110 Critical Reading and Writing* 3
- Breadth or Multicultural or Elective** 3
- Total: 29-30

## SOPHOMORE YEAR

### JUNIOR YEAR

### Fall (≈ 16 credits)

- NTDT321 Quantity Food Production & Service* (Fall only; PR NTDT200 & 201) 3
- NTDT326 On-Site Food Production* (Fall only; CR NTDT321) 3
- NTDT400 Macronutrients* (PR NTDT200, CHEM214 & CHEM216) 3

### Spring (≈ 16 credits)

- NTDT322 Management of Food & Nutrition Services* (Spring only; PR NTDT200 & 201) 4
- NTDT401 Micronutrients* (PR NTDT400) 3
- Either Fall or Spring
  - STAT408 Statistical Research Meth 3
  - BISC300 Introduction to Microbiology (PR BISC207) 4
  - ECON100 OR 101 Economics 3
  - NTDT330 Nutrition Counseling* (PR NTDT200 & 250) 3
  - PHYS201 Intro Physics I (PR MATH115, MATH117, MATH221 or MATH241) 4
- Total: 32

## SENIOR YEAR

### Fall (≈ 13 credits)

- NTDT403 Dietetics Seminar* (Fall only; PR Senior) 1
- NTDT421 Nutritional Assessment Methods* (Fall only; PR STAT200 and NTDT400) 3
- NTDT450 Medical Nutrition Therapy I* (Fall only; PR BISC276, NTDT250 and 400) 3

### Spring (≈ 15 credits)

- NTDT451 Medical Nutrition Therapy II* (Spring only; PR BISC276, NTDT250 and 400) 3
- Either Fall or Spring
  - BUAD309 Management & Org.. Behavior 3
  - NTDT 305 Nutrition in the Lifespan* (PR NTDT200 and a biology course) 3
  - NTDT445 Teaching Methods: Nutrition & Foods* (PR NTDT200) 3
  - NTDT460 Community Nutrition* (DLE; PR NTDT321 and NTDT400) 3
  - SOC101 Introduction to Sociology** 3
- Breadth or Multicultural or Elective** 3
- Total: 28

---

**Total of 120 credits minimum required for graduation**

**BREADTH OR MULTICULTURAL OR ELECTIVE (from above) MUST INCLUDE:** (for a listing of courses - www.academiccatalog.udel.edu)

- Multicultural Course (3)
- Creative Arts & Humanities Breadth (3)*
- History & Cultural Change Breadth (3)*

The following graduation requirements are satisfied by courses in the curriculum: FYE (NTDT103), DLE (NTDT460) and University Breadth Requirements for Social & Behavioral Sciences (BUAD309, ECON100, ECON151, PSYC100, SOCI201) and Math, Natural Science and Technology (ANFS305, BISC207, CHEM101, CHEM102, CHEM103, CHEM104, STAT200). C- or better required if used to satisfy Breadth Requirement or as indicated above.

Please refer to the course catalog www.academiccatalog.udel.edu for a complete listing of program requirements.

PR - Pre-requisite; CR - Co-requisite; C/L - Cross-Listed

* Grade of C- or better required
The Department of Behavioral Health and Nutrition offers a major in Health Behavior Science leading to a Bachelor of Science for students who are interested in the science and administration of health/fitness, health promotion and recreation programs. Health Behavior Science majors explore and analyze how human actions, cognitions, communications, and environment affect health, chronic disease, relationships and quality of life across the lifespan. They work to promote healthy lifestyles through education, assessing needs, counseling and coaching individuals, developing and implementing programs, policy change, creating media and materials, and evaluating the impact and outcome of their efforts.

As medical costs skyrocket, the health of individual Americans has an increasing effect on society. The cost of treating preventable conditions is passed on to everyone via increased taxes and health insurance premiums. Health behavior science majors and health promotion professionals emphasize improvements in:

- Diet
- Exercise
- Positive Attitudes, Behaviors and Lifestyle Choices
- Stress Management

Students majoring in Health Behavior Science have a strong interest in health issues, education and behavior change. To help develop professional background in an area of focus, students are required to select an approved minor such as:
1) Public Health
2) Coaching Science
3) Strength and Conditioning
4) Business Administration
5) Nutrition
6) Disabilities Studies
7) Psychology
8) Health, Physical Activity & Disability

Partnerships with hospitals, businesses, and industries enable students to gain practical, real-world skills needed to succeed in their fields. Students are encouraged to participate in undergraduate research through individualized independent study.

State-of-the-art laboratories and research and training facilities are available to enhance students’ educations. Internships and practicum experiences are required for degree completion.

Employment opportunities for Health Behavior Science graduates are diverse and rewarding. With the increased attention on health, fitness, and leisure, career possibilities have expanded into new and exciting areas. Graduates may be employed as health promotion/corporate fitness specialists, personal fitness trainers, cardiac rehabilitation specialists, recreation directors, health coach, health educator, health policy analyst, activity directors, or facility managers in leisure or fitness/wellness facilities. Many graduates pursue master’s degrees in Health Promotion or Exercise Science.
To earn a bachelor's degree, students must complete **120 credits** and meet specific requirements, as outlined in the *University of Delaware Undergraduate Catalog*. Each semester's courses will vary, depending on the student's background and academic preparation. The following plan is only one example; not every student will take every course in the same order. The average number of credits per semester ranges from **12** to **17**. Winter and summer session courses can help lighten the course loads taken during regular semesters.

<table>
<thead>
<tr>
<th>FRESHMAN YEAR</th>
<th>SPRING</th>
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</thead>
<tbody>
<tr>
<td>Personal Health Management</td>
<td>Nutrition Concepts</td>
</tr>
<tr>
<td>Health Behavior Science Seminar</td>
<td>Critical Reading and Writing</td>
</tr>
<tr>
<td>Anatomy and Physiology</td>
<td>Math</td>
</tr>
<tr>
<td>Psychology</td>
<td>Multicultural</td>
</tr>
<tr>
<td>Breadth Course</td>
<td>Breadth Course</td>
</tr>
</tbody>
</table>

| SOPHOMORE YEAR | | |
|----------------|-------------------|
| Issues in Health Behavior Management | Physical Activity Behavior |
| Biology | Minor Courses |
| Sociology | Leadership Practicum |
| Minor Course | Elective Course |
| Breadth Course | Breadth Course |

| JUNIOR YEAR | | |
|--------------|-------------------|
| Health and Aging | Nutrition and Activity |
| Research Methods and Statistics | Health Behavior Theory and Assessment |
| Intro to Adapted Physical Education | Introduction to Epidemiology |
| Minor Courses | Minor Course |
| | Breadth Course |

| SENIOR YEAR | | |
|--------------|-------------------|
| Behavior Change Strategies and Tactics | Internship |
| Development of Health Promotional Programs | Breadth Course |
| Breadth Course | Breadth Course |
| Minor Course | |

All students must complete 12 credits of University Breadth requirements with a C- or better.

An approved course (3 credits) stressing multicultural, ethnic, and/or gender-related content is required.

---

**FOR MORE INFORMATION**

You are always welcome to come talk with us about our majors and the ways in which we can help you reach your goals. Please feel free to contact us at:

- **College of Health Sciences**
  - Department of Behavioral Health and Nutrition
  - Carpenter Sports Building
  - 26 North College Ave
  - Newark, DE 19716
  - bhanadvising@udel.edu
  - www.udel.edu/BHAN

- **Admissions Office**
  - 210 South College Avenue
  - University of Delaware
  - Newark, DE 19716
  - Ph: (302) 831-8123
  - Fax: (302) 831-6905
  - TDD: (302) 831-4563
  - admissions@udel.edu
  - www.udel.edu/admissions
University Requirements

- ENGL110 Critical Reading & Writing* (3 credits)
- Multicultural Course (3 credits; one course can simultaneously fulfill multicultural and a breadth requirement)
- First Year Experience (FYE; 1-4 credits) BHAN155 and BHAN160 satisfy this requirement
- BHAN464 satisfies this requirement

University Breadth Requirements * (students must take breadth courses from four different subject areas)
Go to [www.academiccatalog.udel.edu](http://www.academiccatalog.udel.edu) for a complete list of breadth courses and restrictions:
- Creative Arts and Humanities* (3 credits)
- History and Cultural Change* (3 credits)
- Social and Behavioral Sciences* (3 credits)
- Math, Natural Science and Technology * (3 credits)

Additional Breadth Requirements for Health Behavior Science Majors (in addition to above courses, cannot simultaneously fulfill University Breadth and Additional Breadth requirements):
Social and Behavioral Sciences (6), to include:
- General Psychology (BHAN155, BHAN160)
- Social & Behavioral Sciences breadth list (BHAN311, BHAN332, BHAN335)
- Math, Natural Science and Technology breadth list (BHAN435, BHAN464, BHAN490, HLPR222, HLPR430, KAAP220, NTDT200, NTDT310)

MAJOR REQUIREMENTS (50 credits required)*

- BHAN155 Personal Health Management : Approach for a Lifetime* (3)
- BHAN160 Health Behavior Science Seminar* (1)
- BHAN263 Leadership Pract (1-3; Pass/Fail)
- BHAN311 Issues in Health Behavior Mgmt* (3)
- BHAN326 Research Methods and Statistics For Behavior Science* (3)
- BHAN332 Health Behavior Theory and Assessment* (3)
- BHAN335 Health and Aging* (3)
- BHAN342 Intro to Adapted Physical Activity* (3)
- BHAN435 Physical Activity Behavior* (3)
- BHAN464 Internship (9; Pass/Fail - requires permission of instructor)
- BHAN490 Development of Health Promotion Programs* (3)
- HLPR222 Intro to Epidemiology* (3)
- HLPR430 Behavior Change Strategies and Tactics* (3)
- KAAP220 Anatomy and Physiology* (3)
- NTDT200 Nutritional Concepts* (3)
- NTDT310 Nutrition and Activity* (3)

MINOR REQUIRED (Minimum 15 credits)
Please see other side for additional information about approved minors

ELECTIVES - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

See other side for suggested Program of Study


* Grade of C- or better required
# Bachelor of Science: Health Behavior Science 2014-2015

Enter Fall 2014 - Graduate Spring 2018/Minimum Credits to Graduate = 120

**Suggested Sequence**
Consult with your advisor for possible alternative sequencing

## Freshman Year
**Fall (≈ 16 credits)**
- BHAN160 Health Behavior Science Seminar* (Fall only) 1

**Spring (≈ 16 credits)**
- Either Fall or Spring
  - BHAN155 Personal Health Management * 3
  - ENGL110 Critical Reading & Writing* 3
  - KAAP220 Anatomy and Physiology* 3
  - NTDT200 Nutritional Concepts* 3
  - MATH114 or higher 3
  - Breadth (PSYC100 or SOCI xxx) 3
  - Breadth or Multicultural or Elective** 3
  - Breadth or Multicultural or Elective** 3
  - Breadth or Multicultural or Elective** 3
  - Breadth or Multicultural or Elective** 4

  **Total credits: 32**

## Sophomore Year
**Fall (≈ 15 credits)**
- BHAN311 Issues in Health Behavior Mgmt* (Fall only) 3

**Spring (≈ 16 credits)**
- Either Fall or Spring
  - BHAN263 Leadership Practicum* 1-3
  - BHAN435 Physical Activity Behavior* PR KAAP220 or 309 3

## Junior Year
**Fall (≈ 15 credits)**
- BHAN326 Research Methods & Statistics 3
  - For Behavior Science* (Fall only)
- BHAN332 Health Behavior Theory and Assessment* 3
  - HLPR222 Intro to Epidemiology* (Spring only; CR statistics course) 3
  - BHAN335 Health and Aging* (Winter and Spring) 3

**Spring (≈ 15 credits)**
- Either Fall or Spring
  - BHAN342 Intro to Adapted Physical Activity* 3
  - NTDT310 Nutrition and Activity* (PR NTDT200 and a physiology course) 3
  - Minor Course 3
  - Minor Course 3
  - Minor Course 3
  - Breadth or Multicultural or Elective** 3

