

physical



Therapy

# University of Delaware PT Department 2000 Newsletter

October 2000

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Editors: Laura Alexander, Alison T. DeLeo, Carl Eaton (class of 2001)

## *A Message from the Chair*

I would once again like to extend a hearty greeting to all of the alumni and friends of the UD Department of Physical Therapy. Much has happened over the past year. We have added faculty, renovated office and research spaces, increased our federal funding for research, and planned several exciting alumni events. We look forward to the upcoming homecoming weekend. Everyone should have received an invitation in the mail. If you did not, please contact

## GRADUATION 2000 HIGHLIGHTS

On July 29, 2000, the Master of Physical Therapy Degree was conferred upon 34 students in the Clayton University Center. This marked the 10th Master Degree class at the University of Delaware. As its commencement speaker, the Class of 2000 chose Dr. Lynn Snyder-Mackler, PT, ATC, and Ph.D. Quoting Isaac Newton, who said "If I have seen further than others, it is by standing upon the shoulders of giants", Dr. Snyder-Mackler took the unique opportunity as a faculty member at Delaware to reflect upon history, not just of the profession, but specifically of the evolution of the University of Delaware Physical Therapy Program and the members of the Class of 2000. Dr. Snyder-Mackler encouraged the new graduates to continue clinical learning and expanding to the scientific body of knowledge, but to remember that "much of treating patients is interaction, courtesy and building a relationship."

Several special awards were also presented to students and contributors to the PT program. Receiving the Scholar Award for highest cumulative GPA was Christy Ferretta. Preston Winn was awarded the Director's Award, for his contributions throughout his two years at Delaware to the Director of the program, Dr. Stuart Binder-Macleod. Chuck Barker, PT Class of 1989, was given the Alumni Award for continued active support of the UD Physical Therapy Program. For her

*(Continued on page 2)*

Cyndi Haley at 831-4576. Many thanks to Bill Romani and the class of 1990 for helping to organize and sponsor this year's lecture, featuring Dr. Steven Wolf. This is the first time that we have offered a lecture as part of the homecoming celebration. I hope that this becomes an annual event. If anyone from the class of 1991 is interested in helping to organize next year's alumni lecture, please contact me (831-8046 or [sbinder@udel.edu](mailto:sbinder@udel.edu)).

We recently submitted our self-study document to the Commission on Accreditation in PT Education and are presently planning for our on-site visit, which will take place in mid-November. We will be contacting a number of you in the upcoming weeks to see if you are able to meet with the on-site team. Thus far this has been an interesting process. It has given us an opportunity to reflect back over the past seven years since our last accreditation site visit.

Finally, this coming July will mark the 25th anniversary since the first class of physical therapy students graduated from the University of Delaware. Chuck Barker (class of 1989) has offered to organize a dinner dance to celebrate this important event. If anyone is interested in helping Chuck plan this event or has any ideas or suggestions, please contact me. Specifically, I would love to hear from each of the members of the class of '76, to see what they would like to do to celebrate this special occasion.

Best wishes and regards,

# GRADUATION 2000 CONT.

(Continued from page 1)

work and contributions in the area of clinical education, Laura Schmitt, MSPT, ATC was awarded the Clinical Educators Award. Anna W. Ill was honored with the Faculty Award, which is given to the student who exemplifies not only a quality student and clinician, but also continually represents positive personal qualities for which the University of Delaware strives to instill in its students.

Finally, the Barbara Cossoy Award was presented to Dr. Scott Mackler, PT, MD, and Ph.D. The Cossoy award is dedicated in the memory of the founder and first director of the Physical Therapy Program at the University of Delaware. Its recipient, Dr. Scott Mackler earned two bachelors degrees (biology and physical therapy) as well as his medical degree and doctoral degree from the University of Pennsylvania. He completed internships and post-doctoral fellowships at Boston University. He is board certified in internal medicine and is on the faculty at the University of Pennsylvania Medical School. Dr. Mackler has been an active adjunct in research and teaching in the University of Delaware Physical Therapy program for many years. Congratulations and best wishes to all the new graduates!!

Mandy Babiarz  
 Lisa Bauman  
 Cara Becker  
 Jon Borger  
 Mark Epler  
 Bryan Fean  
 Bryan Ferretta  
 Christy Ferretta  
 Karen Godley  
 Dana Gorman  
 Trisha Griffith  
 Laura Gubbine  
 Nicole Guishard  
 Karima Haque  
 Mike Harmon  
 Erin Hogan  
 Anna Ill

Sally Kasting  
 Megan MacDonald  
 John McCracken  
 Sandy Mishic  
 Ryan Mizner  
 Kristy Morrison  
 Sarah Northrup  
 JJ Rooney  
 Robyn Silverman  
 Amrita Singh  
 Jason Smith  
 Jennifer Starmann  
 Christy Sturdevant  
 Colleen Sullivan  
 Amy Tullis  
 Preston Winn  
 Wayne Woodzell

# Prominent UD Graduates Q&A Future of Physical Therapy

We asked four prominent area alumni (Paul Schweizer '78, Julie Moyer-Knowles '82, Tara Manal '93, and Jim Hashimoto '91) questions concerning the past and the future of PT. (and some other interesting questions as well) Here are their responses.

