### THEORIES OF HUMAN DEVELOPMENT

**Definition**

Describe, explain how humans develop->predict->bear out predictions in fact

**Types of theories**

- Psychoanalytical (Freud, Erikson)
- Cognitive/Developmental (Piaget)
- Learning (Skinner, Bandura)
- Ethological (Lorenz, Bowlby)
- Contextual-dialectical *(emerging)*

**Basic issues (5)**

- Nature
  - Good (Rousseau)
  - Bad (Hobbes)
  - Neutral (Locke)
- Nature vs. nurture (Locke)
- Active vs. Passive (development)
- Continuity vs. discontinuity (of dev)
  - Gradual vs. abrupt
  - Quantitative vs. qualitative
  - Conexus btwn early & late vs. not
- One path vs. many (universal—stage theory—vs. particularistic

**Freud**

Sigmund Freud (1856-1939)

- Nature: instincts (biological—life/death)
- Hypnosis, free associatn, dream analysis
- Three parts—
  - Id (instinct)--@ birth
  - Ego (rational, reality-based) @ toddler
  - Superego (moral standards internalized) @ 3-6yrs.
- Balance id/ego/superego: when uneven, problems: fixed amt psychic energy
- Stages psychosexual dev—(sex strongest instinct)
- Libido shifts frm 1 pt of body to another (phases):
  - Oral (birth-1yr)
  - Anal (1-3yrs)
  - Phallic (3-6yrs)
    - Desire for parent
      - Boy-Oedipus, castratn anxiety resolved thru repressn, ID w/dad
      - Girl-Electra; female has weaker superego, no castratn anxiety
  - Latency (6-12yrs)
  - Genital (12+yrs)
- Early xperiences-defense mechanisms (fixatn, regressn)->adult personality
- Nature OVER nurture, but... *(later)*

**F’s current reputatn**

Freud’s theories now (esp. castratn anxiety, oral/anal) discredited, tho support for:

- Unconscious motivatn
- Influence of early xperience
- Emotnal dev

---

- **List the 5 types of human developmental theory and the theorist(s) associated with each.**
- **Discuss Freud’s stages of psychosexual development. How has this influenced subsequent theories?**