  **Total credits: 30**

## Senior Year
**Fall (≈ 15 credits)**
- BHAN490 Development of Health Promotion Programs* (Fall only; PR BHAN332 and BHAN326 or STAT200) 3
- HLPR430 Behavior Change Strategies and Tactics* (Fall only; PR or CR BHAN332) 3

**Spring (≈ 12-15 credits)**
- Either Fall or Spring
  - Breadth or Multicultural or Elective** 3
  - Breadth or Multicultural or Elective** 3
  - Breadth or Multicultural or Elective** 3
  - Breadth or Multicultural or Elective** 2-5

**Either Spring or Summer**
- BHAN464 Internship (requires permission of instructor) 9
- Total credits: 26-29

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**Total of 120 credits minimum required for graduation**

**BREADTH OR MULTICULTURAL OR ELECTIVE (from above) MUST INCLUDE:** (for a listing of courses - [www.academnicatalog.udel.edu](http://www.academnicatalog.udel.edu))
- Multicultural Course (3)
- Social and Behavioral Sciences Breadth* (3)
- Creative Arts and Humanities Breadth* (3)
- History and Cultural Change Breadth* (3)
- Math, Natural Science & Technology Breadth* (3)
- Math, Natural Science & Technology Breadth (3)

**MINOR REQUIRED** (Minimum 15 credits) The following minors have been approved for the Health Behavior Science program; other minors permitted only with faculty advisor approval:  
- Public Health  
- Coaching Science  
- Nutrition  
- Health, Physical Activity & Disability  
- Strength and Conditioning  
- Disability Studies  
- Psychology  
- Entrepreneurial Studies  
- Business Administration  
- Exercise Science

The following graduation requirements are satisfied by courses in the curriculum: FYE (BHAN160, BHAN155), DLE (BHAN464) and University Breadth Requirements for Social & Behavioral Sciences (PSYC100 and SOCI course from the list) and Math, Natural Science and Technology (BISC course from the list). C- or better required if used to satisfy Breadth Requirement or as indicated above. PR - Pre-requisite; CR - Co-requisite

* Grade of C- or better required
AREA OF EMPHASIS AT DELAWARE
The Health and Physical Education major is designed to prepare students for careers in teaching Health and Physical Education. A unified conceptual framework guides the University of Delaware’s programs in teacher education. The National Council for the Accreditation of Teacher Education (NCATE) accredits the professional education unit. The Health and Physical Education program is approved by the state of Delaware and is recognized by the National Association for Sport and Physical Education (NASPE) and the Association for the Advancement of Health Education (AAHE), the national specialty organizations.

WHAT’S SPECIAL ABOUT THE PROGRAM?
There are several features that distinguish this program from those at other institutions. First, all students completing the program receive an institutional recommendation for certification to teach both Health Education and Physical Education. Second, the endorsement received is not restricted to the elementary or secondary level, but is valid for grades K-12. And finally, beginning in the first year, and continuing throughout their academic preparation, majors in health and physical education participate in multiple field experiences, working directly with students and teachers at local elementary, middle, and high schools. This early and frequent exposure to the “real life” experience of teaching in the schools, including the opportunity to work with students with disabilities, helps to assure superior preparation for graduates of the program. In the final year, a capstone seminar, held concurrently with a fifteen-week student teaching internship, prepares students for the transition from college student to teacher. Students also have the opportunity to develop and deliver presentations with faculty at the state, regional and national levels and/or participate in research with a faculty member during the summer.

FACILITIES AND RESOURCES
Students have access to state-of-the-art laboratories and classrooms on campus. Practical experiences in K-12 education take place in carefully selected models of best practices in the surrounding community.

CAREER PATHS
A degree in Health and Physical Education prepares students for teaching Health and Physical Education in grades K-12. Graduates of the program are employed in public and private school settings in the United States and overseas. Other options include working with youth groups, recreational centers, the YMCA, Boys and Girls Club, fitness centers and wellness clubs. Some students in the program also select the Department’s Coaching Science Minor to prepare for coaching interscholastic sports.
To earn a bachelor’s degree, students must complete 121 credits and meet specific requirements, as outlined in the University of Delaware Undergraduate Catalog. The following plan represents the suggested order of courses culminating with student teaching and the capstone seminar. Not every student will follow the same sequence. The average number of credits per semester ranges from 13 to 17. Winter and summer session courses can help lighten the course loads taken during regular semesters.

### The Health and Physical Education Curriculum

To earn a bachelor’s degree, students must complete 121 credits and meet specific requirements, as outlined in the University of Delaware Undergraduate Catalog. The following plan represents the suggested order of courses culminating with student teaching and the capstone seminar. Not every student will follow the same sequence. The average number of credits per semester ranges from 13 to 17. Winter and summer session courses can help lighten the course loads taken during regular semesters.

### Freshman Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Spring</th>
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</thead>
<tbody>
<tr>
<td>Introduction to Physical Education</td>
<td>Fundamental Skills Analysis</td>
</tr>
<tr>
<td>Personal Health Management</td>
<td>Adventure Challenge &amp; Recreation</td>
</tr>
<tr>
<td>Emerg. Management of Injuries and Illness</td>
<td>Group Facilitation Skills</td>
</tr>
<tr>
<td>Anatomy and Physiology</td>
<td>Critical Reading and Writing</td>
</tr>
<tr>
<td>Psychology or Lifespan Development</td>
<td>Math Course</td>
</tr>
</tbody>
</table>

### Sophomore Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diversity in Secondary Ed.</td>
<td>Adolescent Development &amp; Psychology</td>
</tr>
<tr>
<td>Motor Development</td>
<td>Methods and Materials in Drug Education</td>
</tr>
<tr>
<td>Health Related Fitness</td>
<td>Intro. to Adapted Physical Education</td>
</tr>
<tr>
<td>Health Theory and Prog. Plan</td>
<td>Tactical Approach to Sports</td>
</tr>
<tr>
<td>Biology with Lab</td>
<td>Breadth/Multicultural Course</td>
</tr>
</tbody>
</table>

### Junior Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teaching Mental &amp; Community Health</td>
<td>Nutrition Concepts</td>
</tr>
<tr>
<td>Teaching Indiv. Sports</td>
<td>Teaching Exceptional Adolescents</td>
</tr>
<tr>
<td>Instructional Strategies for Human Sexuality</td>
<td>Water Safety Instruction</td>
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<tr>
<td>Breadth</td>
<td>Teaching Team Sports</td>
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<td></td>
<td>Measurement &amp; Evaluation</td>
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<td></td>
<td>Biomechanics</td>
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</tbody>
</table>

### Senior Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reading in Content Area</td>
<td>Student Teaching Elementary</td>
</tr>
<tr>
<td>Methods and Materials in Health Education</td>
<td>Student Teaching Secondary</td>
</tr>
<tr>
<td>Methods and Materials in Physical Education</td>
<td>Seminar in PE &amp; Health</td>
</tr>
<tr>
<td>Breadth</td>
<td>Breadth</td>
</tr>
</tbody>
</table>

All students must complete 12 credits of University Breadth requirements with a C- or better.

An approved course (3 credits) stressing multicultural, ethnic, and/or gender-related content is required.

### For More Information

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- TDD:(302) 831-4563
- admissions@udel.edu
- www.udel.edu/admissions
University of Delaware Department of Behavioral Health and Nutrition

Enter Fall 2014 - Graduate Spring 2018
Minimum Credits to Graduate: 121

University Requirements

_____ ENGL110 Critical Reading & Writing* (3 credits)
_____ Multicultural Course (3 credits) EDUC419 fulfills this requirement
_____ First Year Experience (FYE) (1-4 credits) BHAN155* fulfills this requirement
_____ Discovery Learning Experience (DLE) (3 credits) EDUC400 fulfills this requirement

University Breadth Requirements * (students must take breadth courses from four different subject areas)
Go to www.academiccatalog.udel.edu for a complete list of breadth courses and restrictions:

_____ Creative Arts and Humanities* (3 credits)
_____ History and Cultural Change* (3 credits)
_____ Social & Behavioral Sciences* (3 credits)
_____ Math, Natural Science and Technology* (3 credits)

MAJOR REQUIREMENTS (100 credits)

_____ BHAN121 Water Safety Instruction* (2) _____ BHAN416 Methods/Materials: Physical Education* (3)
_____ BHAN140 Fundamental Skills Analysis* (3) _____ BHAN465 Seminar: Health & Physical Education* (2)
_____ BHAN141 Adventure Challenge & Outdoor Rec* (1) _____ BISCXXX Biology course with Lab* (4)
_____ BHAN145 Introduction to Physical Education* (3) _____ EDUC400 021Student Teaching – Elementary (5)
_____ BHAN155 Personal Health Management: Approach For a Lifetime* (3) _____ EDUC400 026 Student Teaching – Secondary (5)
_____ BHAN230 Group Facilitation Skills in HPE* (3) _____ EDUC413 Adolescent Devpmnt & Educ, Psych* (4)
_____ BHAN231 Teaching Mental & Community Health* (3) _____ EDUC414 Teaching Exceptional Adolescents* (3)
_____ BHAN241 Teaching Individual Sports* (3) _____ EDUC419 Diversity in Secondary Education* (3)
_____ BHAN245 Teaching Team Sports* (3) _____ EDUC420 Reading in Content* (1)
_____ BHAN251 Skills & Tech: Rhythms & Dance* (1) _____ HDFS201 Lifespan Development* (3) or
_____ BHAN315 Methods & Materials in Drug Ed* (3) _____ PSYC100 General Psychology* (3)
_____ BHAN319 Health Related Fitness* (3) _____ KAAP210 Emergency Mgmt. of Injuries & Illness* (3)
_____ BHAN324 Measurement and Evaluation* (3) _____ KAAP220 Anatomy and Physiology* (3)
_____ BHAN325 Instructional Strategies for Human* Sexualities* (3) _____ KAAP301 Motor Development* (4)
_____ BHAN333 Health Theory and Program Planning* (3) _____ KAAP425 Biomechanics of Human Movement* (4)
_____ BHAN342/ 343 Intro/Adapted Physical Education* (3) _____ KAAP433 Applied Physiology of Activity* (4)
_____ BHAN345 Tactical Approach to Sports* (3) _____ MATH113 or higher* (3)
_____ BHAN414 Methods/Materials: Health Education* (3) _____ NTDT200 Nutrition Concepts* (3)

ELECTIVES - in addition to required courses completed, sufficient elective credits must be taken to meet the minimum credits required for the degree (120).

Upper Division Clearance Requirements: Minimum GPA in the major - 2.75; minimum cumulative GPA - 2.5

Students must take the Praxis Core Academic Skills for Educators Test for upper division clearance (or by 60 credits). Students may exempt from the reading and math portion based on SAT scores. All students must take the writing test.

Praxis Core Academic Skills for Educators Test passing scores: Reading 156; Math 150; Writing 162.