*What aspects of the changes in the PT profession over the last ten years are you most surprised about?*

Schweizer: "I am most surprised about the supply and demand problems that the profession has gone through in recent years.

Moyer-Knowles: "The influence of managed care in PT is most surprising. It is no longer giving the best treatment, it is giving the best treatment within constraints."

Manal: "I am surprised about insurance issues and decreased reimbursement. We do not get paid for what we do. I am also pleasantly surprised about the number of post professional training programs."

Hashimoto: "Personally I am surprised how the PT

(Continued on page 4)

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☆ Top Ten Reasons You Know PT ☆

☆ School is Getting Too Stressful ☆

☆

☆ 1. You start to believe Dr. Mettler's apocalyptic prophecies are coming true. ☆

☆ 2. You think if you can last until the last tribal council, you win a million dollars and are allowed to leave the McKinly. ☆

☆ 3. You ask to call a lifeline during an orthopaedics test. ☆

☆ 4. You have to ask your patients what the weather is outside. ☆

☆ 5. You know that there are really cameras hidden in the lights on the third floor. ☆

☆ 6. You enter the elevator and are confused because you can't find the button for help. ☆

☆ 7. Your life is no longer guided by the golden rule, but rather the convex-concave rule. ☆

☆ 8. You try to pay rent to Brew Ha-Ha because you practically live there. ☆

☆ 9. Your theme song is "I gotta get out of this place...." ☆

☆ 10. The only exercise in your life is the therapeutic exercise you watch your patients do. ☆

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# Congratulations!



## UD PT Current Ventures

- APTA Accreditation - Nov 13 - 15
  - Race for the Cure - Oct 15
- Stephen Wolfe Lecture - Oct 27
  - Homecoming - Oct 28  
(Come visit the UD PT Tent!)
- Student Conclave - Oct 27 - 29
  - MS Screening Clinic  
(once every month)
- UD Varsity Volleyball Games  
(we keep the score and shag the balls)
  - Football Tailgates  
(our own VIP spot for every game)
- DPTA/APTA Physical Therapy Month  
Oct 29 Booth at Chrisiana Mall



Catch-up on the  
Latest @ UD PT  
[www.udel.edu/PT](http://www.udel.edu/PT)

## NEW EDITIONS

## FACES of TOMORROW MPT Class of 2002

Name	Hometown	School(s)
Cynthia Barbe	Baltimore, MD	Ursinus, West Chester
Patrick Brennan	Bryn Mawr, PA	University of Delaware
Holly Chapin	Colonia, NJ	University of Delaware
Michael Chung	Wilmington, DE	University of Delaware
Jaclyn Craig	Norwood, PA	University of Delaware
Joe Dawson	Wilmington, DE	University of Delaware
Raina Domneys	Glen Burnie, MD	University of Maryland
Marc Douek	Wilmington, DE	Muhlenberg College
Michael Duke	Fremont, CA	Brigham Young University
Jessica Eng	Beltsville, MD	University of Maryland, Balt. Co.
David Faust	Milwaukee, WI	Univ. of WI, Carthage College
Ann Goodson	Houston, TX	Brigham Young University
Megan Helmer	Landisville, PA	University of Delaware
Brian Hershberger	Baltimore, MD	American University
Chris Kuchta	New Milford, NJ	University of Delaware
David Key	Wilmington, DE	Immaculata College
Anupama H. Kher	India	M.S. University
Brian Murray	Staten Island, NY	Cornell University
Marta Pepe	Hopatcong, NJ	Penn State University
Stephanie Petterson	Baldwin, MD	Wheeling Jesuit University
Sarah Price	Bear, DE	University of Delaware
Jason Rogers	Arlington, WA	Brigham Young University
Jessica Ryder	Newark, DE	University of Delaware
Stephanie Sakai	Stafford, VA	College of William and Mary
Reena Sehgal	North Brunswick, NJ	Trenton State College
Christopher Stella	Hockessin, DE	University of Delaware
Jen Storaska	Sunbury, PA	University of Delaware
Amanda Swann	Willowick, OH	Miami University of Ohio
Christy Target	Ellicott City, MD	University of Maryland
Euijan Tockgo	Korea	Korea University
Kim Watson	Pasadena, MD	Towson University
Grant Welson	Great Neck, NY	University of Delaware
Abby Wing	Barrington, RI	Wake Forest University
Jill Witmer	Lancaster, PA	University of Delaware
Meissa Woerdich	Union, NJ	Trenton State College

The University of Delaware Physical  
Therapy Department Would Like to  
Welcome Two New Editions to Our  
Family....

