



**Delaware  
End-of-Life Coalition**

*Presents*

**An Evening Program on  
End-of-Life Care**

---

---

---

---

---

---

---

---



*Presenter*

**Katherine Angell, LCSW, CT  
Family Aftercare Coordinator  
Spicer-Mullikin Funeral Homes  
Newark - New Castle - Delaware City**

---

---

---

---

---

---

---

---

**Spicer-Mullikin Family  
Aftercare Services**

- Provides services to families
  - ◆ Phone calls & personal contact
  - ◆ Letters
  - ◆ Information on grief
  - ◆ Newsletter
  - ◆ Individual & family counseling



---

---

---

---

---

---

---

---

**Spicer-Mullikin Family  
Aftercare Services**

- Provides services to families and community
  - ◆ Telephone referral service
  - ◆ Library



---

---

---

---

---

---

---

---

**Support Groups for Fall 2004**

- Pathways Through Grief Workshop
- Changing Pathways
- Widowed Seniors Alone



---

---

---

---

---

---

---

---

**Additional Support Programs**

- Family Caregiver Information and Support Group
- HOPE for the HOLIDAYS



---

---

---

---

---

---

---

---

**Referral Resources**

- **The Compassionate Friends**
  - ◆ [www.brandywinetcf.org](http://www.brandywinetcf.org)
- **G.O.A.L. and Living Through Loss**
  - ◆ **Chandler Funeral Homes (302) 478-7100**
- **Survivors of Accident and Murder (SAM)**
  - ◆ [www.mhainde.org](http://www.mhainde.org)

---

---

---

---

---

---

---

---

**Referral Resources (cont.)**

- **Supporting KIDDS**
  - ◆ (302) 658-5433
- **Survivors of Suicide**
  - ◆ (302) 654-6833
- **You Are Not Alone**
  - ◆ (302) 655-9624

---

---

---

---

---

---

---

---

**For resources in other geographical areas**

- **Contact**
  - ◆ **Funeral homes**
  - ◆ **Hospices**
  - ◆ **Family and mental health agencies**

---

---

---

---

---

---

---

---

**Written Resources**

- **Compassion Books**
  - ◆ [www.compassionbooks.com](http://www.compassionbooks.com)
- **Centering Corporation**
  - ◆ [www.centering.org](http://www.centering.org)

---

---

---

---

---

---

---

---

**How can we help those who are grieving?**

- **Remember the Five “T’s”**
  - ◆ **Talk**
  - ◆ **Tears**
  - ◆ **Time**
  - ◆ **Touch**
  - ◆ **Travel**

---

---

---

---

---

---

---

---

**Remember...**

**Grief is a normal process.  
Friends and family may  
provide all the help a  
bereaved person needs.**

---

---

---

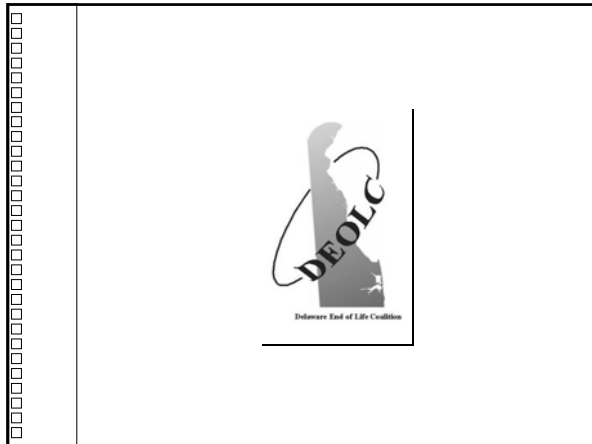
---

---

---

---

---



---

---

---


---

---

---

---

---



*Presenter*

**Lee Anderson, PhD  
Licensed Psychologist  
Delaware/Pennsylvania  
260 Kennett Pike  
Chadds Ford, PA 19317**

---

---

---

---

---

---

---

---

**Psychologists ...**

- American Psychological Association (APA)
  - ◆ [www.apa.org](http://www.apa.org)
- Delaware Psychological Association (DPA)
  - ◆ [www.depsych.org](http://www.depsych.org)
- Association for Death Education and Counseling (ADEC)
  - ◆ [www.adec.org](http://www.adec.org)