* Grade of C- or better required
### University of Delaware Department of Behavioral Health and Nutrition

**BACHELOR OF SCIENCE: HEALTH AND PHYSICAL EDUCATION 2014-2015**

Enter Fall 2014 - Graduate Spring 2018 / Minimum Credits to Graduate = 121

**Suggested Sequence**
Consult with your advisor for possible alternative sequencing

#### FALL SEMESTER | SPRING SEMESTER
---|---
**FRESHMAN YEAR**
- BHAN145 *Intro to Physical Education (Fall only)* | BHAN140 *Fundamental Skills Analysis (Spring only)*
- BHAN155 *Personal Health Management: Approach for a Lifetime* | BHAN141 *Adventure Chall & Outdoor Rec (Spring only)*
- KAAP210 *Emergency Mgmt of Injuries & Illness* | BHAN230 *Grp Fac Skills in Hlhs & Phys Ed (Spring only)*
- KAAP220 *Anatomy and Physiology* | ENGL110 *Critical Reading and Writing*
- HDFS201 or PSYC100 - Breadth | *Math 113 or higher*

**Sophomore Year**
- BISC w/Lab | BHAN121 *Water Safety Instruction (Spring only)*
- BHAN231 *Tchng Mental & Community Health (Fall only)* | BHAN245 *Teaching Team Sports (Spring only)*
- BHAN241 *Teaching Individual Sports (Fall only)* | BHAN251 *Skills & Technique: Rhythms & Dance*
- EDUC419 *Diversity in Secondary Ed (Multicultural)* | BHAN315 *Methods & Materials in Drug Ed (Spring only)*
- KAAP301 *Motor Development (Fall only)* | KAAP303 *App Physiology of Activity (Fall only; PR KAAP220)*

**Junior Year**
- BHAN319 *Health Related Fitness (Fall only)* | NTD200 *Nutritional Concepts*
- BHAN325 *Instructional Strategies for Human Sexuality (Fall only; PR BHAN315)* | BHAN342/343 *Intro/Adapted Phys Ed (PR BHAN220)*
- BHAN333 *Health Theory & Program Planning (Fall only)* | BHAN345 *Teach Appr to Sports (Spring only; PR BHAN140)*
- KAAP433 *App Physiology of Activity (Fall only; PR KAAP220)* | EDUC414 *Teaching Exceptional Adolescents*
- *Breadth or Elective* | KAAP425 *Biomech. Hum Mvmnt (Spring only; PR KAAP220)*

**Senior Year**
- BHAN414 *Methods/Materials: Health Ed (Fall only)* | EDUC400-021 *Student Teaching – Elementary (Spring only)*
- BHAN416 *Methods/Materials: Elem Phys Ed (Fall only)* | EDUC400-026 *Student Teaching – Secondary (Spring only)*
- EDUC420 *Reading in Content (Fall only)* | BHAN465 *Semin in Health and Phys Ed*
- *Breadth or Elective* | *Breadth or Elective*

**Total of 121 credits minimum required for graduation**

**BREADTH OR ELECTIVE (from above) MUST INCLUDE:** (for a listing of courses - [www.academiccatalog.udel.edu](http://www.academiccatalog.udel.edu))
- Creative Arts and Humanities Breadth* (3)
- History and Cultural Change Breadth* (3)

The following graduation requirements are satisfied by courses in the curriculum: FYE (BHAN155), DLE (EDUC400), Multicultural (EDUC419) and University Breadth Requirements for Social & Behavioral Sciences (HDFS201 and PSYC100) and Math, Natural Science and Technology (NTDT200). C- or better required if used to satisfy Breadth Requirement or as indicated above.

- PR - Pre-requisite; CR - Co-requisite
- *Grade of C- or better required

**Junior year classes require Upper Division clearance - please see course catalog for complete information
**Senior year classes require clearance for methods block and student teaching
Department of Behavioral Health and Nutrition

MINOR: COACHING SCIENCE

Minimum Credits in the Minor: 19

This minor will help students develop a personal coaching philosophy, an understanding of the body, how it performs, injury and injury prevention, teaching of skills and progressions, sport psychology, and a variety of team responsibilities. A practicum or field experience will be required in the student’s chosen sport to further enhance the development of coaching skills and philosophy. If a student chooses a sport that is a winter sport, i.e., basketball, the student is required to register for winter session. The same requirement applies for a practicum experience done during the summer.

The Coaching Science Minor requires 19 credits. Students applying for the minor must have completed at least one semester of full time study with a minimum GPA of 2.25.

Enrollment in the minor for at least four semesters is required due to sequencing of course work. A minimum grade of C- is required in all courses for completion of the minor.

**REQUIRED COURSES** *(Prerequisites)*

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KAAP210</td>
<td>Emergency Management of Injuries and Illness</td>
<td>3</td>
</tr>
<tr>
<td>KAAP220</td>
<td>Anatomy and Physiology *</td>
<td>3</td>
</tr>
<tr>
<td>KAAP320</td>
<td>Principles of Strength and Conditioning/Lab</td>
<td>4</td>
</tr>
</tbody>
</table>

*(PR KAAP220)*

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BHAN390</td>
<td>Principles of Coaching <em>(Fall only: PR KAAP210 &amp; KAAP220)</em></td>
<td>3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BHAN440</td>
<td>Strategies of Athletic Peak Performance <em>(Fall only)</em></td>
<td>3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BHAN460</td>
<td>Coaching Performance Practicum <em>(Pass/Fail: PR BHAN390, KAAP210 &amp; KAAP220)</em></td>
<td>3</td>
</tr>
</tbody>
</table>

**Admission:** This minor cannot be applied for on-line. Paper applications are available any time from Coach Ferguson’s office (Carpenter Sports Building). Each student must speak with the director, BJ Ferguson, prior to beginning the application process. Please contact Coach Ferguson directly to schedule an introductory meeting using the following contact information:

*Phone: 302.831.1109*

*Email: bferguso@udel.edu*

PR = Prerequisite

*KAAP 309 or 310 Pre-Clinical Anatomy & Physiology I or II may be substituted for KAAP 220*
Department of Behavioral Health and Nutrition

MINOR: DANCE

Minimum Credits in the Minor: 17

The dance minor provides students with an opportunity to study a variety of coursework including, but not limited to, technique, composition and choreography and electives in the historical, cultural, pedagogical, and somatic areas of dance. Also, dance minors complete a variable credit capstone experience project. The Dance Minor is a joint program between the College of Arts & Sciences and the College of Health Sciences.

REQUIRED COURSES: A minimum of 17 credits distributed as follows:

Technique – 6 credits: Two or more courses, one of which must be at the 300 level, from the following: DANC202, DANC203, DANC204, DANC302, DANC303, DANC304

Choreography and Performance – 3 credits: One three-credit course from: DANC207, DANC208, DANC308, DANC309, DANC267 which is 1 credit and repeatable for up to three credits or DANC367 (2 credits)

DANC201 Career Options in Dance - 1 credit

Capstone Experience – 1-2 credits: DANC 401

Electives – 6 credits from the following list, in consultation with the minor advisor:
DANC 101, DANC 206, DANC 305, DANC306, DANC 307, DANC 310, DANC 311, DANC 312, DANC 400, BHAN 251, BHAN 120 (Ballroom Dance)

Dance Minor Courses (all three credits unless otherwise indicated)

DANC101 Intro to the Art of Dance DANC306 Musical Theatre Styles
DANC202 Beginning Ballet DANC307 Ethnic Dance Styles
DANC203 Beginning Modern Dance DANC308 Dance Composition II
DANC204 Beginning Jazz Dance DANC309 Repertory
DANC206 Dance in Culture & Society DANC310 Methods of Teaching Dance
DANC207 Dance Improvisation DANC311 Dance, Drama and Learning
DANC208 Dance Composition I DANC312 Body & Motion in Dance
DANC267 Perf Pract in Dance (1 credit)* DANC400 Dance in School & Comm.
DANC302 Intermediate Ballet DANC401 Dance Capstone (1-2 credits)
DANC303 Intermediate Modern Dance BHAN120 Ballroom Dance (1 credit)
DANC304 Intermediate Jazz Dance BHAN251 Skills & Techniques:
DANC305 Hip Hop Rhythms & Dance (1 credit)

Admission: Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform “Change Major, Minor...” Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved however if you need assistance, advisement or curricular information please contact minor advisor Dr. Jan Bibik, pirwet@udel.edu, 831-3537.

* 1 credit course, repeatable for up to three credits
The Health and Wellness minor is for students who have an interest in expanding their knowledge of health and wellness issues. Courses will provide students with the knowledge, skills and experiences necessary to understand the role culture, gender, environment and behavior play in personal and community health. The minor will provide students with the opportunity to complement their major course of study by expanding and applying health knowledge and concepts to their chosen profession and personal life. Students in the Health Behavior Science major are not eligible to take this minor. A grade of C- or better in all required courses is necessary for successful completion of the minor. A maximum of nine credits may be from the student's major.

**REQUIRED COURSES** *(Prerequisites)*

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BHAN155</td>
<td>Personal Health Management: An Approach for a Lifetime</td>
<td>3</td>
</tr>
<tr>
<td>NTDT200</td>
<td>Nutrition Concepts</td>
<td>3</td>
</tr>
</tbody>
</table>

**Capstone course:** 3 credits - must select one course from the following:

- HLPR430 Behavior Change Strategies and Tactics *(PR BHAN332)* | 3
- NTDT410 Overweight/Obesity Prevention & Management *(PR NTDT200)* | 3

**Health Behavior Theory Course:** 3 credits - must select one course from the following:

- BHAN332 Health Behavior Theory & Assessment *(PR BHAN326/STAT200)* | 3
- BHAN333 Health Behavior Theory & Program Planning *(Fall only)* | 3
- BHAN435 Physical Activity Behavior *(PR KAAP220/permission of instructor)* | 3

**Health Electives:** 3 credits - must select one course from the following:

- BHAN301 The Art of Happiness | 3
- BHAN311 Issues in Health Behavior Management | 3
- BHAN335 Health and Aging | 3
- NTDT305 Nutrition in the Lifespan *(PR NTDT200 & bio course)* | 3
- NTDT310 Nutrition and Activity *(PR NTDT200 & physiology course)* | 3
- BHAN401 Foundations Human of Sexuality (cross listed with HDFS401 and WOMS401) | 3
- SOCI311 Sociology of Health and Illness | 3
- BHAN304 Culture, Health and Environment (cross listed with ANTH304) | 3

**Other required courses:** 3 credits

- BHAN130 Must take two of the 1-credit health topic courses | 2
  *(Cannot receive credit for both NTDT410 and BHAN130 Weight Management)*
- BHAN120 Must take one credit in an approved BHAN120 course.* | 1

**Admission:** Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDsis Webform “Change Major, Minor...” Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved however if you need assistance, advisement or curricular information please contact minor advisor Dr. Steve Goodwin, goody@udel.edu, 831-4451.

*Must be approved by Dr. Goodwin. All approved 120 courses must address a health related physical activity such as Exercise & Conditioning, Yoga or Fitness Boot Camp. Sport-related BHAN120 courses are not acceptable for this requirement. The purpose of this credit is to engage students in a physically active course that addresses lifelong activity leading to a higher quality of life.
Department of Behavioral Health and Nutrition

MINOR: HEALTH, PHYSICAL ACTIVITY AND DISABILITY

Minimum Credits in the Minor: 16

Health, Physical Activity and Disability Minor - 16 credits
This program provides undergraduate students with a theoretical base and quality field-based experiences to appropriately serve individuals with disabilities across the lifespan in a variety of settings that promote health and wellness. The minor is open to students in any major, but it is particularly suited for students who are planning careers in health and exercise sciences such as health and physical education, health promotion, fitness, occupational therapy, therapeutic recreation, physical therapy, sports medicine and coaching. The minor will help Health and Physical Education students to pursue a national certification in Adapted Physical Education. Students applying for the minor must have completed at least one semester of full-time study with a minimum GPA of 2.0. A grade of C- or better in required courses is needed for successful completion of the minor. A maximum of six credits may be from the student’s major or another minor.

REQUIRED COURSES (Prerequisites) Credits
Core requirements: 13 credits

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KAAP301</td>
<td>Lifespan Motor Development (Fall only)</td>
<td>4</td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>KAAP428</td>
<td>Motor Control and Learning <em>(PR KAAP309)</em></td>
<td>4</td>
</tr>
<tr>
<td>BHAN342</td>
<td>Introduction to Adapted Physical Activity</td>
<td>3</td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BHAN343</td>
<td>Adapted Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>BHAN403</td>
<td>Practicum in Adapted Physical Activity</td>
<td>3</td>
</tr>
<tr>
<td>BHAN445</td>
<td>Health, Physical Activity and Disability</td>
<td>3</td>
</tr>
</tbody>
</table>

Elective: 3 credits - must select one course from the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BHAN332</td>
<td>Health Behavior Theory and Assessment</td>
<td>3</td>
</tr>
<tr>
<td>BHAN335</td>
<td>Health and Aging</td>
<td>3</td>
</tr>
<tr>
<td>BHAN435</td>
<td>Physical Activity Behavior <em>(PR KAAP220 or KAAP309)</em></td>
<td>3</td>
</tr>
<tr>
<td>NTDT410</td>
<td>Overweight/Obesity Prevention &amp; Management <em>(PR NTDT200)</em></td>
<td>3</td>
</tr>
<tr>
<td>HDFS270</td>
<td>Families and Developmental Disabilities</td>
<td>3</td>
</tr>
<tr>
<td>EDUC431</td>
<td>Applied Behavior Analysis <em>(PR BHAN342 and EDUC414)</em></td>
<td>3</td>
</tr>
</tbody>
</table>

Admission: Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform “Change Major, Minor...” Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved however if you need assistance, advisement or curricular information please contact minor advisor Dr. Iva Obrusnikova, obrusnik@udel.edu, 831-8032.