**CAMERON SCOTT MANAL** (Born  
June 29, 2000) Son of Tara and Kurt  
Manal

**NATHAN WRAY GALLOWAY** (Born  
Sept. 28, 2000) Son of Heather and Cole  
Galloway



# Current Research and Interests of Faculty

*Stuart Binder-MacLeod*: Neurophysiology; Muscle Fatigue; Relationship between Frequency and Force Output

*Stacie Larkin*: Academic Coordinator of Clinical Education; Coordinator of UD PT Web Site

*James (Cole) Galloway*: Development of Infant Motor Behaviors; Neuromuscular Control of Normal and Dysfunctional Arm Behaviors; Interlimb Control of Musicians

*Joseph Lucca*: Health Care Delivery to the Older American

*Tara Jo Manal*: Director of Orthopaedic Clinical Residency; Director of UD PT Clinic; Special Interest in Spine, Knee and Performing Arts Physical Therapy

*Irene McClay*: Director of UD Running Clinic; Director of Research for Joyner Sports Medicine Institute; Biomechanics; Lower Extremity Mechanics, Injury, Locomotion, Treatment and Intervention

*Paul Mettler*: Oversees Master of Physical Therapy Program

*Katherine Rudolph*: Automated Movement Analysis; Electromyography; Neuromuscular Control of the Knee

*John Scholz*: Movement Coordination, Disorders, and Therapeutic Robotics

*Ken Seaman*: Academic Coordinator of Clinical Education; Director of the Multiple Sclerosis Clinic

*Lynn Snyder-Mackler*: Director of Sports Medicine Clinical Residency and Specialty Clinic; Coordinator of Sports Orthopaedic Journal Club; Neuromuscular Physiology, Applied Anatomy, ACL Injury

helped me. Clinically, being able to treat patients while I was a student was a great asset."

Hashimoto: "Paul Mettler the direction that he took the program and the people that were brought into the program most helped me."

## *What aspect of the PT profession in Delaware would you most like to change?*

Schweizer: "I would like to see more professional unity. We are not just peds and ortho PT's."

Moyer-Knowles: "I would like to see therapist in clinics working in a more unified fashion as opposed to a competitive one."

Manal: "I think there should be more involvement in the DPTA, more interaction and exchange of ideas, increase in consultation, and statewide collaboration."

Hashimoto: "I would like to see more professional communication."

## *What changes in the PT profession do you expect to see in the next ten years?*

Schweizer: "I expect to see more patients directed by case managers."

Moyer-Knowles: "Managed care will change dramatically. I expect a decrease in capitation and increase in global fees and fee-for-service. I also see the advancements in technology affected clinical therapist with new equipment."

Manal: "I expect to see a balance between students being educated and job existence. An increase in geriatric care will affect the distribution of care. I also see the profile of PT's increasing. More people will be familiar with what a physical therapist does."

Hashimoto: "Hopefully there will be a revitalization of private practice and more emphasis on preventative medicine."

## Future of Physical Therapy

*(Continued from page 2)*

profession has not controlled the supply and demand in the industry from an education aspect."

### **What aspects of the University of Delaware PT program most helped you gain your success?**

Schweizer: "Clinical experiences and the problem solving style of teaching"

Moyer-Knowles: "Combining the PT program with the athletic training program at Delaware most helped me because it combined my interest of orthopedics and sports medicine. At that time Delaware was only one of sixteen schools offering both majors."

Manal: "The orthopedic program academically most

### *What's your personal philosophy in treating patients?*

Schweizer: "After twenty two years of business I have found you constantly have to prove yourself to each individual patient. The patient you have now does not care what you did with the last patient."

Moyer-Knowles: "Stay focused on patient care and not just business. Without good patient care nothing else matters."

Manal: "Treat every patient like a favorite family member. Improvement in patient care is a result of improvement in professional growth. You have to give 100% of your abilities to every patient from 6:00 AM to 8:00 PM."

Hashimoto: "Take time to provide good service in a pleasant environment. In today's world where you need