---

---

---

---

---

---

---

---

## Why refer to a psychologist?

- Complicated grief
- Symptoms interfere with daily functioning



---

---

---

---

---

---

---

---

## People Seek Help

- At different times
- For different reasons



---

---

---

---

---

---

---

---

## What can a psychologist do?

- ✓ Evaluate
- ✓ Educate
- ✓ Intervene
- ✓ Support
- ✓ Refer

---

---

---

---

---

---

---

---

## Local Community Resources

- **Compassionate Friends**
  - ◆ [www.compassionatefriends.org](http://www.compassionatefriends.org)
- **Supporting KIDDS**
  - ◆ (302) 658-5433
- **Survivors of Accident and Murder (SAM)**
  - ◆ [www.mhainde.org](http://www.mhainde.org)
- **Survivors of Suicide (SOS)**
  - ◆ [www.mhainde.org](http://www.mhainde.org)

---

---

---

---

---

---

---

---

## The Therapeutic Territory

- **Who died?**
- **How did they die?**



---

---

---

---

---

---

---

---

## Natural Deaths

- **Old age**
- **Illness**



---

---

---

---

---

---

---

---

## Unnatural Deaths



- Suicide
- Accident
- Homicide
- Child Death

---

---

---

---

---

---

---

---

## Diagnostic and Statistical Manual (DSM IV)

- Post Traumatic Stress Disorder
- Adjustment Disorder with Anxiety/Depression



---

---

---

---

---

---

---

---

## Shalom: Integration of Grief

- Hello
- Goodbye
- Peace



---

---

---

---


---

---

---

---





**Teach us to number  
our days, so that we  
may gain a heart of  
wisdom.**

Psalm 90:12

---

---

---


---

---

---

---

---



DEOLC  
Delaware End of Life Coalition

---

---

---

---

---

---

---

---



*Presenter*

**Alex Tyree, MS  
Bereavement Counselor  
Delaware Hospice**

---

---

---

---

---

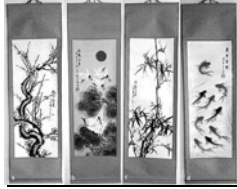
---

---

---

## Delaware Hospice Bereavement

- Grief is a natural process
- Experience of grief is unique to each person
- Choice in services



---

---

---

---

---

---

---

---

## Mailings



- Grief information and coping strategies
- Inspirational
- Self Assessment
- Anniversary and birthday acknowledgement

---

---

---

---

---

---

---

---

## Assessment Visit

- Grief education
- Assess functioning, coping skills and grief responses
- Help develop the narrative
- Assist with development of strategies for coping
- Referral



---

---

---

---

---

---

---

---

## Groups and Workshops



- Grief education
- Share coping skills
- Facilitate connection
- Offer continued social contacts

---

---

---

---

---

---

---

---

## Memorial Services

- Celebrate, remember and honor
- Share common bonds
- Reconnect with staff
- Participate in ritual



---

---

---

---

---

---

---

---

## New Hope



- Preparation for death
- Bereavement support
- Grief education
- Camp
- Referral

---

---

---

---

---

---

---

---

## Community Outreach

- Community education and information
- Referral
- In-services
- Support groups



---

---

---

---

---

---

---

---

**Delaware Hospice: For more info, call 478-5707**



---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---



*Presenter*

**Patricia Singleton, MDiv, BCC  
Chaplain  
Pastoral Services  
Christiana Care Health Services**

---

---

---

---

---

---

---

---

**Man lives in three dimensions:  
The somatic, the mental, and the  
spiritual. The spiritual dimension  
cannot be ignored, for it is what  
makes us human.**

- Victor Frankl

---

---

---

---

---

---

---

---

**Faith**

*(fides bound, dutiful, loyal, steadfast)*

- **Confident belief in the truth, value, or trustworthiness of a person, idea, or thing**
- **Does not rely on logical proof or material evidence**

---

---

---

---

---

---

---

---

**Faith** (cont.)  
(*fides* bound, dutiful, loyal, steadfast)

- It may refer to loyalty to a person or thing
- It can refer to any set of principles or beliefs which give life meaning.