* EDUC431 is recommended for and only available to Health and Physical Education majors pursuing this minor.
Department of Behavioral Health and Nutrition

MINOR: NUTRITION

Minimum Credits in the Minor: 15, with 16 prerequisite CHEM credits

A minor in Nutrition provides student from other degree programs including, but not limited to, Biology, Chemistry and Nursing a fairly intensive level of understanding of nutritional science as well as acknowledgement of this knowledge. This minor is for students interested in the area of nutrition who believe that good nutrition and personal lifestyles are important for the well-being of individuals. This program is not available to students whose major program requires all of the following courses:

A minimum of 15 credit hours with a minimum grade of C- is required.

**REQUIRED COURSES** *(Prerequisites)*

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>NTDT 200</td>
<td>Nutrition Concepts</td>
<td>3 credits</td>
</tr>
<tr>
<td>NTDT400</td>
<td>Macronutrients <em>(PR CHEM101, CHEM102, CHEM213/215 AND CHEM214/216</em>)</td>
<td>3 credits</td>
</tr>
<tr>
<td>NTDT 401</td>
<td>Micronutrients <em>(PR NTDT400)</em></td>
<td>3 credits</td>
</tr>
<tr>
<td>NTDT Electives</td>
<td>2 courses 300 level or higher</td>
<td>6 credits</td>
</tr>
</tbody>
</table>

**Suggested Electives:** 3 credits each

- NTDT301 Cultural Perspectives on Food & Nutrition
- NTDT305 Nutrition in the Lifespan *(PR NTDT200 and a biology course)*
- NTDT310 Nutrition and Activity *(PR NTDT200 and a physiology course)*
- NTDT350 Nutrition and Older Adults *(PR NTDT200 and BISC106 or BISC276)*
- NTDT410 Overweight/Obesity Prevention & Management *(PR NTDT200)*
- NTDT420 Maternal and Infant Nutrition *(PR NTDT200 and BISC106 or BISC276)*

**Admission:** Completion of the minor is awarded only to those who have applied and been admitted to the program. A cumulative grade point average (GPA) of 2.0 or above is required for admission to the minor. A student may apply at any time by obtaining permission from the faculty advisor for the minor. To request the minor or for advisement and curricular information, please contact Dr. Sandra Baker, *bakers@udel.edu*, 302-831-0856.

* C- or better required for CHEM214/216
MINOR: PUBLIC HEALTH

Minimum Credits in the Minor: 18, with 3 prerequisite STAT credits

Public Health is the science and art of preventing disease, prolonging life, and promoting health through the organized efforts and informed choices of society, organizations, public and private sectors, communities and individuals. A joint program between the Department of Behavioral Health and Nutrition and the School of Public Policy and Administration, the Public Health minor provides an interdisciplinary opportunity to develop practical skills in program development and increase knowledge in the areas of social systems and policy as well as leadership. This minor offers a greater appreciation for the application of public health concepts to the student’s field of study.

The minor, available to students of all disciplines, requires 18 credit hours distributed as follows: Three required core courses (9 credits), and three elective courses (9 credits). At least six of the nine elective credits must be chosen from outside your major. All courses in the minor must be completed with a C- or better.

REQUIRED CORE COURSES – 9 credit hours:
- HLPR/UAPP211 Intro to Public Health (fall/spring)
- HLPR/UAPP233 Intro to Global Health (fall/spring)
- HLPR/UAPP222 Intro to Epidemiology* (spring; Prereq stat class: see below)

ELECTIVE COURSES – 9 credit hours: one 3-credit course from each of the following categories. One of the three electives may be taken from within student’s major.

Program Development – 3 credits:
- BHAN322 Hlth Behavior Theory & Assessment*
- BHAN490 Devmnt of Hlth Promotion Progs*
- HDFS230 Families and Their Communities
- HDFS346 Counseling in Human Services *

Social Systems and Policy – 3 credits:
- ECON311 Economics of Developing Countries*
- ECON343 Environmental Economics *
- ECON390 Economics of Healthcare *
- ECON490 Economics of Health Policy *
- HDFS402 Child and Family Policy *
- SOCi311 Sociology of Health and Illness
- SOCi349 Aging and Society
- UAPP110 Changing the World & Public Policy
- UAPP225 Crafting Public Policy
- UAPP325 Public Policy Analysis
- UAPP410 Making Convincing Policy Arguments
- UAPP419 Policy Leadership and Ethics
- UAPP427 Evaluating Public Policy
- UAPP657 Health Policy
- WOMS 389: Topics: Women Health Issues

Leadership – 3 credits:
- BHAN329 Dynamics of Team Problem Solving
- COMM330 Communication and Interpersonal Behavior
- LEAD100 Leadership, Integrity and Change
- LEAD101 Global Context for Leadership
- LEAD200 The Leadership Challenge
- LEAD300 Leadership, Creativity and Innovation *
- LEAD400 Leadership for the Common Good *

Admission: Freshmen and transfer students must wait until after first semester grades have been posted to request the minor; all others may apply for the minor at any time via the UDSIS Webform “Change Major, Minor…” Minimum 2.0 GPA required. It is not necessary to meet with the minor advisor to have your request approved however if you need assistance, advisement or curricular information please contact minor advisor Dr. Mia Papas, mpapas@udel.edu, 831-4990.

Stat class options - STAT200, MATH201, MATH205, BHAN326, SOCI301, STAT408 or PSYC209

* These courses have prerequisites
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, August 26th</td>
<td>Classes begin at 8:00 am</td>
</tr>
<tr>
<td>Tuesday September 9th</td>
<td>Last day to register or to add courses. After this date tuition and a $25 processing fee will be charged for change of registration; students withdrawing from courses will receive a grade of “W” on permanent record.</td>
</tr>
<tr>
<td>Friday October 10th</td>
<td>Deadline for freshmen mid-term grades to be posted</td>
</tr>
<tr>
<td>Tuesday October 21st</td>
<td>Last day to change registration or to withdraw from courses without academic penalty</td>
</tr>
<tr>
<td>Monday October 27th</td>
<td>Registration for Winter Session 2014 begins. Make appointment with your advisor prior to this date if you plan to attend winter session</td>
</tr>
<tr>
<td>Tuesday November 4th</td>
<td>Election Day - Classes suspended. UD offices closed.</td>
</tr>
<tr>
<td>Thursday November 13th</td>
<td>Registration for Spring 2014 begins. Make appointment with your advisor several weeks prior to this date.</td>
</tr>
<tr>
<td>Wednesday November 26th</td>
<td>Thanksgiving Break</td>
</tr>
<tr>
<td>through Sunday November 30th</td>
<td></td>
</tr>
<tr>
<td>Monday December 1st</td>
<td>Classes resume</td>
</tr>
<tr>
<td>Wednesday December 3rd</td>
<td>Last day of Fall 2013 classes</td>
</tr>
<tr>
<td>Thursday December 4th</td>
<td>Reading day; no examinations scheduled</td>
</tr>
<tr>
<td>Friday December 5th</td>
<td>Final Exams (no exams Saturday or Sunday)</td>
</tr>
<tr>
<td>through Friday December 12th</td>
<td></td>
</tr>
<tr>
<td>Saturday December 13th</td>
<td>Winter Break</td>
</tr>
<tr>
<td>through Sunday January 4th</td>
<td></td>
</tr>
<tr>
<td>Monday January 5th</td>
<td>Winter session 2015 classes begin at 8:00 am</td>
</tr>
<tr>
<td>Saturday February 7th</td>
<td>Winter session final examinations scheduled</td>
</tr>
<tr>
<td>Monday February 9th</td>
<td>Spring semester 2015 begins</td>
</tr>
</tbody>
</table>
### First Summer Session, 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mar 15</td>
<td>Saturday: Summer book orders are due by faculty to the UD Bookstore.</td>
</tr>
<tr>
<td>Apr 7</td>
<td>Monday: Registration for 2014 Summer Sessions begins.</td>
</tr>
<tr>
<td>May 1</td>
<td>Thursday: Deadline for admission to doctoral candidacy for degrees to be conferred in August 2014.</td>
</tr>
<tr>
<td>May 1</td>
<td>Friday: Deadline for filing application for graduate degrees to be conferred in August 2014.</td>
</tr>
<tr>
<td>Jun 8</td>
<td>Sunday: First meal in dining halls - dinner.</td>
</tr>
<tr>
<td>Jun 9</td>
<td>Monday: Classes begin at 8:00 a.m. for summer session 2014.</td>
</tr>
<tr>
<td>Jun 9</td>
<td>Monday: Fee payment deadline first summer session.</td>
</tr>
<tr>
<td>Jun 12</td>
<td>Thursday: Last day to register or to add courses. After this date tuition and a $25 processing fee will be charged for change of registration; students withdrawing from courses will receive a grade of ‘W’ on permanent record. Deadline for change in Dining plans.</td>
</tr>
<tr>
<td>Jun 27</td>
<td>Friday: Last day to change registration or to withdraw from courses without academic penalty – first summer session (5 week course).</td>
</tr>
<tr>
<td>Jul 1</td>
<td>Tuesday: Deadline for graduate admission applications for Fall 2014.</td>
</tr>
<tr>
<td>Jul 4</td>
<td>Friday: Independence Day Holiday - Classes suspended; University Offices closed.</td>
</tr>
<tr>
<td>Jul 8</td>
<td>Tuesday: Last day to change registration or to withdraw from courses without academic penalty – 7 1/2 week course.</td>
</tr>
<tr>
<td>Jul 28</td>
<td>Monday: Last day of classes meeting Monday/Wednesday.</td>
</tr>
<tr>
<td>Jul 29</td>
<td>Tuesday: Last day of classes meeting Tuesday/Thursday.</td>
</tr>
<tr>
<td>Jul 30</td>
<td>Wednesday: Final examinations, classes meeting Monday/Wednesday.</td>
</tr>
<tr>
<td>Jul 31</td>
<td>Thursday: Final examinations, classes meeting Tuesday/Thursday.</td>
</tr>
<tr>
<td>Aug 4</td>
<td>Monday: Deadline for 7 1/2 week Summer Session grades to be posted to UD SIS.</td>
</tr>
</tbody>
</table>

### 7-1/2 Week Summer Session, 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr 7</td>
<td>Monday: Registration for 2014 7 1/2 week Summer Sessions begins.</td>
</tr>
<tr>
<td>Jun 8</td>
<td>Sunday: Residence halls check-in noon to 5:00 p.m.</td>
</tr>
<tr>
<td>Jun 8</td>
<td>Sunday: First meal in dining halls - dinner.</td>
</tr>
<tr>
<td>Jun 9</td>
<td>Monday: Classes begin @ 8:00 a.m. for summer session 2014.</td>
</tr>
<tr>
<td>Jun 12</td>
<td>Thursday: Last day to register or to add courses. After this date tuition and a $25 processing fee will be charged for change of registration; students withdrawing from courses will receive a grade of ‘W’ on permanent record. Deadline for change in Dining plans.</td>
</tr>
<tr>
<td>Jul 4</td>
<td>Friday: Independence Day Holiday - Classes suspended; University Offices closed.</td>
</tr>
<tr>
<td>Jul 8</td>
<td>Tuesday: Last day to change registration or to withdraw from courses without academic penalty – 7 1/2 week course.</td>
</tr>
<tr>
<td>Jul 28</td>
<td>Monday: Spring book orders are due.</td>
</tr>
<tr>
<td>Jul 29</td>
<td>Tuesday: Last day of classes meeting Tuesday/Thursday.</td>
</tr>
<tr>
<td>Jul 30</td>
<td>Wednesday: Final examinations, classes meeting Monday/Wednesday.</td>
</tr>
<tr>
<td>Jul 31</td>
<td>Thursday: Final examinations, classes meeting Tuesday/Thursday.</td>
</tr>
<tr>
<td>Aug 4</td>
<td>Monday: Deadline for 7 1/2 week Summer Session grades to be posted to UD SIS.</td>
</tr>
</tbody>
</table>