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## Alumni News As Of 10-99

### THE 70'S

- Hestnut-Kobyra, Pam 1976  
I've just become licensed to practice in Indiana. I'm not currently employed since our four children are keeping me quite busy. I'll be back to work in a couple of years.
- Varrington, Debra (Emmert) 1976 [bballdoc@aol.com](mailto:bballdoc@aol.com)  
I have four children now: Parrish-9, Miranda-8, Ty-7 and Beau-5. The boys are big into ice hockey and baseball (reason we can't be there). Miranda is into horseback riding. Alan is in family practice- still a manipulation D.O. We are team doc for Blue Rocks (along with Brian Galinat for ortho) and medical director for Goldey Beacom College. Currently living in Delaware.
- London, Nancy (Steelman) 1977 [ncondon@nemours.com](mailto:ncondon@nemours.com)  
Currently living in Delaware.
- Jovan, Sherri (Meyers) 1977 [sm2c2pt@aol.com](mailto:sm2c2pt@aol.com)  
Former Therapy Director for Healthfield, Inc. (For 8 Years) comprehensive Home Health Agency in Atlanta, GA. Currently in Private Practice with own company providing Pediatric Home Care PT- Remarried in 1996, two sons - Andrew, 18, and Michael, 13.
- Tipping, Cynthia (Reese) 1977 [cydpt@aol.com](mailto:cydpt@aol.com)  
Recently moved to Ft. Lauderdale area from Baltimore, working as a self-employed healthcare consultant.
- Donway, Carol (Boeker) 1979  
I still work full time as a physical therapist after 20 years in my field. We had our first baby girl last year and my husband and I totally enjoy her. Currently living in Florida.
- Cravner, H. William III, D.O 1979  
Recent relocation to north Georgia with wife Kathryn and sons Hasco and Drew. Continued practice as general surgeon.
- Groschar, James 1979 [jcgpt@aol.com](mailto:jcgpt@aol.com)  
Currently living in Maryland.
- Huenke, Kathleen (Kane) 1979 [rituenke@juno.com](mailto:rituenke@juno.com)  
Elected president of the Galloway Township Board of Education. Currently living in New Jersey.
- Lawrence, Steven 1979 [sjlawr3358@aol.com](mailto:sjlawr3358@aol.com)  
Currently living in Pennsylvania.

### THE 80'S

- Meloy, Lise (Potter) 1980  
[lmeloy@compuserve.com](mailto:lmeloy@compuserve.com)  
Currently living in Pennsylvania.
- Stanley, Barbara Goodwyn 1980 [tstanstmr@aol.com](mailto:tstanstmr@aol.com)  
Professional accomplishments- Certified Hand Therapist; Co-editor of "Concepts in Hand Rehabilitation" (published in 1993) Personal- Frequently moving with my husband, Tom's job with GE. Last year moved from Alabama to Indiana. Have not worked for the past 3 years due to frequent moves and young children.

- Ward, Sue (Recchiuti) 1980 [Sw285@aol.com](mailto:Sw285@aol.com)  
After leaving U of D I went west and initially worked at Yellowstone National Park. Then I landed in Denver, Colorado where my sister and I decided to set up home. Short after, I married Steve Ward (he was my next door neighbor at Dickinson co-ed dorm!). Steve and I went to get his law degree and practiced law for a while. He also is very politically active. Currently he is an Arapahoe Country Commissioner. We have two lovely kids. Justin who is almost 12 and loves sports. Jessica who is 8 and loves life. I work 2 days a week and spend the rest of my time either holding down the fort, leading bible study, having fun with the family, or out playing with friends.
- Sessa, Sandra L. (Kashmmer) 1981  
Proud mother of Sarah age 6 and Michael age 3. Currently living in New Jersey.
- Wilkinson, Ann 1982 [anwilunson@aol.com](mailto:anwilunson@aol.com)  
Presently enrolled in therapeutics riding Instructor certification program at Thomcroft. Teaching Myofascial Release in Israel October 23- October 30,1999. Currently living in Pennsylvania.
- Cooper, Tara (Triolo) 1983  
[peter.cooper@prodigy.net](mailto:peter.cooper@prodigy.net)  
Working 3 days a week as a director of a small PT department. Married 17 years with 2 kids; Ross age 8, Sophie age 5. (Soccer mom!) Currently living in California.
- Kietrys, David 1983 [kietrvdm@umdni.edu](mailto:kietrvdm@umdni.edu)  
Received full time faculty appointment at UMONTD in 3-99. Currently living in Pennsylvania.
- Martin, Nancy (Smith) 1983  
Currently living in Pennsylvania.
- Bos, Lynda (Mann) 1984  
Occasionally for some contract work. Keep busy at home with our 5 daughters! Currently living in New Jersey.
- Jones, Suzanne Northop 1984  
Birth of daughter, Lindsay on June 29, 1998. Now is 15 months old. Currently living in Pennsylvania.
- Pruett-Fisher, Terry 1984  
Terry (PT84) and Chris Fisher (PT85) and their children Kellie (10-16-92), Nathan (12-13 -94) welcomed Ryan to the family on (9-14-98). Currently living in Pennsylvania.
- Brady, Rebecca (Zendt) 1986  
Currently living in North Carolina.
- Cancannon, Annamaria (Falcone) 1986  
The Concannon's new addition is Kate Beatrice, born on August 9, 1999. Rita, now 4 years old, is happy and proud to be a big sister. Annamaria. became certified in the McKenzie Mechanical Diagnoses and Treatment Method of the spine in June 1998. She is an active member of the Delaware County McKenzie study group. She, husband Tom and daughters reside Havertown, PA.
- Elenchin, Paula (Berger) 1986 [elenchin@epix.net](mailto:elenchin@epix.net)  
Currently living in Pennsylvania.

Lander, Kim (Eggers) 1986  
Self-employed Physical Therapist concentrating in Pediatrics. Married to husband Frederick (Fritz) Lander (U of D class of 1983; BS in finance) for 13 years: 2 daughters Morgan (age 9) and Devon (age 5). Currently living in New Jersey.