---

---

---

---

---

---

---

---

**Religion**  
(*religio* bond between man and gods)

- Organized system of beliefs, practices, rituals, and symbols designed to
  - ◆ Facilitate closeness to the sacred or transcendent and
  - ◆ Foster an understanding of one's relationship and responsibility to others in living together in community

---

---

---

---

---

---

---

---

**Spirituality**

- The personal quest for understanding answers to ultimate questions about life, about meaning, and about relationship to the sacred or transcendent, which may (or may not) lead to or arise from the development of religious rituals and the formation of community.

---

---

---

---

---

---

---

---

**Spiritual Assessment:  
HOPE Questions**

- H** Sources of hope, meaning, comfort, strength, peace, love, and compassion
- O** Organized religion
- P** Personal spiritual practices
- E** Effects on present situation and care

---

---

---

---

---

---

---

---

**Spiritual Assessment  
FICA Taking a Spiritual History**

- F** Faith or beliefs
- I** Importance and influence
- C** Community
- A** Address

---

---

---

---

---

---

---

---

**“To leave the world a bit better,  
whether by a healthy child, a  
garden patch, or a redeemed  
social condition; to know that even  
one life has breathed easier  
because you lived – this is to have  
succeeded.”**

- Ralph Waldo Emerson

---

---

---

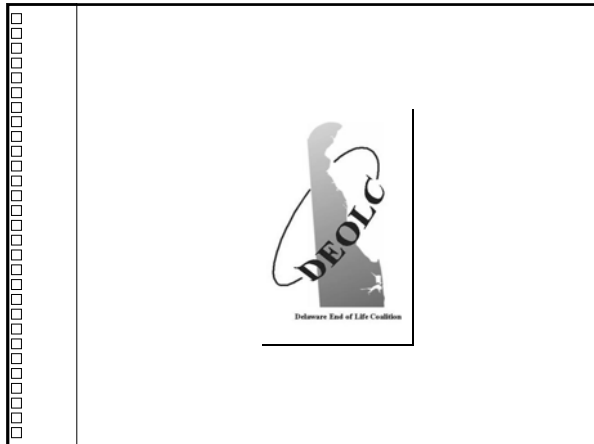
---

---

---

---

---



---

---

---


---

---

---

---

---



*Presenter*

**William J. Doherty, II**  
**President**  
**Doherty Funeral Homes**

---

---

---

---

---

---

---

---

**Licensed Funeral Director**  
**(over 20 years)**

**Appointed by the Governor**  
**to serve on**  
**The State Board of Funeral Services**  
**(2<sup>nd</sup> Term)**

**Serves on the**  
**Board of Directors of the Delaware**  
**Funeral Director's Association**

---

---

---

---

---

---

---

---



## **End-of-Life Concerns and the Role of the Funeral Director**

- **Before the death occurs**
- **At the time of death**
- **Following the funeral/disposition**



---

---

---

---

---

---

---

---

## **Before the Death Occurs**

- **Talk to groups (children and adults) about loss and grief**
- **Talk to groups and individuals about the importance of**
  - ◆ **Having an updated will and advanced directives**
  - ◆ **Planning for the disposition**
  - ◆ **Making advanced funeral plans**

---

---

---

---

---

---

---

---

## **At the Time of Death**

- **Arrange for transfer of decedent from the place of death**
- **Meet with the family to plan the service details**
- **Conduct the services according to the family's wishes**

---

---

---

---

---

---

---

---

**Following the  
Funeral/Disposition**

- Family care
- Bereavement programs and services



---

---

---

---

---

---

---

---

**For additional information,  
please visit our website at  
[www.dohertyfh.com](http://www.dohertyfh.com)**

---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---



**For upcoming DEOLC events  
visit our website at**

**[www.udel.edu/dsp/DEOLC](http://www.udel.edu/dsp/DEOLC)**

---

---

---

---

---

---

---

---