### Second Summer Session, 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mar 15</td>
<td>Saturday: Summer book orders are due by faculty to the UD Bookstore.</td>
</tr>
<tr>
<td>Apr 7</td>
<td>Monday: Registration for 2014 Summer Sessions begins.</td>
</tr>
<tr>
<td>Jul 13</td>
<td>Sunday: Residence halls check-in noon to 5:00 p.m.</td>
</tr>
<tr>
<td>Jul 13</td>
<td>Sunday: First meal in dining halls - dinner.</td>
</tr>
<tr>
<td>Jul 14</td>
<td>Monday: Classes begin at 8:00 a.m.</td>
</tr>
<tr>
<td>Jul 14</td>
<td>Monday: Fee payment deadline second summer session.</td>
</tr>
<tr>
<td>Jul 14</td>
<td>Monday: Deadline for receipt of doctoral dissertations and executive position papers for degrees to be conferred in August 2014.</td>
</tr>
<tr>
<td>Jul 17</td>
<td>Thursday: Last day to register or to add courses. After this date tuition and a $25 processing fee will be charged for change of registration; students withdrawing from courses will receive a grade of ‘W’ on permanent record. Deadline for change in Dining plans.</td>
</tr>
<tr>
<td>Jul 21</td>
<td>Monday: Deadline for receipt of master's theses for degrees to be conferred in August 2014.</td>
</tr>
<tr>
<td>Aug 1</td>
<td>Friday: Last day to change registration or to withdraw from courses without academic penalty - second summer session.</td>
</tr>
<tr>
<td>Aug 14</td>
<td>Thursday: Last day of classes.</td>
</tr>
<tr>
<td>Aug 15</td>
<td>Friday: Final examinations.. Residence halls close at 7:00 p.m.</td>
</tr>
<tr>
<td>Aug 15</td>
<td>Friday: Last meal in dining halls - dinner.</td>
</tr>
<tr>
<td>Aug 19</td>
<td>Tuesday: Deadline for 2nd summer session grades to be posted to UD SIS.</td>
</tr>
</tbody>
</table>

### Fall Semester, 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr 15</td>
<td>Tuesday: Fall book orders are due by faculty to the UD Bookstore.</td>
</tr>
<tr>
<td>Apr 24</td>
<td>Thursday: Registration for Fall Semester, 2014.</td>
</tr>
<tr>
<td>May 1</td>
<td>Thursday: Undergraduate admission application deadline for transfer students entering Fall Semester.</td>
</tr>
<tr>
<td>May 1</td>
<td>Thursday: Admissions deposit deadline for admitted freshman.</td>
</tr>
<tr>
<td>Jun 17</td>
<td>Tuesday: New Student Orientation begins.</td>
</tr>
<tr>
<td>Jul 1</td>
<td>Tuesday: Deadline for graduate admission applications for Fall 2014.</td>
</tr>
<tr>
<td>Jul 15</td>
<td>Saturday: Residence hall check-in for new students: 8:00 a.m.</td>
</tr>
<tr>
<td>Aug 23</td>
<td>Sunday: First meal in dining halls for new students - LUNCH.</td>
</tr>
<tr>
<td>Aug 24</td>
<td>Sunday: Residence hall check-in for returning students 9:00 a.m.</td>
</tr>
<tr>
<td>Aug 25</td>
<td>Monday: Residence halls check-in for returning students: 11:00 a.m. to 3:00 p.m.</td>
</tr>
<tr>
<td>Aug 26</td>
<td>Tuesday: Classes begin at 8:00 a.m.</td>
</tr>
<tr>
<td>Aug 29</td>
<td>Friday: Deadline for admission to doctoral candidacy for degrees to be conferred in December 2014 or February 2015.</td>
</tr>
<tr>
<td>Sep 1</td>
<td>Monday: Labor Day Holiday; University offices closed; classes suspended.</td>
</tr>
<tr>
<td>Sep 9</td>
<td>Tuesday: Last day to register or to add courses. After this date tuition and a $25 processing fee will be charged for change of registration; students withdrawing from courses will receive a grade of ‘W’ on permanent record. Deadline for changing dining plan.</td>
</tr>
<tr>
<td>Sep 9</td>
<td>Tuesday: UNDERGRADUATE STUDENTS - Deadline for completion of deferred examinations and incomplete work (grade I) from Spring Semester 2014, and 2014 Summer Sessions.</td>
</tr>
<tr>
<td>Sep 15</td>
<td>Monday: Winter 2015 book orders are due by faculty to UD Bookstore.</td>
</tr>
<tr>
<td>Sep 15</td>
<td>Monday: Deadline for filing application for graduate degrees to be conferred in December 2014.</td>
</tr>
<tr>
<td>Sep 24</td>
<td>Wednesday: Rosh Hashanah begins at sundown; continues next two days - see policy in Faculty Handbook on excused absence.</td>
</tr>
<tr>
<td>Oct 3</td>
<td>Friday: Yom Kippur begins at sundown; continues following day - See policy in Faculty Handbook on excused absence.</td>
</tr>
<tr>
<td>Oct 10</td>
<td>Friday: Deadline for midterm grades to be posted in UD SIS.</td>
</tr>
<tr>
<td>Oct 15</td>
<td>Wednesday: Spring book orders are due.</td>
</tr>
<tr>
<td>Oct 17</td>
<td>Thursday: GRADUATE STUDENTS - Deadline for completion of deferred examinations and incomplete work (grade I) from Spring Semester 2014 and 2014 Summer Sessions.</td>
</tr>
<tr>
<td>Oct 21</td>
<td>Tuesday: Last day to change registration or to withdraw from courses without academic penalty.</td>
</tr>
<tr>
<td>Nov 4</td>
<td>Tuesday: Election Day. Classes suspended, University offices closed.</td>
</tr>
<tr>
<td>Nov 10</td>
<td>Monday: Deadline for receipt of doctoral dissertations and executive position papers for degrees to be conferred in December 2014.</td>
</tr>
<tr>
<td>Nov 13</td>
<td>Thursday: Registration begins for Spring Semester 2015.</td>
</tr>
<tr>
<td>Nov 17</td>
<td>Monday: Deadline for receipt of master’s theses for degrees conferred in December 2014.</td>
</tr>
<tr>
<td>Nov 25</td>
<td>Tuesday: Thanksgiving Break begins after last class; classes end at 10 p.m. Residence Halls close at 7:00 p.m. for students who do not have evening classes.</td>
</tr>
<tr>
<td>Nov 25</td>
<td>Tuesday: Last meal in dining halls before Thanksgiving Break - lunch.</td>
</tr>
<tr>
<td>Nov 26</td>
<td>Wednesday: Classes suspended; University offices open.</td>
</tr>
<tr>
<td>Nov 27</td>
<td>Thursday: Holiday - classes suspended; University offices closed</td>
</tr>
<tr>
<td>Nov 28</td>
<td>Friday: Holiday - classes suspended; University offices closed</td>
</tr>
<tr>
<td>Nov 30</td>
<td>Sunday: Residence halls re-open at 2:00 p.m.</td>
</tr>
<tr>
<td>Nov 30</td>
<td>Sunday: First meal in dining halls after Thanksgiving recess - dinner.</td>
</tr>
<tr>
<td>Dec 1</td>
<td>Monday: Classes resume following Thanksgiving recess.</td>
</tr>
<tr>
<td>Dec 1</td>
<td>Monday: Deadline for graduate admission applications for Spring 2015.</td>
</tr>
<tr>
<td>Dec 1</td>
<td>Monday: Deadline for filing application for graduate degrees to be conferred in Feb. 2015.</td>
</tr>
<tr>
<td>Dec 3</td>
<td>Wednesday: Last day of classes; classes end at 10:00 p.m.</td>
</tr>
<tr>
<td>Dec 4</td>
<td>Thursday: Reading Day: no examinations scheduled.</td>
</tr>
<tr>
<td>Dec 5</td>
<td>Friday: Final examinations begin.</td>
</tr>
<tr>
<td>Dec 6</td>
<td>Saturday: Reading Day: no examinations scheduled.</td>
</tr>
<tr>
<td>Dec 7</td>
<td>Sunday: Reading Day: no examinations scheduled.</td>
</tr>
<tr>
<td>Dec 12</td>
<td>Friday: Final examinations end; residence halls close at 10:00 p.m.</td>
</tr>
</tbody>
</table>

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**Interfaith Calendar**
Mar 12 Fri  Last meal in dining halls - dinner.
Dec 16 Tue  Deadline for fall semester grades to be posted to UD SIS.
Jan 15 Thur Undergraduate admission application deadline for freshmen entering Fall Semester.

**Winter Session, 2015**

Sep 15 Mon  Book orders are due by faculty to the UD Bookstore.
Oct 27 Mon  Registration for Winter Session begins.
Dec 5 Fri  Fee payment deadline for Winter Session.
Jan 4 Sun  Residence hall check-in 2:00 p.m. to 9:00 p.m. (5 week classes)
Jan 4 Sun  First meal in dining halls - dinner.
Jan 5 Mon  Classes begin at 8:00 a.m. Residence hall check-in for Winter Session walk-ins, 9:00 a.m. to 3:00 p.m. (5 week classes)
Jan 8 Thu  Last day to register or add courses (4 week classes).
Jan 8 Thu  Deadline for changing dining plan
Jan 11 Sun  Residence hall check-in 2:00 p.m. to 9:00 p.m. (4 week classes)
Jan 12 Mon  Classes begin at 8:00 a.m. Residence hall check-in for Winter Session walk-ins, 9:00 a.m. to 3:00 p.m. (4 week classes)
Jan 15 Thu  Last day to register or add courses (4 week classes). After this date tuition and a $25 processing fee will be charged for change of registration; students withdrawing from courses will receive a grade of ‘W’ on permanent record.
Jan 15 Thu  Deadline for receipt of dissertations, executive position papers and master’s theses for degrees conferred in Feb. 2015.
Jan 19 Mon  Martin Luther King Holiday - classes suspended; University offices closed.
Jan 23 Fri  Last day to change registration or withdraw without academic penalty. (5 week classes)
Jan 27 Tue  Last day to change registration or withdraw without academic penalty. (4 week classes)
Feb 6 Fri  Last day of classes.
Feb 7 Sat  Final examinations. Students leaving after Winter Session must check-out of residence hall by 7:00 p.m.
Feb 7 Sat  Last meal in dining halls – dinner.
Feb 11 Wed  Deadline for winter semester grades to be posted to UD SIS.

**Spring Semester, 2015**

Oct 15 Wed  Spring book orders are due by faculty to the UD Bookstore.
Nov 1 Sat  Undergraduate admission application deadline for freshmen and transfer students entering Spring Semester, 2015.
Dec 1 Mon  Deadline for graduate admission applications for Spring 2015.
Jan 5 Mon  Fee payment deadline for Spring Semester, 2015.
Jan 15 Thu  Undergraduate admission application deadline for freshman students entering Fall Semester 2015.
Jan 15 Thu  Deadline for receipt of dissertations and Master’s Thesis for degrees conferred in Feb. 2015.
Jan 23 Fri  Winter New Student Orientation.
Feb 6 Fri  Winter International New Student Orientation (undergraduates).
Feb 8 Sun  Residence hall check-in 2:00 p.m. to 9:00 p.m.; room change period for students on campus during Winter Session, 9:00 a.m. to 12:00 noon.
Feb 8 Sun  First meal in dining halls - brunch.
Feb 9 Mon  Classes begin at 8:00 a.m. Residence hall check-in 11:00 a.m. - 3:00 p.m.
Feb 9 Mon  Deadline for admission to doctoral candidacy for degrees conferred in May 2015.
Feb 13 Fri  Deadline for filing application for graduate degrees to be conferred in May 2015.
Feb 23 Mon  Last day to register or to add courses. After this date tuition and a $25 processing fee will be charged for change of registration; students withdrawing from courses will receive a grade of ‘W’ on permanent record.
Feb 23 Mon  Undergraduate Students - Deadline for completion of deferred examinations and incomplete work (grade I) from Fall Semester 2014, and Winter Session 2015.
Mar 15 Sun  Book orders are due.
Mar 20 Fri  Graduate Students - Deadline for completion of deferred examinations and incomplete work (grade I) from Fall Semester 2014 and Winter Session 2015.
Mar 27 Fri  Deadline for midterm grades to be posted to UdSIS.
Mar 27 Fri  Spring Recess begins after last scheduled class; Residence halls close at 7:00 p.m.