Martin, Megan (Spotts) 1986  
Currently living in Pennsylvania.

Currie, Cathy 1987 [cmcpt@yahoo.com](mailto:cmcpt@yahoo.com)  
Last November I traveled to St. Lucia in the West Indies as a PT volunteer with Health Volunteers Overseas (HVO). It was a wonderful and enlightening experience. I plan to do this again soon, possibly Zanzibar. Meanwhile, in my spare time I whitewater kayak and backpack in the Rockies. Kayaking is a eccentric way of life. Currently living in Indiana.

Dennison, Ann 1987 [add211@juno.com](mailto:add211@juno.com)  
I recently became a certified athletic trainer. I am planning to return to Ecuador this fall to teach physical and occupational therapists and disabled athletics about wheelchair sports and how to prevent and that shoulder. Currently living in Pennsylvania.

Kohn, Doug 1987  
[ohn@Oak.cats.ohiou.edu](mailto:ohn@Oak.cats.ohiou.edu)  
Worked 4 years at Bryn Maur Rehab Hospital outside of Philly. Ph.D. in Neuroscience for University of New Mexico, Assistant professor, school of physical therapy and program in neuroscience at Ohio University. Research: Post: Transcription Control of Gene Expression During Nervous System Development and regeneration. Married to Peggy Lionberger on June 21, 1997. Currently in Residency for family practice. Currently living in Ohio.

Sturgill, Lynne (Patterson) 1987 [lsturgill@udel.edu](mailto:lsturgill@udel.edu)  
We welcomed our 2nd child Sarah Deane Sturgill 7-14-99. Big sister Laura 11-27 96. Currently living in Delaware.

Thourot, Robert 1987  
Since graduation, been working in outpatient Orthopedics, currently becoming self-employed. Currently living in Pennsylvania.

Wiesenberg, Suzanne (McKay) 1987  
My work has been focusing on geriatrics, in both the Home Heathcare and Long-term Care settings. I have been involved with patient care, inservice training, and utilization review consultation. My husband, Paul and I have 2 children, Ryan (4) and Kyle (2.5 months). Currently living in Pennsylvania.

Iffland, Kit 1988 [Kiffland@aol.com](mailto:Kiffland@aol.com)  
Currently living in Delaware.

Loughry, Miriam (Christy) 1988  
I have been married for 7 years to Jon Loughry. We have 2 black labs - Ebony (4 years old) and Onyx (13 years old). I am currently working in a satellite outpatient facility serving a very diverse orthopedic and neurologic caseload. I am working toward a manual therapy certification with Institute of Physical Art. Currently living in North Carolina.

Taylor, Ken 1988  
[Kenneth.Taylor@na.amedd.army.mil](mailto:Kenneth.Taylor@na.amedd.army.mil)  
Selected for promotion to major. Currently living in Washington, D.C.

Triolo, Kris (Kehler) 1988 [trols@net-gate.com](mailto:trols@net-gate.com)  
Proud mom of 5 year old boy Cody and 3 year old girl Colby. Currently living in New Jersey.

Kobrin, Tracey (Giordano) 1989 [taglpt@aol.com](mailto:taglpt@aol.com)  
Daughter Brianna just turned one in August. Currently living in New Jersey.

Poltorak, Maria (Borghi) 1989 [smpoltorak@erols.com](mailto:smpoltorak@erols.com)  
Had a baby boy - Matthew Jacob on 8/26/98. Currently living in Maryland.

Virostek, Brian 1989  
Father of 2 girls now ages 4 and 6. Will be starting MS of Science in PT at Rocky Mountain University in Provo, Utah via distance education model in October 1999. Have been practicing here in Dover, DE for the last 8 years.

#### THE 90'S

Brubaker, Dan 1990 [danmeesh@aol.com](mailto:danmeesh@aol.com)  
Still living in Lancaster. My life Michele and I have 2 daughters - Heather age 3 and Meghan age 1. We are expecting our 3rd child in early December. Still loving working in out patient PT here in Lancaster.

Burton, Kelly (Biddle) 1990  
3 years geriatric rehab then 6 years home care- mainly geriatrics, working part time, raising my 2 sons: Jacob-6 and Riley-4. Married to Gary. Currently living in Pennsylvania.

Carr, Lori (McDermond) 1990 [tcarr@erols.com](mailto:tcarr@erols.com)  
I've been working per diem and self-employed in pediatrics, but became a full time mother in April 1998. I'm expecting again this December, so family is taking priority over work for now. I got my masters in 1997 at JHU in special ed. P.S. Got married 3/92! Currently living in Maryland.

Entriken, Amy (Penrose) 1990  
3 children - Andrew 5 years old, Scott 2 years old, and Madison born 9-24-99. Currently living in Pennsylvania.

