HR Liaison/Wellness Breakfast
April 2011
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1st Quarter 2011
Employee Education & Development

Spring training classes in full swing

- The Plus of Us on 4/11
- Stress & Burnout Prevention on 4/14
- Stress Management on 4/14
- Interview Preparation on 4/26
- Networking for Success on 5/10
- Teambuilding on 5/31
- Conflict Resolution on 5/31
160 employees attended Service Award Luncheon on March 22

For 5, 10 and 15 years of service
225 employees invited to Service Recognition Dinner on May 9th

Invitations will be sent 3rd week of April for retirees and employees with 20 - 45 years of service
Please visit the Service Award Program Website to view the gift collections!
Partnered with **MTM Recognition** to offer a wide range of Service Award gifts.

**Service Award Gift Selections**

Emails or packets will be sent in a few weeks due to UD logo updates.
2011 Flexible Benefits Open Enrollment
May 9 - May 25
http://www.udel.edu/flexnet
New: Consumer-Driven Health Plan

- Preventive services covered 100%
- Health Reimbursement Account (HRA): $1,250/$2,500
- In-Network Deductible: $250/$500
  - Coinsurance: 90%
  - Out-of-pocket maximum: $3,000/$6,000 (excluding deductible)
- Out-of-Network Deductible: $1,500/$3,000
  - Coinsurance: 70%
  - Out-of-pocket maximum: $6,000/$12,000 (excluding deductible)
Benefits & Wellness Fair
Tuesday, May 17th
Trabant University Center
9:30am to 3:00pm
New: Panel Discussion

Managing your Health:
Informed Choices Today for a Healthier Tomorrow
Spring Wellness Campaign

April 4 – May 15 / 6 weeks
Registration Ends – April 8

Features:
- Online log
- Armband accessory
- Weekly newsletters with featured walks throughout DE
- Running clinic
“Take Our Daughters and Sons to Work Day”
Thursday, April 28, 2011

- **16 different activities** offered throughout campus between 11 a.m. – 2 p.m.
- Daughters and sons ages 8-18; must be with employee at all times.
- Events are voluntary and participation is at the discretion of your supervisor / manager.
- For a complete schedule of events and to register, visit [www.udel.edu/wellness](http://www.udel.edu/wellness)
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SCREENING ZONE
$10 Wellness Dollars
Other Upcoming Programs

- “Know Your Numbers” Screenings – April 11, 13, 19
- Spring Cooking Demonstration – April 20
- Lyme Disease Workshop – May 4
- Annual Humor Lecture – May 6
- Tai Chi – May 18 – June 29
- Summer “Survivor” Program – late June
- Update on Compensation System
- Reclassification Form
Online Recruitment Tool: Tentative Timeline

**March**
- Testing and Development

**April**
- Communicate at HR Liaisons Breakfast
- Develop training documentation and user’s manuals
- Form core users group to meet weekly

**May/June**
- Communicate to campus through email, UDaily articles, lunch 'n learns, advisory groups (PAC, SSAC, Chairs Workshop, PEC, etc.)
- Train users

**Summer 2011**
- Go Live!
- Lunch 'n Learns and real-time training for search committee members