Mar 27 Fri  Last meal in dining halls before Spring break - dinner.
Apr 1 Wed  Deadline for graduate application deadlines for June 2015.
Apr 5 Sun  Residence halls re-open at noon.
Apr 5 Sun  First meal in dining halls after Spring break - dinner.
Apr 6 Mon  Classes resume after Spring recess at 8:00 a.m.
Apr 6 Mon  Registration for 2015 Summer Sessions begins.
Apr 13 Mon  Last day to change registration or to withdraw from courses without academic penalty.
Apr 15 Wed  Fall 2015 book orders are due.
Apr 15 Wed  Deadline for receipt of doctoral dissertations and executive position papers for degrees conferred in May 2015.
Apr 16 Thur  Registration for Fall Semester 2015 begins.
May 1 Fri  Undergraduate admission application deadline for transfer students entering Fall 2015.
May 1 Fri  Deadline for admission to doctoral candidacy for degrees to be conferred in August 2015.
May 8 Fri  Deadline for filing application for graduate degrees to be conferred in August 2015.
May 18 Mon  Last class day; classes end at 10:00 p.m.
May 19 Tue  Reading Day; no examinations scheduled.
May 20 Wed  Final examinations begin.
May 23 Sat  Reading Day; no examinations scheduled.
May 24 Sun  Reading Day; no examinations scheduled.
May 25 Mon  Memorial Day Observed - University Offices closed.
May 28 Thu  Final examinations end; Residence Halls close at 10:00 p.m. (except for graduating students).
May 28 Thu  Last meal in dining halls - dinner.
May 29 Fri  Honors degree breakfast, doctoral hooding and some college convocations.
May 30 Sat  Commencement followed by remaining college convocations.
May 30 Sat  Residence halls close at 6:00 p.m. for graduating students.
Jun 1 Mon  Deadline for spring semester grades to be posted to UD SIS.
Jun 5 Fri  Alumni Weekend begins.

**First Summer Session, 2015**

Mar 15 Sun  Summer book orders are due by faculty to the UD Bookstore.
Apr 6 Mon  Registration for 2015 Summer Sessions begins.
Jun 7 Sun  Residence hall check-in for 5 and 7 ½ week sessions, noon to 5 p.m.
Jun 7 Sun  First meal in dining halls - dinner.
Jun 8 Mon  Classes begin @ 8:00 a.m. - 5 week Summer Session.
Jun 8 Mon  Fee payment deadline.
Jul 3 Fri  Independence Day Holiday; classes suspended; University offices closed. All dining services are closed.
Jul 10 Fri  Classes end - 5 week Summer Session.
Jul 11 Sat  Final examinations; 5 week Summer Session. Students attending 5 week summer session to check out of residence halls by 7:00 p.m.
Jul 15 Wed  Deadline for 5 week Summer Session grades to be posted to UD SIS.
Jul 27 Mon  Classes end - 7 ½ week Summer Session classes meeting Monday/Wednesday.
Jul 28 Tue  Classes end - 7 ½ week Summer Session classes meeting Tuesday/Thursday.
Jul 29 Wed  Final exams - 7 ½ week Summer Session classes meeting Monday/Wednesday.
Jul 30 Thu  Final exams - 7 ½ week Summer Session classes meeting Tuesday/Thursday. Students attending 7 ½ week sessions to check out of residence halls by 7:00 p.m.
Aug 3 Mon  Deadline for 7 ½ week Summer Session grades to be posted to UD SIS.

**Second Summer Session, 2015**

Jul 13 Mon  Classes begin @ 8:00 a.m. - Second Summer Session
Jul 13 Mon  Fee payment deadline for Second Summer Session.
Aug 13 Thu  Last day of classes – Second Summer Session.
Aug 13 Thu  Last meal in dining halls - dinner.
Aug 14 Fri  Final examinations; residence halls close for 2nd Summer Session at 7:00 p.m.
Aug 18 Tue  Deadline for Second Summer Session grades to be posted to UD SIS.
**This Week's Schedule**

<table>
<thead>
<tr>
<th>Class</th>
<th>Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANTH 101-011 LEC (3237)</td>
<td>MoWeFr 2:30PM - 3:20PM Smith Hall Room 120</td>
</tr>
<tr>
<td>BUAD 110-010 LEC (7971)</td>
<td>TuTh 8:00AM - 9:15AM, We 5:00PM - 7:00PM Purnell Hall Room 229 Exam Note</td>
</tr>
<tr>
<td>ECON 101-013 LEC (14969)</td>
<td>MoWeFr 8:00AM - 8:50AM Purnell Hall Room 231</td>
</tr>
<tr>
<td>MATH 221-011 LEC (5787)</td>
<td>MoWeFr 9:05AM - 9:55AM Kirkbride Hall Room 204 Mo 5:00PM - 7:00PM Exam Note</td>
</tr>
<tr>
<td>MATH 221-032D DIS (5793)</td>
<td>Tu 9:30AM - 10:20AM Alison Hall Room 314</td>
</tr>
<tr>
<td>PSYC 100-011 LEC (6961)</td>
<td>MoWeFr 11:15AM - 12:05PM Wolf Hall Room 100</td>
</tr>
</tbody>
</table>

**Enrollment Dates**

**Enrollment Appointment**
You may begin enrolling for the 2015 Spring Semester session on November 14, 2014 at 3:20PM.

**Advisor**

Program Advisor
Daniel Reidinger
Naomi Nash

**Forms**

- Course Substitution Form
- Change of Catalog Year Form
- UD Staff Help
Announcements

If you still need to take English 110 . . .
Check out an intense, fast-paced, and fun five-week version of E110 for Winter 2015.

Make Winter Count!
Winter is a great time to explore interesting courses, some of which are not available during the Fall and Spring terms. Winter 2015 has new academic course offerings of 5 week and 4 week courses. Registration begins Monday, October 27. Check out all the details at [www.udel.edu/winter](http://www.udel.edu/winter).

Spring 2015 Registration Book
The .pdf of Spring 2015 courses is now available at [Class Listing Archives](http://www.udel.edu/courses/).

General Inventory Classroom Utilization
Fall 2012 - 2014 Average Classroom Utilization, along with peak time utilizations and the associated annual raw data is now available for review.

Voting Information
In this election year, UD is partnering with TurboVote to make voting easy. Read the UDAILY announcement!
Other helpful links: [Delaware voting information](http://www.udel.edu/voting/) and the [Campus VOTE Project](http://www.udel.edu/vote/) for Student Voting Guides and registration deadlines for every state.

Fall 2014 Registration Changes
Students may change registration or withdraw from classes without academic penalty through Tuesday, October 21. Tuition and a $25 processing fee will be charged for changes. ([More Info](http://www.udel.edu/crschanges/))

Registrar’s Office Annual Report
The 2013-14 Annual Report of the Office of the University Registrar is now available. Please review our highlights of the last year along with useful contact information for the office.

Condensed Academic Calendar (2014-2016)
Please check out the new multi-year Condensed Academic Calendar, posted on our [Academic Calendar](http://www.udel.edu/courses/) page.

Need to complete the Common Application Transfer Registrar Report form?
Please submit the form and request to registrar@udel.edu. ([More Info](http://www.udel.edu/registrar/))

Student "Preferred" Name
Students: In addition to your primary name, your preferred name now appears on faculty class and grade rosters.

From UD Online distance learning:
Please review: [State Authorization of Distance Learning](http://www.udel.edu/distancelearning/)

Faculty Advisors
You have access to student academic information at: [Self Service > Advisor Center > My Advisees](http://www.udel.edu/selfservice/). At the bottom of the page is a "View data for Other Students" button. Enter a UD ID to access Student Center information, including the "What if Report" which is not available in Campus Community.
Academic Calendar

The Academic Calendar by year is available in pdf format using the Download box above.

NEW 2 year Condensed Academic Calendar (2014-2016) Accelerated & Non-Traditional Academic Calendars

Academic calendars from previous years are posted here.

Upcoming events

- Nov 1, 2014 Undergraduate admission application deadline for freshman and transfer students entering Spring Semester, 2015.
- Nov 4, 2014 Election Day. Classes suspended, University offices closed.
- Nov 10, 2014 Deadline for receipt of doctoral dissertations and executive position papers for degrees to be conferred in December 2014.
- Nov 17, 2014 Deadline for receipt of master’s theses for degrees conferred in December 2014.
- Nov 25, 2014 Thanksgiving Break begins after last class; classes end at 10 p.m. Residence Halls close at 7:00 p.m. for students who do not have evening classes.
- Nov 26, 2014 Classes suspended; University offices open.
- Nov 27, 2014 Holiday - classes suspended; University offices closed.
- Nov 28, 2014 Holiday - classes suspended; University offices closed.

Office of the University Registrar
University Visitors Center
210 South College Avenue
Newark, DE 19716
(302) 831-231
Mon-Fri, 8 a.m.- 5 p.m.

Computer Based Testing Center
Aislon Hall - Room 218
240 Academy Street
Newark, DE 19716
(302) 831-6717
Class Registration

BEFORE you register for classes... Check your UDSIS Student Center

The blue Holds box lists any financial holds you may have that will prevent you from registering.

The blue Enrollment Dates box lists when you may begin registering.

The blue Advisor box, shows your advisor's information. Click on the details link to email your advisor to schedule an advising appointment. Prepare questions in advance!

Are you an Undergraduate Degree-Seeking Student? Continue the registration process HERE to check requirements.

Graduate students and Professional & Continuing Education students, continue below...

View Courses

- Search Course Descriptions for a synopsis, including credit information, co- and pre-requisites, and any restrictions or permissions needed to register. Students must meet prerequisite requirements prior to the start of any class with a prerequisite.
- Use Courses Search to view meeting times for the term, or click the link in Course Descriptions.
- View Supplemental Course Descriptions.
- Interested in Independent Study? See FAQs.

To Register for Classes, Drop or Add Classes, or View your Schedule,

Registration Tips and Guidelines

- Registration Help - Frequently asked questions & how to use WebReg
- Registration Timeline - When to use each tool
- Course Section Numbering - General Guidelines
- Registration Standards and Class Attendance
- Questions? Contact the Registrar's Office - Registrar@udel.edu or 302-831-2131.

Office of the University Registrar
University Visitors Center
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(302) 831-2131
Mon-Fri, 8 a.m. - 5 p.m.

Computer Based Testing Center
Alson Hall - Room 218
240 Academy Street
Newark, DE 19716
(302) 831-0717

UDSIS
WebReg
Reset your UD PIN
Course Search
Course Descriptions
Supplemental Courses

Register for Classes - Course Info & Class Registration - Registrar's Office
http://www.udel.edu/registrar/course-info-registration/register-for-classes...
Student Resources

This section provides student information related to their academic careers at the University of Delaware.

"UDSIS Help for Students" provides tips on how to best use UDSIS and related applications.

Please select links in the menu bar on the left for complete details.

For information on courses, exams, textbooks and registering for classes, go to the section:
Course Information & Class Registration.
Graduation & Degree Conferral

Contents:

- General Information
- Graduation Requirements
- Academic Honors - Undergraduate Degree

The University of Delaware confers degrees at the end of the fall, spring, winter and summer sessions. Commencement ceremonies are held in May.