Greces, Robin (Dulin) 1990 [rrgreces@rcn.com](mailto:rrgreces@rcn.com)  
I have a 4-year-old son who just started pre-school. I am currently pursuing a career as a certified fitness trainer. When I earn my CFT- I degree, I plan to offer in home services to select clientele. My Physical Therapy degree/experience and my hobby of amateur bodybuilding made becoming a CFT the right career choice for me. Currently living in New Jersey.

Lowe, Jennifer (Larsen) 1990 [greglowe@juno.com](mailto:greglowe@juno.com)  
I am the proud mother of 4 sons- Joshua, Jonathan, Josiah and Joseph (6.5, 5, 3.5, 1.5). Currently living in Pennsylvania.

Lupin, Leslie (Frost) 1990 [lupin@enter.net](mailto:lupin@enter.net)  
Currently living in Pennsylvania.

Rogofsky, Jennifer (Janus) 1990 [rogoman@erols.com](mailto:rogoman@erols.com)  
 Graduated from U of MD, College Park May 1999 with an MA in Exercise Physiology. Expecting a baby (first) on October 25, 1999. Currently living in Maryland.

Tews, Nikol Wollman 1990  
 I am working on an Advanced Masters degree and hope to complete my research by Spring 2000 for a degree from Hahnina.

Kluender, Wendy (Weruer) 1991  
 I gave birth to triplets - Drew, Lindsay and Ally on November 13, 1998. We're all doing great, but not much time for career "stuff." Currently living in Ohio.

McCallum, Michelle (Pearson) 1991  
 Currently living in Pennsylvania.

Hollingsworth, Jane (Goodwyn) 1992  
 Currently living in Delaware.

Lawing, Jennifer (Ward-o-Herlity) 1992  
 I am currently staying home, in Maryland, with my 4 year old daughter Tara and loving every minute of my time with her. I am getting married on November 20th to Daron Lawing.

Barnes, Sylvia (McCallum) 1993  
[mandsbarnes@worldnet.att.net](mailto:mandsbarnes@worldnet.att.net)  
 I've been working at WakeMed since graduation and recently celebrated my sixth anniversary in the Acute PT Department. My husband, Mike, and I have been busy building a new home this year. I've learned new skill in construction- framing which we did mostly ourselves; Window installation and tile work to name a few. It's been a challenge, which has made me appreciate my "day job" in PT all the more. Currently living in North Carolina.

Coto, Nancy (Hoge) 1993 [cncoto@netscape.net](mailto:cncoto@netscape.net)  
 Married Carlos Coto, a man from Honduras in March 1998. We met while I was doing physical therapy mission work for 2 years in Honduras. Currently living in New Jersey.

Hanna, Coral (Gable) 1993 [ncptatc@aol.com](mailto:ncptatc@aol.com)  
 Currently living in North Carolina.

Shaped, Jon 1993 [shepil@juno.com](mailto:shepil@juno.com)  
 Adjunct Assoc. Prof. Physical Therapy at Creighton University Teaching Clinic Ortho, upper and lower extremity- still running busy clinic, have students most of The year (would love some UD students) - providing med. coverage for local ballet companies and visiting troupes. Currently living in Nevada.

Szczerba, Pam Kinding 1993 [jes23@ship.net](mailto:jes23@ship.net)  
 Married 5/20/95 to Joseph E. Szczerba Jr. Moved back to Newark, Delaware after 4 years in Charlottesville, Virginia. September 1999 returned to MPT program as a Teaching Assistant- thoroughly enjoyed this work. Currently living in Delaware.

Cunningham, Mari 1994  
[mmcunningham@juno.com](mailto:mmcunningham@juno.com)  
 Alyssa (born February 5, 1999) joins big brother Jordan (7/24/94) and big sister Ajali (9/16/96). Currently living

in Pennsylvania.

Helling, Stephanie (Barnes) 1994  
 On Dec. 8, 1998 I had my first child, a precious little boy we named Jack. Since maternity leave working part-time and am helping out with the Neuro, Rehab course at the Marymount University's PT program. Currently living in Maryland.

Kaynak, Thomas 1994  
 Wife- Marietta, Son-Jason (3/21/98) & second child due (5/00). Currently living in New Jersey.

Knolmayer, Julie (Minton) 1994 [knolmayer@pol.net](mailto:knolmayer@pol.net)  
 Expecting first child in December. Just stopped working for a little while- had been doing out patient for last 5 years. Married to Bruce Knolmayer and living in Olney, MD.

Sciacca-Earhart, RoseAnn 1994  
 I've lived in South Carolina since graduation and have worked in home health the past 3 years. I have been married for 3 years and have a wonderful 6-year-old stepdaughter. My dog and I have recently passed several tests and screening to become certified as a pet partner team and plan to begin volunteer work at local hospitals working primarily with children.

Godt, Lisa 1995  
 Worked at NYU Medical Center- RUSK for 3 years in rotating positions (outpatient, vertibular, rehab, chest and hand). Been in private practice for 1 year with a small excellent staff of about 7 PT's. Mostly orthopedic injuries. My job sponsors McCannell courses (shoulder; knee) given at the Joint Effort facility. Currently living in New York.

