## NURS 821 Metabolic and Endocrine Disorders; Alterations in Reproduction

Lecture 9 Part 6 Alterations in Reproduction: Disorders of the Female Reproductive Tract

## Pelvic Inflammatory Disease (PID)

- Definition
- Common etiology: gonococcus, staphylococcus, streptococcus, chlamydia, trachomatis
- Pathophysiology
- Clinical manifestations
- Complications-peritonitis, adhesions, infertility



## Endometriosis

- Etiology theories
  - Retrograde menstruation
  - Metaplasia
  - Decreased Tc activity
  - Genetic predisposition
- Pathophysiology
- Clinical manifestations

# Endometriosis

• Types:

- Internal
- External
  - Sites: outer uterine surface, fallopian tubes, ovaries (endometrioma), bladder and rectal surfaces, uterine ligaments, cul-de-sac, rectovaginal septum, appendix, bowel



### Infertility

#### • Female

- Blockage of egg or embryo passage through fallopian tubes – strictures, adhesions, scarring, endometriosis
- Failure to produce viable eggs
- Failure of embryo to implant uterine lining issues due to hormonal imbalances; fibroids
- Failure to carry uterine shape, size, and muscle issues
- Anti-sperm antibody production hostile cervical mucus
- Prenatal exposure to DES

## Infertility

#### • Male

- Spermatogenesis issues: too few, decreased mobility
  - May be related to increased body temperature of
  - testicles- e.g. varicocele, jockey shorts, hot tubs • Prenatal DES exposure- testicular abnormalities-
  - undescended or abnormally small
  - Stress
  - Cystic Fibrosis

#### Infertility (cont'd)

- Unexplained
- NICHD (2000) reported finding of Mater (maternal effect) gene in mice, required for early embryos to develop normally
- Without gene, females develop normally, yet their fertilized eggs do not progress beyond the 2 cell stage
- Males without gene, unaffected. Females with 1 copy of gene unaffected.

#### Premature Ovarian Failure

- Infertility and hormone deficiency in healthy young women
- Etiology May be autoimmune (NICHD, 2000)

#### Diethylstilbesterol

- Synthetic estrogen prescribed between 1938-1971 for complications of pregnancy
- 5-10 million people exposed
- Given during first 5 months resulted in developing reproductive system of fetus
- Associated with clear cell adenocarcinoma of vagina or cervix – usually age 19-20, up to 40
- Abnormal vaginal and cervical cells dysphasia, cervical intra-epithelial neoplasia, squamous intra-epithelial lesions that resemble cancer; not invasive, but may progress (NCI, 2000)

#### **DES** Issues

- · Mothers: Increased breast cancer
- Daughters: Increased vaginal and cervical cancer; reproductive anomalies; increased ectopic pregnancies; increased miscarriage; increased premature delivery
- Sons: Testicular and fertility anomalies; testicular cancer risk; prostate cancer risk is unclear
- Research: looking at effects on next generation (NCI, 2000)