Commencement Program listings reflect information available approximately 6 weeks before the ceremony. The May Commencement Program includes the names of those students who completed degree requirements in the previous summer, fall and winter and those expected to complete degree requirements in the upcoming spring and summer. For more information regarding Commencement, please visit the Office of the Vice President and University Secretary's Commencement site.

For specific degree conferral dates, see the Academic Calendar section of this web site.

Periodic mailings concerning graduation are sent by the University Vice President and Secretary to students in their last semester. If you are not receiving graduation mailings please contact Registrar or call (381-2113). Caps and gowns, invitations, diploma frames and other graduation related items are available through the university bookstore.

For additional information

- Undergraduates should contact their Student Service / Assistant Dean's office.
- Graduate students should contact the Graduate Studies Office at (302) 831-8697 or email gradoffice@udel.edu.
- General graduation questions can be addressed to Registrar@udel.edu or call (302) 831-8924.

Graduation Requirements

As noted in the Academic Catalog, "Upon degree conferral, the academic record is finalized and no further changes (addition of a minor, grade change) may be made."

Graduate Degree Candidates

To initiate the process for a master's or doctoral degree, candidates must submit an Application for Advanced Degree to the Office of Graduate and Professional Education. The application deadlines are February 15 for Spring candidates, January 15 for Winter candidates, May 15 for Summer candidates, and September 15 for Fall candidates. The application must be signed by the candidate's adviser and department chair and/or graduate program director before it is submitted to the Office of Graduate and Professional Education.

Review the Graduate & Professional Education Step by Step Graduation Guide. Questions should be directed to gradoffice@udel.edu. Contact the Graduate Studies Office at (302) 831-8697, about the proper procedures for completing graduation requirements.

Undergraduate Degree Candidates

See Academic Requirements for Graduation in the Academic Catalog.

In addition to the academic requirements of the particular curriculum chosen each student must complete the following general requirements:

- The attainment of a scholastic average of C (cumulative index of 2.0) in all work taken at the University.
- The satisfaction of the residence requirement by completing either the first 90 credits or 30 of the last 36 credits at the University of Delaware.
All necessary transfer credit must be posted before a student can graduate. It is the student's responsibility to ensure that the university has received the transfer credit from other institutions.

One semester of Freshmen English (ENGL 110), completed with a minimum grade of C-.

Three credits in an approved course or courses stressing multi-cultural, ethnic, and/or gender related content. This course may not be taken on a pass/fail basis.

Senior Checkout
Seniors are expected to go through a senior checkout before graduation. The senior checkout is to ensure the student will meet academic requirements for graduation. Each college has its own rules regarding when senior checkout is to be done. Students should contact their Student Service / Assistant Dean's office about senior checkout no later than the beginning of their senior year.

Undergraduates who are expecting to graduate a different date than is listed in their academic records should contact their Student Service / Assistant Dean's office.

Academic Honors - Undergraduate Degrees
The following rules for honors apply:

- **Summa Cum Laude.** The top 1% of each undergraduate college's graduating class for an academic year will receive the degree *Summa Cum Laude*.

- **Magna Cum Laude.** The next 4% of each undergraduate college's graduating class will receive the degree *Magna Cum Laude*.

- **Cum Laude.** The next highest 8% of each undergraduate college's graduating class will receive the degree *Cum Laude*.

### Academic Honors - 2014-15
The Summer (2145), Fall (2148), Winter (2151) and Spring (2153) graduation honors degree minimum grade point averages are as follows:

<table>
<thead>
<tr>
<th>COLLEGE</th>
<th>Summa</th>
<th>Magna</th>
<th>Cum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agricultural Sciences</td>
<td>3.979</td>
<td>3.743</td>
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**Office of the University Registrar**
University Visitors Center
210 South College Avenue
Newark, DE 19716
(302) 831-2131
Mon-Fri, 8 a.m. - 5 p.m.

**Computer Based Testing Center**
Alton Hall - Room 218
240 Academy Street
Newark, DE 19716
(302) 831-6717
UD Academic Policies and Information

The following information is found in the University's [Undergraduate and Graduate Catalog](#). Topics highlighted under each section relate to UD Academic Policies and Procedures.

Contents:

- Academic Honesty
- University Attendance
- Undergraduate Programs of Study (Majors and Minors)
- Registration / Enrollment
- Earning Course Credits
- Grading System Policies
- [Undergraduates; Academic Requirements for Graduation](#)
- [Graduate Program Academic Requirements](#)

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### Academic Honesty

- [Undergraduate Programs of Study](#) (Majors and Minors)

### University Attendance

- Class Attendance expectations, inclement weather, religious holidays
- Seat Claim Policy
- Academic Leave of Absence
- Medical Emergencies
- Academic Withdrawal and Program Interruption - 15 month rule
- Failure to Withdraw Officially - (See [Financial Consumer Information](#) under "Conditions to Financial Aid")

### Undergraduate Programs of Study (Majors and Minors)

- Types of Majors
- University Studies
- Minors
- Double Degrees
- Change of Major Policy
  - [Departmental Requirements and Deadlines for Internal Transfers](#)

### Registration / Enrollment

- Class Registration Schedule ([Matriculated Students](#))
- Changing Class Registration

### Earning Course Credits

- Your Earned Credit Hour Classification - ie. What Year Are You?
- Full-time or Part-time Status (Academic Course Load)
- Transfer course work from other institutions: Policy and Procedures
- Exemptions / Waivers
- Earning Credit by Exam
- Policies regarding Taking a Course more than once

### Grading System Policies
Final Grades and Quality Points, Incompletes and Temporary grades
Policies regarding taking courses pass/fail
How your GPA Index is Calculated
Your Academic Standing- Quality Point Deficits, Probation, Dismissal, Readmission procedures
Dean's List requirements

NOTE: Undergraduate students assigned temporary grades are not eligible for inclusion in the Dean's List until they have received final grades in all their courses for the semester.

Undergraduates: Academic Requirements for Graduation

Academic Honors: Summa, Magna, Cum Laude, Degree with Distinction

NOTE: Upon degree conferral, the academic record is finalized and no further changes (addition of a minor, grade change) may be made.

Graduate Program Academic Requirements

Also see Graduate & Professional Education

---

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Alison Hall - Room 218
240 Academy Street
Newark, DE 19716
(302) 831-6717
Official Transcripts

Official transcript orders can be requested and tracked 24 hours a day, 7 days a week. You will need a valid major credit card and email account. Your credit card is not charged until the transcript is sent. Transcripts are normally processed the next business day once your order has been received. During peak periods, the processing time may vary due to circumstances beyond our control.

After reading the special instructions below, click UDSIS (www.getmytranscript.com) to begin the online official transcript ordering process. Students may also login to USIS to request an official transcript or to view their unofficial transcript.

Special Instructions
Transcript orders are real time. You may see grades in Sakai or in USIS that are NOT yet displaying on official transcripts. Please note:

- Need Fall 2014 grades on transcript? - Do NOT order until December 18, 2014.
- Need Fall 2014 degree earned on transcript? - Do NOT order until January 23, 2015.

If you order before these dates, the transcript will be processed as requested and NO REFUND will be provided.

Electronic Transcripts:
Electronic transcripts are normally processed within the same business day and have a much faster delivery time than traditional mail. When ordering an electronic transcript, it is the student's responsibility to ensure they are entering the correct recipient email address. It will be important that the recipient has an updated version of Adobe Reader/Flash and turns off any pop-up blockers for the National Student Clearinghouse website. Once the electronic transcript is sent, the recipient will receive two email notifications - one with a secure 30 day link and another with a password to access the transcript. No refund will be provided if the recipient fails to retrieve the electronic transcript. The word COPY will appear in front of the PDF Transcript is printed.

LSAC/AMCAS Forms:
LSAC/AMCAS forms are no longer necessary when sending a transcript through your issued account number. When ordering an official transcript, select recipient type of "Educational Organization" and provide your listed LSAC/AMCAS account number.

Other Forms / Common Application Transfer Registrar Report Form:
UD will not send forms accompanying official transcripts orders, if an agency/transcript recipient desires a form to be completed by the Registrar's Office, you may either submit the form and transcript separately to them or you may request both to be returned directly to you for submission. For forms, such as the Common Application Transfer Registrar Report or other forms to be completed, please submit your request via email with the form attached to registrar@udel.edu.

Before attaching your form, please complete your portion of the form, especially if it requires your signature. Be sure to include all recipient information (address, email, fax #, etc.) in your email request. Please allow 2 business days for processing. Please understand that a form completed by the Registrar's Office will be separate from your official transcript. To order an official transcript, follow the instructions listed above. For additional questions about forms, please contact Janice Wiley at 302-831-8987.

Graduate Transcripts:
A graduate transcript is granted at the University of Delaware only to those students who are properly registered as formally admitted students in a Graduate program. Only complete transcripts of UD work are produced. Requests to print only undergraduate or only graduate work will not be honored.

Transcript Mailing/Pickup:
Official transcripts mailed directly to the student are stamped "Official Transcript Issued to Student!". Photo ID is required for in-person transcript pick-up at the University Visitors Center, Registrar's Office Service Desk. In person transcript pick-ups must be retrieved within 30 days. Individuals authorizing a third party to pick-up a transcript on their behalf must write a letter in advance authorizing the release of the transcript.

Transcript Legend:
Click on the Transcript Legend Image to zoom the text size.

Questions?
Email registrar@udel.edu or call 302-831-1289.
Undergraduate Student Services

Welcome to the College of Health Sciences!

The faculty and staff in the college are committed to student success and provide assistance to students as they pursue their academic endeavors. Students are assigned faculty and/or professional advisors who have expertise and knowledge in their fields of study.

In the Dean’s Office, the Assistant Dean and Academic Program Manager provide additional problem solving and assistance to students as they progress through their academic plan, as well as providing support to faculty and departmental staff in their roles as advisors.

Some examples of how we support students:

- Answering questions and discussing options if you are having academic or personal difficulties
- Troubleshooting scheduling conflicts and late registration
- Providing excused absence notifications to faculty
- Clarifying academic policies/regulations
- Approving transfer credit evaluations
- Working closely with academic departments and the Registrar’s office on degree audits
- Coordinating the senior checkout process and certifying degree clearance
- Providing information about changing/adding majors or minors
- Interpreting transfer credit reports and degree audits
- Approving credit overloads and online courses

Our Staff:
Assistant Dean: Carolyn Quinci, Ed.D.
Academic Program Manager: Debbie Allen, M.S.
Staff Assistant: Randee Tobin