Greenbaum, Aimee (Derent) 1995  
 Currently living in New Jersey.

Venera, Teri (Vincent) 1995 [scottv@Apollo3.com](mailto:scottv@Apollo3.com)  
 After graduation moved to Spolcano, WA. Married Scott Venera 10/96 moved to Buffalo, NY 10/97. Hanna Marie born 10/98. Have worked CVA rehab, ortho acute, peds, neuro and ICU acute; home care currently outpatient clinic/ortho.

Gabbett Lowe, Angie 1996 [lowes@mindspring.com](mailto:lowes@mindspring.com)  
 On October 7th 1999 I gave birth to a beautiful baby boy- Alexander Peter Lowe, 51b.6oz, 18.5" long. Keith and I are overjoyed! I plan to stay home for 3 months and then return working inpatient rehab with SI patients. Currently living in North Carolina.

Gordon, Nancy (Hurwitz) 1996  
 Currently living in Maryland.

Haines, Debra 1996 [wtpooh@rocketmail.com](mailto:wtpooh@rocketmail.com)  
 Currently living in Maryland.

Kreis, JoAnne 1996 [jmkreis@aol.com](mailto:jmkreis@aol.com)  
 Currently living in North Carolina.

Modesto, Lorraine (Irwin) 1996 [lobabel@aol.com](mailto:lobabel@aol.com)  
 We are expecting a baby in January, to our knowledge a baby girl. Yeah!! We bought a beautiful new home in

1998. Active participant in our regional SCI program and Think First for TEENS coordinator for our hospital and SI region. Living in New Jersey.

- Taylor, John A. 1996  
I am currently beginning the process of becoming a C.H.T. But this will be after 5 years as a PT, the minimum required. I also am engaged and will be married to Linda May 27, 2000. Currently living in Massachusetts
- Vannoy, Jason 1996 [javkane@aol.com](mailto:javkane@aol.com)  
Currently living in New Jersey.
- Backus, Holly (Winters) 1997  
Married John Backus, residential architect, on 11/22/97. Moved to Scottsdale, AZ November 1998. Currently self-employed as a contract PT in pediatrics.
- Fifer, Anne (Gregory) 1997 [bfifer@msagpage.com](mailto:bfifer@msagpage.com)  
Currently living in Delaware.
- Gallons, April Fritz 1997 [afritzv@aol.com](mailto:afritzv@aol.com)  
I lived in Upstate NY (Niskayuna, NY) for 1.5 years working in an inpatient Rehab (Sunnyview) on the Neurology team. I married James Gallons (MSAG 97) on December 26, 1998 in our hometown in DE. We just moved to AR where Jay is working for the USDA-NASS as a statistician. I am working 2 part-time jobs in a head injury facility and in an inpatient rehab Center.
- Klingebiel, Kristin 1997  
[grasstop@courier.net](mailto:grasstop@courier.net)  
I am also working part time as a "Spinning" instructor and will be getting married to Dand Woo on June 25, 2000. Currently living in Kentucky.
- Tevald, Mike and Catherine (Newromb) 1997  
[mtevald@erols.com](mailto:mtevald@erols.com)  
In April I married Cathy Newcomb also in my class, now Cathy Tevald. Married life is great and so is Baltimore. I work in acute care at Washington Hospital Center where I have been focusing on wound care and cardio pulmonary PT. Currently living in Maryland.
- Brandt, Courtenay (Brosius) 1998  
Recently became first time homeowner. Currently living in Delaware.
- Colon-Semenza, Cristina 1998 [gms149@psu.edu](mailto:gms149@psu.edu)  
Currently living in Pennsylvania.
- Hemler, Gina 1998 [ginahpt@aol.com](mailto:ginahpt@aol.com)  
Volunteered at the Disabled Sports (DSUSA) Summer Games held at George Mason University in Fairfield, VA - August 1999. Participated in 2 "first step" clinics teaching amputees how to run. Currently living in Maryland.
- Manlove, Kari 1998  
Currently living in Delaware.
- McKeige, Cornelia 1998  
Currently living in New York.
- Colyer, Katherine (Veenema) 1999 [athycolyer@gateway.net](mailto:athycolyer@gateway.net)  
No PT job yet. Living in Delaware.

17 MPT students attended the  
2000 APTA  
National  
Convention in  
Indianapolis,  
Indiana this  
past July.



*Congratulations to Dr. Paul Mettler on receiving the University of Delaware Distinguished Teaching Award in the School of Arts and Sciences for 1999-2000. (A well deserved honor to say the least.)*

**Amy Brown  
Suzy Dougherty  
Chris Jones  
Karen Muller**

successfully completed their Sports Fellowship at the University of Delaware.

## Future of Physical Therapy

*(Continued from page 4)*

increase in patient volume, you still have to take time to give hands-on manual treatment and make it fun for the patient."

*What do you look for in a new Grad?*

Schweizer: "#1 a people person. I need someone that can relate to people. We can improve and teach PT skills, but I can't teach patient interaction. And I never look at GPA.

Moyer-Knowles: "Where they went to school and other certifications or other expertise. I also look to see if they had any waitress or waiter experience. That tells me that they can handle different types of customers and multiple tasks. I also need to know what kind of commitment they are willing to make if I am going to commit to them."

Manal: "You need a sense of what it means to be a professional, a commitment to self learning, and enthusiasm for your job and profession."

Hashimoto: "Initiative. I also believe that good people skills go hand in hand with good physical therapy skills."



## Have we got a deal for YOU!

Named Chairs at the University of Delaware typically require \$200,000 contribution.  
**For a limited time the Department of Physical Therapy will  
create a named chair in your honor for only \$75.**

*Now that's a deal!*

Do you remember how uncomfortable the metal folding chairs in the PT teaching laboratory can be? Because we recently renovated this room, we thought that this would be a good time to buy new chairs for our students.

**For only \$75 we will buy a new much more comfortable chair and affix a name plate containing the inscription of your choice.**

### Order Form - PT Dept. Named Chairs

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Inscription:

\_\_\_\_\_ This chair generously donated by \_\_\_\_\_ Class of \_\_\_\_\_

\_\_\_\_\_ This chair donated in honor of \_\_\_\_\_

Please include check (\$75 for each named chair) payable to:  
Dept. of Physical Therapy - University of Delaware  
301 McKinly Laboratory  
Newark, DE 19716

# Phood Therapy is Here

The UD MPT class of 2001 has compiled over 50 of their favorite recipes to share with you. Enjoy looking at pictures of last year's events while whipping up something spectacular to eat. Check out what this year's class considers to be great food!



### Order Form - Phood Therapy Cookbook

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Orders must be received by Nov 20th.

Quantity: \_\_\_\_\_ x \$10 = \_\_\_\_\_

Please include check payable to UD PT Club

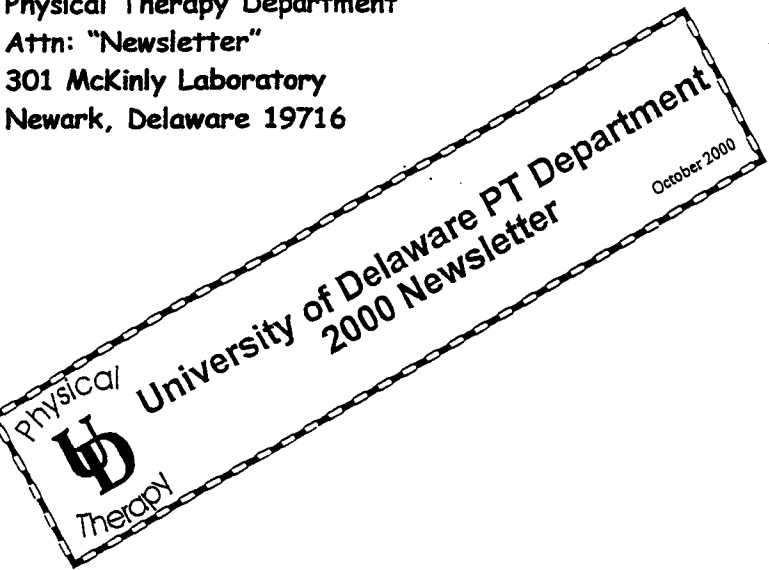
Send to:

Dept. of Physical Therapy - University of Delaware  
Attn: PT Club Cookbook Sales  
301 McKinly Laboratory  
Newark, DE 19716

Shipping and Handling = 3.20  
(for every 4 cookbooks)

Total amount enclosed = \_\_\_\_\_

Physical Therapy Department  
Attn: "Newsletter"  
301 McKinly Laboratory  
Newark, Delaware 19716



**Physical Therapy Alumni, Keep in Touch!**

*What's happening in your life? A promotion? A new job? Moved to a new region? Honors and awards? New degree? New additions to the family? We and your classmates are interested. Please keep us posted. Or, go to:  
<http://www.udel.edu/PT/alumni/update-news.html>*

Full Name \_\_\_\_\_ (Maiden Name if applicable)

Year graduated from PT Department \_\_\_\_\_

Current Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name of Employer \_\_\_\_\_ Position (Title) \_\_\_\_\_ Day Phone \_\_\_\_\_

Address of Employer \_\_\_\_\_

City, \_\_\_\_\_ State, \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number of Employer \_\_\_\_\_ Your e-mail Address \_\_\_\_\_

*Your latest news?*  
(We will include this information in a regular section of our newsletter.)

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Please mail to:  
Office of Alumni and University Relations  
University of Delaware  
Newark, Delaware 19716  
Fax 302.831.2045  
e-mail [alumnnet@mvs.udel.edu](mailto:alumnnet@mvs.udel.edu)