Phone: 302-831-8073
Fax: 302-831-3490
Email: chs-advise@udel.edu
<table>
<thead>
<tr>
<th>Resource...</th>
<th>What They Do...</th>
</tr>
</thead>
</table>
| **Career Services Center (CSC)**  
Website: www.udel.edu/CSC  
Location: Bank of America Career Services Center  
401 Academy Street  
Phone: 831-2392  
Fax: 831-1452 | Assists University of Delaware students and alumni by providing information about:  
- Internships  
- Career Exploration and Job Fairs  
- Day on the Job program  
- The Career Library  
- Interview and Resume skills  
- Part-time job listings  
- A full range of interest and personality inventories, values clarification instruments, and computerized career decision-making programs  
*Advice: A great place to go when undecided or considering change of major or career options.* |
| **Center for Counseling and Student Development (CCSD)**  
Website: www.udel.edu/Counseling | Some of the services that the Center for Counseling and Student Development offers are:  
- Individual and Group counseling  
- A Career Library  
- Student Development programs and workshops  
- A full range of interest and personality inventories, values clarification instruments, and computerized career decision-making programs  
*Interviews conducted by psychologists and/or psychiatrists are confidential and information about those interviews is not released without a student’s written request (or as may be required by law).*  
*Advice: A resource to use when experiencing personal difficulties like anxiety, depression, or dealing with an unexpected life event, etc.* |
| **Information Technologies (IT)**  
IT Support Center  
Website: www.udel.edu/help  
Phone: 831-6000 | The IT Help Center is the heart of consulting services for students with questions about email, internet access, hardware, software, voice mail, or any other information technology at the University. |
| **Math Tutorial Lab**  
Website:  
www.math.udel.edu/resources/ugrad/tutorial_site.html  
Location: 106 Ewing Hall  
Phone: 831-2653 | The Math Tutorial Lab provides tutorial support for many introductory math courses. This includes tutorial assistance in Math 010, Math 114, Math 115, Math 117, Math 221 and Math 241. The lab is staffed by qualified undergraduate students and math graduate students. Resources include previously administered exams, answer textbooks and a variety of math textbooks focusing on algebra and pre-calculus.  
*Advice: For some, Math comes easy; for others, not so much. Don’t be afraid to seek tutoring if you are struggling or just not getting it.* |
| **Office for International Students and Scholars (OISS)**  
Website: www.udel.edu/oiss  
Location: 44 Kent Way  
Phone: 831-2115 | The Office of International Students and Scholars (OISS) assists international students with adjustment to life in the United States and to academic life at UD. They provide guidance on academic regulations pertaining to visa status and can connect students to the resources they need while here at the University. |
<table>
<thead>
<tr>
<th><strong>Office of Academic Enrichment (OAE)</strong></th>
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</thead>
<tbody>
<tr>
<td>Website: ae.udel.edu</td>
</tr>
<tr>
<td>Location: 148-150 South College Avenue</td>
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<tr>
<td>Phone: 831-4555</td>
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<tr>
<th><strong>Office of Disability Support Services (DSS)</strong></th>
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<tbody>
<tr>
<td>Website: <a href="http://www.udel.edu/DSS/">www.udel.edu/DSS/</a></td>
</tr>
<tr>
<td>Location: 240 Academy Street, Alison Hall Suite 130</td>
</tr>
<tr>
<td>Phone: 831-4643 (Voice)</td>
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<tr>
<th><strong>Office of Student Financial Services (SFS)</strong></th>
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<tr>
<td>Website: <a href="http://www.udel.edu/finaid/">www.udel.edu/finaid/</a></td>
</tr>
<tr>
<td>Location: Student Services Building, 30 Lovett Avenue</td>
</tr>
<tr>
<td>Phone: 831-2126</td>
</tr>
<tr>
<td>General Fax: 831-4334</td>
</tr>
<tr>
<td>Verification Fax: 831-3041</td>
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<tr>
<th><strong>Office of the Dean of Students</strong></th>
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<tbody>
<tr>
<td>Website: <a href="http://www.udel.edu/studentlife/deanofstudents.html">www.udel.edu/studentlife/deanofstudents.html</a></td>
</tr>
<tr>
<td>Location: 101 Hullihen Hall</td>
</tr>
<tr>
<td>Phone: 831-8939</td>
</tr>
<tr>
<td>Email: <a href="mailto:DeanofStudents@udel.edu">DeanofStudents@udel.edu</a></td>
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<th><strong>Public Safety</strong></th>
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<tbody>
<tr>
<td>Website: <a href="http://www.udel.edu/publicsafety">www.udel.edu/publicsafety</a></td>
</tr>
<tr>
<td>Location: 413 Academy Street</td>
</tr>
<tr>
<td>Phone: 911</td>
</tr>
<tr>
<td>831-2222 Non-emergency police and general information</td>
</tr>
<tr>
<td>Blue Light Phones: Pick up any blue light phone on campus and you will be connected directly to the University Police Dispatcher.</td>
</tr>
<tr>
<td>Email: <a href="mailto:publicsafety@udel.edu">publicsafety@udel.edu</a></td>
</tr>
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<table>
<thead>
<tr>
<th><strong>Student Health Services (SHS)</strong></th>
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</thead>
<tbody>
<tr>
<td>Website: <a href="http://www.udel.edu/studenthealth">www.udel.edu/studenthealth</a></td>
</tr>
<tr>
<td>Location: 282 The Green Laurel Hall</td>
</tr>
<tr>
<td>Phone: 831-2226</td>
</tr>
</tbody>
</table>
Undergraduate Student Services (USS)  
College of Health Sciences  
Website: www.udel.edu/chs/studentservices  
Location: 205 McDowell Hall  
Phone: 831-8073  
Fax: 831-3490  
Email: chs-advise@udel.edu  

**Hours:** M-F 8:00am-4:30pm, **Closed** 12:00-1:00pm  
**Walk-in Hours:** MW 1:00-4:00pm, F 8:30-11:30am

Undergraduate Student Services is the central source of academic information for all students and faculty in the College of Health Sciences. Some examples of how we support students:

- Answering questions and discussing options if you are having academic or personal difficulties
- Troubleshooting scheduling conflicts and late registration
- Providing excused absence notifications to faculty
- Clarifying academic policies/regulations
- Approving transfer credit evaluation forms
- Working closely with academic departments and the Registrar’s office on degree audits
- Coordinating the senior checkout process and certifying degree clearance
- Providing information about changing/adding majors or minors
- Interpreting transfer credit reports and degree audits
- Approving credit overloads and online courses

Advice: If you experience academic or personal difficulties, or just having “adjustment to college” issues, contact the office of Undergraduate Student Services. You can schedule an appointment or come during our walk-in hours.

University Writing Center  
Website: www.english.udel.edu/wc  
Location: 016 Memorial Hall  
Phone: 831-1168  
Email: writing-center@udel.edu

The primary purpose of the University Writing Center is to provide students with individualized instruction in writing. Students at any level and from any discipline may attend the Center free of charge. The Writing Center staff are experienced full-time and part-time faculty and teaching assistants from the English Department.

Advice: A great place to go to get help to improve your writing skills.

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**Some key reasons that students succeed in college:**

- They take responsibility for themselves.
- They see their advisors regularly and take her/his advice.
- They take advantage of campus resources for help.
- They attend class every day. They study every day.

**Published by:** College of Health Sciences, Office of Undergraduate Student Services, 205 McDowell Hall  
**Last Updated:** May 28, 2014
Undergraduate Transfer and Test Credit

The University of Delaware accepts courses from appropriately accredited institutions and awards credit for certain examinations. College level coursework completed at degree-granting colleges/universities with other accreditations may be eligible for transfer credit. Contact the Office of the University Registrar (transfercredit@udel.edu) for additional information. General information about our policies may be found in the Undergraduate Programs section of the catalog here.

For specific information and instructions on seeking course or test evaluation, select the pertinent links in the menu bar to the left.

Are you a Prospective Student?

- Find Admissions information here
- International Applicants, click here

Our Contact Information:
Registrar - Transfer Credit
University of Delaware
210 South College Avenue
Newark, DE 19716 - USA
Phone: 302-831-1551  Fax: 302-831-3005
E-mail: transfercredit@udel.edu

Upcoming Events

- Oct 17, 2014 GRADUATE STUDENTS - Deadline for completion of deferred examinations and incomplete work (grade I) from Spring Semester 2014 and 2014 Summer Sessions.
- Oct 21, 2014 - Apr 13, 2015 Last day to change registration or to withdraw from courses without academic penalty.
- Oct 27, 2014 Registration for Winter Session begins.
Evaluation of Transfer Credits Prior to Attending UD

Preliminary Transfer Credit Evaluations are available online through Admissions My Blue Hen Home for newly admitted freshmen and transfer students who submitted an official post-secondary transcript with their UD admissions application. Students admitted before the completion of their final semester at another institution must send an official transcript listing final grades for that semester. It is recommended that the transcript be sent directly from the external institution to the address below. If the transcript is issued to the student, it must be submitted to the Registrar in its original sealed envelope. Transcripts not in their original sealed envelope are deemed unofficial.

Registrar's Office - Transfer Credit
210 S. College Ave.
Newark, DE 19716
ATTN: Kathy Graham

If your external institution offers an electronic transcript option, please send a password protected, official transcript directly from the external institution to transfercredit@udel.edu. Electronic transcripts forwarded from your institution are deemed unofficial.

Courses may transfer to the University as either:
- a specific UD course (for example, MATH 115 Precalculus)
- as departmental elective credit (for example, MATH 1667 Transfer Elective)

Having Elective Credits Re-evaluated
At times, courses that received a preliminary evaluation of general elective credit, such as BISC 1667 or MATH 1667, may prove to be directly equivalent to a UD course. If re-evaluated by the appropriate academic department, only admitted students that have earned and transferred credits to UD may pursue re-evaluation - third-parties, parents, etc. may not pursue re-evaluation of coursework.

Before proceeding with the re-evaluation process, it is helpful to first review UD's Transfer Credit Matrix to see if your courses have already been evaluated for transfer. Only courses NOT listed in the matrix should be submitted for re-evaluation. It is also helpful to review UD course descriptions to ensure that UD has a similar course to the one you took. If there is no similar UD course, then the elective credit will remain and the course should not be submitted for re-evaluation.

ENGL 110 - For evaluation of courses you hope will grant you exemption from ENGL 110 follow the ENGL 110 Transfer/Exemption Instructions.

If UD has a similar course to the one(s) you took (other than ENGL 110) submit the following information to the appropriate departmental contact for a re-evaluation:
- Your name and UD ID number
- The name of your previous institution and your major while you attended
- Official course description from the course you completed that contains:
  - Course number, title and number of credits (if science laboratories are separated, provide information for both courses.)
  - A description of topics or areas covered in the course (if we find the description is unclear or too vague, we will request a syllabus or additional material)
  - The term in which you took the course (ex: Fall 2012)
  - The web link to your previous institution's course catalog - for the academic year(s) your courses were taken
  - The web link to your previous institution's homepage

If approved for a re-evaluation, the department faculty member will contact us with the new course equivalency. Periodically check your student records in UDsis for updated evaluations. We also recommend that you meet with your academic advisor to determine how course equivalency changes apply to your degree program or impact your expected graduation date.

See the following for information on Test Credit.
## Academic Department Contact Information

*Every Course begins with the 4-letter abbreviation for a Subject Area.*

<table>
<thead>
<tr>
<th>Subject Area</th>
<th>Abbreviation</th>
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<tr>
<td><strong>College of Agriculture &amp; Natural Resources</strong></td>
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<tr>
<td>Assistant Dean Kim Yackoski</td>
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<td><strong>College of Arts &amp; Sciences</strong></td>
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<td>Senior Assistant Dean Cindi Shenkle</td>
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<td>Fashion and Apparel Design</td>
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**Alfred Lerner College of Business & Economics**

Assistant Dean Marcia Rollison  
Academic Advisement  
102 PRN  
831-4369

Accounting  
ACCT  
206 PRN  
831-2961

Business Administration  
BUAD  
236 LEH  
831-2554
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**College of Earth, Ocean & Environment**

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**College of Education & Human Development**

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**College of Engineering**

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**College of Health Sciences**

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Nutrition and Dietetics  NTDT  027 CSB  831-2252
Physical Therapy  PHYT  301 MKL  831-8910
School of Nursing  NURS  345 MDH  831-1253

Associate in Arts Program

Director John Bartley, Admin. Office, Newark
Academic Advisement  Rm 102, 77 East
Main St.  831-2473
Southern Delaware ETE - Georgetown  302-831-3508
UD Academic Center- Dover  302-857-1214
UD Academic Center- Georgetown  302-855-1657
UD Academic Center- Wilmington  302-571-5395

Graduate Interdisciplinary Program

Biomechanics and Movement Sci  BMSC  102 E. SPL  831-1321

University Studies

Adrian McCreary, Assistant Director
Academic Advisement  148-150 S.
College Ave.  831-4555
University Course  UNIV

Professional and Continuing Studies

Debbie Farris, Manager, ACCESS Center
Academic Advisement  ACCESS Center,
850 Library Ave, Suite 200  831-7600

UD Online/Distance Learning

Professional and Continuing Studies Resource Center  850 Library Ave,
Suite 200  831-1053 or
1-800-597-1444

Student Service / Assistant Deans' Offices

<table>
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<td>Assistant Dean Kim Yackoski</td>
<td>104 TNS</td>
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<tr>
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<td>Senior Assistant Dean Cindi Shenkle</td>
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Office of the University Registrar
University Visitors Center
210 South College Avenue
Newark, DE 19716
(302) 831-2131
Mon-Fri, 8 a.m.- 5 p.m.

Computer Based Testing Center
Alison Hall - Room 218
240 Academy Street
Newark, DE 19716
(302) 831-6717